FOOD INSECURITIES

Jewish Family & Children’s Services of Northern New Jersey
Kosher Meals on Wheels
www.jfcsnnj.org/elder-service-care
201-837-9090

JCC of Northern New Jersey - kosher congregate meals
www.jccnnj.org | 201-666-6610

Kaplen JCC on the Palisades - kosher congregate meals
www.jccotp.org | 201-569-7900

Shearit HaPlate - kosher food distribution
www.shpbc.org | 225-366-8383

Social Service Association of Ridgewood & Vicinity
ssa6@verizon.net | 201-444-2980

Tomchei Shabbos-Bergen County - kosher food distribution
www.tomcheishabbosofbergencounty.org
201-530-5096

Tomchei Shabbos - Fair Lawn - kosher food distribution
www.fljcc.com | 201-956-5888

Senior Nutrition - Jersey City
Click here to visit their website.

COVID hotline - Hoboken
201-420-5620 | 201-420-5625 senior hotline

Ask Umbrella - food and medicine delivery service
www.askumbrella.com | 844-402-2480
FOOD PANTRIES

Jewish Family & Children’s Services of Northern New Jersey
Teaneck and Fair Lawn - kosher and non-kosher
www.jfcsnnj.org/food-pantry-services | 201-837-9090

Center for Food Action - Elmwood Park
www.cfanj.org | 201-703-9857

Center for Food Action - Englewood
www.cfanj.org | 201-569-1804

Center for Food Action - Hackensack
www.cfanj.org | 201-883-9375

Center for Food Action - Mahwah
www.cfanj.org | 201-529-2029

Center for Food Action - Saddle Brook
www.cfanj.org | 201-703-9857

CUMAC - Paterson
www.cumac.org | 973-742-5518

Helping Hand Food Pantry-Hillsdale
www.helpinghandfoodpantry.com | 201-664-0600

Office of Concern Food Pantry at St. Cecilia
www.officeofconcern.com | 201-568-1465

St. Mary’s Food Pantry
www.stmarys-pompton.org | 973-831-4442

Hoboken Food Pantry
www.hobokencc.org/foodpantry

AngelaCares - Jersey City
www.angelacares.org/contact-us | 201-706-2884

Temple Beth-El, Jersey City
office@betheljc.org | 201-333-4229
ECONOMIC RELIEF

- Jewish Family & Children’s Services of Northern New Jersey
  www.jfcsnnj.org/information-and-referrals  |  201-837-9090

- Paterson Hebrew Free Loan
  10-10 Norma Ave, Fair Lawn, NJ 07410  |  201-791-8395

- Project Ezrah
  www.ezrah.org  |  201-569-9047

- COVID-19 - Jersey City
  www.jcedc.org  |  201-284-9478 or 201-284-8609

- COVID hotline - Hoboken
  201-420-5620  |  201-420-5625 senior hotline

MENTAL HEALTH SERVICES

- Jewish Family & Children’s Services of Northern New Jersey
  www.jfcsnnj.org/mental-health-services  |  201-837-9090

- Project Chai Hotline
  chailifeline.org/nj  |  855-3-CRISIS  |  crisis@chailifeline.org

- Jersey City
  Help line - 866-202-Help (4357)

- TelePyschiatry, Jersey City
  347-282-9523

DOMESTIC VIOLENCE

- Jewish Family & Children’s Services of Northern New Jersey
  www.jfcsnnj.org/mental-health-services  |  201-837-9090

- Jewish Family Services Clifton
  www.jfsclifton.org  |  973-777-7638 x154

- Project Sarah (Passaic, NJ)
  www.jfsclifton.org/projectssarah  |  888-883-2323

- Shalom Task Force
  www.shalomtaskforce.org  |  888-883-2323