הדלקת הנרות

These lights are only flickering flames, yet flames illumine our uncertain steps.

Flames remind us of Sabbaths long past, and of their beauty that delighted our hearts.

May they inspire us to work for the Great Sabbath of peace.

Ba-ruch a-ta Adonai, Eh-lo-hei-nu meh-lech ha-o-lam, a-sher ki-d'sha-nu b'mitz-vo-tav v'tzi-va-nu l'had-lik ner shel Shabbat.

וְצִנְנִנִּ לְהַדְּלִיקִ נֵר שֶׁלְהִינִּי מֶּלֶהְ הָעוֹלָם, אֲשֶׁר כִּוְדִּשְׁנִיּ בְּמִצְוֹתָיוּ הָעוֹלָם, אֲשֶׁר כִּוְדִּשְׁנִיּ בְּמִצְוֹתָיוּ בָּרוּרְ אֲשָׁר כִּוְדִּלִיק נֵר שֶׁלְ שֵׁבְּת.

We praise You, Eternal God, Sovereign of the universe: You hallow us with Your Mitzvot, and command us to kindle the Sabbath lights.

Welcoming Shabbat

קבלת שבת

From Psalm 15

יהוה, מִי־יָגוּר בְּאָהֶלֶךּ, מִי־יִשְׁכֹּן בְּהַר קָּרְשֵׁהְּ?
הוֹלֵךְ הָּמִים, וּפֹעל צֶדֶק, וְדֹבֵר אֲמֶת בּּלְבָבוֹ.
לא־רְגַל עַל־לְשׁנוֹ, לא־עָשָׂה לְרֵעֵהוּ רָעָה, וְחֶרְפָּה לֹא־נָשָׂא עַל־קְרֹבוֹ.
נִשְׁבַּע לְהָרַע וְלֹא יָמִר.
כַּסְפּוֹ לֹא־נָתֵן בְּנָשֶׁךְ, וְשְׁחַד עַל־נָקִי לֹא לָקְח.
עֹשֵׂה־אֵלֵה לֹא יִמוֹם לְעוֹלָם.

Eternal God:

Who may abide in Your house? Who may dwell in Your holy mountain? Those who are upright; who do justly; all whose hearts are true.

Who do not slander others, nor wrong them, nor bring shame upon their kin.

Who give their word and, come what may, do not retract.

Who do not exploit others, who never take bribes.

Those who live in this way shall never be shaken.

*** ***

There are days when we seek material things, and measure failure by what we do not own.

On Shabbat we wish not to acquire but to share.

There are days

when we exploit nature with reckless greed.

On Shabbat we stand in wonder before the mystery of creation.

There are days

when we think only of ourselves.

On Shabbat

we open our hearts to the needs of others.

Therefore we welcome Shabbat—day of rest, day of joy, day of peace.

SHALOM ALEICHEM

שלום עליכם

שָׁלוּם עֲלֵיכֶם, מַלְאֵבֵי הַשָּׁרֵת, מַלְאַבֵי עֶלְיוֹן, מָפֶּלֶך מַלְכֵי הַמְּלְכִים, הַפְּדוֹשׁ בָּרוּךְ הוּא. בּוֹאֲכֶם לְשָׁלוֹם, מַלְאָבֵי הַשְּׁלוֹם, מַלְאַבֵי עֶלְיוֹן, מִפֶּלֶך מַלְכֵי הַמְּלְכִים, הַקָּדוֹשׁ בָּרוּךְ הוּא. בְּרְכוּנִי לְשָׁלוֹם, מַלְאֲבֵי הַשָּׁלוֹם, מַלְאֵבֵי עֶלְיוֹן, מִפֶּלֶך מַלְכֵי הַמְּלְכִים, הַקָּדוֹשׁ בָּרוּךְ הוּא. מִמֶּלֶך מַלְכֵי הַמְּלָכִים, הַקְּדוֹשׁ בָּרוּךְ הוּא. מִמֵּלֶך מַלְכֵי הַמְּלָכִים, הַקְּדוֹשׁ בָּרוּךְ הוּא.

Sha-lom a-lei-chem mal-a-chei ha-sha-reit, mal-a-chei El-yon, Mi-meh-lech ma-l'chei ha-m'la-chim, ha-ka-dosh ba-ruch hu. Bo-a-chem l'sha-lom, mal-a-chei ha-sha-lom, mal-a-chei El-yon, Mi-meh-lech ma-l'chei ha-m'la-chim, ha-ka-dosh ba-ruch hu. Ba-r'chu-ni l'sha-lom, mal-a-chei ha-sha-lom, mal-a-chei El-yon, Mi-meh-lech ma-l'chei ha-m'la-chim, ha-ka-dosh ba-ruch hu. Tzei-t'chem l'sha-lom, mal-a-chei ha-sha-lom, mal-a-chei El-yon, Mi-meh-lech ma-l'chei ha-m'la-chim, ha-ka-dosh ba-ruch hu.

Peace be to you, ministering angels, messengers of the Most High, of the supreme Sovereign, the Holy One, ever to be praised.

Enter in peace, O messengers of the Most High, of the supreme Sovereign, the Holy One, ever to be praised.

Bless us with peace, O messengers of the Most High, of the supreme Sovereign, the Holy One, ever to be praised.

Depart in peace, O messengers of the Most High, of the supreme Sovereign, the Holy One, ever to be praised.



The synagogue is the sanctuary of Israel. Born of our longing for the living God, it has been to Israel, throughout our wanderings, a visible token of the presence of God in our people's midst. Its beauty is the beauty of holiness; steadfast it has stood as the champion of justice, mercy, and peace.

Its truths are true for all people. Its love is a love for all people. Its God is the God of all people, as it has been said: "My house shall be called a house of prayer for all peoples."

Let all the family of Israel, all who hunger for righteousness, all who seek the Eternal, find God here—and here find life!

All rise

READER'S KADDISH

חצי קדיש

יִתְנַבְּל וְיִתְּקַהָּשׁ שְׁמֵה רַבָּא בְּעָלְמָא דִי־בְּרָא כִּרְעוּתֵה, וְיִמְלִיךְ מַלְכוּתִה בְּחַיֵּיכוֹן וּבְיוֹמֵיכוֹן וּבְחַיֵּי דְכָל-בִּית יִשְׂרָאֵל, בַּעֲנָלָא וּבִוְמֵן קּרִיב, וְאִמְרוּ: אָמֵן.

יָהָא שְׁמָה רַבָּא מְבָרַךְ לְעָלַם וּלְעָלְמֵי עָלְמֵיא.

וְיִתְבֶרֶךְ וְיִשְׁתַבַּח, וְיִתְפָּאֵר וְיִתְרוֹמֵם וְיִתְנַשֵּׁא, וְיִתְהַדֵּר

בַּאָמִירָן בְּעָלְמָא, וְאָמָרוּ: אָמֵן. לְּגִלָּא מִן־כָּלְ-בִּרְכָתָא וְשִׁירָתָא, תֻּשְׁבְּחָתָא וְנָחֲמָתָא

Yit-ga-dal v'yit-ka-dash sh'mei ra-ba b'al-ma di-v'ra chi-r'u'tei, v'yam-lich mal-chu-tei b'cha-yei-chon u-v'yo-mei-chon u-v'cha-yei d'chol beit Yis-ra-eil, ba-a-ga-la u-vi-z'man ka-riv, v'i-m' ru: A-mein.

Y'hei sh'mei ra-ba m'va-rach l'a-lam u-l'al-mei al-ma-ya.

Yit-ba-rach v'yish-ta-bach, v'yit-pa-ar v'yit-ro-mam v'yit-na-sei, v'yit-ha-dar v'yit-a-leh v'yit-ha-lal sh'mei d'kud-sha, b'rich hu,

l'ei-la min kol bir-cha-ta v'shi-ra-ta, tush-b'cha-ta v'neh-cheh-ma-ta da-a-mi-ran b'al-ma, v'i-m' ru: A-mein.

The Sh'ma and its Blessings

שמע וברכותיה

בָּרְכוּ אֶת־יי הַמְבֹרָךְוּי

Praise the One to whom our praise is due!

בָרוּך יי הַמְבֹרָך לְעוֹלָם וְעֶרוּ

Ba-ruch Adonai ha-m'vo-rach l'o-lam va-ed!

Praised be the One to whom our praise is due, now and for ever!

מעריב ערבים

בְּרוּךְ אַתָּה יי, אֱלֹהֵינוּ מֶלֶךְ הָעוֹלָם, אֲשֶׁר בִּדְבְרוֹ מַעֲרִיב עֲרָבִים, בְּחָכְמָה פּוֹתֵחַ שְׁעָרִים, וּבִחְבוּנָה מְשֵׁנֶּה עִתִּים, וּמַחֲלִיף אֶת־הַוְּמַנִים, וּמְסַהֵּר אֶת־הַכּוֹכְבִים בְּמִשְׁמְרוֹתִיהֶם בָּרָקִיעַ כִּרְצוֹנוֹ.

בּוֹרֵא יוֹם וָלְיְלָה, גּוֹלֵל אוֹר מִפְּנֵי חְשֶׁךְ וְחְשֶׁךְ מִפְּנֵי אוֹר, וּמַבְרִיל בִּין יוֹם וּבִין לְיְלָה, וּמַבְרִיל בִּין יוֹם וּבִין לְיְלָה, יי צְבְאוֹת שְׁמוֹ.

אַל חֵי וְכַנְים, תָּמִיד יִמְלוֹךְ עָלֵינוּ לְעוֹלָם וָעֶד. בְּרוּךְ אַתָּה יי, הַמַּעֲרִיב עֲרָבִים.

° O God, how can we know You? Where can we find You? You are as close to us as breathing, yet You are farther than the farthermost star.

You are as mysterious as the vast solitudes of night, yet as familiar to us as the light of the sun. To Moses You said: "You cannot see My face, but I will make all My goodness pass before you."

Even so does Your goodness pass before us: in the realm of nature, and in the joys and sorrows of life.

REVELATION

אהבת עולם

אַהַבַת עוֹלָם בֵּית יִשְּׂרָאֵל עַמְּדְּ אָהַבְּתָּ. תּוֹרָה וּמִצְּוֹת, חָקִים וּמִשְׁפָּטִים אוֹתָנוּ לִמְּדְתָּ עַל־בֵּן, יי אֱלֹהֵינוּ, בְּשָׁכְבֵּנוּ וּבְקוֹמֵנוּ נָשִִיחַ בְּחָבֶּןדּ, וְנִשְּׁמַח בְּדִבְרֵי תוֹרָתְדְּ וּבְהָם נֶהְנָּה יוֹמָם וָלֵיְלָם כִּי הֵם חַיֵּינוּ וְאִוֹרֶךְ יָמֵינוּ, וּבְהֶם נֶהְנָּה יוֹמָם וָלֵיְלָה. וְאַהֲבַתְדְּ אַתְּרֹ מִמֶּנוּ לְעוֹלָמִים! בָּרוּךְ אַתָּה יי, אוֹהֵב עַמּוֹ יִשִׂרָאֵל.

° When justice burns within us like a flaming fire, when love evokes willing sacrifice from us, when, to the last full measure of selfless devotion, we demonstrate our belief in the ultimate triumph of truth and righteousness, then Your goodness enters our lives and we can begin to change the world; and then You live within our hearts, and we through righteousness behold Your presence.

שָׁמַע יִשְּׁרָאֵל: יהוה אֱלֹהֵינוּ, יהוה אָחָד!

Sh'ma Yis-ra-eil: Adonai Eh-lo-hei-nu, Adonai Eh-chad!

Hear, O Israel: the Eternal One is our God, the Eternal God alone!

בָרוּך שֵׁם כְבוֹד מַלְכוּתוֹ לְעוֹלָם וָעֶד!

Ba-ruch shem k'vod mal-chu-to l'o-lam va-ed!

Blessed is God's glorious majesty for ever and ever!

All are seated

לְמַעֵן הִּזְכְּרֹּוּ וַעֲשִׂיתָם אֶת־כָּל־מִצְוֹתֵי וִהְיִתֶם קּדשִׁים לֵאלהִיכֶם: אַנִּי יְהוָה אֱלְהִיכָם אֲשֶׁר הוֹצֵאתִי אֶּחְכֶם מֵאֱרֵץ מִצְרַיִם לִהְיִוֹת לָכֶם לֵאלֹהִים אֲנִי יְהוָה אֱלֹהִיכֶם:

V'a-hav-ta et Adonai Eh-lo-heh-cha b'chol l'va-v'cha u-v'chol naf-sh'cha u-v'chol m'o-deh-cha. V'ha-yu ha-d'va-rim ha-ei-leh a-sher a-no-chi m'tza-v'cha ha-yom al l'va-veh-cha. V'shi-nan-tam l'va-neh-cha v'di-bar-ta bam b'shiv-t'cha b'vei-teh-cha u-v'lech-t'cha va-deh-rech u-v'shoch-b'cha u-v'ku-meh-cha. U-k'shar-tam l'ot al ya-deh-cha v'ha-yu l'to-ta-fot bein ei-neh-cha; u-ch'tav-tam al m'zu-zot bei-teh-cha u-vi-sh'a-reh-cha.

L'ma-an tiz-k'ru va-a-si-tem et kol mitz-vo-tai, vi-h'yi-tem k'do-shim lei-lo-hei-chem. Ani Adonai Eh-lo-hei-chem a-sher ho-tzei-ti et-chem mei-eh-retz mitz-ra-yim li-h'yot la-chem lei-lo-him. Ani Adonai Eh-lo-hei-chem.

You shall love your Eternal God with all your heart, with all your mind, with all your being. Set these words, which I command you this day, upon your heart. Teach them faithfully

to your children; speak of them in your home and on your way, when you lie down and when you rise up. Bind them as a sign upon your hand; let them be symbols before your eyes; inscribe them on the doorposts of your house, and on your gates.

Be mindful of all My Mitzvot, and do them: so shall you consecrate yourselves to your God. I am your Eternal God who led you out of Egypt to be your God; I am your Eternal God.

REDEMPTION

וֹאָצִּרְרָּ; וֹאָתִּנְרָ לִבְרִית עָם, לְאוֹר נִּוֹיִם. אַנִי, יהוה, לְלָּתִיךְ לִבְרִית עָם, לְאוֹר נִּוֹיִם.

"I, the Eternal One, have called you to righteousness, and taken you by the hand, and kept you; I have made you a covenant people, a light to the nations."

We are Israel: witness to the covenant between God and God's children.

כִּי זֹאת הַבְּרִית אֲשֶׁר אֶכְרֹת אֶת־בֵּית יִשְׂרָאֵל: נְתַחִי אֶת־חּוֹרָתִי בְּקְרְבָּם, וְעַל־לִבָּם אֶכְהַבֶּנָה. וְהָיְתִי לָהֶם לֵאלֹהִים, וְהַמָּה יִהִיוּ־לִי לִעַם.

"This is the covenant I make with Israel: I will place My Torah in your midst, and write it upon your hearts. I will be your God, and you shall be My people."

We are Israel: our Torah forbids the worship of race or nation, possessions or power.

הַמִּתְפַּלְים אָל־אֵל לֹא יוֹשִׁיעַ, שִׁמְעוּ דְבַר־יהוה: הַלוֹא אָנִי יהוה, וְאֵין־עוֹד אֱלֹהִים מִבַּלְעָדִי!

"You who worship gods that cannot save you, hear the words of the Eternal One: 'I am God, there is none else!'"

We are Israel: our prophets proclaimed an exalted vision for the world.

"Hate evil, and love what is good; let justice well up as waters and righteousness as a mighty stream."

We are Israel, schooled in the suffering of the oppressed.

"You shall not oppress your neighbors nor rob them. You shall not stand idle while your neighbor bleeds."

We are Israel, taught to beat swords into plowshares, commanded to pursue peace.

"Violence shall no longer be heard in your land, desolation and destruction within your borders. All your children will be taught of your God, and great shall be the peace of your children."

We are Israel, O God, when we are witnesses to Your love and messengers of Your truth.

"You are My witnesses, says the Eternal One, and My servant whom I have chosen; know Me, therefore, and put your trust in Me."

We are Israel, O God, when we proclaim You God our Redeemer, as did our ancestors on the shores of the Red Sea:

מִי־כְמְכָה בָּאֵלָם, יהוה? מִי כִּמְכָה, נֶאְדָר בַּקְּרֶשׁ, מִיּרַכְמְכָה, עַשָּׁה פֵּלֶא?

מַלְכוּתְדְּ רָאוּ בְנֵיִדְ, בּוֹמֵעַ יָם לִפְנֵי משָׁה; זֶה אֵלִי! עַנוּ וָאָמְרוּ: יהוה יִמְלֹדְ לְעֹלָם וָעֶד!

בַרוּד אַתָּר יִי, נְּאַל יִשְּׂרָאֵל. בַּרוּד אַתָּר: כִּי פַּדָּה יהוה אֶת־יַנְצַלְב, וּנְאָלוֹ מִיֵּד חָזָק מִמֶּנוּ.

Mi cha-mo-cha ba-ei-lim, Adonai?

Mi ka-mo-cha, neh-dar ba-ko-desh, no-ra t'hi-lot, o-sei feh-leh?

Mal-chu-t'cha ra-u va-neh-cha, bo-kei-a yam li-f'nei Mo-sheh; zeh Ei-li! A-nu v'a-m'ru: Adonai yim-loch l'o-lam va-ed!

V'neh-eh-mar: Ki fa-da Adonai et Ya-a-kov, u-g'a-lo mi-yad cha-zak mi-meh-nu.

Ba-ruch a-ta Adonai, ga-al Yis-ra-eil.

Who is like You, Eternal One, among the gods that are worshipped? Who is like You, majestic in holiness, awesome in splendor, doing wonders?

In their escape from the sea, Your children saw Your sovereign might displayed. "This is my God!" they cried. "The Eternal will reign for ever and ever!"

And it has been said: The Eternal One delivered Jacob, and redeemed us from the hand of one stronger than ourselves.

We praise You, O God, Redeemer of Israel.

DIVINE PROVIDENCE

השכיבנו

הַשְּׁכִּיבְנוּ, יי אֱלֹהֵינוּ, לְשָׁלוֹם, וְהַעֲמִיבְנוּ, מַלְבֵנוּ, לְחַיִּים טוֹבִים וּלְשָׁלוֹם. וּפְרוֹשׁ עָלֵינוּ סֻכַּת שְׁלוֹמֶך, וְתַקְּנֵנוּ בְּעֵצְה טוֹבְה מִלְּפָנֶיך, וְהוֹשִׁיעֵנוּ לְמַעַן שְׁמֶך, וְהָגֵן בַּעֲבֵנוּ. וּפְרוֹשׁ עָלֵינוּ סָכַּת רַחֲמִים וְשָׁלוֹם.

° May we lie down this night in peace, and rise up to life renewed. O God, spread over us Your shelter of peace, of quiet and calm, and bless us with rest. And let a time come when morning will bring no word of war or famine or anguish, a time of happiness, of contentment and rest.

We give thanks for the night and its rest, and the promise of peace for all the world.

THE COVENANT OF SHABBAT

ושמרו

וְשָׁמְרוּ בְנִי־יִשְׂרָאֵל אֶת־הַשַּׁבָּת, לַעֲשׂוֹת אֶת־הַשַּׁבָּת לְדֹרֹתָם בְּיִנִי וּבֵין בְנֵי יִשְׂרָאֵל אוֹת הִיא לְעֹלְם. כִּי־שֵׁשֶׁת בְּיִנִי וּבֵין בְנֵי יִשְׂרָאֵל אוֹת הִיא לְעֹלְם. כִּי־שֵׁשֶׁת יְמִים עָשָׂה יהוה אֶת־הַשְּׁמִים וְאֶת־הָאָבֶץ, וּבַיּוֹם הַשְּׁבִיעִי שָׁבַת וַיִּנְּכַּשׁ.

V'sha-m'ru v'nei Yis-ra-eil et ha-Shabbat, la-a-sot et ha-sha-bat l'do-ro-tam b'rit o-lam. Bei-ni u-vein b'nei Yis-ra-eil ot hi l'o-lam. Ki shei-shet ya-mim a-sa Adonai et ha-sha-ma-yim v'et ha-a-retz, u-va-yom ha-sh'vi-i sha-vat va-yi-na-fash.

The people of Israel shall keep the Sabbath, observing the Sabbath in every generation as a covenant for all time. It is a sign for ever between Me and the people of Israel. For in six days the Eternal One made heaven and earth, but on the seventh day God rested and was refreshed.

MEDITATION

"The soul that You have given me is pure!"

Yet I know that within it my yearning for the sacred must struggle with my inclination for the profane. At times the profane seems the winner. Love and truth are debased. The divine gift of compassion is depleted. The anguish of others goes unfelt and unheeded.

How much I need You, O God, at such times! I need the sense of Your presence within me, giving me the strength to elevate my soul beyond the sordid to the sacred.

Your presence is the light that dispels the darkness that would envelop me, the light that shows me the path to a life of honor and truth.

All rise

תפלה T'FILAH

אַדֹנָי, שָׁבָּתִי תִפִּתָּח, וּפִי יַגִּיד חָהַלָּתֵּך.

Eternal God, open my lips, that my mouth may declare Your glory.

GOD OF ALL GENERATIONS

אבות ואמהות

בָּרוּךְ אַתָּה יי, אֱלֹהֵינוּ נֵאלֹהֵי אֲבוֹתִינוּ וְאִמּוֹתִינוּ: אֱלֹהֵי אַבְּרָהָם, אֱלֹהֵי יִצְּחָכן, וֵאלֹהֵי יַצְלְב. אֱלֹהֵי יִצְחָכן, וֵאלֹהֵי יַצְלְב. אֱלֹהֵי שָׁלְהֵי יִצְחָכן, וֵאלֹהֵי רָחֲל. אֱלֹהֵי הַנְּבוֹר וְהַנּוֹרָא, אֵל שֶׁלְיוֹן, גּוֹמֵל חֲסָדִים מִוֹבִים וְקוֹנֵה הַכֹּל, וְזוֹכֵר חַסְבִי אָבוֹת וְאָמָהוֹת, יּמֵבִיא נְאֻלְּה לִבְנֵי בְנֵיהֶם, לְמַעַן שְׁמוֹ בְּאַהָּבְה. מֶלֶךְ עוֹזֵר וּמוֹשִׁיע וּמָגן. בְּרוּךְ אַתָּה יִ, מָגן אַבְרָהָם וְעֻזְרַת שָׂרָה. בְּרוּךְ אַתָּה יִי, מָגן אַבְרָהָם וְעֵזְרַת שָׂרָה.

Ba-ruch a-ta Adonai, Eh-lo-hei-nu vei-lo-hei a-vo-tei-nu v'i-mo-tei-nu: Eh-lo-hei Av-ra-ham, eh-lo-hei Yitz-chak, vei-lo-hei Ya-a-kov. Eh-lo-hei Sa-ra, Eh-lo-hei Riv-ka, Eh-lo-hei Lei-a vei-lo-hei Ra-cheil. Ha-eil ha-ga-dol ha-gi-bor v'ha-no-ra, Eil el-yon, go-meil cha-sa-dim to-vim, v'ko-nei ha-kol, v'zo-cheir cha-s'dei a-vot v'i-ma-hot, u-mei-vi g'u-la li-v'nei v'nei-hem, l'ma-an sh'mo, b'a-ha-va. Meh-lech o-zeir u-mo-shi-a u-ma-gein.

Ba-ruch a-ta Adonai, ma-gein Av-ra-ham v'ez-rat Sa-ra.

GOD'S POWER

אַתָּה גְּבּוֹר לְעוֹלָם, אֲדֹנָי, מְחֵיֵה הַכֹּל אַתָּה, רַב לְהוֹשִׁיעַ. מְכַלְכֵלְ חַיִּים בְּחֶטֶר, מְחַיֵּה הַכֹּל בְּרַחֲמִים רַבִּים. סוֹמֵך נוֹפְּלִים, וְרוֹפֵּא חוֹלִים, וּמַתִּיר אֲסוּרִים, וּמְלַיֵם אֱמוּנְתוֹ לִישֵׁנֵי עָפָר. מִי כָמְוֹךְ בַּעַל גְּבוּרוֹת, וּמִי דְּוֹמֶה לָּדְּ, מֶלֶדְ מֵמִית וּמְחַיֶּה וּמַצְמִיחַ יְשׁוּעָה?

וְנָאֶמְן אַתָּה לְהַחֲיוֹת הַכֹּל. בְרוּך אַתָּה יי, מְחֵיֵה הַכֹּל.

A-ta gi-bor l'o-lam, Adonai, m'cha-yei ha-kol a-ta, rav l'ho-shi-a. M'chal-keil cha-yim b'cheh-sed, m'cha-yei ha-kol b'ra-cha-mim ra-bim. So-meich no-f'lim, v'ro-fei cho-lim, u-ma-tir a-su-rim, u-m'ka-yeim eh-mu-na-to li-shei-nei a-far. Mi cha-mo-cha ba-al g'vu-rot, u-mi do-meh lach, meh-lech mei-mit u-m'cha-yeh u-matz-mi-ach y'shu-a? V'neh-eh-man a-ta l'ha-cha-yot ha-kol. Ba-ruch a-ta Adonai, m'cha-yei ha-kol.

° God of all generations, of Abraham and Isaac and Jacob; of Sarah, Rebekah, Leah and Rachel: be praised! Your wondrous creative power fills heaven and earth.

God of life and death, be praised! Through us send help to the falling, healing to the sick, freedom to the captive; confirm Your faithfulness to those who sleep in the dust.

THE HOLINESS OF GOD

קדושת השם

אַתָּה קָרוֹשׁ וְשִׁמְדּ קָרוֹשׁ, וּקְרוֹשִׁים בְּכָל־יוֹם יְהַלְלוּדּ, פֶּלָה. בָרוּדְ אַתָּה יי, הָאֵל הַקָּרוֹשׁ.

THE HOLINESS OF SHABBAT

קדושת היום

בְּלֹהֵינוּ וֵאלֹהֵי אֲבוֹתִינוּ וְאִמּוֹתִינוּ, רְצֵה בִמְנוּים, וְשַׂמְחֵנוּ בְּלְבִינוּ וְאַלֹּהֵינוּ וְאַלֹּהֵינוּ וְאַלֹהֵינוּ וְאַלֹּהֵינוּ וְאַלֹּהֵינוּ וְאַלֹּהֵינוּ וְאַלֹּהֵינוּ וְשִׁמְחֵנוּ בְּתוֹרְתֵּךְ. שַׂבְּעֵנוּ מִטּוּבֶךְ, וְשַׂמְחֵנוּ בְּתוֹרְתֵּךְ. שַׂבְּעֵנוּ מִטּוּבֶךְ, וְשַׂמְחֵנוּ בִּישׁוּעָתֶךְ, וְשַׁהְוֹנוּ וְאַלֹּהֵינוּ וְאָבְּרְדְּךְ בָּאָבֶוֹינוּ, יי

מְלַהְינוּ, בְּאַהַבָּה וּבְרָצוֹן שַׁבַת לַּדְשֶׁךּ, וְיָנְוּחוּ בָה יִשְּׂרָאֵל מֻלַהִינוּ, בְּאַהַבָּה וּבְרָצוֹן שַׁבַת לַּדְשֶׁר, וְיָנְוּחוּ בָה יִשְּׂרָאֵל מֻלַהִינוּ, בְּאַהַבָּה וּבְרָצוֹן שַׁבַת לַּדְשֶׁר, וְיָנְוּחוּ בָה יִשְׂרָאֵל

Eh-lo-hei-nu vei-lo-hei a-vo-tei-nu v'i-mo-tei-nu, r'tzei vi-m'nu-cha-tei-nu. Ka-d'shei-nu b'mitz-vo-teh-cha v-tein chel-kei-nu b'to-ra-teh-cha. Sab-ei-nu mi-tu-veh-cha, v'sam-chei-nu bi-shu-a-teh-cha, v'ta-heir li-bei-nu l'ov-d'cha beh-eh-met. V'han-chi-lei-nu, Adonai Eh-lo-hei-nu, b'a-ha-va u-v'ra-tzon Shabbat kod-sheh-cha, v'ya-nu-chu va Yis-ra-eil m'ka-d'shei sh'meh-cha. Ba-ruch a-ta Adonai, m'ka-deish ha-Shabbat.

° Awesome and Holy God, be praised! With acts of love and truth we hallow Your name, as it is said: "Be holy, for I, your Eternal God, am holy."

God of times and seasons, be praised! Enable us through Sabbath rest to explore, and learn, and impart the meanings of Your Torah. Make our hearts ready to serve You, this day and all days.

All are seated

WORSHIP

עבודה

רצה, יי אֶלהֵינוּ, בְּעַמְּךּ יִשְׂרָאֵל, וּתְפִּלָּתְם בְּאַהַבָּה תְכַבֵּל, וּתְהִי לְרָצוֹן תָּמִיד עֲבוֹדַת יִשְׂרָאֵל עַמֶּד. בָּרוּדְ אַתָּה יי, שֵׁאוֹתְדְּ לְבַוְּדְ בְּיִרְאָה נַעֲבוֹד.

THANKSGIVING

הודאה

מוֹדִים אֲנַחְנוּ לָךְ שָׁאַתָּה הוּא יי אֱלֹהֵינּ וֵאלֹהֵי אֲבוֹתִינּוּ וְאִמּוֹתִינּוּ, אֱלֹהֵי כָל־בָּשָּׁר, יוֹצְרֵנוּ יוֹצֵר בְּרֵאשִׁית. בְּרָכוֹת וְהוֹדְאוֹת לְשִׁמְךְ הַנְּדוֹל וְהַקְּדוֹשׁ עַל־שֶׁהֶחֲיִתְנוּ וְקִיבְמְתֵנוּ כֵּן תְּחַיֵּנוּ וּתְכַיְּמֵנוּ, יי אֱלֹהֵינוּ, וּתְאַמְצֵנוּ לִשְׁמֹר חֻבֶּיךְ, לַעֲשׂוֹת רְצוֹנֶךְ, וּלְעָבְדְּךְ בְּלֵבְר שָׁלֹם. בָּרוּךְ אֵל הַהוֹדְאוֹת.

° God who answers prayer, be praised! May we, Your people Israel, be worthy in our deeds and our prayer. Wherever we live, wherever we seek You—in this land, in Zion restored, in all lands—You are our God.

Source of life and its wonders, be praised! You are the miracle within all we behold. You are Goodness, You are Compassion: we give thanks to You for ever.

PEACE

ברכת שלום

שׁלוֹם רָב עַל־יִשְׂרָאֵל עַמְּךְ תָּשִׁים לְעוֹלָם, כִּי אַתְּה הוּא מֶלֵּךְ אָרוֹן לְכָל־הַשְּׁלוֹם. וְמוֹב בְּעִינֵיךְ לְבָרֵךְ אֶת־עַמְּדְ מְלָבֶרְ אָת־עַמְּדְ בְּכָל־עַת וּבְכַל־שָׁעָה בִּשְׁלוֹמֵךְ. יִשְׂרָאֵל וְאֶת־כָּל־הָעַמִּים בְּכָל־עֵת וּבְכַל־שָׁעָה בִּשְׁלוֹמֵךְ. בְּרוּךְ אַתָּה יי, עוֹשֵׁה הַשָּׁלוֹם.

° God of peace, of justice, and of love, be praised! Inspire us to banish for ever hatred, war, and bloodshed. Help us to establish for ever one human family united in peace. God of peace, bless us with peace!

SILENT PRAYER

Looking inward, I see that all too often I fail to use time and talent to improve myself and to serve others. And yet there is in me a yearning to use my gifts for the well-being of those around me.

Renew my vision, O God; give meaning to my life and substance to my hopes; help me understand those about me and fill me with the desire to serve them. Let me remember that I depend on them as they depend on me; quicken my heart and hand to lift them up, and teach me to make my words of prayer fruitful by deeds of lovingkindness. Amen.

יְהְיוּ לְרצוֹן אִמְרֵי־פִי וְהָגִיוֹן לִבִי לְפָנֶיך, יהוה, צוּרִי וְגֹאֵלִי.

Yi-h'yu l'ra-tzon i-m'rei fi v'heg-yon li-bi l'fa-neh-cha, Adonai tzu-ri v'go-a-li.

May the words of my mouth and the meditations of my heart be acceptable to You, O God, my Rock and my Redeemer.

עֹשֶׂה שָׁלוֹם בִּמְרוֹמָיו, הוּא יַעֲשֶׂה שָׁלוֹם עָלֵינוּ וְעַל-כָּל-יִשְׂרָאֵל, וְאָמְרוּ: אָמֵן.

O-seh sha-lom bi-m'ro-mav, hu ya-a-seh sha-lom a-lei-nu v'al kol Yis-ra-eil, v'i-m'ru: A-mein.

• May the One who causes peace to reign in the high heavens cause peace to reign among us, all Israel, and all the world.

For the Reading of the Torah, continue on page 141 Aleinu is on page 148 and page 149

PRAYER FOR HEALING

O God, in our hearts, we name those who are facing illness and pain. We join our prayers with the prayers of all who love them. Give them renewed comfort and courage. Strengthen in them the healing powers You have placed within us all. Guide the hands and hearts of those who are entrusted with their care.

May the knowledge of Your love and ours give added hope to them and to their dear ones. May they find even greater strength because our prayers are linked to theirs.

BA-RUCH A-TAH A-DO-NAI, RO-FEH HA-CHO-LIM.

בָרוּדְ אַתָּה ה' רוֹפֵא הַחוֹלִים.

We praise you, Eternal God, the Source of healing and health

Mi Sheberach (by Debbie Friedman)

Mi shebeirach avoteinu מִי שֶׁבֵּרַךּ אֲבוֹתֵינוּ M'kor hab'racha l'imoteinu מְלְלְּתְּוֹנוּ May the Source of strength, Who blessed the ones before us, Help us find the courage to make our lives a blessing,

And let us say, Amen. אָמֵן

Mi shebeirach imoteinu מִי שֶׁבֵּרַדְּ אִמּוֹתֵינוּ M'kor habrachah l'avoteinu מְלְבָרָ לְאֲבוֹתֵינוּ Bless those in need of healing with r'fuah sh'leimah, רְפוּאָה שְׁלֵימָה The renewal of body, the renewal of spirit, And let us say, Amen אָמֵן

ON BEHALF OF OUR:

MILITARY, POLICE, FIRE FIGHTERS, EMT, DOCTORS, NURSES, AND VETERANS:

Mi SheBerach Avoteinu v'Imoteinu: May the One who blessed & protected our ancestors: Guard all those whom we have entrusted with the responsibility of defending our freedom, protecting us, or healing us: in this country, in the Land of Israel, and everywhere they have been called to serve. Give them courage to succeed and strength to persevere. May they return home safely. And let us say: Amen.

All rise

שְלֵּינוּ לְשֵׁבֶּחַ לַאֲדוֹן הַכֹּל, לְחֵת נְּדֻלָּה לְיוֹצֵר בְּרֵאשִׁית, שֶׁלֹא שְשֶׁנוּ כְּגוֹיִ הָאֲדְמָה, וְלֹא שְׁמָנוּ כְּמִשְׁבְּחוֹת הָאֲדְמָה; שֶׁלֹא שְׁם חֶלְקְנוּ כָּהָם, וְגוֹרָלֵנוּ כְּכָל־הַמוֹנְם. שְׁלֹא שְׁם חֶלְכֵים וּמִשְׁתַּחְוִים וּמוֹדִים לִפְנֵי בִּיְּלְכִים, הַמְּדִוֹשׁ בָּרוּךְ הוּא.

A-lei-nu l'sha-bei-ach la-a-don ha-kol, la-teit g'du-la l'yo-tzeir b'rei-sheet, sheh-lo a-sa-nu k'go-yei ha-a-ra-tzot, v'lo sa-ma-nu k'mish-p'chot ha-a-da-ma; sheh-lo sam chel-kei-nu ka-hem, v'go-ra-lei-nu k'chol ha-mo-nam. Va-a-nach-nu ko-r'im u-mish-ta-cha-vim u-mo-dim li-f'nei meh-lech ma-l'chei ha-m'la-chim, ha-ka-dosh ba-ruch hu.

We must praise the God of all, the Maker of heaven and earth, who has set us apart from the other families of earth, giving us a destiny unique among the nations.

Therefore we bow in awe and thanksgiving before the One who is sovereign over all, the Holy and Blessed One.

שֶׁהוּא נוֹטֶה שָׁמֵים וְיוֹסֵד אֶבֶץ, וּמוֹשֵׁב יְקְרוֹ בַּשְּׁמִים מְמַעַל, וּשְׂכִינַת עַזּוֹ בְּגָבְהֵי מְרוֹמִים. הוּא אֱלֹהִינוּ, אֵין עוֹד. אֱמֶת מַלְבֵנוּ, אֶפֶס זוּלְתוֹ, כַּכָּתוּב בְּתוֹרְתוֹ: וְיָדַעְתְּ הַיּוֹם נְאֲכֶוֹ מִלְבֵנוּ, אֶפֶס זוּלְתוֹ, כַּכָּתוּב בְּתוֹרְתוֹ: וְיָדַעְתְּ הַיּוֹם נִשְּׁמֵים מִמְעַל וְהָבֶבֶךְ, כִּי יי הוּא הָאֱלֹהִים בַּשְּׁמֵים מִמְעַל וְעַל הָאָרֵץ מִּהְחַת, אֵין עוֹד.

Sheh-hu no-teh sha-ma-yim v'yo-seid a-retz, u-mo-shav y'ka-ro ba-sha-ma-yim mi-ma-al, u-sh'chi-nat u-zo b'gov-hei m'ro-mim. Hu Eh-lo-hei-nu, ein od. Eh-met mal-kei-nu, eh-fes zu-la-to, ka-ka-tuv b'to-ra-to: V'ya-da-ta ha-

yom va-ha-shei-vo-ta el l'va-veh-cha, ki Adonai hu ha-eh-lo-him ba-sha-ma-yim mi-ma-al v'al ha-a-retz mi-ta-chat, ein od.

You spread out the heavens and established the earth; You are our God; there is none else. In truth You alone are our Sovereign God, as it is written: "Know then this day and take it to heart: the Eternal One is God in the heavens above and on the earth below; there is none else."

Eternal God, we face the morrow with hope made stronger by the vision of Your deliverance, a world where poverty and war are banished, where injustice and hate are gone.

Teach us more and more to respond to the pain of others, to heed Your call for justice, that we may bring nearer the day when all the world shall be one.

On that day the age-old dream shall come true. On that day, O God, You shall be One and Your Name shall be One.

בּיּוֹם בַּהִים בַּהִים יִנִינִ יעוֹר יִנְמָלֵּבְ וֹמָטֵוּ אַטַׁר. וֹנֹאָטַר: וֹנִינִ יעונע לְטֵּלֶבְ הַלְּבְּבְּרְבִּעְבִּעֹר;

V'neh-eh-mar: V'ha-yah Adonai I'meh-lech al kol ha-a-retz;

ba-yom ha-hu yi-h'yeh Adonai Eh-chad, u-sh'mo Eh-chad.

I

ALEINU

עלינו

עְלֵינוּ לְשַׁבְּחַ לַאֲרוֹן הַכֹּל, לָחֵת נְּדָלָה לְיוֹצֵר בְּרֵאשִׁית, אַשֶּׁר שָׁם חַלְּקְנוּ לְיַחַר אָת־שָׁמוֹ, וְגוֹרְלֵנוּ לְהַמִּלִיךְ מַלְכוּתוֹ.

A-lei-nu l'sha-bei-ach la-a-don ha-kol, la-teit g'du-la l'yo-tzeir b'rei-sheet, a-sher sam chel-kei-nu l'ya-cheid et sh'mo, v'go-ra-lei-nu l'ham-lich mal-chu-to.

Let us adore the ever-living God! We render praise unto You, who spread out the heavens and established the earth, whose glory is revealed in the heavens above, and whose greatness is manifest throughout the world. You are our God; there is none else.

Va-a-nach-nu ko-r'im u-mish-ta-cha-vim u-mo-dim li-f'nei meh-lech ma-l'chei ha-m'la-chim, ha-ka-dosh ba-ruch hu.

We therefore bow in awe and thanksgiving before the One who is Sovereign over all, the Holy and Blessed One.

The day will come when all shall turn with trust to You, O God, hearkening to Your voice, bearing witness to Your truth.

We pray with all our hearts: let violence be gone; let the day come soon when evil shall give way to goodness, when war shall be forgotten, and all at last shall live in freedom.

O Source of life, may we, created in Your image, embrace one another in friendship and in joy. Then shall we be one family, and then shall Your sovereignty be established on earth, and the word of Your prophet fulfilled: "The Eternal God will reign for ever and ever."

On that day, O God, You shall be One and Your Name shall be One.

Ba-yom ha-hu yi-h'yeh Adonai Eh-chad, u-sh'mo Eh-chad!

Before the Kaddish

Our thoughts turn to those who have departed this earth: our own loved ones, those whom our friends and neighbors have lost, the martyrs of our people, and those of every race and nation whose lives have been a blessing to humanity. As we remember them, let us meditate on the meaning of love and loss, of life and death.

MEDITATIONS

1. Facing Death

The contemplation of death should plant within the soul elevation and peace. Above all, it should make us see things in their true light. For all things which seem foolish in the light of death are really foolish in themselves. To be annoyed because someone has slighted us or has been somewhat more successful in social distinctions, pulled himself somehow one rung higher up the ladder than ourselves—how ridiculous all this seems when we couple it with the thought of death!

To pass each day simply and solely in the eager pursuit of money or fame, this also seems like living with shadows when one might take one's part with realities. Surely when death is at hand we should desire to say, "I have contributed my grain to the great store of the eternal. I have borne my part in the struggle for goodness." And let no man or woman suppose that the smallest social act of goodness is wasted for society at large. All our help, whatever it be, is needed; and though we know not the manner, the fruit of every faithful service is gathered in. Let the true and noble words of a great teacher ring in conclusion upon our ears: "The growing good of the world is partly dependent on unhistoric acts; and that things are not so ill with you and me as they might have been, is half owing to the number who lived faithfully a hidden life and rest in unvisited tombs."

2. In Recent Grief

When cherished ties are broken, and the chain of love is shattered, only trust and the strength of faith can lighten the heaviness of the heart. At times, the pain of separation seems more than we can bear; but love and understanding can help us pass through the darkness toward the light.

Out of affliction the Psalmist learned the law of God. And in truth, grief is a great teacher, when it sends us back to serve and bless the living. We learn how to counsel and comfort those who, like ourselves, are bowed with sorrow. We learn when to keep silence in their presence, and when a word will assure them of our love and concern.

Thus, even when they are gone, the departed are with us, moving us to live as, in their higher moments, they themselves wished to live. We remember them now; they live in our hearts; they are an abiding blessing.

3. The Blessing of Memory

It is hard to sing of oneness when our world is not complete, when those who once brought wholeness to our life have gone, and naught but memory can fill the emptiness their passing leaves behind.

But memory can tell us only what we were, in company with those we loved; it cannot help us find what each of us, alone, must now become. Yet no one is really alone; those who live no more, echo still within our thoughts and words, and what they did is part of what we have become.

We do best homage to our dead when we live our lives most fully, even in the shadow of our loss. For each of our lives is worth the life of the whole world; in each one is the breath of the Ultimate One. In affirming the One, we affirm the worth of each

one whose life, now ended, brought us closer to the Source of life, in whose unity no one is alone and every life finds purpose.

4. The Life of Eternity

Life is finite. Like a candle, it burns, it glows, it is radiant with warmth and beauty; then it fades; its substance is consumed, and it is no more.

In light we see; in light we are seen. The flames dance and our lives are full. But as night follows day, the candle of our life burns down and gutters. There is an end to the flames. We see no more and are no more seen. Yet we do not despair, for we are more than a memory slowly fading into the darkness. With our lives we give life. Something of us can never die: we move in the eternal cycle of darkness and death, of light and life.

5. Strength for Those Who Mourn

In nature's ebb and flow, Your eternal law abides. As You are our support in the struggles of life, so, also, are You our hope in death. In Your care, O God, are the souls of all the living and the spirits of all flesh. Your power gives us strength; Your love comforts us. O Life of our life, Soul of our soul, cause Your light to shine into our hearts. Fill us with trust in You, and turn us again to the tasks of life. And may the memory of our loved ones inspire us to continue their work for the coming of Your sovereign rule.

However brief may be our time on earth, O God, You endow our fleeting days with abiding worth. We now recall the loved ones whom death has recently taken from us ... And as we remember those who died at this season in years past, we take them into our hearts with our own ... In this moment of memory,

our griefs and sympathies are mingled. Loving God, we praise Your name.

MOURNER'S KADDISH

קדיש יתום

יִהְרָאֵל, בַּהֹֹנְלָא וּבִוֹמֵן לֹרִיב' וֹאִמְרוּ: אָמֵן. וֹנִמְלִּיב מַלְכוּעִי בַּחַיֵּיכוֹן וּבְיוִמִיכוֹן וּבְוֹנִיכוֹן וּבְחַיֵּי בַכְּרְבִּיע וֹמְלִיב מַלְכוּעִי בְּחַיִּיכוֹן וּבְיוֹמֵיכוֹן וּבְּחַיֵּי בַכְּרְבּית

Yit-ga-dal v'yit-ka-dash sh'mei ra-ba b'al-ma di-v'ra chi-r'u'tei, v'yam-lich mal-chu-tei b'cha-yei-chon u-v'yo-mei-chon u-v'cha-yei d'chol beit Yis-ra-eil, ba-a-ga-la u-vi-z'man ka-riv, v'i-m' ru: A-mein.

Y'hei sh'mei ra-ba m'va-rach l'a-lam u-l'al-mei al-ma-ya.

Yit-ba-rach v'yish-ta-bach, v'yit-pa-ar v'yit-ro-mam v'yit-na-sei, v'yit-ha-dar v'yit-a-leh v'yit-ha-lal sh'mei d'kud-sha, b'rich hu,

l'ei-la min kol bir-cha-ta v'shi-ra-ta, tush-b'cha-ta v'neh-cheh-ma-ta da-a-mi-ran b'al-ma, v'i-m' ru: A-mein.

Y'hei sh'la-ma ra-ba min sh'ma-ya v'cha-yim, a-lei-nu v'al kol Yis-ra-el, v'im-ru: A-mein.

עשה שלום במרומיו, הוא יעשה שלום עלינו ועל כל-ישראל, ואמרו: אמן.

O-seh sha-lom bi-m'ro-mav, hu ya-a-seh sha-lom a-lei-nu v'al kol Yis-ra-eil, v'i-m-'u: A-mein.

Let the glory of God be extolled, and God's great name be hallowed in the world whose creation God willed. May God rule in our own day, in our own lives, and in the life of all Israel, and let us say: Amen.

Let God's great name be blessed for ever and ever.

Beyond all the praises, songs, and adorations that we can utter is the Holy One, the Blessed One, whom yet we glorify, honor, and exalt. And let us say: Amen.

For us and for all Israel, may the blessing of peace and the promise of life come true, and let us say: Amen.

• May the One who causes peace to reign in the high heavens, cause peace to reign among us, all Israel, and all the world, and let us say: Amen.

May the Source of peace send peace to all who mourn, and comfort to all who are bereaved. Amen.

אדון עולם

לְתַּע נַתְּהָׁם נִתְּהָם אָהָׁר מָלַר. בַּחָבׁם כָּלְ הַאָּר נִבְרָא.

A-don o-lam, a-sher ma-lach, b'teh-rem kol y'tzir niv-ra; L'eit na-a-sa v'chef-tzo kol, a-zai meh-lech sh'mo nik-ra.

וְאַחֲרִי כִּכְלוֹת הַכֹּל, לְבַרּוֹ יִמְלֹדְ נוֹרָא; וְאַחֲרִי כִּכְלוֹת הַכֹּל, לְבַרּוֹ יִמְלֹדְ נוֹרָא; וְהוּא הְיָה וְהוּא הְיָה וְהוּא הֹיָה בְתִפְּאָרָה.

V'a-cha-rei kich-lot ha-kol, l'va-do yim-loch no-ra; V'hu ha-ya, v'hu ho-veh, v'hu yi-h'yeh b'tif-a-ra.

וְהוּא אֶחָר, וְאִין שׁנִי, לְהַמְשׁיל לוֹ, לְהַחְבִּירָה; בְּלִי תֻבִּלִית, וְלוֹ הָעֹז וְהַמְשֹׁרָה.

V'hu Eh-chad, v'ein shei-ni l'ham-shil lo, l'hach-bi-ra; B'li rei-sheet, b'li tach-lit, v'lo ha-oz v'ha-mis-ra.

וְהוּא אַלִי, וְחֵי גּאַלִי, וְצוּר חֶבְלִי בְּעֵת צָרְה; וְהוּא אַלִי, וְחֵי גּאָלִי, וְצוּר חֶבְלִי בְּעֵת צֶרְה;

V'hu Ei-li, v'chai go-a-li, v'tzur chev-li b'eit tza-ra; V'hu ni-si u-ma-nos li, m'nat ko-si b'yom ek-ra.

וֹמם בנט גוניטי: יי לי, וֹלא אוראי

B'ya-do af-kid ru-chi, b'eit i-shan v'a-i-ra; V'im ru-chi g'vi-ya-ti; Adonai li, v'lo i-ra.

You are the Eternal God, who reigned before any being had been created; when all was done according to Your will, already then you were Sovereign. And after all has ceased to be, still will You reign in solitary majesty; You were, You are, You will be in glory. And You are One; none

other can compare to You, or consort with You; You are without beginning, without end; Yours alone are power and dominion. And You are my God, my living Redeemer, my Rock in time of trouble and distress; You are my banner and my refuge, my benefactor when I call on You. Into Your hands I entrust my spirit, when I sleep and when I wake; and with my spirit, my body also: You are with me, I shall not fear.

יגדל

אַטָר וְאֵין יָחִיר כִּיחוּרוֹ, נְעְלָם וְגִם אֵין סוֹף לְאַחְרוּחוֹ. 1 יִגְרַל אֶלְהִים חַי וְיִשְׁתַבַּח, נִמְצָא וְאֵין עֵח אֶלְ-מְצִיאוּתוֹ.

Yigdal Eh-lo-him chai v'yish-ta-bach, nim-tza v'ein eit el m'tzi-u-to. Eh-chad, v'ein ya-chid, k'yi-chu-do, neh-lam v'gam ein sof l'ach-du-to.

2 אין לו דמות הגוף ואינו גוף, לא נערוד אליו קדשתו. קדמון לכל-דבר אשר נברא, ראשון ואין ראשית לראשיתו.

Ein lo d'mut ha-guf, v'ei-no guf, lo na-a-roch ei-lav k'du-sha-to. Kad-mon l'chol da-var a-sher niv-ra, ri-shon v'ein rei-sheet l'rei-shi-to.

3 הנו אדון עולם. לכל נוצר יורה גדלתו ומלכותו.

Hi-no a-don o-lam. L'chol no-tzar yo-reh g'du-la-toh u-mal-chu-toh. Sheh-fa n'vu-a-to n'ta'no, el an-shei s'gu-la-to v'tif-ar-to.

4 לא קם בִּישַׂרָאֵל כְּמשֶׁה עוֹד, נְבִיא וּמַבִּיט אֶת־חָמוּנְחוֹ.
הוֹרַת אֵמֶת נְתַן לְעַמוֹ אֵל, עַל יֵד נְבִיאוֹ נָאֶמֵן בֵּיחוֹ.

Lo kam b'yis-ra-eil k'mo-sheh od, na-vi u-ma-bit et t'mu-na-to, To-rat eh-met na-tan l'a-mo Eil, al yad n'vi-o neh-man bei-to. זופה ויודת סתרוני, מבים לסוף דבר בקדמתו. צופה ויודע סתרוני, מבים לסוף דבר בקדמתו.

Lo ya-cha-lif ha-eil, v'lo ya-mir da-to, l'o-la-mim l'zu-la-to. Tzo-feh v'yo-dei-a s'ta-rei-nu, ma-bit l'sof da-var b'kad-ma-to.

6 גוֹמֵל לְאִישׁ חֶסֶד כְּמִפְּעָלוֹ, נוֹתוֹ לְרָשָׁע רַע כְּרִשְׁעָתוֹ. יִשְׁלַח לְכֵץ יָמִין פְּדוּת עוֹלָם, כָּל־חֵי וְיִשׁ יַכִּיר יְשׁוּעָתוֹ.

Go-meil l'ish cheh-sed k'mif-a-lo, no-tein l'ra-sha ra k'rish-a-to. Yish-lach l'keitz ya-min p'dut o-lam, kol chai v'yeish ya-kir y'shu-a-to.

יוני עוֹלְם נְטֵע בְתוֹכֵנוּ, בְרוּך עֲדִי עֵד שֵׁם חְּהַלְּתוֹי. 7 Cha-yei o-lam na-ta b'to-chei-nu, ba-ruch a-dei ad sheim t'hi-la-to.

Magnified be the living God, praised, whose existence is eternal, One and Unique in that unity, the unfathomable One whose Oneness is infinite.

A God with no bodily form, incorporeal, whose holiness is beyond compare, who preceded all creation, the Beginning who has no beginning.

You are Eternal Might, who teach every creature Your greatness and sovereignty, with the gift of prophecy inspiring those whom You chose to make Your glory known.

Never has there been a prophet like Moses, whose closeness to You is unmatched. A Torah of truth You gave Your people through Your prophet, Your faithful servant.

A changeless God, ever the same, whose teaching will stand, who watches us and knows our inmost thoughts, who knows all outcomes before events begin.

You give us each what we deserve, the good and bad alike. In the end of days You will send an everlasting redemption; all that lives and has being shall witness Your deliverance.

You have implanted eternal life within us; praised be Your glory to all eternity!

אין כאלהינו

אין כמלכני, אין כמדוניני.

Ein kei-lo-hei-nu, ein ka-do-nei-nu, ein k'mal-kei-nu, ein k'mo-shi-ein-u.

לה כשל כנול לה לה למוחית נול? לה כאל ביונול לה למוחית נול?

Mi chei-lo-hei-nu? Mi cha-do-nei-nu? mi ch'mal-kei-nu? Mi ch'mo-shi-ei-nu?

נוֹדָה לִמְלֹבֵנוֹ, נוֹדָה לַמִּרוֹנֵוֹ.

No-deh lei-lo-hei-nu, no-deh la-do-nei-nu, No-deh l'mal-kei-nu, no-deh l'mo-shi-ei-nu.

בֿרוּב מֹלְכֹנוּ, בֿרוּב מוְהֹתֹנוּ. בֿרוּב מֹלְכֹנוּ, בֿרוּב מוְהֹתֹנוּ.

Ba-ruch Eh-lo-hei-nu, ba-ruch A-do-nei-nu, ba-ruch Mal-kei-nu, ba-ruch Mo-shi-ei-nu.

אַתָּר הוּא מֵלְכֵנוּ, אַתָּר הוּא אַרוֹנְינוּ. אַתָּר הוּא מֵלְכֵנוּ, אַתָּר הוּא אַרוֹנְינוּ.

A-ta hu Eh-lo-hei-nu, a-ta hu A-do-nei-nu, a-ta hu Mal-kei-nu, a-ta hu Mo-shi-ei-nu.

There is none like our God, our Sovereign, our Redeemer.
Who is like our God, our Sovereign, our Redeemer?
We give thanks to our God, our Sovereign, our Redeemer.
Praised be our God, our Sovereign, our Redeemer.
You are our God, our Sovereign, our Redeemer.

שבת המלכה

הַחַפָּה מָרֹאשׁ הָאִילְנוֹת נִסְתַּלְּקָה, רְּאוּ וְנִצְא לִקְרָאת שַׁבְּת הַמַּלְכָּה. הַנָּה הִיא יוֹרֶדֶת, הַקְּרוֹשָׁה הַבְּרוּכָה, וְעִפָּה מַלְאָכִים, צְבָא שָׁלוֹם וּמְנוּחָה. בְּאִי בְּאִי הַמַּלְכָּה! בְּאִי בְּאִי הַכַּלָּה! שָׁלוֹם עֲלֵיכם, מַלְאָכֵי הַשָּׁלוֹם.

The sun on the treetops no longer is seen,
Come gather to welcome the Sabbath, our queen.
Behold her descending, the holy, the blessed,
And with her the angels of peace and of rest.
Draw near, draw near, and here abide,
Draw near, draw near, O Sabbath bride.
Peace also to you, you angels of peace.

כי אשמרה שבת

כי אִשְׁמִרָּה שַׁבָּת, אֵל יִשְׁמְרֵנִי. אות היא לעולמי עד, בִּינוֹ וּבִינִי

Ki esh-m'ra Shabbat, Eil yish-m'reini. Ot hi l'o-l'mei ad, bei-no u-vei-ni.

> When we keep Shabbat, God keeps us; It it a sign between God and Israel for ever...