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# Temple Beth Abraham Bulletin

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## **Pesach / Passover First Seder Friday April 22**

**Temple Beth Abraham's Community Passover Seder**  
Saturday, April 23 - 5:30 – 8:00 PM

Complete Pesach details and guide inside

5776  
2016

**April**

adar II  
nisan



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
					<b>1</b> 22 adar II Family Service 7 PM CL: 6:53	<b>2</b> 23 adar II Vav Class Shabbat Services 9:30 AM
<b>3</b> 24 adar II Men's Club Breakfast 9:30 AM Gan Katan Sisterhood Passover Celebration 3:30 PM	<b>4</b> 25 adar II Ritual Committee 8 PM	<b>5</b> 26 adar II EXEC Meeting 6:30 PM	<b>6</b> 27 adar II Avodah Shebalev 9:30 AM BABKA 8 PM	<b>7</b> 28 adar II Torah Study 10:30 AM	<b>8</b> 29 adar II Services 8:00 PM CL: 7:01	<b>9</b> 1 nisan Services 9:30 AM Jr. Cong./Shabbat Shiymah Lunch & Learn
<b>10</b> 2 nisan Family Breakfast (O/S) 10 AM	<b>11</b> 3 nisan Ritual Committee 8 PM	<b>12</b> 4 nisan	<b>13</b> 5 nisan	<b>14</b> 6 nisan Torah Study 10:30 AM	<b>15</b> 7 nisan Dalet/Hai Service 7 PM CL: 7:08	<b>16</b> 8 nisan <b>ROSH CHODESH SHABBAT HACHODESH</b>
<b>17</b> 9 nisan Gan Katan	<b>18</b> 10 nisan School Committee 6:30 PM	<b>19</b> 11 nisan Full Board Meeting 6:30 PM	<b>20</b> 12 nisan Lifelong Learning 8 PM	<b>21</b> 13 nisan Torah Study 10:30 AM	<b>22</b> 14 nisan Siyum Bechorot 8:00 AM Office Closes at Noon First Night Passover	<b>23</b> 15 nisan <b>SHABBAT HAGADOL</b>
<b>24</b> 16 nisan No School Passover Services 9:30 AM (joined by Temple Israel)	<b>25</b> 17 nisan No School	<b>26</b> 18 nisan No School	<b>27</b> 19 nisan Finance Committee 6 PM	<b>28</b> 20 nisan No School Passover Service 7:30 PM CL: 7:23	<b>29</b> 21 nisan Office Closed Services 9:30AM at Temple Israel in Manchester Evening Service 8PM CL: 7:24	<b>30</b> 22 nisan Passover Services 9:30AM (includes Yizkor) <b>PASSOVER YIZKOR</b>

## A Place At Your Seder

Soon we will gather again at Seders to retell our original story of what happened to us when we were outsiders in Egypt. Around our tables will be people who were born here in America, or who have come here in their own lifetimes, escaping somewhere else or by personal choice. People who have long felt at home here, and people who feel a little or a lot like outsiders.



Rabbi Spira-Savett

The long-ago events of Pesach blend with the more recent stories of our families arrival in this country. Often, people will bring those family stories to the Seder, as a way of

reminding ourselves that the Exodus is an ongoing part of our identity as Jews in the modern world.

As I said on Yom Kippur, our family immigrant stories and our Exodus legacy shape our political outlooks. For some, the focus is gratitude for freedom, prosperity, and acceptance in a new home. There are those who think practically, about how a Jewish experience of Americanization could teach a path for other groups, religious or ethnic, to follow. For others, the key point is this Torah teaching: “You know the life of the stranger, because you were strangers in Egypt.”

Whichever angle is yours, we all need to make a place this year at our

Seders, or in our Pesach experiences and reflections, for others in our country who are outsiders.

In our country, the presidential campaign has flushed into the open all kinds of division and prejudice. Some of it has been encouraged directly by words on the campaign trail, insults against women, Mexicans, Muslims. Even more alarming is the ready audience which applauds and stands up for insults and threats.

My friend Yehuda Kurtzer, president of the Shalom Hartman Institute of North America, a religious Jewish think tank, wrote recently in the Times of Israel about what we ought to be doing in addition to electoral politics:

*(Continued on the following page ...)*

## Pesach as Witness

Pesach is a pretty old holiday. It was likely already a pretty old holiday at the time of the Exodus from Egypt.



President  
Michael Harris

Recall that God’s instruction to Moses was: ‘Get thee unto Pharaoh... And thou shalt say unto him: The God of the Hebrews hath sent me unto thee, saying: Let My people go, that they may serve Me in the wilderness.’ After several plagues, Pharaoh acquiesces saying, ‘Go ye, sacrifice to your God in the land.’ Moses replied, ‘We will go three days’ journey into the wilderness, and sacrifice to our God as He shall command us.’ And Pharaoh said: ‘I will let you go that you may sacrifice to your God in the wilderness.’ Of course, as

we know, he reneged, but the point is that in this discussion between Moses and the Pharaoh the significance of the Pesach sacrifice was understood. For our nomadic ancestors, the sacrifice of the first-born male, a sheep or goat in its first year, along with the collection of its blood, marked the new year with a joyous celebration. It was a family affair, women dressed in their finery, men dressed ready for journey.

The Lord spoke to Moses and A’aron in the land of Egypt, saying: ‘This month shall be unto you the ...first month of the year... In the tenth day of this month they shall take to them every man a lamb, according to their fathers’ houses, a lamb for a household; and if the household be too little for a lamb, they, he and his neighbor ... according to the number of souls. ...

Your lamb shall be without blemish, a male of the first year, a sheep or a goat; and ye shall keep it unto the fourteenth day of the same month; and the whole assembly of the congregation of Israel shall kill it at dusk. And they shall take of the blood and put it on the doorposts upon the houses wherein they shall eat it. And they shall eat the flesh in that night, roast with fire ... not boiled. And ye shall let nothing of it remain until morning, if any remains, ye shall burn it.”

This is the instruction regarding the Pesach sacrifice, which, became associated with the Exodus and the plague of the killing of the first born of the Egyptians, but it was already

*(Continued on page 6 ...)*

“...a concerted campaign of outreach from the Jewish community, to Muslims, Latinos, and other minority groups threatened with social alienation, punitive collective retaliation, and other ruthlessness by Trump, and more disconcertingly, by his unchecked followers.

“This outreach must transcend mere empathy and include a commitment to shared organizing toward our shared goals. This is a moment for a collective patriotic responsibility — translated into strategy — for the society we value and need and which is being hijacked.

“We are in this together,” Yehuda writes, to build lasting alliances no matter what happens in the November election.

Here we are in the season of Purim, Pesach, and Yom Hashoah. The stories we retell and remember during this season could not have occurred without followers and supporters in each society. This is a time to step forward, to speak out, to link arms and act.

So this year, as American Jews we cannot keep Pesach just within the family.

If you have a friend who is part of a group in America that might seem outside or other in any way, consider inviting him, her, them to your

Seder. Even if what you do is your usual Seder, you'll end up telling the story and answering questions in a whole new way. You'll discover and create surprising new bonds.

Or, if you don't have antsy young children around, make time for a discussion at your Seder about what is happening in our country right now. You could do it after reading about the five rabbis of B'nai Berak, who may have been meeting in secret to plan a revolt against the Roman oppressors in the second century. Or when you recite the verses about the “Aramean who tried to obliterate my father”, or how “the Egyptians dealt ill with us.” Tell hopeful stories too, about your family's experience or the bonds you have with people from other cultural groups.

Or, if not at the Seder, make the week of Passover a time to reach out to neighbors, coworkers, friends from groups that have been targeted during this campaign season. It's what I have been doing with the few Muslims I know in town, and I know I need to reach further. Small gestures reduce others' isolation. They also build social capital, which we may well need to activate now and in the future.

There are a number of local initiatives that are just taking shape, to develop deeper understanding among cultural groups in Greater

Nashua. Several of us have been getting involved through the public school system and the Nashua Area Interfaith Council. There are cultural festivals coming up the next few months, and I'll push out information on how to work on them and attend.

The most important local project is called One Greater Nashua, spearheaded by the United Way and the Chamber of Commerce, among other partners. I am working on getting the organizers to be with us during Pesach week at the synagogue.

This is not a time to sit on the sidelines, to be bystanders. By temperament, I have always been drawn toward strategies of strengthening the good rather than doing direct battle against the bad. But I know that I need to gird up, as our ancestors did starting the night of the first Pesach, when they made their collective stand in Egypt. What I've outlined here is not enough.

So make an extra place during Passover this year. May we draw on our experience of being outsiders to become more responsible citizens, starting now.

*Chag Kasher V'Same'ach,  
Rabbi Jon*



## April Service Schedule

Services are held every Friday evening at 8:00 PM (unless otherwise noted), Saturday at 9:30 AM and Monday –Thursday at 7:30 PM.

### SPECIAL EVENT SERVICES

#### April 1

Family Service 7 PM  
Simcha Club

#### April 2

Vav Class Service

#### April 9

Jr. Congregation &  
Shabbat Shlaymah  
Lunch & Learn

#### April 15

Dalet-Hai Class Service 7 PM

### Passover Service Schedule

#### Friday, April 22

Siyyum Bechorot (“Fast” of the  
First Born) – 8:00 AM

#### Saturday, April 23

Passover/Shabbat Morning  
Services – 9:30 AM  
Community Seder – 5:30 PM

#### Sunday, April 24

9:30 AM joined by Temple Israel

#### Thursday, April 28

7:30 PM

#### Friday, April 29

9:30 AM at Temple Israel in  
Manchester  
Evening Services - 8:00 PM

#### Saturday, April 30

9:30 AM (includes Yizkor)

## Interested in Chanting Torah or Haftarah?

Contact Stan Juda (888-8731) to select a Haftarah, or Rabbi Jon for a Torah reading assignment.

### Kiddush Sponsors

#### March 19

Marsha & Bob Feder in loving  
memory of his father, Norman Feder

#### April 2

Vav Class families & Religious  
School

And Mike Harris in memory of  
Herbert Schimmel and in honor  
of Ruth Harris’ Special Birthday

#### April 9

Lunch & Learn sponsored by  
Ellie Schwartz in memory of  
her father, William Schwartz &  
Darlene Drutman in memory of  
her father, Irving Quart

#### April 16

Thursday Torah Class in honor of  
learning together

## BABKA NEWS

Please join us Wednesday, April 6 when we discuss Kristin Hannah’s *The Nightingale*. Feel free to join us whether or not you have read the book as our discussions tend to focus on “big questions” and universal themes. New attendees are always welcomed. If possible join us for minyan first; book club starts discussion at 8:00 P M with conversation and refreshments and ends by 9:30 P.M.

L’Shalom,  
Nancy Dorner,  
Coordinator

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## Community News

### Condolences to:

- Stephanie Flynn on the loss of her beloved father, Jacob (Jack) Fraser
- Marcy & Lee Winer (Lowell, MA)
- Matthew & Stephanie Lee (Francestown)

*To all those people in our community who are ill we wish you a complete & speedy recovery*

Alan J Green, MD

Certified Mohel

מודל מוסמך



22 Chester Street, Nashua NH 03064

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*Pesach as Witness continued...*

an ancient festive family meal celebrating the new year from times when we were wandering herdsmen.

Another new year celebration, likely from our more northerly ancestors, growers of grain, relates to the offering of the first of the barley harvest. This seven-day holiday of unleavened bread and new barley offerings is also an ancient one.

At some point in the far past, these two new year's celebrations were merged to become a major national, unifying holiday as it remains. Still a family holiday.

Later when power became consolidated around the Temple and the priests, the men would go up to Jerusalem for the sacrifice. Individuals would still perform the sacrifice, not the priests. It would be consumed by groups of men, not fewer than ten. (A census in the time of the Roman procurators tallied 255,600 such sacrifices on Pesach in the year 64 CE.) No longer a family affair.

In the waning days of the Second Temple, the Seder as we practice it today, a family ceremony in memory of the Exodus, began to take its shape. Jewish families gathered around a table, each in our own house, for a meal which symbolizes our consciousness as a people and our faith in the future. A lot of the style of the Pesach meal with which we are familiar is rooted in the style, prevalent in the Hellenistic world, of 'intellectual banquets' in which many food courses and cups of wine are interspersed with discussion, argument and questions.

The order (Seder) and style of the meal as laid out in the Haggadah is based on a limited description found in the Mishnah, codified around 200 C.E. The questions, which our children now memorize, were just given

as examples of the areas of inquiry. The *afikoman* is one area where the Haggadah prescribes a difference from Hellenistic practice, which would have followed the meal with revelry (*afikoman*) but we just carry on with the songs and readings. No revelry.

The Haggadah is filled with veiled political references and textual archeology of times past. It is a nice challenge to delve into the text for these references. For example, one can see references to Syria and to Egypt, prevailing powers in the area.

You may wonder how it is that Moses got booted from the story. The Rabbinate apparently had a dispute with the Karaites (literalists) who wanted to stick to the original text, which has Moses all over it, so to differentiate explicitly they eliminated Moses from the Haggadah.

Another riddle is the song Dayenu. When is it from? Who wrote it? Search for clues. Since the climax of the song is the building of the Temple, but there is no request that it be rebuilt, we know it is from before the destruction. The focus on Jerusalem and the lack of mention of Moses leads us to believe it comes from a priest. We see hints that this priest was anti-Egyptian and by implication pro-Syrian. Are those enough clues to figure out the author?

From the Pesach meals described in the Haggadah, our Pesach celebration has persisted, though conditioned by our immediate place and period. From the Seder of Rabbi Akiva in Roman Palestine, to those in Moslem Spain, to a princely dwelling in 16<sup>th</sup> century Turkey, to a humble cottage in 19<sup>th</sup> century Russia, to a frontier settlement in post-independence Israel this powerful symbol of Jewish identity persists. Some instances of Pesach celebration are particularly poignant such as 21

March 1497 with the forced baptism of all the Jewish children in Portugal from age 4 to 14, or the Seder in the Warsaw ghetto in 1941 or in the concentration camps. One particularly moving Seder was in Vienna in 1971 when 160 Russian Jews, in transit, after hurriedly fleeing Mother Russia with only packs on their backs, waiting for transport to Israel.

Pesach remains the quintessential Jewish family celebration, over time and in all places, soldiers in war, prisoners, free people, different traditions, different food, more or less observant, different songs and stories.

Let all who are hungry come and eat.

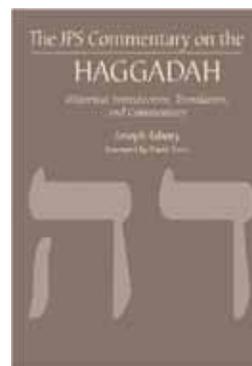
*Chag Pesach Same'ach*

חג פסח שמח

*Michael Harris*



The Golden Haggadah



The JPS Commentary on the Haggadah

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## A Package From Home

Temple Beth Abraham is collecting items to include in winter packages to send to soldiers serving in the Israel Defense Force.

A member of the congregation is traveling to Israel in May and will deliver our contributions to A Package from Home. Please add your travel-sized shampoo, lip balm, and knitted ski hats to the donation box in the coat room.

Knitters and crocheters: we now have six knitted hats to include, and would like to donate another six. A congregant is donating yarn for this purpose. If you are interested, contact [ellie.schwartz@myfairpoint.net](mailto:ellie.schwartz@myfairpoint.net).

For more information about the program, contact Heidi Lovitz, director@tbanashua.org.

## Do you shop on Amazon.com?

If you access Amazon by clicking the Amazon link at the bottom right of the [www.tbanashua.org](http://www.tbanashua.org) web site, Amazon will pay TBA an affiliate fee based on a percentage of your purchase for referring you. It doesn't cost you anything extra.

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## Do You Shop at Hannaford?

\$25, \$50 and \$100 gift cards are available for purchase in the Temple office. Hannaford pays Temple Beth Abraham 5% of sales just for selling the cards. Hannaford has had a very good Passover section in recent years so this would be a good place to do your Passover shopping while raising some money for the Temple.

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## Simcha Club

Children whose birthdays occur in the month of April will be honored at Services on Friday, April 1 at 7 PM. A special birthday dessert will be served to the children at the Oneg following services. We ask the parents (or grandparents) to send a donation of \$9.00 per child to help defray the cost of refreshments. Please make checks payable to TBA Sisterhood and send or drop them off at the Temple office (mark the envelope "Simcha Club"). Be sure to include the names and birth dates of your children.

We look forward to seeing the families of the following children:

Zachariah Rezaoui, Talya Rezaoui, Silin Baker and Joshua Nizhnikov

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## Southern NH Jewish Men's Club Breakfast

### Opiate & Heroin Abuse Epidemic

Dr. Bill Goodman will be the SN-HJMC guest speaker Sunday April 3. He is the Chief Medical Officer & Vice President of Medical Affairs at Catholic Medical Center in Manchester.

Recent polls have consistently revealed that drug abuse is the biggest concern of Granite Staters. It is a lucky person who has not been directly or indirectly touched by this recalcitrant problem that is leading to more than a death every day in New Hampshire.

Bill will share his view on how our local and national opiate/heroin abuse problem developed, its current status and some of the many initiatives trying to curb this complex recalcitrant problem. There will be time reserved for questions and discussion. Dr. Goodman has been actively engaged in addressing the opiate/heroin abuse epidemic in his institution, Manchester and New Hampshire (recent [WMUR commentary](#)). Dr. Goodman received

his MD from Tufts University School of Medicine and did his residency at Johns Hopkins Hospital and a fellowship at Brigham & Women's Hospital. He also holds a Master's in Public Health from Harvard University. Dr. Goodman is Board certified in Critical Care Medicine, Pulmonary Disease and Internal Medicine.

As always, a hot breakfast of eggs and potatoes will be served, accompanied by bagels, lox, whitefish salad and all the trimmings! This breakfast is \$5.00 for members and their guests, the cost is \$10 for non-members. Breakfast will start at 9:30 AM and the program will start promptly at 10:00 AM. All SNHJMC events are open to member spouses, women and non-TBA members. While RSVP's are not required, they are strongly encouraged at [breakfastsvp@snhjmc.org](mailto:breakfastsvp@snhjmc.org).

We hope to see you there.

Children and Adults are invited to join us at  
**Sisterhood's Passover Party**  
**Sunday, April 3**  
**3:30 PM, at Temple Beth Abraham**



Savor and collect Passover recipes,  
from around the world.

Sample kosher wine and sparkling grape juice.  
Enjoy "World Passover Music" performed by our  
newly formed TBA choir.

Kids prepare & eat yummy "Passover Chocolate Bark"

RSVP by 3/29: Carol Kaplan [cakaplan@hotmail.com](mailto:cakaplan@hotmail.com), (603) 860 4163

Carol Mann Cohen [carolmanncohen@gmail.com](mailto:carolmanncohen@gmail.com), (603) 216 2849

# Keter Shem Tov Award 'Crown of a Good Name'



It's that time of year again. Let's hear from you!

**For that special person that you have noticed working tirelessly around the synagogue.**

**Our annual recognition of members of the community who have devoted time and effort to improve the life of their synagogue and community.**

This prestigious acknowledgement is not given out every year, but every year we ask our congregants who they think is most deserving, which active member really stands out as working tirelessly and devoting time and effort to improve the life of our synagogue and community. This award is only given out once in a member's lifetime. The nominee must be an active member in good standing with a long list of accomplishments, and not currently a member of the Board of Directors or an employee of the synagogue.

Please send an email ([office@tbanashua.org](mailto:office@tbanashua.org) with Keter Shem Tov Committee in the subject line) or write a note (Temple Beth Abraham, 4 Raymond Street, Nashua, NH 03064-2317, Attn: Keter Shem Tov Committee) with the name of your recommendation and a description of your rationale and a list of their accomplishments.

To be considered nominations should be submitted to the committee no later than April 30.

This award will be presented at Temple Beth Abraham at services some time this fall. The awardee will also be honored at the Jewish Federation of New Hampshire's annual meeting in June.

The form below may be used to submit your nomination along with a brief description of your rationale for the nomination.

**Nomination Form - Use additional paper as necessary**

Person making the nomination: \_\_\_\_\_

Phone number: \_\_\_\_\_

Nominee: \_\_\_\_\_

Letter/Rationale: \_\_\_\_\_

\_\_\_\_\_

List of assorted involvement at TBA

\_\_\_\_\_

List involvement in the community

\_\_\_\_\_

\_\_\_\_\_



## Temple Beth Abraham Sisterhood Spring Rummage Sale VOLUNTEERS



**Volunteers – See you Tuesday (5/10) and/or Wednesday (5/11) at our semi-annual sale. Remember, sale proceeds help support local area charitable agencies in need! Your volunteering is critical! THANKS!!!**

### Schedule:

**DROP-OFF and SET-UP:** TUESDAY, May 10, 9am – 4pm

If the Synagogue doors are not yet open, please drop-off donations at the rear of the Social Hall.

**SALE DAY:** WEDNESDAY, May 11, 9am – 3pm

**PACK UP:** WEDNESDAY, May 11, 3 - 5pm

### What to Donate:

Spring/Summer attire (gently used)  
Outerwear  
Shoes  
Accessories  
Jewelry  
Housewares  
Bed and Bath Items  
Small Appliances and Electronics  
Sporting Equipment  
Baby and Child items  
Art and Books  
Games and Toys

### How to Help:

- 1. Donate merchandise**
- 2. Volunteer**

*Have fun, see old and meet new friends, and enjoy a delicious lunch.*

Call:

Ricki Klopfer 465-7654

Email: RickiK4@aol.com

## **Coming Events and Programming** **Brought to You by the Lifelong Learning Committee**

**Sunday, April 3 – Passover Around the World**

Co-sponsored with TBA Sisterhood. (See details elsewhere in bulletin.)

**Saturday, April 9 – Yehuda Yaakov, Consul-General of Israel to New England at Lunch and Learn** (See details elsewhere in bulletin.)

**Ongoing:**

**Torah Study with Rabbi Jon**

Thursdays from 10:30 AM to Noon. Come once or many times! We are studying Genesis with our own interpretations as well as traditional and modern writings about Genesis from the perspectives of psychology, science and politics.

**Avodah She-Balev (Service in the Heart): Meditation with Laura Hegfield**

Wednesday, April 6 9:30-10:30 AM

**Rabbijon.net and @TBARav**

Teachings on the weekly Torah reading and current events through a Jewish lens, podcasts and music. Rabbi Jon's high holy day sermons are posted.

***Coming Soon!***

***Sunday, May 1 – Yom HaShoah Observance at Rivier University's Dion Center 7:00 PM***

Marty Weiss, a Holocaust survivor, longtime volunteer with the U.S. Holocaust Museum, and father of congregant Jeff Weiss, is our featured speaker. Rivier University is co-sponsoring the event. (See details elsewhere in bulletin.)

***Saturday, May 7 – Family Relationships in the Torah with Sam Blustin, Rabbinical Student***

Join us for Shabbat services and Sam's *D'var Torah*, as well as continued discussion after luncheon.

Re-scheduled from February. (See details elsewhere in bulletin.)

***Saturday, June 4 – Meet the Congregation at Lunch and Learn***

Join us for Shabbat services and luncheon for the second installment of Meet the Congregation.

***Sunday, June 5 – Our Annual Shalom Israel Festival***

Have Ideas? Want to Help? Join Our Committee!

Contact Jeff Masors at [lifelonglearning@tbanashua.org](mailto:lifelonglearning@tbanashua.org) or Heidi Lovitz at [director@tbanashua.org](mailto:director@tbanashua.org).

Contribute to the ***Elizabeth Fischer Memorial Fund*** to support Temple Beth Abraham's ongoing scholarly and cultural special programming.

**To sponsor a specific speaker or the food for an event, contact the office or Rabbi Jon**

## Israeli Consul General to New England Coming to Temple Beth Abraham

Yehuda Yaakov, the Israeli Consul General to New England will be our guest and speaker at the **April 9 Saturday morning service** and Lunch & Learn.

Yehuda Yaakov has been the Consul General of Israel to New England since February 2014. He has focused largely on strengthening business, academic and social justice partnerships between Israel and New England. Consul General Yaakov has spent most of his diplomatic career on issues pertinent to Israel's security. This experience has included heading the Israeli Foreign Ministry's department for non-conventional weapons prevention (2004-2007), as well as establishing and running the homeland security and counter-terrorism unit (2001-2004). He has also served outside Israel in New York and New Zealand.



Consul General Yaakov grew up in Queens, New York, and received a BA in journalism and international relations from Syracuse University in 1982. The following year he moved to Israel where he served in the Israel Defense Forces. He and his wife Ofra of 29 years have two adult-age daughters.

Please come and meet the Consul General at the April 9th Saturday service and Lunch & Learn.

## Rescheduled Shabbaton with Rabbinical Student Sam Blustein May 6-7



Sam Blustein, a rabbinical student at the Jewish Theological Seminary in New York City, will

join us for Shabbat on May 6-7. Come for services and lunch and see how our donations to Sisterhood Torah Fund support the future rabbis of the Conservative movement.

Sam will address the congregation during services with his D'var Torah on "The Power of Midrash in Difficult Stories," focusing on how rabbis use the story of Cain and Abel to deal with difficult texts and relationships in the Torah.

After services, plan to stay for a "Lunch and Learn," where Sam will discuss how to read Torah as a personal narrative that has individual meaning, through the context of a few of the more challenging stories surrounding family life in the Bible.

This is a delicious, informative and fun Shabbat celebration. We welcome the entire community for this event.

An advertisement for Fancy NANCYS' ELITE HAIR DESIGNERS SALON & SPA. The ad features a purple and white color scheme. At the top, the text "Fancy NANCYS'" is written in a stylized font, with "ELITE HAIR DESIGNERS" below it. In the center, "SALON & SPA" is written in large, bold, black letters. At the bottom, the phone number "603-891-0202" is displayed in white on a purple background. Below the phone number, there is a block of text describing services and a discount offer.

Early appointments available for Bar/Bat-Mitzvah's or Weddings. Offering Color, Cutting, Styling, Keritan Smoothing Treatments, Facials, Face & Body Waxing, Eye Brow Threading, Pedicures and Manicures. Bring this ad to receive 10% off any service.

## Temple Beth Abraham's Community Passover Seder



Saturday, April 23 - 5:30 – 8:00 PM

### RESERVATION FORM

Name(s) \_\_\_\_\_

Best contact information \_\_\_\_\_

_____	Adults (13+)	\$36.00 per person =	_____
_____	Children ( 6 – 12 yrs.)	\$22.00 per person =	_____
_____	Children (5 yrs. and under)	FREE	

By Jewish law, cost is never a barrier to participation in a Pesach Seder.

You can speak with Rabbi Jon confidentially.

Please bring or send this form and your check to Temple Beth Abraham, or register online.

Please make your reservations in a timely manner so that we are able to order the correct amount of food!!!!

This is a community Seder. Your input is welcome. Do you have a favorite tradition that you would like to share? Would you like to lead part of the seder, tell a story, do a skit, add a decoration, etc? What would you like to see be part of our seder that would make it special to you and your family???

Please check one:

- \_\_\_\_\_ I can help set up or prepare on April 21, 22, or 23.
- \_\_\_\_\_ I would like to help lead the Seder.
- \_\_\_\_\_ I can shop.
- \_\_\_\_\_ I would love to lead an activity for children during the Seder.
- \_\_\_\_\_ Other: \_\_\_\_\_



**מְעוֹת חֵטִיין** *Ma'ot Chittin* Fund

Since earliest times the Jewish community has been charged with making sure that everyone can afford the required foods of Pesach. Rabbi Jon collects contributions which help people in our community as well as in other places.

This is a special kind of *tzedakah* (giving for justice), in honor of a festival rooted in the fight against suffering and injustice.

If you need any assistance so that you can have *matzah* and other Kosher for Passover food, you can approach Rabbi Jon confidentially. To make a contribution to the Rabbi's Discretionary Fund for this purpose, indicate *Ma'ot Chittin* in the memo.

**מְכִירַת חֵמֶץ** *Mechirat Chametz* Selling of Chametz

*According to the Torah, chametz (leavened items) shall be neither eaten nor found in Jewish homes. Ideally, chametz should be thrown away, or if unopened it should be donated to a food pantry. When this is impractical because of significant financial loss, it is permitted to sell chametz and transfer the part of the premises on which it is located to a non-Jew, in order to fulfill the letter of the commandment. Rabbi Jon will effect a legal sale of all the community's chametz before Pesach on the basis of the authority granted herein. Chametz areas should be blocked off during Pesach.*

I/we, \_\_\_\_\_, fully appoint, empower and permit Rabbi Jonathan Spira-Savett to act as my agent to sell on or before the 14th of Nissan 5776, corresponding to the 22nd of April 2016, all *chametz* that I/we and any members of my/our family possess knowingly or unknowingly, as defined in Torah and rabbinic law, and to lease out all places where the aforementioned *chametz* is found, at the locations listed below or in places unknown.

Signature(s) \_\_\_\_\_

List addresses/locations:

Are you moving or has your contact information (email, address, phone, etc.) changed? Don't forget to update your information on the [www.tbanashua.org](http://www.tbanashua.org) web site, or notify the office so we can keep your information current.

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*Kasher L'Pesach* כָּשֶׁר לְפֶסַח  
**Rabbi Jon's Guide to Kosher for Passover 5776**

During Pesach, there are two practices with regard to food: we eat matzah **מַצָּה**, and we rid our diets and our homes of *chametz* **חָמֵץ** -- anything leavened. Both matzah and *chametz* are defined in terms of five species of grain: **wheat, barley, rye, oats, or spelt**. While we first and foremost associate matzah with Pesach, the avoiding of *chametz* is the more sweeping practice.. The Torah says that we must eat matzah on the first day of Pesach, but avoid *chametz* throughout the festival.

Matzah, according to the Torah, is both the bread eaten by slaves and the bread of the first moments of freedom, baked on the run of our Egypt when there was no time for the bread to rise. *Chametz* (leavened or fermented grain) represents what is old and spoiled, in our lives and our world. The Exodus from Egypt is the Torah's rejection of old but still tenacious ideas about the power some people wield over others. In biblical times, Pesach was a holiday when grain from the previous year's harvest would be swept out, and we would begin eating grain that is fresh and new. In Jewish thought, the fermented *chametz* came to be understood as a symbol of decay in a metaphorical sense. Chasidic teachings compare *chametz* and matzah to characteristics of our soul. *Chametz* represents arrogance and a self-centered attitude -- being "puffed up", as we say in English. Matzah stands for humility and a sense of proportion.

The *halachot* (Jewish laws and paths) regarding what may or may not be eaten on Pesach are meant to remind us through our bodies and mouths of our origin as freed slaves, and to help us on the path toward renewal, Godliness, and increased Jewish commitment. These *halachot* can seem demanding and for many people daunting! Rather than be daunted, think of "Kosher for Passover" as a ladder, and try to climb a bit further this year. Some of the rungs are:

- eating matzah and avoiding bread
- removing all bread, pasta, etc. from the home
- avoiding obvious *chametz* when you eat outside the home
- not eating out during Pesach at non-kosher restaurants, other than fresh fruits or vegetables
- reading food labels to avoid obvious *chametz* ingredients or items manufactured on equipment with wheat or other grains
- eating only foods that are Kosher for Passover as described below
- focusing your attention as you eat, by saying a *b'racha* (blessing) and reflecting on the path from slavery to freedom

The easiest way to observe Pesach is to eat simple and fresh foods. Indeed, a week spent paying such close attention to our food and where it comes from opens a window on the many choices we face as we eat throughout the rest of the year.

If you have any questions about food during Pesach, or how to prepare your home for Pesach, please do not hesitate to call me. To adapt a line from the Seder: Anyone who adds layers to the experience of eating during Pesach is deserving of praise!

*Wishing you a z'issen (sweet) and kosher Pesach!*  
 Rabbi Jon

### Where to Buy Kosher for Passover Food Nearby

Many local supermarkets carry matzah and a small number of Passover items. Try to shop early when the selection is greatest, and make sure to thank the management for stocking these items so they will continue to do so in the future!

**Hannaford on Coliseum Avenue and Marketbasket in Somerset Plaza in Nashua**  
carry a good variety of Passover products.

**Trader Joe's in Nashua**  
has kosher meat and wine available. Contact them in advance to place orders for meat in quantity; they sell out fast.

**New Hampshire State Liquor Store**  
in Nashua at Exit 6 carries many kosher wines.

**Costco in Waltham, MA, and Wegman's in Burlington, MA**  
have large kosher sections.

The lists that follow are based on the rulings of the Committee on Jewish Law and Standards of Conservative Judaism, as I interpret them. **These pages are particularly valuable as a guide to which regular, year-round products can be purchased so as not to pay a “Pesach premium.” Any food not listed here specifically can be eaten if it has a Kosher for Passover certification from a qualified rabbi or supervising organization.** As is the case during the year, the letter “K” or the mere words “Kosher for Passover” are not regulated, so they are not sufficient proof of rabbinic supervision. Look for those words along with an O-U (O around the U) or other Kosher symbol as well. Many kosher-certified products have a small P on them if they are Kosher for Passover, rather than the words “Kosher for Passover.”

This year, the Committee on Jewish Law and Standards approved a change in the practice for Ashkenazim (Jews of Eastern European descent) regarding the eating of *kitniyot* (rice and legumes). It has been a long-standing custom for Ashkenazim to avoid these foods on Pesach, even though they bear only a passing resemblance to *chametz*. Sephardim (Jews whose origin traces back to Spain and the Mediterranean) have always eaten *kitniyot*. The Conservative movement now approves of Ashkenazim eating *kitniyot* as well. This guide provides guidance on how to eat *kitniyot* appropriately during Pesach, if you choose to do so.

If you have any questions about particular foods, about the issue of *kitniyot* (legumes), or about making your kitchen, cookware, and utensils Kosher for Pesach, contact me at (603) 883-8184 or [rabbi@tbanashua.org](mailto:rabbi@tbanashua.org).

**The following may be purchased before or during Pesach without special Kosher for Passover certification and without any Kosher certification:** (Explanation: These are items with no *chametz* in them or in their manufacture and processing.)

baking soda

eggs

coffee: all ground and whole bean unflavored caffeinated coffee

all ground and whole bean unflavored Swiss water method decaffeinated coffee

extra virgin olive oil

fresh fruits, vegetables, and whole spices (e.g. mint, basil)

fresh refrigerated milk

fresh fish of kosher species

tea: any unflavored, caffeinated white, green, or black tea -- loose or teabags

unflavored seltzer or bottled water

unground, unsalted nuts -- such as walnuts, or whole or half pecans

unsweetened cocoa powder manufactured in the United States

powdered and liquid detergents, as well as food wraps and foils, are not foods and you may buy and use them during Pesach.

**The following may be purchased before or during Pesach without special Kosher for Passover certification but require regular Kosher certification:** (Explanation: These are items that involve more processing, but are known from supervision to have no *chametz* in their manufacture.)

coffee: instant unflavored caffeinated coffee

fresh or frozen kosher meat (obviously does require kosher certification)

raisins -- Trader Joe's, Hannaford, Market Basket, Berkeley and James, Wegmans

tea: Nestea - regular and decaffeinated instant

*For Sephardim or others who eat kitniyot (legumes and rice) during Pesach, these may also be eaten without Kosher for Passover certification and purchased before or during the holiday. They should be inspected before use and any grains of chametz discarded:*

plain uncooked, unenriched rice in boxes or bags

dry beans of any variety in boxes or bags

uncooked/unroasted/unprocessed nuts of any kind

frozen raw corn or edamame that has not been processed on equipment shared with *chametz*

corn, canola, peanut, or soybean oil that has regular kosher certification and is not

manufactured on equipment shared with *chametz*



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**The following may be purchased before Pesach without Kosher for Passover certification, but require a Kosher for Passover label if purchased during the holiday:** (Explanation: These are items which may have traces of *chametz* in their additives or processing. Before Pesach begins, the *taarovet chametz* or “mixing in of *chametz*” is considered to be *batel b’shisbim*, nullified by sixty times its quantity. Once Pesach begins, even trace amounts of *chametz* are forbidden by Jewish law.)

Bolivian or Peruvian quinoa packaged with no other ingredients and marked “gluten-free” --  
 other quinoa if these are not locally available  
 canned tuna packed in water with no other ingredient beside salt  
 cream cheese, cottage cheese, lactose-free milk  
 certain Equal Exchange Fair Trade Chocolate (see fairtradejudaica.org)  
 frozen fruit with no sugar or additives  
 frozen uncooked vegetables not prepared on equipment shared with grain or pasta  
 or opened and inspected by you and you discard *chametz* before Pesach begins  
 frozen non-leafy cooked vegetables (e.g. peas if you eat legumes) with no additional ingredients  
 other than salt even without kosher certification, or frozen cooked leafy vegetables (e.g.  
 spinach) with year-round kosher certification  
 Grade A unsalted butter  
 granulated white sugar  
 hard cheeses (e.g. Cheddar), semi-soft (e.g. Muenster) and soft ripened cheeses (e.g.  
 Camembert) in block but not shredded or grated form *for those who eat cheese  
 without kosher supervision during the year*  
 noniodized salt  
 pure fruit juices without any additives  
 unopened pure dried spices manufactured in the United States -- *but onion or garlic salt  
 or any spice blends require certification both before and during Pesach*

Those who do eat *kitniyot* (legumes) and also uphold the strictest standard can eat peanut butter, hazelnut butter, etc. on Pesach. There is almost no kashrut authority in North America that supervises these for Pesach. If one chooses to eat nut butters, they should have regular kosher certification, be completely natural, list no other ingredients, and not be manufactured on equipment shared with *chametz*.

**Medicine** -- Although many medications are made with binders derived from *kitniyot* and even *chametz*, the preservation of life (*pikkuach nefesh*) and health are overriding principles. Medicines can and should be taken during Pesach as needed.

**Baby food and infant formula** -- For those who adhere to the restrictions on *kitniyot* (legumes), these restrictions do not apply to infants. Pure fruit or vegetable baby food with regular kosher certification is acceptable for Pesach. Any kosher infant formula is as well. If you do not eat *kitniyot*, keep any utensils and cleaning supplies for baby food separate.

**Diet restrictions** -- If you do not eat grains, or if you have any condition or allergy that makes eating on Pesach difficult, please be in touch. I am happy to consult and advise.

# Something to Think About

As you read this, Buzz and I will be packing to return home. We'll get back just in time to get ready for Pesach. We have one extra bag to check, and that has more to do with weight than volume. We have tried not to accumulate too much stuff. Still, saving the toiletries from all the hotels along the way to bring to the Soup Kitchen on our return, collecting shells and stones, and, of course, finding presents for grandchildren...you get the picture.



Elaine Brody

This long time away has, as always, further cemented the strong relationship Buzz and I share. While we had a wonderful month showing my brother and sister-in-law why we love it here, and we enjoy being with our friends, the best times are when the two of us are, as we like to say, alone together. What great fortune we have to know this relationship, even after more than fifty years together, continues to need nurturing. He is patient; I try not to be too demanding. I am nervous in some situations; he is encouraging. We laugh a great deal and enjoy long silences.

Marriage is not the only relationship that requires faithful nurturing. The ever-evolving dance we call parenting calls for regular tune-ups, and our friendships are only lasting if we make the effort to make them so.

So, what do I want you to think about this month? I want you to think about making time to nurture family and friends, for synagogue and the wider community. Don't let the "have to dos" over ride the "want to dos" and the "should dos". As you prepare for Pesach, don't get caught up in the minutiae. Revel in the story of our freedom from slavery and embrace the week's change in your diet. You know...it's just something to think about.

*Chag Sameach,  
Elaine*

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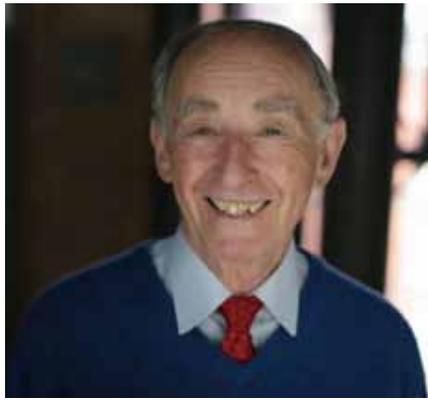
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## Yom HaShoah Observance at Rivier University in Nashua

Sunday, May 1 at 7:00 PM

Dion Center Reception Room on Clement Street, Nashua

**Featured speaker:**  
**Marty Weiss, Holocaust survivor**

Temple Beth Abraham is honored to welcome Marty Weiss, father of congregant Jeff Weiss, to this year's Yom HaShoah event. Marty speaks nationally on behalf of the U.S. Holocaust Museum in Washington, D.C., where he has been a volunteer for close to 20 years.

Weiss was 15 when he was first deported in April 1944 from his hometown of Poľana, Czechoslovakia, to the Munkács Getto, now in Ukraine. From there, the Nazis rounded him up with his parents and five of his brothers and sisters to the Auschwitz concentration camp. His father, Jacob Weiss, his brother Moshe, his sister Cilia and two uncles were selected for the gas chamber.

The 86-year-old Weiss will share more of his memories of persecution and survival on Sunday, May 1. The observance is held in collaboration with Rivier University. No RSVPs are necessary. The program is free and open to the public.

A question-and-answer session and a candle-lighting ceremony memorializing the victims of the Holocaust will follow the presentation.

The program is free and open to the public.

For more information, contact Sheryl Rich-Kern at 603-881-7264, or email at [sherylrichkern@gmail.com](mailto:sherylrichkern@gmail.com).

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# הקשר היהודי שלך

## Your Jewish Connection

Brought to you by the Lifelong Learning Committee – *Written by Linda S Trapasso*

### Jews Around the World

As I was at the Noam Katz concert in March, listening to him talk about his time with the Abayudaya Jews in Uganda, I began wondering about the Jewish communities around the world. Are there Jews in every country? Where are the largest and smallest communities? How many Jews are there around the world? I also was thinking about *Pesach* and how all the Jews in the world will be celebrating the holiday at the same time and in the same way.

On The Holocaust Explained's [Jewish Identity](#) pages, essentially four questions are answered:

- Is there a typical Jew? (no)
- Where in the world do Jews live? (everywhere)
- How are Jews identified? (you can't tell by looking at them)
- How do Jews live in the world? (as part of the surrounding community)

The Jewish Virtual Library has statistics for 2014 on its [Vital Statistics](#) page. There are lists of countries in different areas of the world, as well as a historic population list by year. You also can check Wikipedia's [Jewish Population by Country](#) page.



The Pew Research Center has two articles from 2015. One is on [Population Growth Projections for the Jews](#). In 2010, there were about 14 million Jews, and the projection for 2050 is 16 million, about the same number of Jews as before the Holocaust. Be sure to read the article to see how the Jewish population is projected to shift around the world between now and 2050.

In conjunction with this article is another one on [The Continuing Decline of Europe's Jewish Population](#). As of 2010, there were 1.4 million Jews in Europe, less half the number in 1945 (3.8 million) after the Holocaust.

More detailed information on the Jewish communities in Europe can be found at the [Communities](#) page at the European Jewish Congress web site. There's an interactive map and for each country, you can find details on history, demography, community, religious life, relations with Israel, and Jewish sites of interest.

As for the United States, do you know which are the most Jewish cities? Go to an [IBTimes article for August 2015](#) and see if you guessed correctly.

*Be'chol Lashon* (In Every Tongue) is a San Francisco-based organization that:

“grows and strengthens the Jewish people through ethnic, cultural, and racial inclusiveness. We advocate for the diversity that has characterized the Jewish people throughout history, and through contemporary forces including intermarriage, conversion and adoption. We foster an expanding Jewish community that embraces its differences.”

Its [Research & Community](#) page highlights Jewish communities in Africa, Asian, and India, as well as Spanish speaking Jews and Black Jews. For more detailed information on the Jewish communities in Africa, go over to the [African Jewish Communities](#) web site. Scroll down to access the Communities and Countries links on the left.

Jews really do live around the world. So no matter where you may find yourself, you'll likely find another Jew with whom you can connect. Happy travels!



# Yahrzeits

*During Friday evening and Saturday morning services,  
Memorial prayers will be recited for the following:*

## April 1 & 2

Edward Feldmann, father of Robert Feldmann  
Melvin Intrilligator, father of Ellen Cohen  
Jules Ziffer, grandfather of Barbara Lester  
Herbert Schimmel, stepfather of Michael Harris  
Sarah Aspis Tulkoff, grandmother of Shari Zedeck  
Joseph Levinsky, grandfather of Steven Zedeck  
Chanka Schnitzer, grandmother of Liliane Sznycer  
David Levy, father of Philip Levy  
Jeannette Worden, mother of Joy Mainemer  
Lena London

## April 8 & 9

Irving Lipson, father of Debbie Grass  
Rose Kaplan, mother-in-law of Carol Kaplan  
Miriam "Mickey" Sherman, mother of Stuart Sherman  
Allen Jerome Adams, father of Jeffrey Adams  
Lillian Malkin, mother-in-law of Donna Malkin  
Rosalyn Shapiro, mother of Richard Shapiro  
Charles Kovler, father of Wendy Kolopsky  
Bernard Rubin, father of Davida Rubin-Baker  
Louis Kaplan, grandfather of Jodi Adler  
Bruce Golub, brother of Larry Golub  
Irving Quart, father of Darlene Drutman  
William Schwartz, father of Elinor Schwartz  
Hyman Droutman, grandfather of Andrew Droutman  
Luba Eisenberg, mother of Elliot Eisenberg  
David Liffman      Clarence Freedman      Etta Davis  
Benjamin Gordon      Zelia Sharpe      Richard Tanzer

## April 15 & 16

Gertrude Silverman, mother of Marilyn Greenspan  
Bernard Paris, father of Rochelle Goren  
Dolores Keller, mother of Marlene Gallant  
Scott Thomas Nichols, brother of Suzanne Maine  
Edward Krulik, father of Arthur Krulik  
Harry Pastor, father-in-law of Selma Pastor  
Abraham Landau, father of Esther Rosenzweig  
Philip Weisman, brother of Robert Weisman  
Max Kliegman, father of Judy Wolfe  
Hyman Tubin, grandfather of Barbara Garnick  
Beatrice Tubin, mother of Barbara Garnick  
Harry Freeman, father of Daryl Banner

*April 15 & 16 continued...*

Nancy Goff, mother of Allison Sharpe  
Leonard Fox, father of David Fox  
John Sharpe, father of Christopher Sharpe  
Henny Koseterich, aunt of Les Mildenberg  
Harry Gelman, father of Haywood Gelman  
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Frances Agnes Berzets

## April 22 & 23

Sam Gorelick, father of Donald Gorelick  
Ruth Paris, mother of Rochelle Goren  
Minnie Rosen, mother of Marilyn Rosen  
Waldemar Schaffer, father of Paula Ellis  
Rachel Freedman, sister-in-law of Henrietta Freedman  
Ronnie Goldstein, wife of Leon Goldstein  
Joan Treitel, sister of Nancy Moore, Robert Treitel and  
Debbie Noiseux  
Florence Greenspan, mother-in-law of Marilyn Greenspan  
Lena Taub, grandmother of Abner Taub  
Ruth Pelovitz, aunt of Robert Pelovitz  
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Bess Gotlieb, grandmother of Rabbi Jonathan Spira-Savett  
Morton Steinberg, father of Barry Steinberg  
Sidney Brother, father of Carol Gelman  
Daniel Sherman, uncle of Steven Haime  
Pat Berkowitz, aunt of Howard Berke  
Marion Aronson      Francis Offenberg  
Hyman Rubenstein      Abraham Schuster  
Meyer Slome      Robert Lipkind

## April 29 & 30

Keith J. Alexander, former husband of Jennifer Alexander  
Shirley Green, mother of Alan Green  
Grace Goodman, mother of Debbie Waldman  
Rachael Ann Karlsberg, sister of Lauren Donovan  
Bessie Issokson, mother of Carol Levy  
Bella Miriam Cantor, grandmother of Esther Arlan  
Celia Spivak, mother of Jerry Spivak  
William W. Kadushin, father of Helen Feder  
Joel Rovick, brother of Phyllis Adams  
Blanche Gross  
William Harris, father of Michael Harris  
Ruth Price, mother of Howard Price  
Saul Goodman, father of Debbie Waldman

*(Continued on next page ...)*

April 29 & 30 continued...

Lise Bornstein, great aunt of Liliane Sznycer  
 Leizor Schnitzer, great uncle of Liliane Sznycer  
 Mat Ram, grandfather of Andrew Droutman  
 Gussie Moskowitz Goldstein, mother of Leon Goldstein  
 Ira Green, father of Alan Green  
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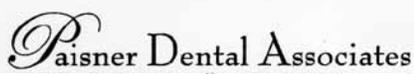


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 Alan Green for grandmother, Clara Green & grandfather, Morris Sobelsohn  
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 Nancy Keyslay for father, Franklin Alberts  
 Wendy Kolopsky for father, Charles Kovler



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