



FOUNDATIONS OF JUDAISM – BLESSINGS
FOUR TYPES OF BLESSINGS
GAVRIEL Z. BELLINO

Pleasure/Nehenin/נהנין/

Blessings recited prior to enjoying food, drinks, and scents.

Ritual/Mitzvah/מצוה =

Blessings recited prior to performing biblically and rabbinically mandated ritual acts.

Praise/Shevach/שבח =

Blessings recited in response to a stimulus (natural, historical, personal events).

Prayer/Tefillah/תפילה =

Blessings that frame a particular formalized address to God. Affirmational prayer.