



June 2019 - Vol. 45, No. 09 • telephone: 603-883-8184 • e-mail: office@tbanashua.org • www.tbanashua.org



Sunday, June 2



Jason Schenker Memorial Walkathon, 9:30 a.m.

Israel Street Festival, 10:00 a.m.



June 8 - 10

Shavuot Services - Including Student Celebration

(See inside for details)

5779 June

iyar sivan

TEMPLE BETH ABRAHAM

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
ш	JULY SMTWTFS					27 iyar 🎮
1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 42 55 26 27 28 29 30 31	1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 31					Services 9:30 am
						Bechukotai
2 28 iyar	3 29 iyar	4 1 sivan	5 sivan	S sivan	7 4 sivan 🦠	8 5 sivan 🕷 🔰
Last Day Sunday School Jason Shenker Memorial Walkathon 9:30 am Israel Festival 10:00 am	Talmud & Coffee w/Rabbi Jon at Riverwalk Cafe in Nashua 11:00 am		Avodah Shebalev 9:30 am Talmud & Coffee at Buckley's Bakery in Hollis 11:00 am Mincha Minyan 5:45 pm	Yamcraft Group 9:00 am Torah Study 10:30 am Last Day Rei. School Security Committee	CL: 8:03 Talmud & Coffee at The Inside Scoop in Bedford 11 am Shabbat Alive Services 6:30 pm	Services 9:30 am CL: 9:07 Shavuot Services 9:00 pm
YOM YERUSHALAYIM		ROSH CHODESH	BABKA 8:00 pm		Services 8:00 pm	Bamidbar EREV SHAVUOT
S sivan	10 7 sivan	8 sivan	12 9 sivan	13 to sivan	14 11 sivan 🦄	15 12 sivan
Shavuot Service and School Recognition	Office Closed	Talmud &Coffee w/Rabbi	Yamcraft Group 5:00 pm	Yamcraft Group 9:00 am	CL: 8:07	Services 9:30 am
Program 9:30 am Services 7:30 pm	7:30 pm (Yizkor recited at both services)	Merrimack 6:30 pm	Talmud & Coffee w/Rabbi Jon at TBA 6:30 pm	Torah Study 10:30 am	Services 8:00 pm	Luncn & Learn following services Yedidim Potluck Popup
SHAVUOT	YIZKOR	Sisterhood Board Meeting 6:30 pm	Lifelong Learning Committee 8:00 pm		FLAG DAY	Havdalah 5:00 pm Nasso
16 13 sivan	17 14 sivan	18 15 sivan	19 16 sivan	20 17 sivan	21 18 sivan 🦭	22 19 sivan 🕅
		B.O.D. Meeting 6:30 pm	Avodah Shebalev 9:30 am Sisterhood Year-end Meeting 7:00 pm	Yamcraft Group 9:00 am	CL: 8:09 How to Be President Forum w/ John Delaney noon Services 8:00 pm	Services 9:30 am
FATHER'S DAY				SUMMER BEGINS		Beha'alotcha
23 20 sivan	24 21 sivan	25 22 sivan	26 23 sivan	27 24 sivan	28 25 sivan 🕷	29 26 sivan 🕅
Yedidim Picnic 10:00 am			Yamcraft Group 5:00 pm Finance Comm. 6:30 pm	Yamcraft Group 9:00 am	ot.: 8:10 Services 8:00 pm Kayden Duchano-Ader Bar Mitzvah	Services 9:30 am Kayden Duchano-Ader Bar Mitzvah Yedidim Mom's Night Out
						Shlach

Temple Beth Abraham

June 2019 Volume 45 No. 09

Iyyar /Sivan 5779

Being Your Best Citizen

The presidential primary is in full force. When I was in Washington, DC, in March, I joked in meetings on Capitol Hill that most of



Rabbi Spira-Savett

the members of the Senate were back where I live!

How do we play our best role, as citizens and as Jewish members of the larger community? What can we do to make the nomination process effective?

And how can we sustain ourselves in what issure to be a loud and sometimes difficult period until the primary election (and beyond)?

Here are eight tips, a spiritual guide to the primary season. They won't tell you who to vote for, but they will help you make the campaign and the world better, and help you keep your footing. Explain your political philosophy -- to yourself or someone else.

I'm not talking about a political party – you may or may not have an allegiance — but a philosophy. What do you think the proper role of government is in America? What things do you think are actually done best by individuals, by organized groups, by government, or by some combination?

When you have income or wealth, how much is yours to keep and what do you owe for the good of all of us? What's your rationale?

What responsibilities do you think the individual has to society – actual responsibilities that you can be compelled to uphold for the common good? When should your preferences or your comfort be overruled for the sake of the whole?

What does freedom really mean? What does "all... are created equal" mean?

It may be a long time since you thought this through. Think it through again.

Think new thoughts.

Don't rest on the laurels of what you have thought in the past about an issue or a particular candidate. Don't read the same opinion over and over. By all means, follow a writer who teaches you and adds to the picture with every new column. But also – seek out new knowledge, new perspectives, even contradictory ones. Check your work on the issues you care about.

When it comes to character, tell the truth.

We all have different standards when it comes to how good a person the president ought to be. Everyone has to decide how much personal imperfection to live with in an officeholder, to get someone whose views you support and/or who you believe will be most effective.

(Continued on the following page ...)

The Bitter and The Sweet

The final song in the wonderful Zimria spring concert was Al Kol Eileh by famed Israeli singer songwriter Naomi Shemer. It starts off



David Sacks

with the words "Alhad'vashv'alha'okets, al hamar v'al hamatok...", "for the honey and for the sting, for the bitter and the sweet...". The song talks about being thankful for all the above and more, the good and the challenging. I think this is a perfect way to sum up my first year as the President of the board of directors.

I decided to stand for President, as I wanted to bring my experience to the leadership of the temple. I saw a community that, while strong at its core, was showing decline in enrollment in school and membership. We needed an injection of new ideas and I believed it was time for me to play a more significant role. It was certainly a case of "if not now, when". I believed then as I do now that we need to be transformative for TBA to turn the corner and to flourish in the future.

We welcomed several new board members to join an experienced and committed group. The board immediately set about prioritizing key activities to focus on delighting our existing members while at the same expanding our tent to appeal to a broader group of unaffiliated people in the area who want to "do Jewish stuff" (borrowing this phrase from Rabbi Kushner of The Kitchen in San Francisco).

The year started off in a very promising way by offering both traditional and the ReNew Year family learning services for the High Holy Days. ReNew Year provided an engaging musical and learning service to address more diverse needs. The feedback via

(Continued on the following page ...)

Being Your Best Citizen continued ...

But don't call something good when it's bad. Don't say that treating people terribly—whether it's insults, bigotry, or sexual or workplace harassment—don't say it's nothing. Don't say "all leaders do it." Say it honestly: This leader did/does this, and it is bad, and I have decided to vote for him/her despite that, because of X.

Jewish community wellbeing matters.

There are three things that Jewish Americans have to care about in particular, beyond what we should all care about. One is our safety, and anti-Semitism. The second is the security of Israel. The third is religious freedom and making sure no one's religious views are legislated for everyone.

We talk all the time about the first two. Whatever your personal view is about abortion and contraception, it matters if one specific religion's teachings are the ones written into law for all of us. This is as relevant to our wellbeing as anything else.

The Bitter and The Sweet continued....

the survey and informally was very positive. We will continue to invest and improve on these offerings to meet your needs.

The board then held a retreat in the fall to identify key actions to transform TBA into a growing congregation. As the strategic plan was now almost 5 years old, the board decided that it would be best to study other high growth faith based organizations (HGOs). The committee led by Matthew Lee has visited and interviewed several congregations both in the area and across the country. The research phase is now complete. Some of the key learnings were that all the HGOs were the intense focus on welcoming, inclusion, families, and doing what

Ask good questions.

We have the chance to shape how campaigns are written about and how candidates think about themselves and the country. My manifesto about asking better questions is at howtobepresident.org. Pick one of the questions on that site to ask when you meet a candidate.

As I write this, one candidate (Democratic former Rep. John Delaney) is confirmed for the How to Be President forum that I have told you about, on Friday, June 21 at our synagogue. Our group of Nashua-area religious leaders is in touch with five other campaigns – stay tuned.

Love instead of hate.

You will be angered by some things you hear, from candidates and from people you know. It's an absolute certainty. When you are angry – remind yourself what motivates you. Remind yourself who you are trying to stand up for. Be motivated yourself by love for those people, not hate of others.

Pay attention to local too.

In Nashua, at least, we have some local elections this fall. Be engaged with how your big issues are playing out locally. The local campaign will have a lot to do with justice, immigration, diversity, education, housing, pensions, and health care. You can make a huge difference right here.

Vision and action, not just opinion.

See my last Rosh Hashanah sermon. If you care enough about something – and I hope you do – your portfolio on it should include work you can do and money you can contribute to those doing great work on it, in addition to the campaign.

If you'd like to be part of a group – a support group? – talking about these things as we go along, learning some Torah, reflecting – of course let me know. Let's make this election better, together.

Ľshalom, Rabbi Jon

you choose to do, well. Now the board together with other stakeholders will be looking to prioritize actions and initiatives.

We were all on a massive high in the fall and then the Tree of Life massacre happened. An anti-semitic thug not only took the lives of eleven Jews who happened to be in shul, but also shook Jews both near and far, nationwide and worldwide to the core. This one act radically impacted the focus for the community. Now, security rose to the top of the priority list. We convened a security committee that immediately collaborated with local law enforcement. A security assessment was conducted, and we are actively implementing recommendations.

TBA has applied for a \$20,000 grant to fund some of the items from our security assessment. Hopefully we are fortunate so that we can address our security needs while not draining our financial resources. Of course we will have to continue to strike a balance between security and being a warm welcoming shul.

Then back to the sweet of wonderful Hannukah and Purim events, along with engaging sessions in the learning series, students attending the school, yedidim and teen activities and almost a bar or bat mitzvah a week!

And then back to the bitterness, as religious institutions experienced attacks worldwide. A mosque in New

(Continued on page 6...)

June Service Schedule

Services are held every Friday evening at 8:00 p.m. (unless otherwise noted), Saturday at 9:30 a.m. and Monday - Thursday at 7:30 p.m.

SPECIAL EVENT SERVICE **Shavuot Service Schedule Shavuot Services**

Saturday, June 8 9:00 p.m.

Sunday, June 9

9:30 a.m. - Shavuot Student Celebration 7:30 p.m. service

Monday, June 10

9:30 a.m. & 7:30 p.m. Both services include Yizkor

June 28 & 29

Kayden Duchano-Ader Bar Mitzvah

Oneg, Kiddush & Flower **Sponsors**

June 28 & 29

Jessica Duchano-Ader & Joseph Ader in honor of the Bar Mitzvah of son, Kayden

> **Flower Sponsor** May 17 &18

Paul Moverman in memory of his father, Gerald Moverman

Kayden Duchano-Ader Bar Mitzvah

Kavden Duchano-Ader son of

Joseph Ader and Jessica Duchano-Ader will be called to the Torah as Bar Mizvah on Saturday, June 29.



Kayden is a seventh grader at Hollis-Brookline Middle School in Hollis, NH. Kayden's interests include reading, drawing, and outdoor activities with the Boy Scouts. Kayden's passion for conservation has inspired him to work on composting and recycling incentives as part of his Bar Mitzvah Project.

Parashat Sh'lach L'cha and Kayden's love of doing things with his hands have inspired him to design his own tallit and work with his parents to make it. Including learning to tie his own tzitzit.

Interested in **Chanting Torah or** Haftarah?

Contact Stan Juda (888-8731) to select a Haftarah, or Rabbi Jon for a Torah reading assignment.

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Affiliated with United Synagogue of Conservative Judaism





Shabbat Alive!

6:30 p.m. Friday, June 7

Upbeat Shabbat evening service guided by song leaders and accompanied by several of our musicians on instruments! We'll learn some new melodies, and some brief explanations will help unlock the joy and meaning of the service to begin Shabbat.

> The service will be 45 minutes to an hour. Melodies are posted on our website. There will be food out in the Gallery during and after services.



Israel on Campus: Hasbara Fellowships Lunch and Learn

With Member Miriam Sernik

Are you concerned about the portrayal of Israel on college campuses? Are you, your child, or friend attending college and interested in traveling to Israel? Then come to a Lunch & Learn on Saturday, June 15 at 12:30 p.m. for a discussion about the Hasbara Fellowships with Miriam Sernik, the Northeast Regional Advisor for Hasbara Fellowships.

Hasbara Fellowships is an Israel advocacy organization that trains college student leaders to effectively engage in Israel discourse on campus. Hasbara's leadership program equips students with the tools necessary to successfully implement programs that reach specific target audiences, build strong relationships with a multitude of students, and engage in dialogue on campus. To date, Hasbara has trained

nearly 2,000 students on over 220 campuses across the US and Canada.

Hasbara Fellowships brings students to Israel for an intensive 16-day program with the goal of educating, training, and motivating them to become pro-Israel activists on campus, as well as teaching the students about the most effective ways to communicate about Israel and partake in discussions on campus. Participants hear from an array of historians, journalists, military personnel, politicians, civilians, and academics from across the political spectrum. Students have the unique opportunity to go on strategic tours of the Israeli borders with Syria and Lebanon, and of the communities bordering Gaza, as well as spend time in the West Bank in both areas A and C.

A key component of the program is supporting students upon their return to campus, working with them to implement successful programming, share their experiences and stories that they heard, as well as effectively combat anti-Israel sentiment on campus. Participants receive support from Hasbara Fellowships staff to help facilitate pro-Israel programs back at their university.

Miriam Sernik is the Northeast Regional Advisor for Hasbara Fellowships. Miriam graduated from the Commonwealth Honors College at the University of Massachusetts Amherst with a degree in Biochemistry and Molecular Biology. While on campus, Miriam was a Hasbara Fellow, and served on the board of the Student Alliance for Israel, during which time she organized Israel programming on campus and built strong relationships with many student leaders across the campus community.

The Bitter and The Sweet continued....

Zealand, 2 churches in Sri Lanka over Easter, and then an attack on a Chabad shul in San Diego, and this trail of devastation and hate does not seem to have an end in sight. The lining of honey is the unity of people profoundly on display. We will stand proud and tall against bigotry and not be ashamed to call it out no matter where it may fester, in the halls of congress or governments abroad, to the streets of Charlottes ville and everywhere in between.

We continue to have the ongoing bitterness in the Israeli-Palestinian conflict. The chaos near the Gaza border; Ongoing incendiary kites that ravage agriculture in the southwest of Israel. Missiles from Gaza raining down on Israelis as far as Tel Aviv. We need to remain equally vigilant in our defense

of Israel. There is nothing wrong with criticizing the policies of the Israeli government. After all, half of Israelis do it all the time. But we must stand strong against anti-Zionism, which means opposed to a Jewish state in Israel, and is, by its very definition, anti-semitism.

The year is coming to an end. The sweet of the many positive steps that we are taking, the wonderful events being held, the joy of a dozen Bar and Bat mitzvahs, class services, the commitment of our families participating in religious school, yedidim activities, and the teen philanthropy program, is being mixed with the reoccurring financial challenges that we once again face. We will resolve these in the best way possible to ensure that TBA continues to deliver on its mission

and to enable it to springboard into an organization of growth.

Thanks for your continuing support. It is a pleasure to serve TBA.

B'shalom

David

ANNUAL MEETING

June 5, 6:00 p.m., 5:45 p.m. mincha before the meeting



"So-long" For Now!

Back in the late sixties, Carol Burnett began a comedy variety show for television. She was an amazing comic and entertained her audience with her words, facial



Director of Education and Family Engagement Noreen Leibson

expressions, body gestures and her funny co-comedians. Does this ring a bell for any of you? If yes, you know exactly what I am referring to, and if no, look for her on line. Her skits were brilliant and funnier than Saturday Night Live! She always ended her show with a song. And when she got to the end of the song, she would tug on her left ear lobe. She would sing:

"I'm so glad we had this time together, just to have a laugh or sing a song. Seems we just get started and before we know it, comes the time to have to say so-long."

These verses fluttered around my head as I began to write my last bulletin for this school year. I can truly relate to the idea that the year has gone back so quickly. We opened our doors back in September, and now we are preparing

to say so-long for the summer. Families will go on vacations. Kids will go to summer camps. While the school may be closed for classes, I will still be here working on the program for next year.

As I reflect on what we have accomplished this year, I feel a sense of satisfaction. Our teachers planned not only extraordinary lessons in Torah study, Holy Days, Hebrew and prayers, but also special ways to learn about middot, Jewish values. All of our children learned about a variety of *middot*, and not only what they were about but how to practice them in their own lives. Our Sunday School kids sponsored a food collection for the Nashua Soup Kitchen. Our Dalet (grade 4) and Hai (grade 5) class dug deep into understanding Ometz Lev, courage, through the idea of heroism. Each student chose to learn about a person he or she thought showed the traits of heroism.

Our Zayin class unraveled the idea of *Tzedek*, righteousness/justice. They learned about different organizations that were created to help people in distress as well as our world, which is in constant distress. The teen philanthropy group, BAP, continued to figure out how to understand and practice

philanthropy and decided this year to support programs for the homeless by exploring what is happening in the greater Nashua area and raising money to donate to both Harbor Homes and The Way Home. (It's not too late to make a donation to BAP. Just send in your donation to Judy and mark what it is for.)

Everyone in the school was able to enjoy creating amazing leaves to place on our *Etz Brachot*, Tree of Blessings. Not only did they design their own leaf but they also wrote a personal blessing that was written on their leaf. I am ever grateful to Laura Hegfield and Liz Eckley for being the artistic designers of this project. This permanent installment will grace our lobby for years to come. We will enter the school shaded by the many, many blessings that are growing from our tree.

There is so much more I could share with you about our students and their work. They have learned a lot and have developed a community of friends that we hope will endure for many years. None of this could have happened without our faculty, Michelle Rothberg, Laura Hegfield, Belin Hegfield, Rina Scharf, Julieann Hazard, Darlene Drutman and Rabbi Jon. Through *Continued on following page...*

June School and Family Calendar of Events

Sunday, June 2 Last day of Sunday School

Includes the Jason Schenker Memorial Walk-a-Thon

followed by the Israeli Festival

Thursday, June 6 Last day of Weekday School Sunday, June 9 Shavuot Student Celebration

Services begin at 9:30 a.m.

Awards and recognitions will take place during the Torah service after we read the Ten Commandment! Awards include the Philip Porter Award, and others.

"So Long" For Now! continued ...

their dedication and support, our kids learned many Jewish ideas and found ways to practice Jewish skills. They also learned to work in cooperation with each other. Our teachers truly raised the bar for our school. Our *madrichim* (teen teaching assistants) helped in the classroom assisting the teachers and students. Our appreciation goes out to Ethan Ebersman, Jonah Sacks, Jonah Savage, Sarah Becker and Ben Vig.

There are two other people that I would like to publicly acknowledge for their dedicated volunteerism at the school, Larry Rubin and Stan Juda. Both men came to the school to help with Hebrew reading and prayer skills. They were an important part of our team. I also am grateful to Jessica Stern for her role in keeping the school online and in the know.

Finally I would like to thank both Jessie Mocle and Rabbi Jon for the incredibly good work they do for our families. Jessie is like the Pied Piper in bringing young families together to learn, schmooze and help build a community for our young families. I am forever grateful to Rabbi Jon for his steady support and vital feedback. I am very fortunate to work with a Jewish leader whose love for learning is a core Jewish value for him.

As I said, the year might be over for the students but Jessie, Rabbi Jon and I will continue to hammer away at next year's program. Be prepared for some new ways for our students and families to navigate the school and its programming. We do our work to help you in your work – raising inquisitive, deeply engaged thinkers and doers.

Our Gimel (third grade) students wrote a short poem or paragraph about their school year. One student seemed to sum it all up when he wrote: "I loved what I learned in Hebrew school this year, and I want to learn more next year."

In conclusion,

"I'm so glad we had this time together just to have a laugh or sing a song. Seems we just get started and before we know it, comes the time to have to say so-long."

I know you can't see me but I am tugging my left ear lobe!

Have a great summer, and we will see you next year.

Noreen

Walkathon for the Jason Schenker Memorial Library Sunday, June 2 9:30 a.m.



Calling all community members!

It's time to rally for this year's walkathon (a one mile walk in the school neighborhood). Rabbi Abraham Joshua Heschel, an esteemed teacher, scholar and civil rights activist said: "When I marched in Selma, I felt my feet were praying." On June 2, when we gather to march, we will be celebrating not only our Jewish community in general but our school specifically. Walk to honor our teachers, walk to support the beautiful library in our school, walk to strengthen our bounds to each other.

Please consider making a donation. The funds raised at our walkathon help to support the Jason Schenker Memorial Library in our school as well as special music programs for our synagogue community. Our goal is to reach 100% participation in donations. Please give what you can.



(Students must be accompanied by a parent to stay for the Israeli festival)



10:00 A.M. SUNDAY, JUNE 2

יום ירושלים YOM YERUSHALYIM

לום יעראל Shalom Yisrael Israel Street Festival

JERUSALEM DAY



Celebrate the 71st anniversary of the State of Israel!

Zimria Choir sings the Paskol/Israeli Musical Soundtrack

Visit the many famous sites in Jerusalem
Eat Falafel at Sarah & Sam's King David Café
Kikar Zion open mic coffee house
Search for ancient artifacts in the archeological dig
Shop & Stroll Ben Yehudah Midrehov (pedestrian mall)
Visit the Kotel (Western Wall) to send your prayers
Israeli Dancing
Learn some Hebrew

Free entrance, free Israeli flags, free popcorn.
Open to the public. Bring friends!



tbanashua.org :: 4 Raymond St., Nashua, NH :: (603) 883-8184 :: /TempleBethAbraham



JUNE EVENTS



Yedidim Directo Jessie Mocle

UPDATE: CAMP YD! THE YEDIDIM SUMMER CO-OP CAMP

Camp YD is now a reality! As a cooperative endeavor, parents are an integral part of the Camp YD experience. Serving as activity leaders and camp "counselors," together we will build an amazing summer for our kids. We're a group of friendly, supportive parents, and can't wait to work with you this summer. Contact Jessie at yedidim@tbanashua.org to volunteer. For more information and to register your children visit: www.tbanashua.org/yedidim.html

CAMP YD HIGHLIGHTS

- Camp begins on June 24 and runs until August 23
- Camp activities occur on Monday, Wednesday and Friday from 10:00 a.m. 2:00 p.m.
- Locations vary, but destinations are generally no more than one hour away from Nashua
- Camper age ranges are I-8 years old, contact Jessie directly if your children are older all kids are welcome even if they are a bit older
- Programming includes a mix of indoor/outdoor activities, field trips, local parks, and host homes
- Fridays are reserved for Jewish content, including Hebrew learning and Shabbat-related activities

Potluck Popup Havdalah

Interested in an easy, family-friendly, low-key way to celebrate the spirit of Shabbat? Potluck Popup Havdalah is for you! Whether you attend one, or host a Potluck Popup Havdalah in your home, Yedidim families will bring the kid-friendly dairy or pareve food and dessert, and together we'll experience the gentle fellowship of saying goodbye to Shabbat.

Register at www.tbanashua.org/yedidim.html
Saturday, June 15, 5:00 p.m.
Host Family home - register for address!

YEDIDIM MOM'S NIGHT OUT!

Ready for something new? This month it's dinner and crafting at Panera! Bring your own work-in-progress, or try some adult coloring relaxation and camaraderie is the name of the game! Menu at www.panerabread.com

Register at www.tbanashua.org/yedidim.html
Saturday, June 29, 6:30 p.m. - 9:30 p.m.
Panera Bread: 8 Spit Brook Road Nashua, NH 03060

YFSS: End of Year Programming!

A full year of YFSS has flown by, and it's time to celebrate all of our learning. June provides us with multiple opportunities to wrap up our fun. Register for everything at: www.tbanashua.org/yedidim.html

- Jason Schenker Memorial Walkathon and Israeli Festival:
 Help raise money for our school library, and enjoy the
 sights and sounds of Israel in Nashua! Wonderful Yedidim
 activities await! Sunday, June 2, 9:30 a.m.- I2:00 PM Religious School
- A Special Yedidim Shavuot Program And School Recognition Celebration: Shavuot learning tailored to the younger set! Sunday, June 9, 10:00 a.m. - 12:30 p.m. -Synagogue
- Picnic Party and Berry Picking at Lavoie's Farm: Join us at Lavoie's Farm for a celebratory end-of-the-school-year breakfast picnic and picking! Bring your own dairy/pareve breakfast, picnic blanket, and get ready to party!
 Sunday, June 23, 10:00 a.m. 12:00 p.m. Lavoie's Farm 172 Nartoff Rd, Hollis, NH 03049

For more information or to volunteer, contact Jessie Mocle: yedidim@tbanashua.org

Coming Events and Programming

Brought to You by the Lifelong Learning Committee

Annual Israel Festival, Sunday, June 2, 9:30 a.m.

BABKA meeting, Wednesday, June 5, 8:00 p.m. Kosher Chinese by Michael Levy

Lunch & Learn, Saturday, June 15, After Services

Miriam Sernik, Northeast Regional Advisor, Hasbara Fellowships
Hasbara Fellowship brings hundreds of students to Israel every summer and winter, giving them the information and tools to return to their campuses as educators about Israel.

Ongoing:

Torah Study with Rabbi Jon and Noreen Leibson
Thursdays from 10:30 a.m. to Noon. Come once or many times.

Last session June 13.

Help the Rabbi Study Talmud Over Coffee

Help me learn a couple pages of Talmud about giving, dignity, and welfare policy. No prior knowledge necessary of Hebrew, Talmud, or anything! Coffee, tea, etc. are on me.

Monday, June 3, 11:00 a.m., Riverwalk Cafe in Nashua
Wednesday, June 5 11:00 a.m. Buckley's Bakery and Cafe in Hollis
Friday, June 7 11:00 a.m. The Inside Scoop in Bedford
Tuesday, June 11 6:30 p.m. Buckley's Bakery and Cafe in Merrimack
Wednesday, June 12 6:30 p.m. at the synagogue
...more times and places to follow!

Rabbijon.net and @TBARav

Teachings on the weekly Torah reading and current events through a Jewish lens, podcasts, and music. Rabbi Jon's high holy day sermons are posted.

Search the TBA Library catalog for a book to read - https://www.librarycat.org/lib/tbanashua
Save the Date!

BABKA, August - A Journey to the End of the Millennium by A. B. Yehoshua

Red Cross Blood Drive - Tuesday, Sept. 3, 2:00 p.m. to 7:00 p.m.

Have Ideas? Want to Help? Join Our Committee?

Contact Jeff Masors at jmasors@gmail.com or Rabbi Jon at rabbi@tbanashua.org.

Contribute to the Elizabeth Fischer Memorial Fund to support TBA's ongoing scholarly and cultural programming.

Considering sponsoring a speaker or event. Contact the office or Rabbi Jon.

Something to Think About.

Spring has been filled with activity at TBA. Events both religious and social have filled the calendar. Suddenly, or so it seems, it is June.



Elaine Brod

school will be out in a few weeks. For some this will be the earliest summer release in a long while.

Synagogue life is not seasonal. It goes on all year. Here are some of my ideas for staying connected Jewishly over the summer.

Start early. Come to the TBA Annual Meeting on June 5. Find out what all the committees have been doing. Join a committee for the coming year.

If you're staying home this summer:

Come to evening minyan on a weeknight...bring the kids. It's only twenty minutes, and they have no school the next day.

Come to Shabbat evening or morning services

Add the mitzvah of candle lighting on Friday night before dinner if you don't already.

If candle lighting is your usual Friday night ritual, add Kiddush and Motzi.

Get together with family and/ or friends for a *Kabbalat Shabbat* (Shabbat evening) dinner Host a Shabbat afternoon lunch Read books with Jewish themes If you're traveling:

Visit a Jewish museum

Research the Jewish places of interest at your destination before you leave home

Attend services in a new place.

I hope you will consider trying some of these suggestions. As always, I offer you something to think about.

> L'hitraot Elaine

Please join us for our Annual Sisterhood Spring Event

Meeting and Election of 2019-2020 Officers

Wednesday June 19 · 7:00 p.m.

Desserts & "Nightcaps"
Locally-Sourced Strawberry
Shortcake
Gluten Free & Dairy Free Strawberry Shortcake
Chocolates
Alcoholic & Virgin Beverages
Tea/Decaf Coffee
FREE to Sisterhood members!!
(Prorated dues for those joining
Sisterhood at the event.)

RSVP by 6/14 to Robin Rubin

571-1090

Beth Abraham Sisterhood Gift Shop

Hours for June & July, Thursdays, 5:00 p.m. - 8:00 p.m., During synagogue events and by appointment

For questions or appointments please e-mail Eileen at giftshop.tba@gmail.com or call 603-883-8184 to leave a message

Paul Moverman Genealogist

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FREE 1 Hour Consultation for TBA Congregants!

Please call or email to schedule your appointment! 603-930-3952 or paulmoverman@gmail.com

"How To Be President" Clergy-Led Candidate Interview #1:

Former U.S. Rep. John
Delaney (D-MD)
Friday, June 21,
12:00 – 1:00 p.m.
Temple Beth Abraham
Free and open to the public – invite
and bring friends!

- How does one person go about holding the power of life and death, in familiar places and all over the world?
- How can you know enough about enough issues, and enough about how to rely on people who

know far more than you on many of them?

- What is it like to try to be a person of integrity in a role where moral ambiguity and sheer uncertainty are pervasive?
- How does one deal with regular failure and partial success, while sustaining the ego necessary to be the leader of a nation and of the free world?

These are the kinds of questions that don't usually get asked in a campaign. A group of Nashua-area clergy, spearheaded by Rabbi Jon, are organizing public interviews where you will hear this kind of conversation! At each event, a panel of 2-3 clergy will ask questions and talk with the candidate. You are welcome to stay afterward and speak with Rep. Delaney individually. We will share the video of the event widely and ask you to do the same!

If you have a connection with any of the other campaigns and can help us get an invitation into the right hands, please contact Rabbi Jon.

TBA In Helping Save Lives — Community Blood Drive

Every two seconds, someone in the U.S. needs blood. To help save lives, Temple Beth Abraham is hosting a blood drive on **uesday**, **September 3**, from 2:00 p.m. to 7:00 p.m. at the synagogue in the Social Hall.

The community is invited to take part in this special event and donate blood for hospital patients in our neighborhoods and across the nation. The need for blood is constant, but only 3 percent of the U.S. population donates. By rolling up a sleeve, donors can play a critical role in the treatment of accident and burn victims, heart surgery and organ transplant patients, and those receiving treatment for leukemia, cancer or sickle cell disease.

To make an appointment or to learn more, download the <u>American Red Cross Blood Donor App</u>, visit <u>RedCrossBlood.org</u> or call 1-800-RED CROSS (1-800-733-2767).

Completion of a RapidPass® online health history questionnaire is encouraged to help speed up the donation process. A blood donor card or driver's license or two other forms of identification are required at check-in. Individuals who are 17 years of age (16 with parental consent), weigh at least 110 pounds and are in generally good health may be eligible to donate blood. High school students and other donors 18 years of age and younger also have to meet certain height and weight requirements.



If you might be interested in donating blood during the blood drive or would like additional information please complete a very short interest survey at https://www.survey-monkey.com/r/2N8R7HH.

If you have questions or are willing to help with the blood drive, please contact Jeff Masors (jmasors@gmail. com).

HIGH SCHOOL GRADUATES

Isaiah Baker, son of Iyamoro Baker and Davida Rubin-Baker, from Derryfield High School. He will continue on to study Computer Science at the University of Massachusetts, Amherst

Jacob Lerman, grandson of Diane Lerman, graduating from Oliver Ames High School in Easton, Ma. He will be attending Merrimack College in North Andover, MA

Jared Steinberg, son of Audrey Steinberg, from Bedford High School. He will continue on to study
Business Management at Wake Forest University

Ian Lewis, son of Lisa and Dion and grandson of George Ginsburg, from Souhegan High School. He will study Computer Science at University of Massachusetts - Amherst

Benjamin Gutwillig, grandson of Diane Toth, from Weston MA High School to Lynn University in Florida

UNIVERSITY / COLLEGE GRADUATES

Jennifer Davis, granddaughter of Shirley Lelchuk, receiving B.S. in Elementary Education – Magna Cum Laude - from North Carolina State University

Anna Zeira, daughter of Eitan and Gabriele Zeira, receiving MD and Masters in Public Health from the University of Miami. She will go on to a residency program at the University of Maryland, Baltimore

David Welin Grossman, son of Daniel and Kasia Grossman, receiving B.S. in Mathematics and Computer Science with minors in Economics and Physics from University of Miami, Coral Gables

Benjamin Goodman, son of William and Jane Goodman, receiving B.A. in Economics from the University of Pennsylvania

Ben Gilman, son of Marc Gilman, receiving his B.S. with honors in Business from Stevens Institute of Technology

Ian Gelman, son of Haywood and Carol Gelman, receiving a B.S. in Electrical and Computer Engineering from the Worcester Polytechnic Institute

Jacob Marshall, son of Toby & Jason Marshall and grandson of Rena & Ernie Perelmuter is graduating from the University of Massachusetts - Lowell with a BA in Criminal Justice.

Mikayla Foster, daughter of Marissa Baltus & Joe Foster, receiving J.D. Cum Laude from BU Law School

Gabriella Foster, daughter of Marissa Baltus & Joe Foster, receiving B.A. with a double major in Religious Studies and Theatre & Dance

Gregory Hilston, son of Stacey & Ed Hilston, receiving his Masters Degree in Computer Science from Johns Hopkins University

Samantha Hilston, daughter of Stacey & Ed, has been accepted to Northeastern University pursuing her PhD in Chemistry

Hannah Lewis, daughter of Lisa & Dion and granddaughter of George Ginsburg, graduating with a BS in Biology from the University of Vermont

Rose Willow Hegfield, daughter of Laura & Gordon Hegfield, receiving B.S. in Art Therapy from Lesley University

Rebecca Freedman, daughter of Eileen and Ben Freedman, graduating with a Masters in Accountancy from the University of South Florida, St. Petersburg, FL

Security Committee Report – May 2019

In November of 2018 the TBA Board of Directors (BoD) charged the Security Committee to propose recommendations to enhance the security of both the Temple and its congregants.

In response to recent events occurring throughout the country, committee members have attended training seminars offered by federal, state and local agencies covering the security needs of houses of worship. These agencies recommended detailed and comprehensive security improvements.

Based on this training the committee has:

- Conducted a survey to assess the security concerns of congregants
- Conducted facility security assessments offered by the Nashua Police Department
- Applied for a federal grant to cover costs of enhanced security

In January of this year, a survey designed to assess security concerns of congregants was emailed to TBA membership. There were 127 survey respondents. Along with other questions, respondents were asked to select from a list of possible security enhancements. The top 5 chosen enhancements are listed below.

- Enhance video surveillance
- Install panic buttons in critical locations
- Develop and schedule training for greeters
- Enhance front and rear entryways with Key Pad technology
- Offer Active Shooter Preparedness training lectures to congregants

Full survey results are available to Temple members upon request.

Recently, a FEMA grant was created for houses of worship located in rural communities. The committee began the process to obtain the grant and the application was submitted during the first week of May. The result of the submission will be made available no later than August/September 2019. If approved, the maximum amount of the award granted to TBA will be \$20,000

While a number of enhancements involve facility modifications and significant costs, others involve procedural changes that can be implemented fairly quickly and at minimal cost. The security committee has recommended to the BoD that, during synagogue events and services, all entry doors be locked EXCEPT the temple front

entrance. In addition to video surveillance of all entrances, greeters will be assigned to the front entry doors to welcome all persons coming to the Temple.

While members of the BoD and Security Committee have volunteered their time to act as greeters, a reliable volunteer pool is needed if this first step is to be successful. If interested in becoming a greeter contact the security committee at: security@tbanashua.org

Additionally, the committee recommended to the BoD that both greeters and the general congregation should be provided with training on how to react in the event of an adverse incident. Over the next few months the following training will be scheduled:

- Civilian Response to Active Shooter Events (CRASE)
- Greeter Training

For successful implementation of these efforts, participation by Temple congregants is necessary.

Please contact the security committee with any questions or concerns. Thank you in advance for your support.

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For more information, or to purchase a leaf, please call 883-8184 or office@tbanashua.org



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Temple Beth Abraham Philanthropy Program

Our Cause: Fighting Homelessness in New Hampshire

Who we are ...

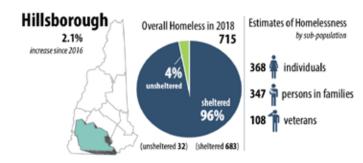
Temple Beth Abraham in Nashua is a group of dedicated teens who meet monthly to discuss the concepts of philanthropy and philanthropic action. Each year, our group learns about local philanthropy and commits itself to fighting for a particular cause that impacts our local community. We then put together a plan of action to help alleviate these issues and raise money and awareness on behalf of this cause. This program is about learning, acting, and creating lifelong philanthropists out of today's youth.

Did you know ...

Homeless has risen 10% in New Hampshire in the last three years

On a given night, nearly 1,500 Granite Staters are homeless

Last year, more than 4,000 New Hampshire public school students experienced homelessness during the school year



*New Hampshire Coalition to End Homelessness (2018 report)

What we are doing to help:

Our program is working with several organizations that are dedicated to fighting homelessness in the local community. The Way Home is an organization based in Manchester, NH that has been fighting



homelessness for more than thirty years. They offer a variety of programs to help alleviate homelessness and support the homeless population of New Hampshire. Our support for their organization will help to raise awareness for The Way Home and help them with critical outreach programming, specifically aimed at children. Harbor Homes is another



organization that is fundamentally committed to ending homelessness in our local community. Their Ending Homelessness Fund (EHF) raises \$200,000 a year to work towards securing grants from local and state governments. Our support for their committees will help to achieve this goal and support the broader mission of curtailing homelessness in the community.

What you can do to help:

Donate today to our program:

Send a check directly to Temple Beth Abraham of Nashua (4 Raymond st., Nashua, NH 03060) - checks should be made out to Temple Beth Abraham and in the memo section write "Beth Abraham Philanthropists"

OR

Log on to www.tbanashua.org/payment.php and select Beth Abraham Philanthropists under type of payment and donate. Please donate before June 9th!

הקשר היהודי שלך

Your Jewish Connection

Brought to you by the Lifelong Learning Committee - Written by Linda S Trapasso

Grow an Israeli Garden

Did you know there are approximately 2,700 species of plants in Israel? This is many more than the seven species listed in Deuteronomy 8:8, "Aland of wheat, and barley, and vines, and fig trees, and pomegranates; a land of oil olive, and honey." Or the four species of Sukkot: *etrog* or citron tree, *lulav* or date palm tree, *hadass* or myrtle tree, and *arava* or willow tree.

As we go through spring and I see the different plants growing and



blooming, I thought how nice it would be to have a garden that included plants that also grow in Israel. We can grow grapes in New England, and fig trees are known to thrive here when handled properly. I know that you can order olive trees online and grow them indoors (search "olive tree gift"). Pomegranates and citron grow in California and perhaps indoors here in New England (search "pomegranate tree for sale" or "citron tree for sale").

Let's consider the Israeli landscape with its different geographical regions. Natural woodlands of calliprinos oaks cover the upper Galilee, Mount Carmel, and other hilly regions. In spring, rockrose and thorny broom turn the hillsides pink, white, and yellow. There are hyacinth, crocus, and narcissus in the mountains as early as December, followed by anemones, tulips, cycla-

men, iris, and daisies. Honeysuckle creeps over



the bushes, and large plane trees provide shade along the freshwater streams of Galilee.

There are over 200 million trees in Israel – forests of pine, tamarisk, carob, and eucalyptus. Wildflowers and medicinal plants are plentiful. Fruit trees bloom from January to April. In the south, you can find acacia trees and the prickly sabra cactus. In the Negev highlands, Atlantic pistachios grow along the dry riverbeds, and date palms grow wherever there is sufficient underground water. (Flora and Fauna in Israel)

M a n y of these plants have varieties that thrive here



in New England. To see images of Israeli plants, go to <u>FlowersInIsrael</u> where you can look at them alpha-

betically, by color, by bloom month, and more. One of my favorites is lantana, usually available here as a hanging plant.

Some of the vegetables that grow in Israel include tomatoes, cucumbers, peppers, and zucchini. Melons grow in the valleys in the winter. Along the Mediterranean, Israel grows citrus, avocadoes, kiwi fruit, guavas, mangoes, and grapes. Subtropical areas grow bananas and dates. In the north, apples, pears, and cherries are popular. In total, Israel produces over 40 types of fruit. (Agriculture in Israel).

We certainly can grow some of these items in our New England gardens. Won't it be nice to watch your Israeli garden grow this year?

Alan J Green, MD

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Community News Condolences to:

- Louis Haskell and family on the loss his beloved father, Gary Haskell
- Joe Savitch and family on the loss of his beloved mother, Shari Savitch
- Carol Kaplan on the loss of her beloved niece, Samantha Bloom

Best Wishes to:

- Marlene & Jason Gallant in their new home
- Adam & Sarah Wolff and Carol & Don Gorelick on the birth of daughter and granddaughter, Elliana Terese Wolff

To all those people in our community who are ill we wish you a complete & speedy recovery.



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David Helfman for father, Mack Helfman Brenda Price & Sandra Price for mother, Ruth Price Sandee Goldberg for father, David Arthur Goldberg and friend, Ann Sunstein

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Steven Haime for uncle, Daniel Sherman
Richard Osofsky for father, Joseph Osofsky
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David Pastor for mother, Selma Pastor
Arthur Krulik for father, Edward Krulik
David Fox for father, Leonard Fox
Helen Feder for father, William Kadushin
David Deifik for brother, Joel Deifik
Nancy Cantor for parents, Maida & Russell Sproul
Seth Leonard for grandmother, Ida Greenfeld &
grandfather, Joseph Sisitsky

Debbie Brown for father, Rich Brown
Deni Oven for mother, Blanche Gross
Pearl Kern for son, Richard Kern
Suzanne Maine for father, Irvin Harrry Nichols
David Freedman for sister, Kadimah Michelson
Nancy Moore for mother, Lotte Treitel
Daniel Grossman for grandparents, Drs. Jean &

Kerry Schneider for mother, Clarice Schoenberger

Jan Silver for grandfather, Louis Rudnick Stan Pollack for daughter, Lisa Pollack Carole Shyavitz for father, Melvin Steinberg

Robert Rothenberg

<u>Yahrzeits</u>

During Friday evening and Saturday morning services, Memorial prayers will be recited for the following:

May 31 & June 1

Harold Mosher, father of Lisa Porter James Allen Klain, brother of Matthew Klain Irma Badillo, mother of Mark Liebling Raynard Braverman, father of Marlene Grosky Samuel Goldman, grandfather of Barry Sack William Cohen, father of Myra Krulik Dr. Jean Rothenberg, grandmother of Daniel S. Grossman Eleanor Savett, grandmother of Rabbi Jonathan Spira-Savett Fred Sznicer, uncle of Liliane Sznycer Maurice Baker, grandfather of Lauren Donovan Dina Schwartz, grandmother of Cheryl Liebling Dr. Robert Rothenberg, grandfather of Daniel S. Grossman Michael Schenker, father of Karl Schenker Lotte Elkeles Treitel, mother of Robert Treitel and Nancy Moore

Eileen Cohen, mother of Stewart Cohen
Jennie Wigrizer Max Kohn
Freda Gordon Sidney I. Kessler
Gertrude Movshovitz Ruebin Kaufman
Francis Sudhalter Suzanne Freedman
Samuel Danis Rebecca Edelstein
Boris Zukerfein Isaac D. Winograd

June 7 & 8

Jack Zeckel, father of Sandy Dickens Murray Rubin, father of Lawrence Rubin Eileen B. Isgor, mother of Lisa Claire Laura B. Foster, mother of Joseph Foster Roberta Grass, mother of Steven Grass Melvin H. Steinberg, father of Carole Shyavitz Clara Rosenzweig, mother of Samuel Rosenzweig Freida Shanok, great aunt of Jeffrey Schenkman Ronni Karlsberg, mother of Lauren Donovan Anne R. Holt, mother of David Holt Muriel Racenstein, mother of Steven Haime Young-Soon Kang, brother of Chong-Cha Treitel Lillian Stearns, mother of Marsha Geyer Robert Winer, father of Heather Winer Rosa Bornstein, great aunt of Liliane Sznycer Mary Brownfield, grandmother of Larry Golub

June 7 & 8 continued...

Anne Fleming, mother of Leslie Paisner
Norma Stern, mother of Karen Herman
Shirley R. Cohen Barnett Kligerman
Rosalyn Berkowitz Max S. Newman
Isadore Movshovitz Nathan Brody
Dora R. Rudman Phyllis Smith
Abraham Levensen

June 14 & 15

Rabbi Avraham Freedman, father of David Freedman Lillian C. Shyavitz, mother of Joel Shyavitz
Bessie Yezersky, grandmother of Shirley Lelchuk
Sadie Braun, mother of Joan Berger
Seymour Greenbaum, father of Carl Greenbaum
Gordon McGill, father of Kathy Eisenberg
Minnie Helfman Leo Saller
Garbriel Masry Celia Wolfson
John Cohen Harry Partin
Helene H. Stein Sadie Danis
Jennie Blankenberg Louis Albert Stone

June 21 & 22

Rose Greenbaum, mother of Carl Greenbaum Solomon Freedman, great grandfather of Steven Haime Claire Grossman, mother of Daniel Grossman Joan Weiss, mother of Jeffrey Weiss Lisl Schoen, aunt of Karl Schenker Temma Rubenstein, mother-in-law of Howard Price Sally Cohen, mother of Philip Cohen Sol Rubenstein, father-in-law of Howard Price Mary Chmelnitsky, great-grandmother of Rabbi Jonathan Spira-Savett Samuel Speyer, father of Jane Weber Myrna Feldmann Nettie Davis Theodore S. Gold Ida Shapiro Dorothy Grasso Aaron Harkaway Robert Smith Steven L. Goldberg Joseph Dishler Jack S. Neidorff



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(June Yahrzeits continued ...)

June 28 & 29

Ok Nan Lee, mother of Chong-Cha K. Treitel Esther Schimmel, mother of Michael Harris Paula Bogen, Mother of Samuel Bogen Thelma Harris, mother-in-law of Richard Shapiro Max I. Silber, father-in-law of Dorothy Silber Sarah Gotlieb, great-grandmother of Rabbi Jonathan Spira-Savett

Gerald Carrus, father of Steve Carrus
Donald E. Levin, father of Matthew Levin
Sura Schenker, grandmother of Karl Schenker
Joseph Lukatsky, father of Janet Roth
Reuben Gross, father of Deni Oven
Adelle Fraser, mother of Stephanie Flynn
Joseph Jason Klayman, brother of Betty Tobias
Nettie Zevin, aunt of Sam Brest
Irwin Orleck, father of Audrey Steinberg

Phillip A. Isaacson Emma Mandelson
David Freedman Steven J. Wiseman
Benjamin Gordon Frances Alter
Ida Heckman Max Bedrick
Paula A. Davis Harry S. Kamenske

Israel Pastor

Rabbi Liaison Committee

Charles Labovitz

This committee meets three to four times per year to provide a forum for discussions between the rabbi and a representative group of congregants.

If you have an issue relating to the rabbi that you aren't able to resolve directly, you can contact one of the committee members.

> Marsha Feder, chair marshafeder@gmail.com

Jane Goodman janegoodman4@gmail.com

Louis Haskell louishaskell@hotmail.com

Larry Rubin litlrube@gmail.com

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