News from B'nai Zion

July 2018 / Tammuz — Av 5778

FROM RABBI JANA...

LAZY, HAZY, CRAZY DAYS OF SUMMER



Y'all know that I am a Yankee. I was born and raised in New York state. You have heard me say that as much there is a lot that I love about living here in the deep south, I miss having four seasons. I miss watching the leisurely change of foliage in the fall. I actually miss the special silence after a newly fallen snow covers everything. I have mixed feelings about summer. On one hand, none of the places where my family lived had air conditioning. Having fans blow hot air around never made me feel cooler. In Shreveport the heat is... really hot. I really appreciate having air conditioning everywhere. Summer heat seems to last way longer here than what I was taught was supposed to be the duration of a season. Sometimes I realize that I swapped one difficult season: winter, for another one: summer. I remember having to brace myself in the winter just to open the door to go outside. The cold would hit hard as soon as the door was open, and it would painfully follow you everywhere you went while you were outside. It made it difficult to breathe (although it was kind of fun to exhale "clouds" with every breath until it fogged up your glasses so that you couldn't see). I realized that it is a lot like when I open the door here in the summer - The heat hits hard as soon as I open the door, and it painfully follows everywhere I go while I am outside. Breathing is difficult in the heat, but instead of breathing clouds, I sweat rivers.

Some people are outdoor kinds of people. In the winter they would look forward to waking up early to be in the freezing weather so that they could ski. In the summer, they look forward to swimming all day. I look forward to the indoor things that the seasons encourage: like reading by a fire in the cold of winter, or relaxing and sipping iced tea in the heat of summer.

I realized that part of why I love the seasons is that they are moments in time when I am aware of what is around me. I stop to appreciate the awesome wonders that exist in the world. All of my senses participate.

If you get a chance to take a break during the summer: whether it is a vacation to somewhere else, or just a moment to sit and sip something refreshing, perhaps it can remind you that in some ways, that is what Shabbat is supposed to be for us every week. Each week we are supposed to take a vacation from the every day stuff, and appreciate what it is to just breathe the air - whether it is hot or cold. We should look around us and appreciate the wonders of the world, and be grateful for friends and family. When you come to B'nai Zion on Shabbat, it makes it easier to experience a mini-vacation. It could be that you join us on Friday evening, when you sit in our comfortable sanctuary, surrounded by friendly people, and then enjoy something refreshing before you leave. If you join us on Saturday morning, you sit around a table enjoying refreshments and friendly people who are being inspired and inspiring each other. Shabbat experiences help to refresh you for the rest of the week.

Summertime can feel like a long, extended Shabbat. Even when it is really hot.

One of the conversations I often have with people during a surprise encounter when we are out and about is that they would be happy to see me, but then "confess" that they haven't been a "good Jew" because they haven't come to services. I always say that coming to services is not necessary for being a "good Jew." There are so many things that we do in our lives to (as I always say) take care of ourselves, take care of each other, and take care of this world, that don't include going to services, that I think are part of what makes us "good Jews." Perhaps I should add that coming to services is not a requirement, but it enhances all of the other things we do to be good people. The prayers remind us to think about where we have been, who we are connected to, what is important to us - whether it is appreciating the world around us, wanting ideas about how to make the world a better place, connecting to other people in meaningful ways, or giving us moments of nostalgia and hope for the future.

Air conditioning makes the hot days and nights enjoyable. B'nai Zion can be your soul-conditioner. During the summer, enjoy the longer Shabbat days. Take time to refresh your soul. I hope to see you soon.

Bivrakha (with blessing),

Rabbi Dr. Jana De Benedetti

From our President, Jon Black



Some of you care about the education of our students, and the future of Judaism. Please serve on the Education committee. Some of you are great at making new people feel welcome, and finding ways to get people together. Please serve on the Membership committee. Some of you care about the history of the congregation. Please serve on the Cemetery committee. These are just a

few examples of the kinds of things that you already care about, and where we need you. Please contact Rabbi Jana, me or the office if you want to help our congregation, or want to suggest someone who may be a good person to help us.

I know that every congregant has something wonderful to contribute to the wellbeing of our congregation. Now is the time to decide what that is for you, and help enrich B'nai Zion.

This month we will have Shabbat services that end way before it gets dark, which means that we hope to see you at services and programs during the summer.

B'nai Zion Board of Trustees 2018 - 2019

President Jon Black Vice President Kathy Plante Treasurer Rick Murov

Secretary

Tim Mills

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Brotherhood David Brainis
Sisterhood Bethany Sorkey

Sharon Goldman Randy Greengus David Kaufman Charlton Meyer, III Herb Miller

Anna Myers Rachel Robichaux

Sue Rubenstein

Rachel Stuart-Haas

July Birthdays

2-	Lauren Hollis	14-	Richard Muslow	21-	Noah Sorkey
2-	Caden Lacobee	14-	Michael Toys	24-	Brennan Hussey
7-	David Saphier	15-	Leah Sorkey	24-	Austin Toys
10-	Ana Murov	15-	Cole Turner	25-	Floy Rabinowitz
11-	Helaine Braunig	16-	Norman Warnock	26-	Charles Kesilman
11-	Harvey Rubin	17-	Carol Ginsburg	27-	Heidi Kallenberg
13-	Kathryn Brodnax	17-	Benjamin Kaufman	28-	Jay Graff
13-	Gary Fox	19-	Jessica Rosa Maxey	28-	Jackie Nierman
13-	Timothy Mills	19-	Parker Suckle	28-	Angie Noelani
14-	Jon Black	19-	Kay Whittington	29-	Ann Nuckolls
14-	E. Deborah Dlin	20-	Suzee Robison	29-	Katherine Suckle

July Anniversaries

2	Theresa & Arthur Mintz	9	Katherine & Aaron Suckle	27	Marla & Perry Hyman
3	Patti & Stephen Parker	12	Maureen & Rick Murov	27	Laurie & Steven Levine
5	Cary & Charles Rogers	13	Lisa & Herbert Miller	27	Katie & Matthew Muslow
8	Bonnie & Charles Kesilman	25	Paula & Ben Sour	31	Berte & Ike Muslow

Jewish Directory:

The Jewish Directory will be available in July for purchase from the Sisterhoods of B'nai Zion and Agudath Achim. They will cost \$5 each from the office, or with an additional postage fee if mailed to you. The Directory is a joint effort between the Sisterhoods from both congregations. Purchases from B'nai Zion will benefit the B'nai Zion Sisterhood, and purchases from Agudath Achim will benefit the Agudath Achim Sisterhood.

Tributes

CAMP SCHOLARSHIP

In Memory Of:

Richard Stuart

The Hollis Family

CEMETERY

In Memory Of:

Henry Clark

Harriette Glazer

Lionel Eltis

Harriette Glazer

Sadie Friedman

Herman Van Os

Fritz Glazer

Harriette Glazer

Jay Glazer

Harriette Glazer

Richard Stuart

Harriette Glazer

GENERAL

In Memory Of:

Henry Elaine Dreyfuss

Sue & David Rubenstein

Lionel Eltis

Margaret & Bob Anderson

David Bahcall & the Employees

of Complete Supply

Helaine & Bill Braunig

Citizens National Bank

Peyton Cole

Jackie & Sheldon Fleschman

Dr. & Mrs. Carl Goodman

Bonnie & Mike Grossfeld

Michal & Jack Hillman

Eileen & Robert Jalnos

Marcia Katzenstein

Marcia & Jim Levy

Barry Murov & Hedy Ehrlich

Ellis and Beth Murov

GENERAL

In Memory Of:

Lionel Eltis (continued)

Susan Murov

Marci & Miles Nelson

Patty & Rich Poline

Connie & Donald Posner

Lynn & Kent Regenstein

Lynn & Armand Roos

Diane Roosth

Mandel Selber Jr.

Molly & Robert Stewart

Deborah & James Vink

Drs. Paula & Carl Zielonka

Lionel & Shirley Eltis

Suzee & Ardis Robison

Merrilee Streun-Leatherman

Ansel Harris

Ansel Harris, Jr.

Gloria Mever

Dr. & Mrs. Carl Goodman

Jean Muslow

Barbara & Edgar Newstadt

Gerald Posner

Connie & Donald Posner

Corinne Roos

Connie & Donald Posner

Maurice Scheinberg

Mimi Meriam

Flo Selber

Dr. & Mrs. Carl Goodman

Marcia & Jim Levy

Sue & David Rubenstein

Lvn & Car Schmulen

Lyn & Car Schindlen

Dede & Connie Weil

Richard Stuart

Lisa & Charles Boardman

Helaine & Bill Braunig

The Fedderson Family

Ianie Robertson Parker

GENERAL

In Memory Of:

Richard Stuart (continued)

Jane & Allan Pirnique

Connie & Donald Posner

Paula & Robert Reynolds

Carolyn Robinson

Lynn & Armand Roos

The Sibal family

RABBI'S DISCRETIONARY

In Memory Of:

Rachel Almeleh Page

Mandel Selber Jr.

Richard Stuart

Donna & Randy Greengus

Francine & Jerald Perlman

RELIGIOUS SCHOOL

In Honor Of The B'nai Mitzvah:

Ben and Luke Muslow

Harriette Glazer

In Memory Of:

Gloria Meyer

Helaine & Bill Braunig

Flo Selber

Helaine & Bill Braunig

SHFTY DONATIONS

In Memory Of:

Lionel Eltis Lionel Eltis

Mark Kaplan & Betsy Kaplan Beall

Special Events

Together Tuesday: July 3 is the first Tuesday of the month, and is a "Together Tuesday." Join Rabbi Jana under the Texas Street bridge at 6 PM. August 7 will be the next one.

Simcha Shabbat: 6 PM Friday, July 6 we will celebrate everyone with birthdays or anniversaries in July at our Simcha Shabbat. August 3 will be the next one.

Camp Chai will be at B'nai Zion Mondays through Fridays from July 16– July 27. For details or an application contact the Jewish Federation, the B'nai Zion office or the website.

KID-dush Shabbat will be 9-9:30 July 21. A fun way for children to experience a Shabbat service.

What Would You Do? 2-3 PM Wednesday, July 25 Rabbi Jana will lead a discussion about Ethical Dilemmas from a Jewish Perspective at the Ballroom at the Tower of the Oaks. Call 212-2322 for reservations. August 29 will be the next one.

From our Education Director, Barbara Joseph



I recently returned from the Institute of Southern Jewish Life's sixteenth annual Education Conference. Rebecca Austin and I benefitted greatly from the wonderful speakers, including Rabbi David Stern of Temple Emanu-El in Dallas, Texas. Emanu-El has many more members than both Shreveport synagogues combined, but I found it interesting that he tries to make his "large congregation feel like a small congregation." He also spoke about the Teacher as a Learner, and how the educational values of relationships, conflict and text usually outweigh students' memories of content. All the while, he snuck in lots of content, including 6th century Talmudic text that related directly to quotes about social justice and contemporary academic citations on neuroscience.

The ISJL Education Curriculum is a spiraled curriculum, in which students revisit key content areas with increased sophistication as they progress through the curriculum. This summer we received updated versions of the second and third grade curricula. Second grade has content focusing on Community, Israel, Culture and Lifecycle. Third grade centers on Mitzvot, TaNaKh and God. These two grades also contain information about the holidays, evolving each year from first through fifth grade, to build on prior knowledge and understanding. I look forward to our use of the Family Letters included with the curriculum – these letters can go home with students each day of Religious School, and give parents questions to ask, as well as links to songs and other resources relevant to the day's activities.

One of the reasons that the ISJL curriculum exists is so that schools who have no trained Jewish educators could have novice teachers use the curriculum successfully. All it takes is a desire to help students learn about Judaism. We have some teachers who have been teaching at our Religious School for a few years. We also have some classes that do not have teachers yet. Please consider teaching our children. We need you to help. If you feel you do not know enough to teach, you can teach! The curriculum gives anyone the foundation to nurture students' Jewish identity, providing big ideas, scripts, time estimates, and a variety of activities that address different learning (and teaching) styles. And if you feel like you do have a specific skill or area of expertise (Jewish or otherwise), you can teach! The Education team is ready to help you incorporate your contribution into the curriculum. The hours and dates are flexible - helping with Religious School does not mean you are obligated to the whole morning, or the whole calendar. Let's talk about what will work best for you.

Other ways to help include:

Assist a teacher (or team teach)

Craft projects for younger kids

Discussion groups

The benefits are great! Being involved with the Religious School models to our children and young families the importance of:

continued learning as an adult

the continuity of Jewish communal life

L'dor v'dor – one generation passing down values to the next generation

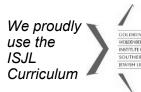
Jewish education depends on the entire community – please call Barbara at the BZ office or email bjoseph318@gmail.com today to discuss your role.

On the facing page I am sharing thank you notes from some of the entities that received tzedakah funds from the Religious School in May. Students in the fourth, fifth, sixth and seventh grades spent much time and effort researching potential recipients that could increase "justice" in the world. Please share these notes from the Good People Fund and American Jewish World Service with your children. I believe they will appreciate knowing exactly what these organizations will do with their donations.

I look forward to seeing students of all ages at our Pool Party on August 5th!

B'nai Zion Summer Films

Let the Rabbi know if you would like to join her watching movies after services on Friday nights during the summer. We serve pizza and popcorn. Watch for details about which movies will be showing later in July.



Thank You Notes from Religious School Tzedakah Recipients B'nai Zion Religious School Barbara Joseph, Educational Director 245 Southfield Road lativary felt that I had a responsibility to fix the world. This imperative is not an easy legacy for lews to the world. This imperative is not an easy legacy for lews felt that I had a responsibility to do our part. The world and there are a lot of problems, and it can be very painful you do our part. All that I had a responsibility to do our part. All that I had a responsibility to do our part. But we do have a responsibility to do our problems. But we do have a responsibility to all about." The world is a lot of problems are the world in the world in the service of the people it serves, and this is what development is all about." The world is a lot of the people it serves, and this is what development is all about. The people it serves, and this is what development is all about. reveport, LA 71105 DEAR RELIGIOUS SCHOOL STUDENTS: Yasher koach and awesome! We were so excited to receive your \$500 donation and are honored that you have entrusted us with these very important dollars to distribute. Rest assured that your *tzedokoh* will be used wisely at recipient organizations. Meryl Frank, Former U.S. Ambassador to the U.N. Commission on the Status of Women Because of your generosity children living with cancer in their family can enjoy a much-welcomed break; kids in low-income areas will have much needed sports equipment, hungry people will have food to eat; refugees will have access to job-training and careers, and so much more. So many people will benefit from your kindness. You should be proud of all that you accomplished at religious school. Not only have learned about treedskah, but you have set a wonderful example of what it means to practice treedskah. Thank you for joining us on our journey to repair the world! Naomi K. Eisenberger Naomi K. Eisenberger Executive Director The Good People Fund ou may know, the Hebrew word commonly translated as "charity" – tzedakah – actually has a had been subsequently translated as "charity" – tzedakah – actually has a had been subsequently to the subsequently translated as "charity" – tzedakah means juriste and had tzedakah commonly translated as "charity" – tzedakah — actually translated as "ch Jody Harburger Evelyn Herwitz Erik Lindauer, Treasurer teve Moehlman The Good People Fund (EIN #26-1887249) is a non-profit org exempt under the 501(c)(3) section of the Internal Revenue c

North Louisiana Special Events in July

The North Louisiana Jewish Federation will have it's Annual Meeting at Wine Country Bistro on Line Avenue on Tuesday, July 17. The event will start at 5:30 and dinner will be served at 6. You must make at reservation and be a member of the Federation to attend. Contact Federation office for information: 868-1200, Director@JewishNLA.org

Campers, their families, and Camp Chai staff are invited to a pizza party at Rotolo's Pizzeria on Tuesday, July 10, from 6 to 8 PM. The Federation will supply the pizza, and we can visit and get to know each other before camp starts. You can sign up for camp at the event and pay by check or credit card! See you there!

The North Louisiana Jewish Film Series continues on July 24 with a 10:30am showing of "An American Tail" at The Robinson Film Center. Camp Chai will be in attendance, and you can be too! If you would like your name to be on the big screen at our Film Series screenings, please contact the Federation office for details. You can send a check or pay with your credit card. Please consider underwriting our series, come to the movies, and thanks!

Don't Forget to Help and Thank You to Everyone Who Does Help

In addition to the B'nai Zion library, we now have a way for children to donate or take books and toys. Bring books... take books. Look for the bookshelf in the lobby in front of Lefkowitz Hall. Enjoy! Thank you!

Thanks to everyone who has registered B'nai Zion for donations when you shop at Kroger. This past quarter 31 households have contributed to our \$126.84 donation. Thank you!

Smile.Amazon.com orders have contributed to B'nai Zion receiving \$420.65 so far. Thank you to everyone who makes purchases at Smile.Amazon.com that also generate donations to B'nai Zion!

Yahrzeits: May Remembering Them Be A Blessing

July 1 to July 7, 2018

Elinor Abramson

Mary T. Wile Badt 32-21

Randolph C. Bailey, Jr.

Lena G. Baron

Julius Baskind

J. R. Dawson

Gertrude Feiner

Gladys Gugenheim

Lester Haas

Augustus Hirsch 34-01

Rose Mandel

Irvin Nierman

Juliet Perlstein Simon 15-23

July 8 to July 14, 2018

Regina Braunig 33-22

Bernard Henry Hirsch

Johanna Newstadt Horn

Morris Hyman

Mr. W. Zolley Lerner

Ivan Lewis Lustberg

Israel Meisel 15-04

Harvey Miller

Joe M. Murov 23-24

Babette G. Rabe

Valerie Roos 11-15

Wilhelmena Sour

Dave Spitzer 22-09

Mildred Marie Speed Stahl 33-08

Louis Weiss

July 15 to July 21, 2018

Paul D. Abramson, Sr.

Robert Baskowitz

Virginia E. Bergman

M. Leslie Cruvant 32-17

Norman Dlin

Mildred "Tootsie" Gamm

Florence Goldberg 14-17

Sandra Eileen Goldberg 11-17

Albert Goldsholl

Carrie Heidengsfield

Mr. A. Adler Hirsch 34-02

Dorothy Kaplan 43-25

Ivan Lewis Lustberg

Anna Kest Mantinband

Henry T. Meyer M09

Bertha Ober Miller

Rosa Morris

Charles Murov 14-16

Sylvia Muslow

Miss Fane Phelps

Max Rosenbloom

I. Ed Wile 42-02

Doris Zwick

July 22 to July 28, 2018

Mary Goldstein Abramson 25-18

Arthur Anisman

Philip A. Bergman

Warren Leroy Courtney

Leo Friedman

Abe Goldman

Fannie B. Heilperin 13-08

Marshall C. Keith 14-25

David Kessler

Ned Michael Lazarus

Minnie P. Manasseh 21-16

Ida B. Rosen 14-19

Sam Rubenstein 22-07

Neta Murphy Shaw

Lisa Weber Shields

Barbara Simon

Horace Simon

Ben Sour

Elaine Toys

July 29 to August 4, 2018

Helen Badt 41-01

Alfred E. Bailey

Anne Lamberton Belser

Lila Bernstein

Rosina Willer Gamm

Alisa Ginsburg

Betty Goldman

August Goldstein

Bessie Nossek Herold

Elaine Herold

Mimi Wile Hussey 42-01

Kate Kahan 25-14

Sara R. Kaplan 11-13

Irene K. Kessler

Lillian Levy

Rabbi Charles Mantinband

Thelma Mills

Anita Ott

Abraham Schlinsky

Irving H. Selber 24-22

Lena Spring

Louis Stein

Boris Weinstein 44-24

Florence L Wiener 13-07

A L Winer

B'nai Zion tradition is to read the Yahrzeit names during Shabbat services at the end of the week that included the anniversary of the death. Numbers following a name in the above list denotes Memorial Plaque Location:

For example 13-06 is found on:

Board 1 (near sanctuary)

Column 3 (from left) Row 6 (from top)

Board M is the large Marble stone near the stairs

Shabbat Schedule

Friday Evening Service - 6:00 PM Saturday Torah Study - 9:45 AM Saturday Morning Service - 11:00 AM



Summer Office Hours

Monday through Friday 9 AM-12 PM

No Business on Shabbat or Holidays

Call for an appointment to meet with the Rabbi

July 2018 / Tamuz ~ Av 5778								
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday		
1 18th of Tamuz	2 19th of Tamuz	3 20th of Tamuz 6 PM Together Tuesday under Texas Street Bridge	4 21st of Tamuz	5 22nd of Tamuz	6 23rd of Tamuz Simcha Shabbat Shabbat Service 6 PM 8:07	7 24th of Tamuz Pinchas Torah Study & Service 9:45 AM-12 PM 8:55		
8 25th of Tamuz	9 26th of Tamuz	10 27th of Tamuz NLJFed Camp Chai Campers, Staff, Families Pizza Party 6-8 Rotolos C&C	11 28th of Tamuz	12 29th of Tamuz	13 1st of Av Rosh Chodesh Av Shabbat Service 6 PM 8:05 🛓	14 2nd of Av Matot-Masei Torah Study & Service 9:45 AM-12 PM 8:53		
15 3rd of Av	16 4th of Av NLJFed CAMP CHAI 9-2 at BZ	17 5th of Av NLJFed CAMP CHAI 9-2 at BZ NLJFed Annual Meeting and Dinner for members Wine Country Bistro on Line 5:30 PM Reservations Needed	18 6th of Av NLJFed CAMP CHAI 9-2 at BZ	19 7th of Av NLJFed CAMP CHAI 9-2 at BZ	20 8th of Av NLJFed CAMP CHAI 9-2 at BZ Shabbat Service 6 PM 8:02 11	21 9th of Av Devarim Shabbat Chazon KID-dush Shabbat 9-9:30 AM Torah Study & Service 9:45 AM-12 PM Erev Tish'a B'Av 8:49		
22 10th of Av Tish'a B'Av	23 11th of Av NLJFed CAMP CHAI 9-2 at BZ	24 12th of Av NLJFed CAMP CHAI 9-2 at BZ NLJFed Film Series: An American Tail 10:30 AM at Robinson Film Center	25 13th of Av NLJFed CAMP CHAI 9-2 at BZ Ethical Dilemmas 2-3 Tower at the Oaks	26 14th of Av NLJFed CAMP CHAI 9-2 at BZ	27 15th of Av Tu B'Av Shabbat Service 6 PM 7:58 \$\$	28 16th of Av Vaetchanan Shabbat Nachamu Torah Study & Service 9:45 AM-12 PM 8:45 \$		
29 17th of Av	30 18th of Av	31 19th of Av						

Planning Ahead:

Aug 5: Religious School Pool Party Sep 16 First Day of Religious School Aug 10: Blessing of the Backpacks Sep 19 : Yom Kippur

s Sep 10: Rosh Hashanah Oct 7: First Day of Hebrew School B'nai Zion Congregation 245 Southfield Road Shreveport, LA 71105-3608



(318) 861-2122 office BnaiZionOffice@gmail.com www.bnaizioncongregation.org Rabbi Dr. Jana L. De Benedetti

Henry S Jacobs Camp First Session 2018 B'nai Zion Campers and Counselors get a visit from Rabbi Jana & Max.



In consideration of the Mitzvah of "Bal Taschit" - not wasting, we are only printing copies of the news to send to people who request them. The news is always available online, in emails and in the congregational calls. We appreciated the feedback we have received from people who love having the paper version and people who love accessing the information online.