## Memory d m

We need your help!

Your donation will help to save up to THREE lives. Our community hospitals need your help. Please share this lifesaving gift!

## **BLOOD DONOR Eligibility Criteria:**

- Bring Blood Donor Card or ID with signature or photo
- Eat well (low fat) & drink fluids
- Minimum weight 110 lbs
- No tattoos for past 12 months

Age 16 – 75

(16 year olds must have parental permission. Age 76 and over need doctor's note)

Win a Staycation - SWEEPSTAKES

Donors are entered and could win a 2 night stay in a Manhattan hotel and \$200 Broadway gift card

For questions concerning medical eligibility call 1-800-688-0900 www.nybc.org For more information or to schedule an appointment, please contact:

## DONORS PRESENTING:

- \* Must wear a mask or face covering
- \* Will have their temperature
- \* Must be 14 days symptom free if recovered from COVID-19
- \* May NOT donate if they have a positive diagnostic test or experienced symptoms of COVID-19 in the last 14 days
- \* May NOT donate if they are currently on self-quarantine restrictions

QJCBloodDrive@MyQJC.org or visit www.MyQJC.org

SUNDAY

8:30AM - 2:30PM

In Conjunction with

▲ **New York** Blood Center

Supplies are at dangerously low levels. Donations are needed ASAP. Help us spread the word.

> Easy access by public transportation.

> > Q23

66 Ave stop



67 Ave or 71 Ave stop



66-05 108 STREET, FOREST HILLS, NY 11375 LOCATION: AUDITORIUM (downstairs) www.MyQJC.org | QJCBloodDrive@MyQJC.org









