



A THREE-PART SERIES

SUPPORTING OUR CHILDREN'S EMOTIONAL HEALTH

A Guide for Parenting at Every Stage



**NOV
12TH**

Elementary School

DR. ELANA DUMONT

Clinical Psychologist & Director of Psychological Services at Yeshiva of Central Queens (YCQ)

**DEC
17TH**



Pre-teens & Teens

DR. SARAH ROER

Clinical Psychologist with a specialty in Teens & Eating Disorders

Speakers will also address the current situation in Israel



FEB 4TH

Post-High School & Emerging Adults

DR. MICHAL PELCOVITZ GALLA

Asst. Professor of Psychology in Clinical Psychiatry at Weill Cornell Medicine & the Psychology Chief of the Payne Whitney Child and Adolescent Psychiatry Clinic at NY Presbyterian.



DR. MARTIN GALLA

Clinical Psychologist and Clinical Director of Adult Services at Achieve Behavioral Health in Monsey, NY

All presentations will take place on Sundays at 8pm in the main shul.

For questions, please contact
mentalhealth@yiot.org

B'Chol Nafshecha has been endowed
by an anonymous YIOT family