

Acheinu

Words from Our Traditional Liturgy

Music by Abie Rotenberg

Section 1

Acheinu Kol Beit Yisrael (x2)	אֲחַינוּ כָל בֵּית יִשְׂרָאֵל (x2)
Han'tunim Batzarah, Batzarah Uvashivyah	הַנְּתָנוּנִים בָּצָרָה, בָּצָרָה וּבָשְׁבִּיהָ
Haomdim Bein Bayam Uvein Bayabashah.	הַעֲמָדִים בֵּין בַּיִם וּבֵין בַּיֶּבֶשָׁה

Section 2

Hamakom Y'rachem, Y'rachem Aleihem	הַמָּקוֹם יַרְחֵם, יַרְחֵם עֲלֵיכֶם
V'yotziem Mitzarah Lirvachah	וַיּוֹצִיאֵם מִצָּרָה לַרְוַחָה
Umeafelah L'orah Umishibud Lig'ulah	וּמְאֻפָּלה לְאוֹרָה וּמְשֻׁבּוֹד לְגַעַלָּה
Hashta Ba'agala Uvizman Kariv.	הַשְׁתָּא בָּעֲגָלָא וּבָזְמָן קָרִיב.

Our family, all of Israel,
Who are in distress and captivity
Either in the sea or on dry land
May the Omnipresent have mercy on them
And take them out from trouble to blessing
And from darkness to light, and from oppression to freedom
Now, swiftly, and soon.

Prayer for the IDF

מֵ שְׁבָרֶךְ אֲבֹתֵינוּ אֶבְרָהָם יִצְחָק וַיַּעֲקֹב, וְאַפְוֹתֵינוּ שָׂרָה
רַבָּתָה רְחֵל וְלֶאָה, הוּא יָבֹרֶךְ אֶת חַילִי צָבָא הַחֲגָנָה לִיְשָׂרָאֵל
וְאֶנְשֵׁי הַבְּطַחּוֹן, הַעוֹמְדִים עַל מִשְׁמָר אֶרְצֵנוּ בִּיבְשָׁה בָּאוּר
וּבָסָם. יְתִין ה' אֶת אֹיְבֵינוּ הַקְּמִים עַלְיוֹנוּ נְגָפִים לִפְנֵיכֶם.
הַקָּדוֹשׁ בָּרוּךְ הוּא יִשְׁמַר וַיִּצְלַל אֶת מִילֵּינוּ מִכֶּל צָרָה וְצֻוקָּה
וּמִכֶּל גָּגָע וּמִתְלָה, וַיִּשְׁלַח בָּרֶכֶת וְחִצְלָה בְּכָל מַעֲשֵׂי יְדֵיכֶם.
וַיַּקְרִים בְּהַמִּזְבֵּחַ כַּאֲنָאָת אֱלֹהֵיכֶם הַהְלִיךְ עַמְּכֶם לְהַלְּחֵם
לְכֶם עִם אִיבֵּיכֶם, לְהַזְּשִׁיעַ אֶתְכֶם. (דְּבָרִים כ:ד) וַיָּאמֶר אָמֵן

Mi Sheberach Avoteinu Avraham Yitzchak v'Ya'akov, V'imoteinu Sarah Rivkah Rachel v'Leah, Hu Y'verech Et Chayalei Tz'va Hahaganah V'anshei Habitachon, Haomdim Al Mishmar Artzenu Bayabashah Ba'avir Uvayam. Yiten Adonai Et Oiy'veinu Hakamim Aleinu Nigafin Lifneihem. Hakadosh Baruch Hu Yishmor V'yatzil Et Chayaleinu Mikol Tzarah V'tzukah Umikol Nega Umachalah, V'yishlach B'rachah V'hatzlachah B'chol Ma'asei Y'deihem. Vikuyam Bahem Hakatuv: Ki Adonai Eloheichem Haholech Imachem L'hilachem Lachem Im Oiveichem, L'hoshia Etchem. V'nomar Amen.

May the One who blessed our ancestors, Abraham, Isaac and Jacob, Sarah, Rebecca, Rachel, and Leah bless the soldiers of the armed forces and security forces of the army of Israel who on the ground, in the air and at sea protect the Land.

May God grant that they defeat the enemies who rise up against us. May God protect our soldiers from all harm and danger, from all injury and illness, and may God afford blessing and success to all their missions. Regarding them, may the words of the Torah prove true: For Adonai Your God, Who goes before you, shall join you to battle your foes and aid you to be victorious. (Deut. 20:4) And let us say, Amen.