

# In Pursuit

TZEDEK COMMITTEE OFFICIAL NEWSLETTER: MAY 2023



## CITY YEAR VIRTUAL INFO SESSION

Wednesday, May 10  
2:00 to 2:45p.m.

[cityyear.org](https://cityyear.org)

## CONTEMPLATIVE MENUCHAT HA-LEV HEALING SERVICE

Saturday, May 27  
9:00 to 10:00a.m.

## PEACEFUL PRIDE EVENT ON THE PLAZA

Wednesday, May 31  
5:30 to 7:30p.m.

Support the trans community.

צדק צדק תרדוף  
Justice, justice shall you pursue.

## LOOKING AHEAD

June includes Pride Month and will honor  
Juneteenth.

## Shavuot

Shavuot, celebrated this year on May 25-27, marks the wheat harvest. Also known as the “Feast of Weeks,” Shavuot also coincides with the giving of the Torah on Mount Sinai.

- ☆ The [Book of Ruth](#) is read.
- ☆ Dairy foods are eaten.
- ☆ Floral decorations are used.

The tradition of staying up all night studying Jewish texts in a “tikun” is a perfect time to reevaluate [social justice](#) efforts in-line with Torah. Resources include [AJWS](#) and [Jewish Journal](#). Events include [Menuchat Ha-Lev](#) and the [Sisterhood’s Shavuot Hike at Beaver Brook](#).



## MENTAL HEALTH AWARENESS MONTH AND PRIDE

Love of oneself is critical for [mental health](#). To combat stigma that can affect mental health, TBA is supporting several events for LGBTQIA+ community members.

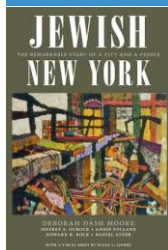
- ☆ June 9 - Kabbalat Shabbat service.
- ☆ June 10 - [Post-Shabbat panel celebrating Trans Jews](#).
- ☆ June 24 - [Nashua Pride](#). Come march with us!
- ☆ June 25 - [Community-wide education program on creating a more inclusive and welcoming space for queer Jews and all Jews](#).

In addition, you can sign this letter calling on Jewish community leaders to take action for trans rights and dignity.

<https://keshet.tfaforms.net/880>

[Send a note to your representative](#) asking them to add their names to a letter supporting Israel’s pro-democracy protesters. Among other things, the letter reads: “As Israel celebrates the 75th anniversary of its founding, we proudly stand with you, the Israeli non-violent, pro-democracy movement, as you fight to preserve Israel’s democratic character and ensure that the rule of law prevails.”

## TZEDEK FOR THE SOUL: BOOK CLUB



### [Jewish New York: The Remarkable Story of a City and a People](#)

Written by Deborah Dash Moore, Jeffrey S. Gurock, Annie Polland, Howard B. Rock, and Daniel Soyer, this book reveals the multifaceted world of one of the city’s most important ethnic and religious groups.

Jewish immigrants changed New York. They built its clothing industry and constructed huge swaths of apartment buildings. New York Jews helped to make the city the center of the nation’s publishing industry and shaped popular culture in music, theater, and the arts. With a strong sense of social justice, a dedication to civil rights and civil liberties, and a belief in the duty of government to provide social welfare for all its citizens, New York Jews influenced the city, state, and nation with a new wave of social activism. In turn, New York transformed Judaism and stimulated religious pluralism, Jewish denominationalism, and contemporary feminism.

Jewish New York spans three centuries, tracing the earliest arrival of Jews in New Amsterdam to the recent immigration of Jews from the former Soviet Union. Celebrate Jewish American Heritage Month by picking up a copy.