

Queens Jewish Center

Blood Drive

In Loving Memory of Ludmila Herz

לאה בת יצחק

Sunday, December 6, 2015

8:30am - 1:00pm

Queens Jewish Center - Main Lobby
66-05 108th Street, Forest Hills

We need your help!

Your donation will help to **save up to THREE lives**. Our community hospitals need your help. Please share this lifesaving gift!

Thank You for Caring!

Eligibility Criteria:

- Bring ID with signature or photo.
- Eat well (low fat) & drink fluids
- Minimum weight 110 lbs.
- No tattoos for past 12 months
- Age 16 - 75 (16 year olds must have parental permission. Age 76 and over need doctor's note)

For questions concerning medical eligibility call 1-800-688-0900 www.nybc.org.

 **New York** Blood Center

For more information or to schedule an appointment, please contact:

QJCBloodDrive@MyQJC.org

Thank you from all of us.



Scan QR code with
your smartphone
or tablet device





new for 2015

About Automated Red Cell Donations

The New York Blood Center now has "ALYX," an automated red blood cell donation system which allows you to donate two units of critically needed red cells in just one visit, saving two lives each time!

How does Alyx help patients who need red blood cells?

An aging population and new medical treatments are contributing to an increasing demand for surgeries and procedures requiring blood transfusions. At the same time, more restrictive donor eligibility criteria intended to protect the safety of the blood supply has decreased the eligible donor pool. In the face of this growing need, obtaining two units of red cells from a donor will help us to meet the needs of local hospitals and the patients they serve.

What's it like to make an automated red cell donation?

A red cell donation feels much the same as a whole blood donation but uses a smaller needle. A small amount of blood is drawn into a sterile bag and then spun in a centrifuge to separate your red cells from other blood components. The red cells are stored in a separate bag while your other components (plasma and platelets) are safely returned to you along with saline solution. This helps keep your body's blood volume balanced, so you actually feel better than if you donated whole blood. This cycle is repeated a few times until we have collected the required amount of red cells.

Who needs your red cells?

Red cells are critically needed by:

- Surgery/Trauma Patients
- Cancer/Chemotherapy Patients
- Accident/Burn Victims
- At-Risk Infants

Can't you take red cells from my whole blood donation?

Yes, but with automated red cell donation you can donate two units with each visit! Also whole blood donations need to be sent to the lab to separate the blood components, and then the red cells need to be filtered. With an automated donation, the red cells are separated and filtered immediately, making them readily available, after routine testing, for the patients who desperately need them.

Is it safe to donate red cells?

At all times during the donation process your blood remains inside a sterile tubing system and is never in contact with the equipment used for your red cell donation. All tubing, bags and the needle used to collect your red cells are new, sterile and used only once for you. After use, the entire disposable kit is discarded. Also, the needle is smaller and more comfortable and, because you are donating less volume than a whole blood donation, you will actually feel better.

Who can donate on ALYX?

To qualify as an ALYX donor, males need to be at least 5'1 and weigh at least 130 lbs. Females must be at least 5'5" and weigh at least 150 lbs. This is because men and women have different total blood volumes and because of this difference, the Food and Drug Administration (FDA) has established different donor requirements.

How often can you donate?

You can donate red cells on our ALYX system every 112 days or 16 weeks.

Please sign up to be a Red Cell Donor.

- Call us at **1-800-933-2566** or
- Schedule your appointment online



Remember, your blood, platelet and plasma donations always earn Advantage points.

Each time you save lives by making a blood, platelet or plasma donation you earn Advantage points redeemable for a wide variety of gifts, gift cards or New York Blood Center branded merchandise.

You can even donate your points to selected charitable organizations.
Redeem your Advantage points for Gifts. (Many more gifts available).



Redeem your Advantage points for Gift Cards.



Redeem your Advantage points to New York Blood Center or other charitable organizations.

Redeem your Advantage points for New York Blood Center Branded Merchandise.



Inventory of gifts and gift cards is subject to change.