



## Outline for the Bar/Bat Mitzvah D'var Torah

The d'var Torah should be about 500 words in four sections:

1. Summary: Tell us what the Torah portion (parashah) is all about.
  - Share a summary of the parashah. Don't worry about the small details.
2. Theme/Message/Lesson: Pick one theme, message, or lesson from the portion that speaks to you the most. This is the most important part of your d'var Torah so this should be the longest section.
  - Teach us about this lesson.
  - How does it relate to your life?
  - How does it relate to your becoming a bar/bat mitzvah?
3. Describe your Mitzvah project experience.
  - What is your Mitzvah project? Why did you choose it?
  - What have you learned from the experience of doing a mitzvah project?
  - How does this mitzvah project or your mitzvah project experience relate to your parashah and your becoming a bar/bat mitzvah?
4. Thank-you's – please be very brief!

Please email me your first draft 2 weeks from now via Google Docs to the email address below. After you send in your first draft, we will continue meeting and updating your d'var Torah until it is completed. After completion, we will practice delivering it in the sanctuary and learn some best practices for public speaking.

If you have any questions, feel free to email or call me:

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**Good luck and mazal tov!**