הקשר היהודי שלך Your Jewish Connection

Brought to you by the Lifelong Learning Committee – Written by Linda S Trapasso

Do You Podcast?

In today's world, it can be difficult to keep up with all the things we have going in our lives. If you have a work commute or are waiting for an appointment or anytime you have some free minutes, then use that time to listen to podcasts. Grab your ear plugs and smartphone, pad, or tablet and get going! Here are some suggestions.

For something close to home, try <u>The Schmooze</u> at the Yiddish Book Center. These podcasts include conversations with Jewish culture makers, plus news and stories related to Yiddish literature, language, and culture. The most recent podcast is "Jewish Champions in the Golden Age of Boxing."

The Jewish Women's Archive hosts the podcast <u>Can We Talk?</u> In the most recent episode, host Nahanni Rous and JWA Executive Director Judith Rosenbaum report from the Democratic National Convention in Philadelphia, where they were invited to cover Hillary Clinton's historic presidential nomination.

Chabad offers <u>Jewish Audio Classes</u> on many topics, such as holidays, spirituality, and





daily study. Scroll down the page to see links for Jewish Music and Listen to Liturgy.

The Book of Life is a podcast about Jewish people and the books we read. The host, Heidi Rabinowitz, directs the library at Congregation B'nai Israel in Boca Raton and presides at the South Florida Association of Jewish Libraries. Her latest podcast, Vox Tablet (talking to the host for a Tablet magazine podcast) lists more podcasts in the description.

The <u>Tablet Podcasts</u> at Tablet magazine include Vox Tablet (exploring Jewish life and culture), Un-orthodox (discussions on the latest headlines), and Israel Story (stories by and about Israelis not found in the news).

Here are several more podcasts worth mentioning:

- Jewish Meditation Podcasts are lovely, but remember to do these in a safe place, NOT while driving.
- <u>The Foundation for Jewish Studies</u> is Jewish adult education from the Washington metropolitan area. Note that there are several items on the Jews in Spain and Portugal.
- The American Jewish Archives offers <u>Podcasts in American Jewish History</u> that describe and analyze documents in the archive.
- Klezmer Podcast offers interviews and music from Klezmer and Jewish musicians around the world.
- JCast Network has a variety of podcasts available (click Podcasts at the top of the page for a list).
- Our own Rabbi Jon podcasts from time to time as well!

There also exist large podcast sites where Jewish podcasts are one category of many. Be sure to review your selection carefully to understand exactly what you'll be listening to. Check out Podcast Chart, iTunes, and PlayerFM.

And don't forget to sign up for the <u>Jewels of Elul</u>, conceived by Craig Taubman. Though not a podcast, I find the emails refreshing during Elul. "There is a great Jewish tradition to dedicate the 29 days in the month of Elul to study and prepare for the coming high holy days. The time is supposed to challenge us to use each day as an opportunity for growth and discovery. While conceptually the notion is noble, it was clear that acting on it was a bit more challenging. Enter...Jewels of Elul. For the past seven years I have collected short

stories, anecdotes and introspections from some fascinating people....Join us is preparing for this most sacred time of year." *From www.jewelsofelul.com*.

Happy listening!