THIS SHABBAT
Pink Shabbat
in support of Breast Cancer Awareness. Please wear something pink.
Parshas Bereishis
Friday, October 25, 2019
Candle Lighting...... 6:26 PM
Mincha/Kabbalat Shabbat
6:30 PM
SHABBOS:
Mevarchim HaChodesh Cheshvan
Shacharis................. 9:00 AM
Mincha followed by
Shalosh Seudos.... 6:15 PM
Ma’ariv ...................... 7:15 PM
Havdalah NOT BEFORE
7:19 PM
SUNDAY-FRIDAY MORNING
Tues & Wed
Rosh Chodesh Cheshvan
Shacharis ............... 7:30 AM
Mincha/Ma’ariv ........ 6:00 PM
NEXT SHABBOS
Candle lighting, Nov. 1 6:20 PM

SAYING OF THE WEEK
There is no question that climate change is happening; the only arguable point is what part humans are playing in it—David Attenborough

RABBI’S CLASS
Resumes Oct. 28 @ 7:30 PM

THANK YOU
HIRSCH RUCHLIN
for coordinating all the many details which enriched our High Holiday services. YASHER KOACH!

KIDDUSH
THIS SHABBAT
SPONSORED BY DOS
Sponsor a kiddush for $350
plus a bottle of liquor
COMMITTEE CONTACTS
JOE FERMAN 561-638-5438
BILL FRIEDMAN 973-908-0407
DAVID HEYDEN 717-571-7598
NO FOOD OR DRINKS ALLOWED IN THE MAIN SHUL
THANK YOU TO OUR SIMCHAT TORAH KIDDUSH SPONSORS
Betsy and Herb Altman
Carole and Howard Bahr
Betsy and Sid Baum
Judith Blustein
Betsy and Howie Brown
Roz and Joe Ferman
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Renee and David Heyden
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Miriam and Ray Levine
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Solomon Rosen
Ellie and Hirsch Ruchlin
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MINIMUM DONATION $10
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Siddur or Machzor $36
Chumash - $54
Each will be inscribed with your dedication & a letter sent to the recipient.
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info@delrayorthodox.org

MAZAL TOV
HIRSCH RUCHLIN
on being Chasan Torah
LARRY KLEIN on being Chasan Bereishis

SISTERHOOD
PINK RIBBON EVENT
Tuesday, October 29, at 7:00 PM
at the shul. Members who have not purchased any items are invited to participate and help make some of the extra items SHARSHERET is sending. Have a great time with fellow members & friends in performing a wonderful Mitzvah.

DOS SISTERHOOD IS LOOKING FORWARD TO SHOWING OUR SUPPORT FOR BREAST CANCER AWARENESS. WE COUNT ON EACH OF YOU TO MAKE IT HAPPEN!

THANK YOU
CAROLE BAHR
and her committee for organizing dinner on the first night of Sukkot.
The food was great and the atmosphere superb. Everyone had a great time!

SAVE THE DATE!!
THURSDAY, NOV. 10, 7 PM
Unity for Israel Dessert Reception honoring
ROCHELLE & ROBERT RUSH
Temple Beth El of Boca Raton
$25 per person.
Please send your checks made payable to Development Corporation for Israel or DCI to
Dorri Goldman
7249 Cataluna Circle
Delray Beach, Fl 33446
After the long and exhausting holiday season, the temptation must be to take a break. Why not have a couple of weeks off. We spent so much time in shul recently let’s have a break and come back renewed and reinvigorated. Alas, That is not the Jewish way. There are no breaks from Hashem. There is no Time that we can take off the cloak of Judaism and distance ourselves from the Torah. As the great sage Rabbi Akiva said to his disciples As he carried on teaching Torah in the streets of Israel despite the Roman law forbidding it, if a fish is being chased by a predator in the water would you save it by taking it out of the water of course not it would die. So too studying and keeping the Torah. The Torah is our oxygen. It is our life source. If we distance ourselves from the Torah then we distance ourselves from our very life source and from our very existence. So now is the time as we start reading Bereshit again to rededicate ourselves to the Torah, learn a little bit more try and keep a little bit more. There are so many videos online, daily clips sent into WhatsApp messages or emails that one can find something that one truly connect to.

This week we are commemorating breast cancer awareness Shabbat. We are encouraging everybody to wear something pink and if you have your pink yarmulkes from last year please wear it. I’d like to end with a blessing like we said so many times over the high holy days. We ask HaShem to abolish disease So we may be blessed with a long fruitful healthy happy life to study and keep his Torah until the coming of Moshiach When we will see fulfilled the verse “and he will make death vanish and life will be eternal” like it should’ve been for Adam if he had not committed the original sin, Amein.

Judy Mindick
(Yehudis bas Devorah)
Sandra Geiger (Shulamis bas Slava) 561-637-2526
Alan Jasper (Avraham Mechel ben Rifka) 516-567-6348
Elaine Rappaport

Requests for this Refuah Shelaimah list may be added at the top of our website when you log in as a member.

Yahrzeit
OCT. 26-NOV. 1
Sat., Oct. 26, 27 of TISHREI
-Wife of Harold Schindler, Chana Schindler, Chana Freida bas Moshe HaCohain, A"H
-Husband of Helen Weiss, Armin Weiss, Naftali Zvi ben Pinchas HaCohain, Z"L
-Thur., Oct. 31, 02 of CHESHVAN
-Mother-in-law of Ann Kirschner & Grandmother of Debra Kirschner, Sylvia Kirschner, Tzirel bas Shmuel Aaron, A"H
-Fri., Nov. 01, 03 of CHESHVAN
-Father of Stanley Diamond, Yitzchak ben Asher Zeilig, Z"L
-Father of Bea Slater, Zev ben Aharon, Z"L

Yizkor Fund
Have you sent your Yizkor pledge to DOS?

Jewish Humor

Two men, a Jew and a Gentile, were marooned on a desert island.
The Gentile immediately got to work, dragging rocks to spell out "SOS" in huge letters on the beach, gathering driftwood to build a bonfire, and thinking about ways to build a boat. The Jew, however, merely sat on the beach and waited. "What's the matter with you?" the Gentile exclaimed.
"Don't you want to be rescued?" The Jew said calmly. "Look, I live in a city with a big Jewish Federation. Last year, I donated a million dollars to them. The year before, I donated a million dollars to them. This year, wherever I am, they'll find me!"

BUY SCRIP ONLINE WITHOUT FEES!

You can now purchase your Scrip for Glick's, Aroma and The Grove on our Shul website using a credit card without paying any fees! Log on to the shul website. Enter your User ID & Password & select “Donate”. This is the same process you would use to pay your membership dues or make any other donation using a credit card. However, this time under “Type” select SCRIP.

The purchase of Scrip is a great way to support our Shul! DOS receives 10% of every Scrip purchase. So when you're going to Glicks, Aroma or The Grove please purchase Scrip....And now you can use your credit card with no additional fees!

Of course, you can still buy scrip from Karen Friedman or Milt Sabin with a check.

SPAGHETTI SQUASH

1 medium spaghetti squash
3 tablespoons olive oil
1 large onion diced
5-6 cloves garlic, minced or 5-6 frozen garlic cubes
4 large tomatoes, diced
Salt & pepper to taste
2 teaspoons cumin
1/2 teaspoon cayenne pepper
3 heaping tablespoons tomato paste
1/2 teaspoon sugar
4 eggs
2 tablespoons chopped cilantro, optional

Preheat oven to 350 degrees
Pierce the squash and bake whole for 45 minutes.
Cool, cut in half, remove seeds.
Scrape flesh into a large bowl, set aside. Save the empty shells.
In a large skillet, sauté onion & garlic in olive oil until translucent.
Add tomatoes & simmer. Season with salt, pepper, cumin & cayenne pepper.
Add tomato paste & sugar, mix well.
Add reserved squash & combine with sauce. Scoop squash back into shells & make indentations for eggs to rest.
Season to taste & bake 20 minutes until whites are set. Garnish with cilantro.

REFUAH SHELAIMAH

Yizkor Pledge to DOS

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