

REIKI 1 CLASS STARTING UP

Have you ever heard someone say
“My arm, shoulder, leg, foot, back, etc.
hurts...”

“Where’s Amy?”

Amy Wolff, a Reiki Master (practitioner and teacher) helps people remove their aches and pains, using a guided energy technique known as Reiki. If we don’t have to focus on pain we then have more energy to focus on prayer and spirituality. Reiki 1 class will teach you how to harness and use the healing energy we all have.

Three 2 hour classes meet on

Thursdays from 7:00-9:00 p.m. Nov. 3, 10, 17, 2016

Price: \$54, payable to Temple Emet

Classes must be small to be effective, so space is limited.

**Contact Amy (alwolff@earthlink.net or thewolffn@gmail.com)
or call/text 310-849-6945**

if you are interested in participating or want more information.

Learn & Grow with Emet!

Temple Emet has Educational Opportunities for All!



JEWISH HOLIDAYS & CONVERSION CLASS

Whether you are preparing to Convert to Judaism or just interested in knowing the full scoop on traditional observance of the Jewish Holidays – and what they mean – this class is for you!

Taught by Rabbi Didi.

It meets select Tuesdays from 7-7:30pm and run from November through May.

Price: \$180

ADULT HEBREW/B'NAI MITZVAH/CONFIRMATION AND MASTER SCHOLAR CLASS

Our class will begin with learning the Hebrew Aleph Bet and then progress toward the reading and chanting of Hebrew prayers. The class will build toward B'nai Mitzvah, Confirmation, (or for those who have done both and wish to support their loved ones or fine tune their own skills) a certificate of Master Scholar will be issued at the B'nai Mitzvah / Confirmation / Master Scholar Ceremony.

For those preparing for Conversion, this class is included in your fee to enable Bar or Bat Mitzvah as a part of your journey!

Taught by Rabbi Didi and Hilda Weintraub.

This class meets continuously on the 1st, 3rd, and 4th Tuesdays at 7:30 pm and run November through May.

Price: \$180

BUILDING COMMUNITY THROUGH MUSSAR

Learn tools to build bridges of understanding and increase communication skills. Facilitated by Chaplain Bonnie Leopold, member of The Mussar Institute.

Pre-Session Introduction to Mussar (make-up from last class) October 27, 2016. Classes are November 3, 10, 17; December 8, 22; January 12, 26 (2017).

Price: \$90

BIBLE STUDY: SHOFTIM / JUDGES

This is the second session of "Bible Book-by-Book". The book of Judges covers an unsettled period in Israelite history between about 1245 BCE and 890 BCE, when the tribes were not united, and military chieftains arose as needed. It is the time of Deborah, Gideon, Samson and Ruth, with some of our favorite bible tales. We cover the history, anthropology, and analyses of the sages at the rate of about 2 chapters per week. Unsettled times result in great stories! If you plan to attend and don't have a Jewish Bible, wait for the first class before you buy one.

Taught by Mark Tannin.

**First and third Thursday of the month at 7:00 pm
Classes run November - May.**

Price: \$180