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## **Special Shabbat Services in January**

**January 3 - Shabbat Alive!**

**January 10 - School & Yedidim  
Dinner & Service**

**January 11 - Sisterhood Shabbat**

**January 25 - Shabbalom**

5780

2020

# January

Tevet  
Sh'vat



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<b>Dec.</b> Su Mo Tu We Th Fr Sa 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 <b>25</b> 26 27 28 29 30 31		<b>Feb.</b> Su Mo Tu We Th Fr Sa 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 <b>17</b> 18 19 20 21 22 23 24 25 26 27 28 29	<b>1</b> 4 Tevet  <b>Office Closed</b>	<b>2</b> 5 Tevet Yarncraft Group 9:00 am Security Committee 6:00 pm	<b>3</b> 6 Tevet CL 4:06 Shabbat Alivel 6:30 pm Services 8:00 pm	<b>4</b> 7 Tevet Services 9:30 am
<b>5</b> 8 Tevet Yedidim Family Sunday School 10:00 am	<b>6</b> 9 Tevet Finance Committee 6:30 pm	<b>7</b> 10 Tevet Lifelong Learning Committee 6:30 pm BABKA Book Club 8:00 pm <i>The Last Watchman of Old Cairo</i>	<b>8</b> 11 Tevet	<b>9</b> 12 Tevet Yarncraft Group 9:00 am Torah Study 10:30 am	<b>10</b> 13 Tevet CL 4:13 School & Yedidim Shabbat Dinner & Service 5:30 pm Services 8:00 pm	<b>11</b> 14 Tevet Sisterhood Shabbat 9:30 am Yedidim Popup Potluck Havdalah 5:30 pm <b>Vayegash</b>
<b>12</b> 15 Tevet Men's Club Breakfast 9:30 am <i>Speaker Jim Isaak</i>	<b>13</b> 16 Tevet Ritual Committee 8:00 pm	<b>14</b> 17 Tevet Sisterhood Board 6:30 pm	<b>15</b> 18 Tevet	<b>16</b> 19 Tevet Yarncraft Group 9:00 am Torah Study 10:30 am	<b>17</b> 20 Tevet CL 4:21 Services 8:00 pm	<b>18</b> 21 Tevet Services 9:30 am Lunch & Learn 12:30 pm <i>Judaism &amp; the Civil Rights Movement</i>
<b>19</b> 22 Tevet	<b>20</b> 23 Tevet Yedidim Social Justice 10:30 am Sisterhood Game Night 7:00 pm <b>MLK Day</b>	<b>21</b> 24 Tevet BOD 6:30 pm	<b>22</b> 25 Tevet	<b>23</b> 26 Tevet Yarncraft Group 9:00 am Torah Study 10:30 am Until Help Arrives 6:00 pm	<b>24</b> 27 Tevet CL 4:30 Yedidim Shabbat Shidduch 5:30 pm Services 8:00 pm	<b>25</b> 28 Tevet Shabbalom 9:30 am Services 9:30 am <b>Shemot</b>
<b>26</b> 29 Tevet Special Congregational Meeting 10:00 am Yedidim Family Sunday School 10:00 am	<b>27</b> 1 Shvat <b>MLK Day</b>	<b>28</b> 2 Shvat	<b>29</b> 3 Sh'at	<b>30</b> 4 Shvat Yarncraft Group 9:00 am Torah Study 10:30 am	<b>31</b> 5 Shvat CL 4:39 Services 8:00 pm	<b>Vaera</b>

## Shall We Go To Israel Together?

It's been a few years since we tried to put together a community trip to Israel. It's something a lot of you have spoken with me about in the past year, and I'm ready to try again.



Rabbi Spira-Savett

I have been talking for more than a year with a group called Makor Educational Journeys. They have a unique ability to do more than what's sometimes called "Jewish Disneyland" trips, which avoid complexity and where you don't interact much with Israelis. And Rabbi Misha Zinkow, my contact there, is someone I've known for a long time – St. Paul, Minnesota connection!

The trip I have in mind would have these goals:

- Building deeper relationships among people who go
- Experiencing Shabbat in distinctly Israeli ways, in Jerusalem and Tel Aviv
- Giving a solid overview of the history and geography of the land and its people, from the Bible until today
- Learning some Jewish texts and prayers in the locations where they were created
- Connecting individuals and our community with inspiring Zionist idealists whose projects and organizations we could continue to work with back home
- Helping us better understand the conflict with the Palestinians
- Connecting us with members of Beth Abraham families who live in Israel
- Helping each of us articulate our role and relationship toward Israel as American Jews

I would like to create a trip of 12-14 days, spanning two Shabbatot. We would spend time in Jerusalem, on the coast, and the Galilee and Golan, without having to switch where we stay too many times. Trips like this cost in the ballpark of \$3,500 per person plus airfare.

I would like to have a first informational meeting and discussion on **Wednesday, January 29 at 6:00 p.m.** (Unless the special congregational special meeting takes place because of snow)

At the meeting, we would talk about the goals of the trip and your own interests, and look at a sample itinerary. We'd also talk about what time of year would be good, given work and family schedules and the weather in Israel. It takes a year or more to plan such a trip, so we'd be looking at next winter at the earliest.

*(Continued on the following page ...)*

## Stand With Israel and Fight Anti-semitism

I am probably stating the obvious but clearly antisemitism is on the rise globally and even here in the United States.



President David Sacks

The attacks seem to be coming from all fronts. We saw a terrible case of synagogue vandalism in Los Angeles in the Persian Jewish community. We have the awful murders in the kosher market in Jersey City amid reports that a nearby school was to be targeted too. We hear of people speaking Hebrew or wearing Jewish religious garb being verbally and physically assaulted in New York City

and Brooklyn. The assailants are either Neo Nazis, Muslims, a Black Israelite gang, BDS supporters and more. We hear reports from Europe of daily attacks on Jews in France, Netherlands, Germany to mention a few.

This rise gives me some perspective of what it might have been to be Jewish in the 1920s-1940s. The most worrying of it all is the perceived normalization of antisemitism and particularly in Europe that authorities are doing little to nothing to support Jewish citizens.

Some people are using the case against Israel and its so-called oppres-

sion of the Palestinians as a reason to vilify Israel and Jews globally. There is the case in York University near Toronto, Canada, where the student union opposed kosher food in solidarity with the Palestinians. And there are cases where Israelis standing for elected positions in Student Unions are opposed because they served in the Israel Defense Force.

However, the big difference between then and now is the presence of Israel as a viable strong country. Israel stands with Jews globally and will take measures to support Jews anywhere in the

*(Continued on the following page ...)*

Ideally, this would be a trip for people who have never been to Israel and for those who have. We wouldn't do everything on the typical first-time trip – we'd have to talk about whether to do a day of Masada and the Dead Sea, for instance. But there would be enough of that type of experience.

I think we could create a trip that is suitable for ages 11 or 12 and up, with some times that the kids would be doing something different from the adults.

One of the exciting things about a community trip is that we would spend time together preparing and learning for months in advance, and then continue to reflect and deepen our learning and our connections once we are back. A trip together should energize and strengthen our community, and enrich each person's Jewish journey and identity.

All trips of this sort have careful security planning. One thing we would have to talk about is whether to do something I very much want, which is to visit the Gush Etzion area

in the West Bank. It is an important area for understanding the religious Zionist movement, the wars of 1948 and 1967, and the peace work on the ground among Jews and Arabs. It is however beyond the security barrier and the "Green Line", so we would have to talk about it.

If you have thoughts or questions in the meantime, or if you just want to let me know you're interested, I'd love to hear from you.

*L'shalom,*

Rabbi Jon

world. A strong Israel that is a proud member of the family of nations is imperative for survival of the Jewish people. Israel will always support the Jews even if some Jews don't support Israel.

Moreover, the executive order issued in the USA and the laws being passed in France, UK and other countries calling out anti-Semitism and specifically identifying certain anti-Israel activity as antisemitic (aligns with the Holocaust center definition of anti-semitism) give me hope that perhaps the normalization is regressing.

I was having a chat with a very prominent member of our congregation who is strongly supportive of Israel who was concerned by the order from Trump to condemn anti-semitism. The NY Times inaccurately reported that this executive order is classifying Jews as a nation and therefore by inference Jews could be marginalized as Americans. First, this appears to be false reporting by the NY Times using the Jewish topic as fodder for supporting their own political stance. Secondly, Jews in America and globally should own it. We should be proud to be Jews and proud to associate with and support

Israel. Anti-Semites will always accuse us of being loyal first to Israel over the USA no matter what we do. This age-old hate rhetoric has been often repeated by our enemies on both ends of the spectrum and even by a member of Congress.

Let's not let others shame us for being part of the Jewish people. There is nothing anti-American by being pro-Israel. As former UN Ambassador Nikki Haley stated, Israel shares our values and we should be proud to stand alongside Israel and stand up to the bullies and the mob no matter where they are.

I even hear proud Jews arguing that the US should not have moved the US embassy to Jerusalem. I ask why not? Jews were given access to Jerusalem under the UN partition agreement in 1947 that led to the creation of the state of Israel. Jews have always had a connection to Jerusalem. This act aligns with a law passed in Congress in the 90s and is the will of the US people. No one says that if the Palestinians have a state that they can't have a capital in East Jerusalem. But why should that preclude the Jews from having their capital in west Jerusa-

lem? I cannot reconcile a Jewish state without a presence in Jerusalem and I doubt any of you can either.

Let's not cower and hang our heads even if we may disagree with policies of the Israeli government. I am a firm believer that we should support Israel in a macro sense and encourage Israelis to address those concerns via the local election process. They endure the rockets and the terror attacks, the humiliation of many countries relentlessly castigating them publicly and in the halls of the UN. Israelis simply have perspective that is difficult to model from over here.

The Israel lobby group AIPAC will be having their annual policy conference March 1-3 in Washington, DC. Join me and others who support the Jewish right to self determination in attending. Participate in sessions and then lobby our elected representatives for their support of actions and funding for Israel. Be vocal locally and be proud. We are stronger together.

*Am Yisrael Chai*

*L'shalom*

*David*

## January Service Schedule

Services are held every Friday evening at 8:00 p.m. (unless otherwise noted), Saturday at 9:30 a.m. and Monday –Thursday at 7:30 p.m.

### SPECIAL EVENT SERVICE

#### January 3

Shabbat Alive 6:30 p.m.  
Traditional Service 8:00 p.m.

#### January 10

School & Yedidim Shabbat Dinner & Service 5:30 p.m.  
Traditional Service 8:00 p.m.

#### January 11

Sisterhood Shabbat  
Yedidim Popup Potluck  
Havdalah 5:30 p.m.

#### January 18

Lunch & Learn 12:30 PM

#### January 24

Yedidim Shabbat Shidduch  
5:30 p.m.

#### January 25

Shabbalom 9:30 a.m.  
Services 9:30 a.m.

### Oneg & Kiddush Sponsors & Flowers

#### January 11

Sisterhood in honor of Sisterhood Shabbat

## Community News

### Deepest Sympathy to:

- Israel Silver on the loss of his beloved wife, Florence Silver
  - Mark Dickens on the loss of his beloved mother, Leonore B. Dickens
  - Bonna Terban on the loss of her beloved father, Sheldon Jaffe
  - Daniel Casper on the loss of his beloved daughter, Susan Casper
- All those people in our community who are ill we wish you a complete & speedy recovery

## Sisterhood Shabbat January 11



Each year, we set aside one Shabbat morning to celebrate the contributions of the Sisterhood to the Temple. This is an opportunity to honor the women of the congregation for their service and to highlight their participation in the religious life of our synagogue.

Please join us for the service and the luncheon afterwards.

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## Death, Mourning and the Afterlife: Teachings From Judaism, Christianity, Islam, and Hinduism

**Monday, January 27 6:15-7:30 p.m.**  
**Temple Beth Abraham**

A panel of clergy and other leaders from groups in the Nashua Area and Souhegan Valley Interfaith Councils will present some of the key rituals and beliefs in our faiths and traditions. There will be presentations as well as a lot of time for questions and answers! Free and open to the public.

## Hava Nashira, Shir Hallelujah!

Let us sing together; sing hallelujah!

The words to this beautiful song invite us to join together to sing praise. Sing hallelujah.

There are many wonderful prayers that include hallelujah. Even Leonard Cohen wrote his own version of Hallelujah, a version many of you have prob-



Director of Education  
Noreen Leibson

ably heard in the first Shrek movie. One may sing praise privately or in a group of like-minded others. To praise is to release the goodness into the world. I believe that there is much more goodness than evil but it's the evil that is promoted through our public ears. But on January 10, please join us as we sing out praise and love and devotion in our first ever All-School Family Service.

On Friday, January 10, all of our students beginning with the youngest in Yedidim and including up to

our oldest in Zayin, 7<sup>th</sup> grade, will come together to enjoy a school led alternative service. This is for our students, their families and all of our supportive congregants. This will be the first time that all of our students will join together to help lead us in Kabbalat Shabbat. I look forward sharing this special time with not only school families but with others in our community as well.

The service will begin at 6:00 p.m. following a family dinner.

*Noreen*

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## School and Family Events

### **Shabbat Alive!**

Friday, January 3, 6:30 p.m.

### **Yedidim Family Sunday School**

Sunday, January 5, 10:00 a.m.

### **School and Yedidim Shabbat Dinner and Service**

Friday, January 10, 5:30 p.m.

All of our students, from Yedidim through Grade 7, lead us in a special version of the Friday night Shabbat service!

### **Yedidim Popup Potluck Havdalah**

Saturday, January 11, 5:30 p.m.

### **Fire Marshall Visits School**

Thursday, January 16

Firefighter Adam Pouliot will visit the school and speak with the students.

### **Nashua Police Visit School**

Thursday, January 23

Officer Ryan Fitzpatrick will visit the school and speak with the students.

### **Yedidim Shabbat Shidduch**

Friday, January 24, 5:30 p.m.

### **Shabbalom! – All are welcome!**

Saturday, January 25, 9:30 a.m.

Breakfast, electives, and service in the Chapel. Learn some new melodies, enjoy some teaching, and get up close to the Torah!

### **Yedidim Family Sunday School**

Sunday, January 26, 10:00 a.m.



## **Coming Events and Programming**

**Brought to You by the Lifelong Learning Committee**

**BABKA, Wednesday, January 8, 8:00 p.m.**

*The Last Watchman of Old Cairo* by Michael David Lucas

**Lunch & Learn, Saturday, January 18, After Services**

Judaism and the Civil Rights Movement

## **Ongoing:**

**Torah Study with Rabbi Jon and Noreen Leibson**

Thursdays from 10:30 a.m. to Noon. Come once or many times.

**Rabbijon.net and @TBARav**

Teachings on the weekly Torah reading and current events through a Jewish lens, podcasts, and music.

Rabbi Jon's high holy day sermons are posted.

<https://www.librarycat.org/lib/tbanashua>

Search the TBA Library catalog for a book to read

## **Save the Date!**

***BABKA, February 5***

*Great Escape* by Kati Marton

**Lunch & Learn, February 8**

Meet the TBA Leadership

Have Ideas? Want to Help? Join Our Committee?

Contact Jeff Masors at [jmasors@gmail.com](mailto:jmasors@gmail.com) or Rabbi Jon at [rabbi@tbanashua.org](mailto:rabbi@tbanashua.org).

Contribute to the Elizabeth Fischer Memorial Fund to support TBA's ongoing scholarly and cultural programming.

Considering sponsoring a speaker or event? Contact the office or Rabbi Jon.

## BABKA\* Meeting January 8

Get a head start on your New Year's resolution to read more by joining us after minyan on Wednesday, January 8, for a discussion of Michael David Lucas's award winning book *The Last Watchman of Old Cairo*.

Our choices for 2020 include fiction and nonfiction by American, Israeli, and Finnish authors. Take a look at the titles we've chosen so far.

01/08/20 *Last Watchman of Old Cairo* by Michael David Lucas

02/05/20 *Great Escape: Nine Jews Who Fleed Hitler and Changed the World* by Kati Marton

03/04/20 *The Flight Portfolio* by Julie Orringer

04/01/20 *What We Will Become: A Mother, a Son, and a Journey of Transformation* by Mimi Lemay

05/06/20 *Inheritance: A Memoir of Genealogy, Paternity, and Love* by Dani Shapiro

06/03/20 *Strangers in a Stranger Land* by John Simon

07/01/20 no meeting

08/05/20 *A State at Any Cost: The Life of David Ben-Gurion* by Tom Segev

09/02/20 *A Bend in the Stars* by Rachel Barenboim

We welcome you to join us at any of these discussions, even if you haven't read the book.

\* BABKA: Beth Abraham Book Klub Association

Ellie Schwartz

## Carly Pildis Session on Talking to Candidates About Antisemitism and Zionism

Carly Pildis, a grassroots organizer for an organization called Zioness, spoke at Temple Beth Abraham on December 10. With ideas ranging from rehearsing your talking points in advance to giving an overly long handshake with a candidate as you talk, Carly inspired those in attendance to make their voices heard during and after the primary season. This is her posting on the Zioness Facebook page:

Last night, Zioness was honored to lead a training for Temple Beth Abraham in Nashua, New Hampshire. Our Director of Grassroots Organiz-

ing, Carly Pildis, taught 20 members of the local Jewish community how to effectively engage candidates for President on antisemitism and on Zionism using skills she honed in the 2008 and 2016 New Hampshire primaries. Members of the community expressed anger and dismay that activist groups from outside the New Hampshire Jewish community had used it as an opportunity to push an antisemitic agenda and felt empowered and excited to tell candidates how they really feel about these issues. Zioness looks forward to seeing what these incredible Jewish

activists achieve and will support them every step of the way.

Read more about Zioness at <https://www.facebook.com/zionessmovement/>. Sign up for Zioness New Hampshire and don't miss the splendid group photo of attendees and Carly.

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## Southern N.H. Jewish Men' Club

"Analytics, Social Media and Privacy", will be the topic discussed by Jim Isaak on Sunday, January 12, 2019, at 9:30 a.m.



Jim will join us to discuss these very important issues as the scope and reach of the Internet continues to grow and influence our lives. Jim began his career over 30 years ago after earning a BS in Computer Studies and a MSEE in Computer Engineering from Stanford University. The holder of a US Patent for his "Method for Certifying the authenticity of digital objects," Jim's work history includes various upper level positions at IBM, Data General Corp and Digital Equipment. In addition to teaching Information Technology at the collegiate level, Jim has held numerous positions within the In-

stitute of Electrical and Electronics Engineers including President of the IEEE Computer Society and Vice President of the IEEE Society on Social Implications of Technology.


Jim is uniquely qualified to discuss the impact of analytics, social media and privacy on our everyday lives. Jim's discussion will be followed with an open question-and-answer period.

The Southern New Hampshire Jewish Men's Club is proud to sponsor Jim's presentation which will start off with our Monthly Sunday Breakfast at 9:30 AM. Our kitchen crew will be preparing a sumptuous feast of eggs, potatoes, bagels, lox and whitefish salad with veggies, fruit, juice, coffee and tea. The cost for breakfast is \$8.00 for Men's Club members and \$12 for non-members. For more information, and to RSVP for breakfast (please), email [breakfastsvp@snhjmc.org](mailto:breakfastsvp@snhjmc.org).

### About The Southern New Hampshire Men's Club

The Southern New Hampshire Jewish Men's Club was founded in 1982 and meets monthly for Sunday brunches. The Club's mission is based on building a brotherhood of like-minded men who wish to share their commitment and values to those in the greater NH Jewish community. The SNHJMC has provided quality programming such as a town hall-style political event each fall and our annual children's breakfast, which this year featured a science exhibit designed to both educate and entertain young minds. The Southern New Hampshire Jewish Men's Club is a non-profit organization serving all of southern NH's Jewish communities regardless of synagogue membership for over thirty years. If you or someone you know would like to join our Men's Club please contact our President, Don Gorelick, via email: [president@snhjmc.org](mailto:president@snhjmc.org) or visit our website at <http://www.snhjmc.org>.

ROGER PELLERIN  
President



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## Security Committee Offers Training “Until Help Arrives”

Over the next few months the Security Committee will be offering training to help you handle medical emergencies.

The first training we are offering is “Until Help Arrives”. This 3 hour hands-on course will be offered on Thursday, January 23 from 6:00 to 9:00 p.m. at Temple Beth Abraham. The course is open to the public. No prior knowledge or ability is required but you must be at least 13 years old. The course is free, however registration ([www.nashuanh.gov/UHA](http://www.nashuanh.gov/UHA)) is strongly encouraged as seats are limited.

Life-threatening emergencies can happen fast. Emergency responders aren’t always nearby. You may be able to save a life by taking simple actions immediately. Focusing on the most essential actions - moving someone away from ongoing danger, controlling bleeding, positioning the injured so they can breathe, keeping them warm, and providing comfort - *Until Help Arrives* teaches the important role you can play in providing life-saving actions prior to the arrival of emergency services.

Until Help Arrives will be taught by members of the City of Nashua Emergency Preparedness division

and American Medical Response (AMR). The course goal is to teach participants the basic skills to keep people with life threatening injuries alive until professional help arrives. At the end of this course, participants will be able to:

- 
- Communicate with 9-1-1 operators effectively.
- Act to protect the injured from further harm.
- Position the injured.
- Stop life-threatening bleeding.
- Perform hands-only CPR.
- Provide emotional support.

Please consider registering and attending this course.



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## Beth Abraham Sisterhood *Gift Shop*

Why shop at the Gift Shop?

Reason #3: January clearance sale.

January 5 - January 30

50% off Chanukkah items, 25% off everything else.

**Hours:**

Thursdays 4:30 - 8:00 p.m., during synagogue events, and by appointment.

email Eileen at [giftshop.tba@gmail.com](mailto:giftshop.tba@gmail.com) for more info

# — UNTIL HELP — ARRIVES

**YOU**

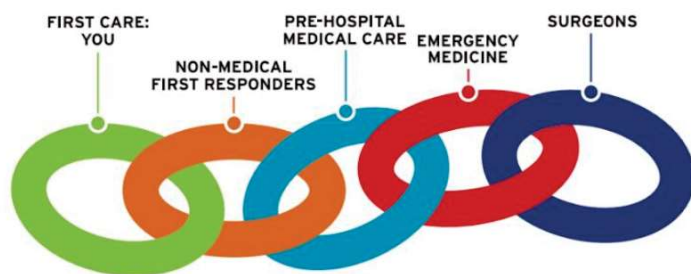
**ARE  
THE**

**HELP**

**FREE  
COURSE**

- Hands-On Training
- Learn Hands-Only CPR!
- No Prior Experience Needed

## CHAIN OF SURVIVAL



**NEXT  
CLASS:**

**WHEN?**

**January 23, 2020  
6 - 9 PM**

**WHERE?**

**Temple Beth Abraham  
4 Raymond St.  
Nashua, NH**

To register for the next course, visit  
[www.nashuanh.gov/UHA](http://www.nashuanh.gov/UHA)



> This course will teach you the basic skills to keep people with life-threatening injuries alive until professional help arrives.

### COURSE TOPICS:

- |                                |                               |
|--------------------------------|-------------------------------|
| <b>1</b> You Make a Difference | <b>4</b> Stop the Bleeding    |
| <b>2</b> Call 9-1-1            | <b>5</b> Position the Injured |
| <b>3</b> Stay Safe             | <b>6</b> Provide Comfort      |





## Chocolate and Coffee: What Could Be Better?

**Saturday, February 1, 7:00 p.m.**

Come to our Chocolate Cafe for delicious chocolate desserts (dairy) and samplings of coffees and teas all made from fair trade products.



Enjoy an evening listening to our local talent perform.

Program will begin with Havdalah and a brief presentation on fair trade.

*Presented by TBA Sisterhood.*

Charge: \$12 per person (Proceeds will benefit the Chesed fund that provides meals for member families at difficult times)

All are welcome to attend, but the talent show is limited to teenagers and adults.

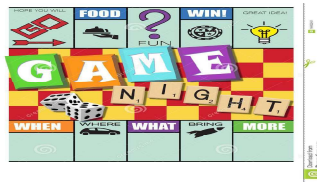
Please email [marshafeder@gmail.com](mailto:marshafeder@gmail.com) to volunteer your talent for the show.

## Sisterhood Game Night Monday, January 20, 7:00 p.m.

**Sisterhood is organizing a fun night for all adults (open to men and women).  
Bring your favorite game to share!  
Some ideas: scrabble, chess, cards etc.**

**RSVP by 1January 16 to Rozzie Sandler at rozziemae@comcast.net**

**Bringing a card table would be appreciated if possible!**




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## Something to Think About

**16 December 2019:** Greetings from Miranda, New Zealand! We have spent the last ten days with our long time friends, walking on beaches, reading books, visiting some new places, and generally relaxing. There is something very special and not quite definable about picking up right where you left off with people you love.



Elaine Brody

I think a great deal about friendship and how fortunate I am to have true and caring people in my life who are not related to me by blood. These friends have become my family. They know me well, accept me for whom I am, and share the joys and sorrows of life with me. Much has been written about friendship. There are clever sayings (some witty, some

sentimental, some boorish, some risqué) for every kind of friendship. As we go through life, there are long time friends and new friends, close friends and acquaintances who may become friends. Friendship is sometimes complicated. What do you give? What do you get? What should you expect? How close is too close? What if the person you want to be your friend doesn't want to be your friend?

Extending your hand in friendship is always worthwhile...even if the gesture is not reciprocated. Maybe the person is shy or in a difficult place in life or just isn't in the mood at that particular time. Moving outside your circle of close friends can bring a whole new aspect to your life. I once gave a fairly sassy reply on Facebook to someone I only knew slightly. She liked the reply, as did a few other women who had

been in the same conversation, and the five of us found ourselves very companionable.

Beth Abraham is a great place to make friends. It's where I found most of mine. Come to services or a class or any other event. Extend your hand to someone you don't know well...or at all. It could change your life. It is, after all, something to think about.

*L'hitraot,*

*Elaine*



## Special Congregational Meeting Regarding Interfaith Burials

On Sunday January 26, 2020 at 10:00 a.m. there will be a special congregational meeting so that we can vote on whether burials of non-Jewish spouses and dependent children of TBA members may take place in our cemetery. In the event of inclement weather, a snow date has been set aside for Wednesday, January 29 at 6:30 p.m.

As you may know, the Ritual and Cemetery Committees, along with an ad hoc Interfaith Burial Committee, have been discussing this topic for almost 2 years. There were studies of texts and responsa with Rabbi Jon, surveys of policies of other cemeteries, and two well-

attended informational forums for TBA members at which proposals were shared and questions asked. Each and every question voiced by congregants was reviewed and discussed at committee meetings, and ultimately, proposed policies were developed and approved unanimously by our Board of Directors.

Our bylaws state that proposed significant changes in religious practice must be discussed at a meeting of TBA members in good standing and approved by a two-thirds majority in order to take effect. It is very important that we have a quorum present so that appropriate discussion and voting can take place. We need to

have 25 members in good standing to make a quorum. Please make every effort to attend this meeting and be a part of the decision-making.

By the time this issue of our Bulletin has been published, you should have received a communication regarding the details of this proposal. Please note that there will be no absentee or proxy votes and no other business will be discussed. You must be present to vote. As is the case with any Jewish gathering, coffee, tea, bagels, and other refreshments will be served.

*Alan Green*

*Chair, TBA Cemetery Committee*

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## Students Will Welcome Two Guests This Month

Jewish values, *middot*, are a vital part of Judaism. Values, like ethics, offer us guidelines to live our lives righteously. They provide us with standards and instructions regarding how we should live our lives. Our school curriculum is rooted in *middot*. We find examples in the Torah, in Talmud and in our own lives. Our primary goal is to equip, encourage and teach our students how to do more good, individually and together. Toward this end, we are hosting two visitors to the school to learn more about *Ometz Lev*, courage.

Adam Pouliot is Nashua's Fire Marshal. He will join our students on Thursday, January 16 to talk about his professional responsibilities. A fire fighter when called into action puts him or herself in potential

danger. It takes a sense of intense determination and courage to be able to do this type of work.

On Thursday, January 23, Ryan Fitzpatrick, a member of the Nashua police force will come to the school to talk about his work as an officer. I met Ryan on the first day of Rosh Hashanah. He was assigned to our synagogue as part of our security measures. He was recently promoted to street crimes, which can bring him into potentially challenging situations. He will bring some SWAT and scuba equipment with him to go over aspects of law enforcement with them.

Both guests will share their work experiences. Our students will prepare for their visits by coming up with questions to ask them. We

are planning to invite other guests, from the greater Nashua community and from our own congregation to share their work with our students.

*Noreen*



# הקשר היהודי שלך

## Your Jewish Connection

Brought to you by the Lifelong Learning Committee – *Written by Linda S Tripasso*

### It's Time to Meet Rosh Chodesh

*Rosh Chodesh* (“head of the month”) is a minor holiday and marks the beginning of every Hebrew month. The Jewish calendar combines both lunar and solar aspects. It has 12 months and 13 months in a leap year. Half of the months are 30 days long and half are 29 days long.

At the end of 30-day months, we observe *Rosh Chodesh* for two days – first on the 30th day of the month and second on the first day of the new month. For a 29-day month, we observe *Rosh Chodesh* on the first day of the new month. ([myjewishlearning](#))

*Rosh Chodesh* is the day after a new moon (this is when no moon shows in the sky). It is announced on the preceding *Shabbat* (named *Shabbat Mevarchim*, the *Shabbat* of Blessing [the new month]). Special prayers are added to the evening service of *Rosh Chodesh* and again during the morning service, including full or half *Hallel* (Psalms 113-118). There may be special *Torah* and *Haftarah* readings. ([Wikipedia](#))

According to *Midrash*, *Rosh Chodesh* is a day set aside for women to study, gather, share, and witness each other in the joys, struggles, uncertainties, and all shades of human

experience. This designation was the result of the Israelite women refusing to provide gold for, or to participate in worshiping, the golden calf. This special day was a reward for their faith. ([myjewishlearning2](#))

In addition, women's monthly cycles are linked to the moon, so the holiday lends itself to being a holiday for women. The

new moon signifies a new beginning and brings with it a sense of optimism. There are many groups of women across the country and around the world working to reclaim this women's tradition in modern times. This began in the 1970s with the feminist movement and continues to today. Each group has its own observances and each group is as different as the women who are its members. ([Jweekly](#))

Read these articles for descriptions of women's *Rosh Chodesh* groups: [Rosh Chodesh Ritual Fosters Spirituality and Creativity](#), [The Very Feminist Way Jewish Women Can Celebrate the New Moon](#), and [Monthly gatherings connect women with sacred cycles, and each other](#).

What would be a Jewish holiday without food? [Welcome Rosh Chodesh with appetizing round foods](#) has some

ideas to help get you started.

For in-depth articles and commentary, go to [Sefaria](#), which is a free, living library of Jewish texts and their interconnections, in Hebrew and in translation. You can also go to [YouTube](#) and search on *Rosh Chodesh*.

To test your *Rosh Chodesh* knowledge, go to the [Rosh Chodesh Quiz](#). Can you pass it once in a blue moon?



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# Yahrzeits

*During Friday evening and Saturday morning services,  
Memorial prayers will be recited for the following:*

## January 3 & 4

Bernard Grosky, uncle of Marlene Grosky  
 Rosalyn Price, wife of Howard Price  
 Harry Matzkin, father of Fern Getto  
 Joseph Devine, father of Christopher Devine  
 Nachum Salomon, brother of Zahava Salomon  
 Leonora Kovler, mother of Wendy Kolopsky  
 Bea Gorelick, mother of Donald Gorelick  
 Jerry Kosofsky, father of David Kosofsky  
 Eileen Prevey, mother of Kathy Prevey-Levin  
 Max Deifik, father of David Deifik  
 Steven Goodman, brother of Debbie Waldman  
 Max Pollack, father of Stanley Pollack  
 Sumner Stern, father of David Stern & grandfather of  
 Jessica Stern  
 Jacob Levy, brother of Philip Levy  
 Rozalia Dubrovinski Charles I. Winograd  
 Ada Harkaway Lena Mirsky

## January 10 & 11

Albert Worden, father of Joy Mainemer  
 Enid Savett, aunt of Rabbi Jonathan Spira-Savett  
 Debbie Kover, aunt of Judy Goldstein  
 Harold Weisman, father of Terre Weisman, & father-  
 in-law of Peggy Weisman  
 Morris Levine, grandfather of Mark Levine  
 Morris Shapiro, uncle of George Kessler  
 Mitchell Holt, father of David Holt  
 Beatrice Zimmerman, mother of Amy Manheim  
 Melvin Tresser, father of Debra Wilner  
 Bertha (Frankel) Rudnick, grandmother of Janis Silver  
 Max Cohen, brother of Sara Brest  
 Jordan D. Cohen Stephen Etlinger  
 Archie M. Slawsby Harry Gordon  
 Mae Davis Soroken Morris Wigrizer  
 Albert Glesser David Sunstein  
 Harry Cohen Rachel Lechuk  
 Aaron Mirsky

## January 17 & 18

Jason Schenker, son of Lynn and Karl Schenker  
 Beverly Thibeault, mother of Carol Gorelick  
 Benita Gross, sister of Deni Oven

*January 17 & 18 Yahrzeits continued...*

Avrom Shlomo Schenker, grandfather of  
 Karl Schenker  
 Jerome Lasky, father of Elliot Lasky  
 Helen Smith, grandmother of Noreen Leibson  
 Samuel Zavotsky, great-grandfather of  
 Rabbi Jonathan Spira-Savett  
 Tillie Shapiro, aunt of Richard Shapiro  
 Sophie Andler, mother of Dorothy Silber  
 Esther Juda, mother of Stanley Juda  
 Emil Stern, father of Karen Herman  
 Sam L. Baer Hannah Shapiro  
 Ruth Ametller Edith Berger  
 Ezra Sheffres

## January 24 & 25

Morris Wolper, father of Mitchell Wolper  
 Linda Kalp, mother of Brandon Kalp  
 Herta Schenker, mother of Karl Schenker  
 Florence Geyer, mother of Sanford Geyer  
 Lillian Schwartz, grandmother of Donald Gorelick  
 Evelyn LaVine, mother of Jeanne Gerard  
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 Benjamin Goldstein, father of Leon Goldstein  
 Lillian Furman, mother of Robin Golub  
 David Franks Louis Fischman  
 Gary Hamburger Annie Cohen  
 Helen Nagler Israel Newman

## January 31 & February 1

Norman Ackerman, brother-in-law of Ann Ackerman  
 Hannah Freedman, mother of David Freedman  
 Jacob Nhaisi, father of Anita Hazard  
 Phillip Arlan, brother of Lionel Arlan  
 Mildred Krulik, mother of Arthur Krulik  
 Elsie Ginsberg, mother of George Ginsburg  
 Rudy Goldstein, brother of Leon Goldstein  
 Harry Shapiro, grandfather of George Kessler  
 Nancy Marcoux, mother of Nancy Ferman  
 Melvin Grosky, father-in-law of Marlene Grosky  
 Laura Newman, mother of Sue Hurwitz  
 Maurice Mordoh, father of Alison Falk  
 Nathan Mendelow, father of Marie Balcom  
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