

Parent Handbook

Camp Keshet Camp Keshet Jr. Camp Keshet Too

Bet Torah Nursery School
60 Smith Avenue
Mt. Kisco, NY

Jill Burg
Camp Director
jillburg@gmail.com
914-666-7595

Welcome to Camp Keshet!

Camp Keshet - for 3,4s,5,

Monday-Friday 9:30am-12:30pm, snack provided and children bring lunch from home.

8 weeks or choose your weeks (weeks below)

Camp Keshet Jr. - for children who attended Kitah Katan this year

Monday-Friday 9:30am-11:45pm, snack provided 8 weeks or choose your weeks (weeks below)

Camp Keshet Too - for incoming 2s

June 27-August 3

Tuesday/Wednesday/Thursday 9:30-11:45, snack provided

Full 8-week session

June 12-August 4

Mini-Camp (Weeks 1 & 2)

June 12-June 23 (no camp June 19)

Week 3

June 26-June 30

Week 4

July 3-July 7 (no camp July 4)

Week 5

July 10-July 14

Week 6

July 17-Jul21

Week 7

July 24-July 28

Week 8

July 31-August 4

Drop-off and Pick-up

Before the start of camp, you will receive your child's room assignment.

Drop-off and pick-up will be at your child's classroom door:

Mini-Camp - Rooms 4 & 6

Camp Keshet (Full Session) - Room 7

Camp Keshet Jr. - Room 5

Camp Keshet Too - Room 6

If someone other than you or your caregiver will be picking up your child (ex: a grandparent, a playdate parent), a **NOTE MUST ACCOMPANY YOUR CHILD** that morning at drop-off. The non-familiar adult must sign out with your child's head counselor.

*****A note for Camp Keshet Too Families:** In order to help our youngest campers make an easy transition to school, we ask that you meet your child's class each morning (weather permitting) at the playground. For their first week, we ask that a parent or caregiver stay with your child until 10:00 to help them acclimate to the school environment.

Counselors will say good-bye to you at 10:00 as they bring the campers to the classroom. Pick up will be at the classroom door.

Snacks/Lunch

Snacks and a beverage are provided to all campers each day. If you would like to send in a special snack for a birthday, only nut-free, kosher marked store bought items can be brought in. We regret that we cannot accept home-made treats. All food products must be certified kosher, with an O-U "U" symbol on the package and must be nut-free and not processed in a facility that processes nuts. If your child stays for lunch, please remember to send in a dairy, nut-free lunch.

Dress for Success

Please dress your child in comfortable clothes with closed-toe shoes (no flip flops, crocs or sandals please; they are not safe for our playground or for our bikes & trikes area).

Clothes that can withstand digging in the garden and art materials are best. We are very active. Please label all clothing including hats, towels, etc.

Tuesdays and Thursdays (more often, if the weather is very hot), we will have water play outside with sprinklers. Please send your child to camp on Tuesdays and Thursdays in a **swimsuit and water shoes** and please include a **towel and a change of clothes** in your child's backpack. *Please be sure that all these items are labeled with your child's name.*

Special Event Days

Each Wednesday will be a special day at Camp Keshet. Please check the camp calendar for themes and any clothes or items to bring to camp.

What to Send To Camp

On the first day of camp, please send in 2-3 pairs of underpants/3-4 diapers and a change of clothes to keep in your child's classroom. Please label these items.

Throughout the summer, please remember to **LABEL, LABEL, LABEL** all clothes, towels, totes, articles of clothing, pool shoes, hats, etc.

Please let your child's counselor know on your first day if your child is potty-trained or in diapers.

Please apply sunblock at home. We do not apply any ointments or lotions on campers at any time.

When Your Child is Ill

Please keep your child home with excessive cough, runny nose or if he/she is not their usual "self". If your child has signs of illness including fever, diarrhea, vomiting, flowing runny nose, puss/oozing eyes, a disease or condition (ex: head lice, chicken pox, measles, ring worm, fifth disease, pink eye, or similar, please do not bring your child to school.

If your child appears to be sick or develops any symptoms of illness, we will notify you immediately to ask that you pick-up your child from camp.

If your child has a fever, he/she may return to the program when his/her temperature is normal for a full 36 hours, without the aid of fever-reducing medication (ex: if a child is sent home on Monday at 10:30am with a fever, he/she may return on Wednesday.). When in doubt, always check in with your family health care provider.

Health and Emergency Forms

If your child attended Bet Torah Nursery School this year, your 2022/2023 school forms will be used during this summer session. *If your child is new to our program this summer, please see Jill or Amy for forms which must be returned by the first day of camp.*

If your child has a **food allergy**, please let us know. *Should your child require emergency meds, please make sure we have them, along with completed Individual Health Plan and Consent Forms (please contact Amy Portnoy for the forms).*

Calling the Camp Office

Camp Keshet is held outdoors each day except on rainy days. We are often away from the camp office. If you need to reach Jill Burg, Camp Director, please call the main office (666-7595). If she is not in the office, please leave a voice message. Or you may send an email to jillbburg@gmail.com.

Camp Song

(Friends, Friends, Friends)

Friends, Friends, Friends.
We will always be.
Here at Camp Keshet no matter the weather.
In rain or shine, we're always together.
It's fun, fun, fun.
In the rain or sun.
At Camp Keshet we're proud, and
we'll shout it out loud.
'Cause we're Friends, Friends, Friends.

Camp Cheer

We're Camp Keshet (Camp Keshet Jr.)
And we couldn't be prouder!
And if you can't hear us, we'll shout a little
LOUDER!

