

Weekly Lesson Plan					
Class: Sagol		Theme: My body/ my emotions		Week of: 01/15	
	Monday	Tuesday	Wednesday	Thursday	Friday
Greeting	Morning Message: No School	Morning Message: kindness, sharing, being a good friend	Morning Message: health, well-being, personal care	Morning Message: kindness, sharing, being a good friend	Morning Message: health, well-being, personal care
Large Group Activity	Book: Song/Finger play:	Book: Teeth are not for biting Song/Finger play: Coconut soap song	Book: Teeth are not for biting Song/Finger play: Coconut soap song	Book: Teeth are not for biting Song/Finger play: Coconut soap song	Book: Teeth are not for biting Song/Finger play: Coconut soap song
Objective	Objective/Activity:	Objective/Activity: sharing, being a good friend, kindness, building relationships, hygiene, taking care of our bodies	Objective/Activity: sharing, being a good friend, kindness, building relationships, hygiene, taking care of our bodies	Objective/Activity: sharing, being a good friend, kindness, building relationships, hygiene, taking care of our bodies	Objective/Activity: sharing, being a good friend, kindness, building relationships, hygiene, taking care of our bodies
Changes to the Environment	Art Center: painting, crayons Sensory: sensory bin Literacy: reading buddies, books Dramatic Play: kitchen, building center Blocks: legos, magnetic tiles, big blocks				
Small Group Activity	Activity: Teeth brushing hygiene activity Objective: hygiene, well-being, personal care, taking care of our bodies	Activity: clothes color (talk about how we change our clothes everyday, hygiene, taking care of our bodies) Objective: hygiene, well-being, personal care, taking care of our bodies	Activity: Hand washing "paint on soap" Objective: hygiene, well-being, personal care, taking care of our bodies, washing hands, germs	Activity: Healthy food choices coloring Objective: hygiene, well-being, personal care, taking care of our bodies, food is fuel for our body, healthy choices	Activity: bee kind bee painting Objective: kindness, sharing, being a good friend, building relationships
Standards Addressed: Responds to and initiates care routines that support personal hygiene, Responds to feeding or feeds self with increasing efficiency and demonstrates increasing interest in eating habits and making food choices, Expresses, identifies and responds to a range of emotions, Demonstrates appropriate affect (emotional response) between behavior and facial expression, Demonstrates ability to self-regulate, Develops positive relationships with adults, Develops positive relationships with peers					