

Your Jewish Connection – Jewish Food and Recipes

Brought to you by the TBA Lifelong Learning Committee

With the High Holidays upon us, we gather with our families and friends. Food is a big part of these times we spend together. Here are some great resources for new ideas and recipes to grace your holiday table.



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Go to kosherfood.about.com and meet Giora Shimoni, an Israeli who is the About.com Guide for Kosher Food. There are four major categories – Kosher Food, Basics, Favorite Recipes, and Holiday Cooking. In the left column on the main page, you can browse by topic; for example, Dairy recipes and How to Cook Kosher.

Click on the Holiday Cooking tab, and then click on Yom Kippur. Not only are there recipes and menus, but also information on preparing for the fast and ideas for pre-fast and break fast meals.

Jewish Women International, www.jwi.org, offers a magazine (click on the link in the upper right). The magazine features a Recipe of the Week on the main page. Click the Eat tab and you'll find several food articles (center) and a Recipe Archive (left). There are approximately nine apple cake recipes and four for honey cake. If you enjoy home baking and are looking for a recipe, you'll probably find one here that everyone will enjoy.

If you prefer to watch a video, head over to YouTube for some holiday cooking. Start with Sheilah Kaufman's favorite recipes for Rosh Hashanah and Yom Kippur, www.youtube.com/watch?v=rhb6B9O5YVY&feature=relmfu (the video automatically starts for

you). She is a published cookbook author and well versed in Jewish cooking. To the right of the video is a list of other Jewish cooking videos, from apple cake and kugel to challah and blintzes.

Do you prefer to read about food? Here is a list of Jewish/Kosher food blogs, pragmaticattic.wordpress.com/2011/01/05/lots-of-jewishkosher-food-blogs/. Be sure to scroll down to the comments, where people have listed additional blogs. Joy of Kosher, joyof.kosher.com/, is one great example – it has blogs, recipes, and more.

AllJewishLinks.com, www.alljewishlinks.com, is a Jewish directory and search engine on the Internet. It provides Jewish news, entertaining and informational Jewish blog articles, and a Judaica store. Click on the Kosher button near the top of the page for numerous articles about kashrut.

The Jew and the Carrot, <http://blogs.forward.com/the-jew-and-the-carrot/> . has been a partnership between Hazon and the Forward, bringing together the work of the Jewish food movement with exceptional writing and reporting about what we eat and how it is produced and prepared.

Happy cooking! L'shana tova!

Other Jewish Web Resources

www.tbanashua.org Our own TBA Web site!

www.rabbijon.com Rabbi Jon's blog.

www.jewishnh.org Jewish Federation of NH.

www.hebcal.com Check Hebrew calendar dates.

www.jewishboston.com Lists Jewish events in the greater Boston area and beyond.

www.shalomboston.com More resources for greater Boston and beyond.

www.myjewishlearning.com Lots of general information.

www.jewfaq.org Provides information from a traditional perspective.

www.jewishvirtuallibrary.org Has information on all facets of Jewish life.

www.cjh.org The Center for Jewish History.

www.jewishgen.org "The first source to go to for Jewish Genealogy."

www.jgsgb.org Jewish Genealogical Society of Greater Boston.

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