

Shabbat—Parshat Pekudei March 15-21, 2024

ה' אדר ב' - 'א אדר ב' תשפ'ד

<u>Friday</u>

Plag Minyan BM	5:35 PM
Earliest Time for Candles	5:49 PM
Candle Lighting	6:45 PM
Mincha	6:50 PM

Shabbat

Shacharit—Hashkama BM	7:30 AM
Shacharit—Main Sanctuary	9:00 AM
Shacharit—Sephardic, Old Main	9:00 AM
Shacharit—Nusach Sefard BM	9:30 AM
Teen Minyan—Old Social Hall	9:30 AM
Sof Zman Kriyat Shma	10:04 AM
Early Mincha	2:00 PM
Mincha B'Zman (followed by Seudah Shlisheet)	6:40 PM
Maariv	7:42 PM
Havdalah	7:47 PM

Announcements

- Mazal Tov to Kayla & Eli Katz on the birth of a baby boy! שיזבו לגדלו לתורה . וופה ולמעשים טובים - ויכניסו בבריתו של אברהם אבינו בזמנו
- The Shalom Zachor will be Friday night at 8:45 PM at their home—44 Garden St, Bergenfield.
- Mazal Tov to Rabbi Neal & Laura Turk on the birth of a granddaughter, to Rabbi Yizchak & Talia Turk of Baltimore.
- Welcome to Dani Silverman & family who joined as full members this week.
- **Enhanced Kiddush** this week is sponsored by Shira & Yisroel Hochberg in honor of Aliza's Bat Mitzvah.
- **Chaburah** this week will be given by Rabbi Goldberg on the topic, "Hallel—The Missing Tefilah on Purim." The chaburah begins at 9:00 AM. Everyone is welcome to attend.
- Metoch Bais HaMedrash volume 8 is soliciting submissions. Deadline is April 2. Contact Elad Cnaan (eladcnaan@gmail.com) to submit and for more information.
- Matanot L'Evyonim may be sent in via the Shul website. You can also give a check or cash to Rabbi Goldberg who will be distributing the funds on Purim Day.

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	Date	Sponsors
Upcoming	3/23/24	Sponsored by the Cooper Families
Kiddushim	3/30/25	Sponsored by Talya & Jason Koenig
	4/6/24	Available

Weekday Schedule

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday
				Taanit Esther	
<u>Shacharit</u>	<u>Shacharit</u>	<u>Shacharit</u>	Shacharit	Fast Begins 5:44 AM	<u>Shacharit</u>
7:30 AM MS	6:20 AM BM	6:30 AM BM	6:30 AM BM	<u>Shacharit</u>	6:30 AM BM
8:30 AM MS	8:10 AM BM	8:10 AM BM	8:10 AM BM	6:10 AM BM	8:10 AM BM
9:30 AM BM (NSefard)				8:00 AM BM	Candle Lighting 6:52 PM
Mincha/Maariv	Mincha/Maariv	Mincha/Maariv	Mincha/Maariv	Mincha/Maariv	Mincha/Maariv
6:55 PM BM	6:55 PM BM	6:55 PM BM	6:55 PM BM	6:40 PM BM	6:55 PM BM
	8:30 PM BM	8:30 PM BM	8:30 PM BM	Fast Ends 7:46 PM	
				8:30 PM BM	

Announcements (continued)

Upcoming Events

Sunday, March 17, 9:00-11:00 AM

Tefillin and mezuzah checking at BMOB.

Visit http://www.cjid.org/bmob-tefilin-andmezuzah-checking.html to reserve your spot.

Sunday, March 17, 8:15 PM

Pre-Purim Women's Su-Shiur with Rabbi Goldberg, on the topic of, "Purim in Halacha and Hashkafa." Sushi will be served.

Tuesday, March 19, 10:30 AM

Shiur for Women with Rabbi Goldberg, on the topic of "The Story Beneath the Story: The Deeper Message of Megillat Esther"

Shabbat, March 22-23

We are honored to host Johnny Shlagbaum for a special Pre-Purim Shabbat of Song. Johnny will be leading Kabalat Shabbat, Shacharit and Musaf in the Main Minyan. Thank you to Cindy & Aaron Dobrinsky, Gitty & Avi Moses and an anonymous sponsor for co-sponsoring the weekend. If you are interested in joining our list of sponsors, please email the office.

Shabbat, March 23, 5:00 PM

Shiur for Women with Dr. Nechama Price, on the topic of "Achashverosh: The Forgotten Character of the Megillah."

Sunday, March 24 11:00 AM - 1:00 PM

Purim Open House at the Goldbergs.

Shabbat, April 13

Yesh Tikvah Annual Infertility Awareness Shabbat. We are honored to host guest speaker, Sheri Rotenberg.

WEEKLY LEARNING OPPORTUNITIES 3/17/24 —3/23/24

Sunday	8:00—8:25 AM	Latte & Learn with Rabbi Goldberg (BM) -
		Tzurbah M'Rabanan—Hilchos Purim
		Sponsored by Adina & Jason Pfeiffer in memory of Jason's beloved father, Mr. Sidney Pfeiffer, HaChaver Shlomo ben HaChaver Yoel
Sunday	9:00—9:25 AM	Donuts and learning with Rabbi Goldberg for middle school students (grades 6-8) (BM)
		Sponsored by Adina & Jason Pfeiffer in memory of Jason's beloved father, Mr. Sidney Pfeiffer, HaChaver Shlomo ben HaChaver Yoel
Monday	9:15 PM	Gemara Taanis Chaburah with Lieber Schachter at the Schachter home
Tuesday	10:30 AM	Women's Parsha Shiur with Rabbi Goldberg
Tuesday	Following 8:30 PM Maariv	Gemara B'Iyun Chaburah with Rabbi Goldberg .
Thursday	Following 8:30 PM Maariv	Mishmar Learning—Bring a sefer and/or chavrusah or join Rabbi Goldberg for a chaburah or join Lieber Schachter in his Gemara Taanis Chaburah
Friday	6:10 AM	Sefas Emes Class with Rabbi Goldberg
Shabbat	Approximately 8:55 AM	Chaburah learning led by members of the BMOB community

BMOB YOUTH NEWS

WHERE SHOULD MY CHILDREN GO?

Tot Shabbat	Classroom 3	Nursery	Classroom 1
Pre-K	Classroom 2	Kindergarten	Youth House - 1st Floor
1st & 2nd Grade Girls	Youth House - 2nd Floor	1st & 2nd Grade Boys	Youth House - 3rd Floor
3rd Grade Girls	Annex - 1st Floor	3rd Grade Boys	Annex - 2nd Floor
Junior Cong (4th-5th Gr)	Main Social Hall	Teen Minyan (5th and up)	Old Social Hall*
	Teen Minyan	March 16	

*Teen Minyan is every other week. When Teen minyan is not in session, the space will be used for the 5th-6th Grade boys

THINGS TO REMEMBER

Weekly Shabbos Groups

- Youth groups begin at <u>9:10 am</u> and continue until the conclusion of the 9 AM minyan (approx. 11:15 AM)
- Please do not drop off your child at groups before the start time. They
 cannot be left unattended in the classrooms.
- Parents are requested to not congregate in the lower level outside the classrooms during groups.
- With the extra Tefillos and Tehillim for the chayalim added to davening, Shul
 has been ending around 11:15 am. Please pick up your children after the
 "main minyan" (even if other minyanim run late) before going to the Kiddush.
 Only parents and siblings in 5th grade and older should be picking up.

Security

- Please make sure the doors to classrooms 1 and classroom 2 are closed after dropping off or picking up your kids. This helps the leaders keep any children from exiting the room.
- Make sure to close the door to the Youth House and the Annex when leaving either building.

BMOB Birthdays Club

Celebrate your child's birthday in group!! For only \$50, Cupcakes for their group and a new gift for the group.

WHAT'S HAPPENING SOON?

[Soo Elvers for more details

Parent-Child Learning

Looking forward to resuming with Perek in the Park after Pesach

Junior Congregation

We are pleased to announce Junior Congregation for the 4th and 5th grade boys and girls. The Junior Congregation will take place in the social hall from 9:30 - 10:30 AM.

Teen Minyan

Teen minyan will mostly run every other week with an occasional exception. For example, the next teen minyan will be, **3/30/2023**.

If you are interested in participating in the minyan, please reach out to Ari Pollack at AssitantYD@bmob.org.

Upcoming Events

Purim Night, **3/23**, there will be special video presentations for Prek - 2nd grade and another geared for 3-4 graders beginning at 8:25 PM.

Purim Day, **3/24**, we will have a children's Megillah reading followed by a magic show. Children's Megillah will be at 10:30. This will be followed by the magic show

COMMUNITY NEWS AND EVENTS

Tehillim Thursday at Bnai Yeshurun. 8pm Maariv, 8:10 pm

Run For Their Lives -Teaneck, NJ: **Every Sunday** — Until all the hostages are home. Join us at 10:00 am at Votee Park at Queen Anne Road and Court Street. Walk/Run 1 loop around at your own pace. Wear read & black. International flags welcome. #BringThemHomeNow.

This Shabbat, March 16, at 5:30pm at Keter Torah, Rabbi Dovid Gottlieb, Managing Director of Tzalash (an organization dedicated to helping soldiers maintain their religious commitment and emotional well-being during their IDF service), Rabbi of Kehillat HaEla in Ramat Beit Shemesh, and Ra"m at Yeshivat Har Etzion, will speak on "A View from the Trenches: Halachic Dilemmas Faced by Religious Soldiers." Following Mincha at 6:30pm, Rabbi Gottlieb will speak at Seuda Shlishit on "Being Religious in the IDF: An Insider's Perspective."

The Beit Midrash of Teaneck, located at JCT/Heichal HaTorah, 70 Sterling Place, Teaneck is open for its Winter Trimester, and welcomes the community, both men and women, to our weekly Tuesday shiurim on Parsha & Jewish History. This week's Parsha shiur (10:30-11:30am) will be delivered by Rabbi Elliot Schrier of Congregation Bnai Yeshurun. Our Jewish History shiur (11:45-12:45) will feature Dr. Ronnie Perelis of Yeshiva University, who will give a 3-part series entitled: Exploring Sephardic History

Events at Rinat: Yael Goldfischer—Shabbat, March 23rd, 5:35pm. "Hidden and Revealed Identities in the Megillah" Main Shul.

Date Change Please join our NORPAC Informational Meeting on Tuesday, March 26, 2024, at 8 pm at Beth Abraham. We will explain the Mission, NORPAC's achievements, and how you can participate. This year's NORPAC Mission to Washington, D.C., is on Wednesday, 5/15. For more info or to register, go to Norpac.net.; questions call 201-788-5133.

YUConnects presents Gaining Clarity: A Conversation about Dating with Dr. Miriam Adler, Rabbi Josh Blass, & Malky Galler. Moderated by Rabbi Larry Rothwachs. A lively discussion addressing topics such as gaining clarity, feeling the chemistry and how parents can be most helpful. 8:00 PM Wednesday night, March 27 at Congregation Ohr HaTorah. Free admission and open to the entire community. RSVP required to maintain security. Click link to RSVP yu.edu/GainingClarityTeaneck

join Ma'ayanot Yeshiva High School 27th Annual Scholarship Dinner! Mi KiAmcha Yisrael- Celebrating Our Strength. Monday, April 1st, 6:30pm Congregation Keter This Torah. vear we are honoring: Lisa Yosef & Award Rubinstein, Amudei Ma'ayanot Jeremy & Rebecca Kurz, Hakarat Hatov Award Rotenberg, **Award** Mrs. Chani Faculty Excellence

Mrs. Shifra Schapiro with the Faculty Excellence Award To make a donation and RSVP please visit, www.maayanot.org/dinner

Check out the newly updated www.bcbm.org Bergen County
Beis Medrash website -- the home for recorded shiurim and
Torah in Bergen County. In addition, BCBM.org has a new COMMUNITY CALENDAR at https://bcbm.org/calendar/ where you
can list and find many of the shiurim/lectures in the community.

"Something Borrowed", the new gown Gemach, is now open! We are still looking for donations of bridal, sister, mother of the bride, as well as bat mitzvah gowns/dresses. Open hours for shopping are Sundays from 10 to 11 AM and Wednesdays from 8 to 9 PM. Address is 1111 Korfitsen Ave. Bergenfield, NJ. Please contact for questions and to confirm open hours: somethingborrowedTGG@gmail.com 201-522-7719

Toiletry Drive - Ongoing collection of new (unopened and unused) shampoo, conditioner, body wash, bar soap, toothpaste, toothbrushes, and all other personal hygiene items - distributed on a regular basis to community members in need. Drop off at the Stone residence, 578 Grenville Avenue, Teaneck - collection box located at the right-side door. Questions? Please contact Gila - gr5thkid@msn.com.

Child loss support group A new group is forming for women who have lost a child of any age. There is no charge. If you are interested, please email Rhonda Roth at myclosebuds@gmail.com

Yesh Tikva, Hebrew for "There is Hope," was established to end the silence and create a Jewish community of support for all Jewish people facing infertility. Follow this link https://yeshtikva.org/wp-content/uploads/2022/05/C3-support-groups-for-the-next-3-months.docx.pdf for monthly support group information. For more information visit us at YeshTikva.org and on Instagram & Facebook.

My Extended Family provides programs and support to children (1st-8th grade) from single-parent homes: Enroll at: https://myef.civicore.com/index.php?

section=familyApplications&action=newApplication

JFCS Corner Market continues to provide a wide selection of Kosher food items and household products. By appointment only, at 1485 Teaneck Road, Teaneck. Online registration is now available. The link to sign up is: https://www.jfcsnnj.org/market.

Whether someone is experiencing financial stress, marital discord or other relationship challenges, help is available. Contact **Jewish Family and Children's Services** to develop coping strategies. All calls are confidential. Please feel free to contact Paula Rozner at 201-978-2529; paular@jfcsnnj.org. The agency link is www.jfcsnnj.org.

CCSA welcomes anyone with a loved one who is suffering from substance abuse/addiction to our local support group, which meets every other Wednesday evening in Teaneck. For more information and the location of the meeting, please email Time2TalkAddiction@gmail.com.







BMOB YOUTH DEPARTMENT WISHES YOU A



PURIM



Purim Night 3.23.24

There will be a special video presentation geared for 3rd-4th graders beginning at 8:25 PM.

Purim Day 3.24.24

Children's Megillah reading followed by a Magic Show from 10:30 - 11:30 AM.







Bais Medrash of Bergenfield Pre-Purim Women's Learning All Classes Meet @ BMOB

Sunday, March 17, 8:15 p.m. SU-SHIUR

Sushi and Shiur with Rabbi Goldberg Purim in Halacha and Hashkafa

Tuesday, March 19, 10:30 a.m.
Shiur by Rabbi Goldberg
The Story Beneath the Story: The Deeper
Message of Megilat Esther

Shabbat, March 23, 5:00 p.m.
Shiur by Dr. Nechama Price
Achashverosh: The Forgotten Character of
the Megilah

