

Friday

Plag Minyan BM	5:45 PM
Earliest Time for Candles	6:00 PM
Candle Lighting	7:00 PM
Mincha	7:05 PM

Shabbat

Shacharit—Hashkama BM	7:30 AM
Shacharit—Main Sanctuary	9:00 AM
Shacharit—Sephardic, Old Main	9:00 AM
Shacharit—Nusach Sefard BM	9:30 AM
Teen Minyan—Old Main Social Hall	9:30 AM
Sof Zman Kriyat Shma	9:51 AM
Early Mincha	2:00 PM
Mincha B'Zman (followed by Seudah Shlisheet)	6:55 PM
Maariv	7:57 PM
Havdalah	8:02 PM

Upcoming Events

Shabbat April 6, 5:30 PM

Lecture by Shoshana Schechter (Associate Dean of Stern/Director of the Women's Mechina Program) who will speak on the topic of *Covenant, Connection and Continuity*.

Monday, April 8, 8:00 PM

Shiur by Rabbi Goldberg, *Preparing for Pesach from A to Z*

Shabbat, April 13, Following the Main Minyan

Yesh Tikvah Annual Infertility Awareness Shabbat. We are honored to host guest speaker, Sheri Rotenberg.

Sunday, April 14, 7:45 PM

Shiur by Rabbi Goldberg, *10 Fresh Ideas to Share at Your Seder*.

Announcements

- **Welcome** to Gabriella & Adam Cohen & family who joined as full members this week.

- **Mazal Tov** to Ilana and Yehuda Borg on the birth of a baby boy. שיזכו לגדלו לתורה חופה ולמעשים טובים - ויכניסו בבריתו של אברהם אבינו בזמנו

- **Mazal Tov** to Gabriella and Adam Cohen on the birth of a baby boy. שיזכו לגדלו לתורה חופה ולמעשים טובים - ויכניסו בבריתו של אברהם אבינו בזמנו

- **Mazal Tov** to Terry & Mark Infield on the birth of a granddaughter to Malki & Avi Warshawsky.

- **Mazal Tov** to Talya & Jason Koenig & family on the upcoming wedding of their son, Adir, to Liat Polinsky. Mazal Tov to the grandparents, Barbara & Aubrey Abrams and Regina & Michael Koenig.

- **Mazal Tov** to Hannah and Yitzi Landa on the birth of a baby boy. שיזכו לגדלו לתורה חופה ולמעשים טובים - ויכניסו בבריתו של אברהם אבינו בזמנו

- **Mazal Tov** to Becky and Jonathan Odinsky on the birth of a baby boy. שיזכו לגדלו לתורה חופה ולמעשים טובים - ויכניסו בבריתו של אברהם אבינו בזמנו

- **Mazal Tov** to Daniella and Jon Rosenberg on the birth of twin baby boys. שיזכו לגדלם לתורה חופה ולמעשים טובים - ויכנסם בבריתו של אברהם אבינו בזמנם

- The Borg, Landa & Rosenberg Shalom Zachor will take place Friday night at 8:45pm at 27 Spring Ave, Bergenfield.

- The Cohen and Odinsky Shalom Zachor will take place Friday night at 8:45 pm at 450 Wildrose Ave, Bergenfield.

- **Kiddush** this week is sponsored by Talya & Jason Koenig in honor of Adir's aufruf.

- **Chaburah** this week will be given by Tzvi Hagler on the topic, "Parshas Parah—Just a Typo" The chaburah begins at 9:00 AM. Everyone is welcome to attend.

- **Metoch Bais HaMedrash** volume 8 is soliciting submissions. Deadline is April 2. Contact Elad Cnaan (eladcnaan@gmail.com) to submit and for more information.

- **Maot Chitim** may be sent in via the Shul website or by visiting <https://www.bmob.org/maot-chitim.html>

Weekday Schedule

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday
<u>Shacharit</u> 7:30 AM MS 8:30 AM MS 9:30 AM BM (NSefard)	<u>Shacharit</u> 6:20 AM BM 8:10 AM BM	<u>Shacharit</u> 6:30 AM BM 8:10 AM BM	<u>Shacharit</u> 6:30 AM BM 8:10 AM BM	<u>Shacharit</u> 6:20 AM BM 8:10 AM BM	<u>Shacharit</u> 6:30 AM BM 8:10 AM BM Candle Lighting 7:07 PM
<u>Mincha/Maariv</u> 7:10 PM MS	<u>Mincha/Maariv</u> 7:10 PM BM 8:30 PM BM	<u>Mincha/Maariv</u> 7:10 PM BM 8:30 PM BM	<u>Mincha/Maariv</u> 7:10 PM BM 8:30 PM BM	<u>Mincha/Maariv</u> 7:10 PM BM 8:30 PM BM	<u>Mincha/Maariv</u> 7:10 PM BM

	Date	Sponsors
Upcoming Kiddushim	4/6/24	Sponsored by Shoshana & Binyamin Turin
	4/13/24	Available
	4/20/24	Shabbat Hagadol Kiddush sponsored Anonymously

WEEKLY LEARNING OPPORTUNITIES 3/31/24 —4/6/24

Sunday	8:00—8:25 AM	Latte & Learn with Rabbi Goldberg (BM) - Tzurbah M'Rabanan—Hilchos Pesach <i>Sponsored by Adina & Jason Pfeiffer in memory of Jason's beloved father, Mr. Sidney Pfeiffer, HaChaver Shlomo ben HaChaver Yoel</i>
Sunday	9:00—9:25 AM	Donuts and learning with Rabbi Goldberg for middle school students (grades 6-8) (BM) <i>Sponsored by Adina & Jason Pfeiffer in memory of Jason's beloved father, Mr. Sidney Pfeiffer, HaChaver Shlomo ben HaChaver Yoel</i>
Monday	9:15 PM	Gemara Taanis Chaburah with Lieber Schachter at the Schachter home
Tuesday	10:30 AM	Women's Parsha Shiur with Rabbi Goldberg
Tuesday	Following 8:30 PM Maariv	Gemara B'Iyun Chaburah with Rabbi Goldberg .
Thursday	Following 8:30 PM Maariv	Mishmar Learning—Bring a sefer and/or chavrusah or join Rabbi Goldberg for a chaburah or join Lieber Schachter in his Gemara Taanis Chaburah
Friday	6:10 AM	Sefas Emes Class with Rabbi Goldberg
Shabbat	Approximately 8:55 AM	Chaburah learning led by members of the BMOB community

BMOB YOUTH NEWS

WHERE SHOULD MY CHILDREN GO?

Tot Shabbat	Classroom 3	Nursery	Classroom 1
Pre-K	Classroom 2	Kindergarten	Youth House - 1st Floor
1st & 2nd Grade Girls	Youth House - 2nd Floor	1st & 2nd Grade Boys	Youth House - 3rd Floor
3rd Grade Girls	Annex - 1st Floor	3rd Grade Boys	Annex - 2nd Floor
Junior Cong (4th-5th Gr)	Main Shul Social Hall	Teen Minyan (5th and up)	Old Social Hall*
Teen Minyan		March 30	

*Teen Minyan is every other week. When Teen minyan is not in session, the space will be used for the 5th-6th Grade boys

THINGS TO REMEMBER

Weekly Shabbos Groups

- Youth groups begin at **9:10 am** and continue until the conclusion of the **9 AM minyan (approx. 11:15 AM)**
- Please do not drop off your child at groups before the start time. They cannot be left unattended in the classrooms.
- Parents are requested to not congregate in the lower level outside the classrooms during groups.
- With the extra Tefillos and Tehillim for the chayalim added to davening, Shul has been ending around 11:15 am. Please pick up your children after the "main minyan" (even if other minyanim run late) before going to the Kiddush. Only parents and siblings in 5th grade and older should be picking up.

Security

- Please make sure the doors to classrooms 1 and classroom 2 are closed after dropping off or picking up your kids. This helps the leaders keep any children from exiting the room.
- Make sure to close the door to the Youth House and the Annex when leaving either building.

BMOB Birthdays Club

Celebrate your child's birthday in group!!
For only \$50, Cupcakes for their group
and a new gift for the group.

WHAT'S HAPPENING SOON?

[See Flyers for more details]

Junior Congregation

Junior Congregation for the 4th and 5th grade boys and girls will meet in the social hall from 9:30 - 10:30 AM.

Parent-Child Learning

Looking forward to resuming with Perek in the Park after Pesach

Teen Minyan

Teen minyan will mostly run every other week with an occasional exception. The next teen minyan will be, **4/13/2023**.

If you are interested in participating in the minyan, please reach out to Ari Pollack at AssitantYD@bmob.org.

Upcoming Events

Stay Tuned for Pre Pesach Programming.
Details will be forthcoming

COMMUNITY NEWS AND EVENTS

Tehillim Thursday at Bnai Yeshurun. 8pm Maariv, 8:10 pm

Run For Their Lives -Teaneck, NJ: **Every Sunday** – Until all the hostages are home. Join us at 10:00 am at Votee Park at Queen Anne Road and Court Street. Walk/Run 1 loop around at your own pace. Wear red & black. International flags welcome. #BringThemHomeNow.

Have you been thinking of coming on a solidarity mission to Israel to feel more connected to the Jewish people in these challenging times? Simultaneously, have you been dreaming of immersing yourself in text-based Torah study in Jerusalem? **At Nishmat, you can do both!** For more information: <https://nishmat.net/programs/summer2024/>

Congregation Bnai Yeshurun invites the community for an inspiring evening as we greet the heroes of ZAKA, **Monday, April 1st** at 8:00 pm. Hear first-hand accounts of the heart-wrenching and holy work of ZAKA as they sanctify life and preserve Kavod Ha'met in the wake of the October 7th massacre. Introductory remarks by Rabbi Elliot Schrier; Remarks by Simcha Greiniman, veteran ZAKA volunteer and Commander in Modiin. Not intended for young audience. Advanced registration required at www.bnaiyeshurun.org/events.

Please join **Ma'ayanot Yeshiva High School** our 27th Annual Scholarship Dinner! Mi KiAmcha Yisrael- Celebrating Our Strength. **Monday, April 1st**, 6:30pm Congregation Keter Torah. This year we are honoring: Yosef & Lisa Rubinstein, Amudei Ma'ayanot Award Jeremy & Rebecca Kurz, Hakarat Hatov Award Mrs. Chani Rotenberg, Faculty Excellence Award Mrs. Shifra Schapiro with the Faculty Excellence Award To make a donation and RSVP please visit, www.maayanot.org/dinner

BMT Tuesday Parsha & Jewish History Shiurim Open to All: **Tuesday, April 2**. The Beit Midrash of Teaneck, located at 70 Sterling Place, Teaneck is open for its Winter Trimester, and welcomes both men and women, to our weekly Tuesday shiurim on Parsha & Jewish History. This week's Parsha shiur (**10:30-11:30am**) will be delivered by **Rabbi Shalom Baum** of Congregation Keter Torah. Our Jewish History shiur (**11:45-12:45**) will feature **Dr. Ronnie Perelis** of *Yeshiva University*, who will give the third part of a 3-part shiur entitled: *Exploring Sephardic History*

Congregation Bnai Yeshurun presents Scholar in Residence Rabbi Yonah Sklare **Shabbat April 6, 2024**. Shabbat morning following Musaf in the 9:00 am minyan: "I Carved Until I Set Him Free"- A Pesach Lesson from Michelangelo. Shabbat afternoon at 6:05 pm: Home is Where the Heart Is- Deepening Familial Bonds at the Seder. Shabbat afternoon following 7:05 pm mincha: Not In Hashem's Name - A Torah View on Religious Violence in the Context of October 7. Rabbi Sklare will be available for a book sale and signing of his new book, *The Breathtaking Panorama: A sweeping thematic approach to Yetzias Mitzrayim on Motzaei Shabbat* 8:30 pm – 9:30 pm. For more information please visit www.bnaiyeshurun.org/events.

Join us on the **NORPAC Mission to Congress on Wednesday, May 15, 2024**. Register at NORPAC.net, Questions call 201-788-5133 Early bird price, \$195 Adult, \$120 Student

Check out the newly updated www.bcbm.org **Bergen County Beis Medrash** website -- the home for recorded shiurim and Torah in Bergen County. In addition, BCBM.org has a new COMMUNITY CALENDAR at <https://bcbm.org/calendar/> where you can list and find many of the shiurim/lectures in the community.

"Something Borrowed", the new gown Gemach, is now open! We are still looking for donations of bridal, sister, mother of the bride, as well as bat mitzvah gowns/dresses. Open hours for shopping are Sundays from 10 to 11 AM and Wednesdays from 8 to 9 PM. Address is 1111 Korfitsen Ave. Bergenfield, NJ. Please contact for questions and to confirm open hours: somethingborrowedTGG@gmail.com 201-522-7719

Toiletry Drive - Ongoing collection of new (unopened and unused) shampoo, conditioner, body wash, bar soap, toothpaste, toothbrushes, and all other personal hygiene items - distributed on a regular basis to community members in need. Drop off at the Stone residence, 578 Grenville Avenue, Teaneck - collection box located at the right-side door. Questions? Please contact Gila - gr5thkid@msn.com.

Child loss support group A new group is forming for women who have lost a child of any age. There is no charge. If you are interested, please email Rhonda Roth at myclosebuds@gmail.com

Yesh Tikva, Hebrew for "There is Hope," was established to end the silence and create a Jewish community of support for all Jewish people facing infertility. Follow this link <https://yeshtikva.org/wp-content/uploads/2022/05/C3-support-groups-for-the-next-3-months.docx.pdf> for monthly support group information. For more information visit us at YeshTikva.org and on [Instagram](#) & [Facebook](#).

My Extended Family provides programs and support to children (1st-8th grade) from single-parent homes: Enroll at: <https://myef.civicore.com/index.php?section=familyApplications&action=newApplication>

JFCS Corner Market continues to provide a wide selection of Kosher food items and household products. By appointment only, at 1485 Teaneck Road, Teaneck. Online registration is now available. The link to sign up is: <https://www.jfcsnnj.org/market>.

Whether someone is experiencing financial stress, marital discord or other relationship challenges, help is available. Contact **Jewish Family and Children's Services** to develop coping strategies. All calls are confidential. Please feel free to contact Paula Rozner at 201-978-2529; paular@jfcsnnj.org. The agency link is www.jfcsnnj.org.

CCSA welcomes anyone with a loved one who is suffering from substance abuse/addiction to our local support group, which meets every other Wednesday evening in Teaneck. For more information and the location of the meeting, please email Time2TalkAddiction@gmail.com.

The Community
Youth Departments

Pre-Pesach
activity

URBAN AIR

SUNDAY, APRIL 21ST

9am-12pm

Snacks and pizza
lunch included

Cost per child:

\$35 - for participating
shul members

\$45 - for non-members

Ages:

Kindergarten-
5th grade

Drop off / pick up: Urban Air 69 Wesley Street South Hackensack, NJ

Click here to register or <https://www.rinat.org/youthevents>
email mtollinsky@rinat.org for more information



Made with PosterMyWall.com



BAIS MEDRASH
OF BERGENFIELD



רִינַת
יִשְׂרָאֵל CONGREGATION
RINAT YISRAEL

