

TEFILLOT FOR SHABBAT MORNING B'NEI MITZVAH שחרית לשבת + Birkat HaMazon

Student: _____

Prayer	Page(s)		Level I	Level II	Level III
Ma Tovu	101	Hebrew & English	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
Birkot Hashachar	103-104	Rise		<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
Psalm 30	120	English responsive			
Baruch She'amar	122	Rise		<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
Mizmor Shir/Tzadik Katamar	134			<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
Psalm 93	134	English responsive			
Ashrei	136		<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
Psalms 146-150	137-140	Choose 1 English responsive			
Haleluya	141		<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
Az Yashir	143				
Nishmat	145	English			
Nelalelcha/Hael/Shochen Ad	146				
She'ken Chovat	147				
Yishtabach	148				
Hatzi Kaddish	148	Continues Yishtabach tune	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
Barechu	149		<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
Yotzer	150	Read in Hebrew			
Eyn ke'er'kecha	150				
El Adon	151			<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
Titbarach, etc	153				
Or Chadash	153			<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
Ahava Rabah	154	"Ve'ha'er" & Vekeravtanu		<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
Shema – Ve'ahavta	155		<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
Vayomer	156			<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
Le dor va dor, etc.	157	2 Chatimot			
Moshe U'Miryam	158		<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
Mi Chamocha	158		<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>

Tzur Yisrael	158		<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
Amidah repetition, 1 st two b'rachot	159-160	Rise : Teach: step & bow	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
Kedushah	161		<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
Sim Shalom	165			<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
(Hallel)					
Kaddish Shalem	167		<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
<i>Torah Service</i>					
Ayn Kamocha, Vayhi Binsoa	168			<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
Bei ana rachetz	170				
Shema – Echad – Gadlu – Lecha	171			<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
Yehalelu – Hodo	183			<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
Mizmor le-David	183	Recite & walk. Teach: pauses		<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
Uv'nucho yomar, Etz Chayim	184			<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
<i>Musaf</i>					
Hatzi Kaddish	184	Special tune	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
Amidah 1 st two b'rachot	185-186		<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
Kedushah	187				<input checked="" type="checkbox"/>
Sim Shalom	191			<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
Kaddish Shalem	203		<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
Eyn Keloheinu	204		<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
Aleinu	205-206	Rise. Teach: bow	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
Adom Olam	211		<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
Shabbat Morning Kiddush		In sanctuary	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
Birkat Talit	102		<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
Prayer for our Country	177				
Prayer for Israel	178				
Ashrei	181-182		<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
Prayer for Peace	178				

Birkat Hamazon					
Shir HaMa'a lot	87			<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
Invitation to Grace & 1 st Brachah	88		<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
Migdal <i>to end</i>				<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>