

QUEENS JEWISH CENTER

BLOOD DRIVE

in Loving Memory of Ludmila Herz

ל א ה ב ת י צ ה ק

We need your help!

Your donation will help to save up to THREE lives. Our community hospitals need your help. Please share this lifesaving gift!

Eligibility Criteria:

- Bring Blood Donor Card or ID with signature or photo
- Eat well (low fat) & drink fluids
- Minimum weight 110 lbs
- No tattoos for past 12 months
- Age 16 - 75 (16 year olds must have parental permission. Age 76 and over need doctor's note)

For questions concerning medical eligibility call 1-800-688-0900 www.nybc.org

For more information or to schedule an appointment, please contact:

QJCBloodDrive@MyQJC.org

or visit www.MyQJC.org

Supplies are at dangerously low levels. Donations are needed ASAP. Help us spread the word.



SUNDAY DEC

29

8:30AM - 2:30PM

In Conjunction with

 **New York Blood Center**

Easy access by public transportation.

Q23

66 Ave stop



67 Ave or 71 Ave stop

QUEENS JEWISH CENTER

6605 108 STREET, FOREST HILLS, NY 11375

LOCATION: MAIN LOBBY

www.MyQJC.org | QJCBloodDrive@MyQJC.org



facebook.com/QueensJewishCenter



twitter.com/MyQJCtweets

