News from B'nai Zion

August 2018 / Av ~ Elul 5778 **★**

FROM RABBI JANA...

WHAT AN HONOR

The saddest day of the Jewish calendar is over. It is time to tell a few jokes...

Have you seen the t-shirt that says, "Let's eat, Grandma" and "Let's eat Grandma" – the first one is obviously inviting Grandma to join them for food, and the other is suggesting that Grandma is what is going to be eaten (yuck – not kosher!) In fact, the t-shirt also says that "commas save lives."

The importance of a comma also applies to the title of this message. I hope people will see: "What an honor!" With the intention that when anyone participates in activities for B'nai Zion, it is an honor. Instead, sometimes it feels like people understand it as: "What? An honor?" Which could either mean that you don't feel like you deserve an honor, or you are not going to do whatever it is that we are asking.

The other joke is a story about a Rabbi and the new President of the synagogue (Please remember that this is not a real situation – just a joke.) The Rabbi says that, as the new President of the congregation, he will be honored with the most important Aliyah of the year – blessing the Torah for a High Holy Day service. The President panics – he pleads with the Rabbi not to make him chant Hebrew in front of the congregation. He is worried that he will mess up. He doesn't think that his Hebrew is good enough. He doesn't want the position of the President to be besmirched due to his "performance." He thinks that the congregation would rather not see him take this honor – and argues that it would be better to give it to someone else. He refuses to do it. The Rabbi explains that, as the new President, the congregation would feel that he is besmirching the position by not having an honor during the High Holy Days. However, seeing how stressed the idea of chanting Hebrew is for the President, he is offered a different honor – one without a speaking part. The Rabbi says that the President could dress the Torah after it is read. The Rabbi explains that all the President needs to do is put the mantle and breastplate on after the Torah has been open for everyone to see. Then the President can return to his seat. The President gratefully accepts this non-speaking honor. The big moment comes – the Torah is read and blessed, then it is lifted. The President takes the mantle and breastplate, puts them on, and returns to his seat. The Rabbi runs after him and calls out – put them on the Torah, not on you! (Not an actual story. I hope you thought it was funny enough to be a joke. In real life, this Rabbi is ready to help you, so you don't embarrass yourself, and it truly is an honor.)

It feels like many people think of honors as stressful and not joyful. The word means "going up." It is a way to help you and the congregation reach a higher spiritual place. It is joyful to participate – even if you feel nervous in front of others. Everyone should be glad to see that you are participating. At B'nai Zion we try to take the stress out of getting an Aliyah. We invite you to help bless the candles or the lead us in the Kiddush. There are many ways to help you with the Hebrew – including opting out of doing the Hebrew at all. During the High Holy Days there are many honors that don't include reading anything at all: opening and closing the Ark, dressing and undressing the Torah, lifting the Torah. We also honor people by having them read translations of the Torah or Haftarah portions – and we need people to chant or recite the blessings for the Torah and Haftarah.

I hope that you always know that it is an honor to be part of B'nai Zion, a Kehillah Kedoshah —" Holy Congregation." Would you also accept an honor to participate in the High Holy Day services? Please contact me to let me know which honor you would like, or please accept the honor if it is offered to you.

Bivrakha (with blessing),

Rabbi Dr. Jana De Benedetti

Who is Reading This?

We would like to know how you feel about the new ways we have of telling you about what is happening at B'nai Zion. Are you reading this online or did we send you a printed version? Do you appreciate the weekly emails or voice calls? Is there something else you would like us to do to keep you informed? Hearing from you helps us.



From our President, Jon Black



What does being Jewish mean to you? What can B'nai Zion Congregation do to help you connect to your Judaism either religiously, spiritually or socially?

These are questions I find myself asking as I complete my first three months as your President. My goals are simple: explore ways to make it

more desirable for our congregants to get involved and to help make B'nai Zion better for the future of our next generation and our next leaders.

In past years Jerie and I would attend Shabbat Services on average about six or seven times a year. We were there for Jerie's father's and my mother's Yahrtzeit, a Bar or Bat Mitzvah or occasionally we would just decide to go. It was always hard to make the commitment to actually get to service for 6:00 on Friday; however, EVERY time we attended we were really happy to be there and to experience Rabbi Jana's Shabbat Service -

B'nai Zion Board of Trustees 2018 - 2019

President Jon Black Vice President Kathy Plante Rick Murov Treasurer Rachel Robichaux Secretary Past President Gary Abrams Brotherhood David Brainis Sisterhood Bethany Sorkey Sharon Goldman Randy Greengus

> Charlton Meyer, III Herb Miller Tim Mills Anna Myers Sue Rubenstein Rachel Stuart-Haas

David Kaufman

and it just felt good to be at B'nai Zion. We are so lucky to have Rabbi Jana and she is so committed to making our congregation a better place for all people.

Having now attended almost every Shabbat Service since I became President, I can say how peaceful I find it when I get to end the week with a chance to de-stress and revel in my own spiritualism. I believe many of you would enjoy the same feelings if you joined us from 6:00 to 7:00 on Friday evenings. Jerie and I now regret not attending more often as many of the regular Friday attendees were people we very much enjoyed being around and a number of those are no longer with us or are now unable to attend. I am reminded of a favorite line from the Haggadah:

"We will be held accountable for all the permitted pleasures we failed to enjoy."

I hope you and your families have a happy and safe end of your Summer.

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24-

I look forward to seeing y'all soon.

August Birthdays

1 Lauren Warren 12- Peggy Nuckolls 24- Lory Ann Evensky Yale Rosen 13-Benjamin Maxey 25-Scott Gillum 2 Ian Weiss Rochelle Goldsholl 28- Brian Boyter 14-15-31- Bobby Baskind 4 Leia Hunter Cecile Murov 4 Margy Ray Charlotte Master 31- Mitchel Newstadt 16-8 Polly Kaufman 17-Aron Gillum 31-Payton Rettig 9 Amy Morris 21- Harriette Glazer 31-Alyssa Rhine Ethan Weiss 31- Helen Weisman 10-Abry Cahn, Jr. 21-

Rachel Smet

Amy Brainis

August Anniversaries

10- Rozann Frey

Nell Cahn

12-

- 8 Deb & Joe Badt Jr.
- 18- Sharon & Elliott Goldman
- 23- Courtney & Jonathan Murphrey

From our Education Director, Barbara Joseph



The month of Elul begins soon, and with it, a time for reflection leading up to the High Holidays. There is a wonderful article at myjewishlearning.com that describes some traditional customs and legends connected to the month of Elul, as well as how to engage these rituals as a family. Whether you have children at home or not, the activities are a great way to spend time together with family members or friends, and a great reminder that as Jews, we live our lives in sync with a special calendar.

One of the Elul traditions involves a single blast of the shofar at the end of every weekday prayer service. One way to incorporate this into our homes is to blow a shofar, or even a toy horn, each morning before we head off in different directions (see below, about the start of school). It can be a reminder of the importance of forgiveness this time

of year. Share with each other your goals for asking for and receiving forgiveness. And then, when you hear the many blasts of the shofar on Rosh Hashanah, it will be a culmination of your important reflections over the past month.

Whether your child is just starting kindergarten or about to leave for college, this month brings with it the excitement of a new school year. With the new semester comes the possibility of new supplies, different faces in class, and maybe just a bit of nervous energy. I hope this transition is an easy one for all of you, and that you can use the last few weeks of 5778 before Rosh Hashanah to settle into a comfortable routine.

I hope to see many of our younger members and their grownups at the pool party on use the Sunday, August 5th, and at the Blessing of the Backpacks on Friday evening, August 10. Mark your calendars for September 16, the first day of Religious School!

We proudly ISJL Curriculum

Pool Party

Come cool off and share stories of your summer so far at a Pool Party!

Who: Families with kids ages 0 - 17, and the village of teens and adults involved with Religious School When: Sunday, August 5th, 2018, from 9:00 A.M. to 11:00 A.M (some or all of the two hours)

Where: Town South Swim Club, 9630 Smitherman Drive, Shreveport, 71115, near the corner of Youree Drive and Winthrop Street

What to bring: Swimsuit and towel for those will who swim; donations of money or new or gently used backpacks for Food Bank Back Pack Tzedakah project.

RSVP it would be helpful to know that you are coming to let us know so we can ensure the appropriate number of lifeguards and snacks. Email Barbara at bjoseph318@gmail.com or call the B'nai Zion office.

Blessing of the Backpacks: Friday, August 10 during Friday evening service (6 PM) we will have our annual "Blessing of the Backpack" service when we bless the backpacks and students who will be attending school.

Backpack Tzedakah Project: This year we will also have a Backpack Tzedakah project: The Foodbank of North Louisiana provides backpacks of food each weekend for students who would otherwise not have food over the weekend. It costs \$200 per student per year, but we are taking donations of any amount, and donations of backpacks. Bring donations to the pool party August 5, the Blessing of the Backpacks Shabbat August 10, or anytime during the year.

Shabbat Dinner: Friday, August 10 after the Blessing of the Backpack Shabbat service we will have a family friendly Shabbat Dinner. Everyone is welcome. The "fee" for dinner will be a donation of money or new or gently used backpack(s) for our Backpack Tzedakah Project. RSVP: Please contact the office with a number of how many will be attending from your group so that we can have enough food and tables ready.

From the Sisterhood

Shabbat Blessers and Oneg Shabbat

We are currently scheduling candle and Kiddush blessers for September 2018 through May, 2019. Please contact the office or Harriette Glazer if you have a particular Shabbat when you would like to have either of these honors. Consider choosing a date that is close to a birthday, anniversary, memorial date, etc. Also Sisterhood appreciates anyone wanting to host an Oneg Shabbat for any or no particular reason at all! We need help with refreshments or monetary donations to the Sisterhood Oneg Shabbat Fund.

We also are looking for people to help set up and/or clean up for Oneg Shabbat, and we hope that there are a few people who would like to help schedule blessers. Contact the office if you can help.

Above all, Sisterhood encourages you to come and partake of our refreshing Shabbat services and the time to visit and nosh afterwards with friends you know and new friends you have yet to meet!

Jewish Directory:

The Jewish Directory is available in for purchase from the Sisterhoods of B'nai Zion and Agudath Achim. They will cost \$5 each from the office, or with an additional postage fee if mailed to you. The Directory is a joint effort between the Sisterhoods from both congregations. Purchases from B'nai Zion will benefit the B'nai Zion Sisterhood, and purchases from Agudath Achim will benefit the Agudath Achim Sisterhood.

Challah Time - Bake Challah with Bethany Order Round Challah for the Holy Days

Bake challah with Bethany Sorkey. Tues Sept 4 starting at 6:30 PM in the B'nai Zion Kitchen

Order round challot for the High Holidays: \$5 per challah if you help bake the challot on Sept 4, or \$8 per challah if you do not help bake them.

Contact Bethany or the B'nai Zion Office to RSVP for baking or to order Challot.

Flowers for Shabbat or the High Holy Days

The B'nai Zion Sisterhood provides flowers that adorn the Bimah for Shabbat and Holy Day services. You are encouraged to make donations for the flower fund to help with the costs. You can choose to have your donation acknowledged (read during services) in memory of loved ones or in honor of people or events.

For Rosh HaShanah and Yom Kippur the flower arrangements are significantly more elaborate - and expensive. It is a Mitzvah to make a donation for the Holy Days - it is a lovely gesture to make the donation in memory of or in honor of loved ones. The donation can be announced from the bimah during services, acknowledged in the bulletin, or can remain private.

Donations can be made online, mail or at the B'nai Zion office. The Sisterhood greatly appreciates everyone who helps by contributing to the Flower Fund.

After the flowers are no longer needed at services, sometimes the flowers are brought to someone who is recuperating, or celebrating. You are welcome to request the flowers after the services are over for yourself or someone else who might appreciate them. Contact the office for details.

Save the Dates for Special Oneg Shabbat Celebrations following Friday evening services:

August 17 Elliot and Sharon Goldman celebrate their 50th Anniversary

September 7 Sidney Kent will celebrate his 90th birthday.



Tributes

BROTHERHOOD

In Memory Of:

Sylvia Muslow

Berte & Ike Muslow

CAMP SCHOLARSHIP

In Memory Of:

Harvey Miller

Ida Williams

CEMETERY

In Memory Of:

Samuel Handel

Edwin and Sharol Handel

ENDOWMENT

In Honor of the B'nai Mitzvah Of:

Ben & Luke Muslow

Kathy Plante

In Memory Of:

Lionel Eltis

Kathy Plante

RABBI'S DISCRETIONARY

In Memory Of:

Lionel Eltis

Donna & Randy Greengus Francine & Jerald Perlman

SISTERHOOD

For The Yahrzeit Of:

Dorothy Kaplan

Mark Kaplan & Betsy Beall

Sara Kaplan

Mark Kaplan & Betsy Beall

In Memory Of:

Lionel Eltis

Ruth Lewis

Sandra Eileen Goldberg

Jacque & Mel Gold & family

W. Zolley Lerner

Amy & Cesar Comolli

Oscar Manasseh

Ruth Lewis

SISTERHOOD ONEG SHABBAT

In Honor of the 45th Anniversary:

Suzee & Ardis Robison

Ardis Robison

In Memory Of:

Harry Lipson

Suzee & Ardis Robison

GENERAL

In Memory Of:

Flo Selber

Rozann & Robert Frey

Barbara & Ronnie Laudenheimer

Laura & Jonathan Love

Edward Nader

In Memory Of:

Helen Badt

Nancy & Sam Bernstein

Lionel Eltis

Margo Adams

Rozann & Robert Frey

Teddy Kranson

& Rita Kranson Williams

Barbara & Ronnie Laudenheimer

Ellen & George McGovern

Berte & Ike Muslow

Lvnn & Baer Rambach

Sally & Robert Rosen

Paula & Ben Sour

Mimi Hussey

Siesel & Howard Maibach

Woody Levin

Lynn & Baer Rambach

Bertha Ober Miller

Ida Williams

Rachel Page

Myron Page

Richard Stuart

Carol Garrett & Martha "Tweetie"

Garrett

Barbara & Ronnie Laudenheimer

Ellen & George McGovern

Ed Wile

Siesel & Howard Maibach

In Appreciation of Everyone Who Prayed and Wished for my Health

Sheila Lawrence

Recurring Events

Together Tuesday: August 7 is the first Tuesday of the month, and is a "Together Tuesday." Join Rabbi Jana under the Texas Street bridge at 6 PM. September 4 will be the next one.

Simcha Shabbat: 6 PM Friday, August 3 we will celebrate everyone with birthdays or anniversaries in July at our Simcha Shabbat. September 7 will be the next one.

What Would You Do? 2-3 PM Wednesday, August 29 Rabbi Jana will lead a discussion about Ethical Dilemmas from a Jewish Perspective at the Ballroom at the Tower of the Oaks. Call 212-2322 for reservations. September 26 will be the next one.

B'NAI ZION MEMORIAL BOOK FORM

"Write this for a Memorial in the book." – Exodus 17:14

Name of person submitting this form: First Name	Last Name
Address	
Email Phone #	
Contact the office if you need details about what you had in la	ast year's Memorial Book.
o SAME names as last year.	Donation Amount: \$
o CHANGE my list as shown by printing any changes to the SHOWING EXACTLY HOW YOU WANT THE ENTE	•
in the space above. PLEASE PRINT CLEARLY.	Donation Amount: \$
o NO names in the Memorial Book, but please accept a High H Donation to B'nai Zion.	oly Day Donation Amount: <u>\$</u>
As a guide, it is suggested that \$18.00 per name be congenerosity will be gratefully received.	stributed, though any amount prompted by your own
o CHECK ENCLOSED: complete this side of form and s o CREDIT CARD PAYMENT: complete and send both s 2122 with all of the information, or pay online at www.Bna office has a complete list of names you want listed in the M	ides of this form, or call the B'nai Zion office 318-861- iiZionCongregation.org - but please also make sure the
B'NAI ZION YAHRZEIT P	LAQUE ORDER FORM
Having a plaque ensures that your loved one Memorial light for plaque will be lit the week	
Date:	
INSCRIPTION: EXACT WORDING you re Name on Plaque:	
Birth Date: Dea	
☐ Check if this is for a RESERVED plaque	
Order Placed By:	
Signature of person verifying the plaque information:	
Contact information for person requesting the plaque:	
A minimum \$500 donation is requested per yahrzeit plaq order will be submitted to the engraver.	ue, which must be received by B'nai Zion before the

High Holy Day Schedule 5779

S'lichot

Saturday Evening, September 1 (Details available in the bulletin)

Rosh HaShanah

Evening Service: 7:30 PM Sunday, September 9 in Lefkowitz Hall Morning Service: 10:00 AM Monday, September 10 in Sanctuary

Children Service: 12:15-12:45 PM Monday, September 10

Tashlich Ceremony

4:00 PM Monday, September 10

Meet at the pond at the main entrance at The Glen
403 E Flournoy-Lucas Road

Individuals and families: cast your "sins" into the water

Shabbat Shuvah

Evening: 6:00 PM Friday, September 14 in the Sanctuary Torah Study: 9:45 AM Saturday, September 15 in the Parlor Morning Worship: 11:00 AM Saturday, September 15 in the Parlor

Yom Kippur

Kol Nidre / Evening: 7:30 PM Tuesday, September 18 in Lefkowitz Hall Morning Service: 10:00 AM Wednesday, September 19 in Sanctuary

Children's Service: 12:30-1:00 PM Wednesday, September 19 Study Session: 1:15-2:15 PM Wednesday, September 19

Afternoon Service: 2:30 PM Wednesday, September 19 in Sanctuary

Yizkor/Memorial, and Concluding Services: approximately 3:30 PM in Sanctuary

B'nai Zion Congregational Break Fast following Yom Kippur Concluding service

Notes:

- ⇒ Tickets are not required to attend any B'nai Zion worship services. Donations are always appreciated.
- **♦** Children's Services are geared toward pre-readers or beginning readers and their families.
- Sukkot decorating Sunday, September 23. Sukkot begins in the evening Sunday, September 23, and Simchat Torah will be Friday, September 28.

There will be more details in the announcements and news.

Yahrzeits: May Remembering Them Be A Blessing

July 29 to August 4

Helen Badt 41-01 Alfred E. Bailey

Anne Lamberton Belser

Lila Bernstein

Rosina Willer Gamm

Alisa Ginsburg Betty Goldman August Goldstein Bessie Nossek Herold

Elaine Herold

Mimi Wile Hussey 42-01

Kate Kahan 25-14 Sara R. Kaplan 11-13 Irene K. Kessler

Lillian Levy

Rabbi Charles Mantinband

Thelma Mills Anita Ott

Abraham Schlinsky Irving H. Selber 24-22

Lena Spring Louis Stein

Boris Weinstein 44-24 Florence L Wiener 13-07

A L Winer

August 5 to August 11

Joe Abramson Hamilton R. Benson

Alphonse Brenner 11-05

Harry Brezner 12-16

Joan Marie Spitzer Hockaday

Bertha Klein 32-14 Maurice Earl Kreisman Jimmy Laudenheimer

Samuel Levy

Lillian Winter Michaelson

Selma Mittenthal Pauline Murov Sarah Nelbert Eva S. Rosen

Hymen Rosen 14-18

Bertha Segall Nathan Weis August 12 to August 18

Jennie Baker Isadore Bluestein Louis Lane Childs, Jr. Joseph Gardsbane Ben Goldstein

Benjamin Greenberg 21-23 Jessie Stark Grossman Abraham Heiman Xhanyth Jones Evelyn Kern 21-02

James M. Manhein, II 23-14

Kenneth Pittman Nancy Planchard Jimmy Rosenbloom Mildred Schultz

Charles Jack Schulwolf Aaron Selber, Jr. 12-10 Morton L Simon Frances Spetter

Seymour Wagner Gussie Zelinsky Meyer Zwick

August 19 to August 25

Stanley Baskind 22-23

William M. Braunig, Sr. 33-23

Neal E. Dlin

Joseph August Hafter Sylvia S. Katz 33-20

Helen F. Katzenstein 24-02

William R. Law Minnie Lipshitz August L. Loeb Louis Selber 12-05 Ann Rosen Susman

Isie Tovs

Norman Martin Trieff Ethel Weis Zelinsky

August 26 to September 1

Reva Baskind

Louise Braunig 21-03 Barbara Werner Cullick

Jennette Ginsburg Desmonde

Lottie Goldstein

Nathan Goldstein M27 Harry Goodman 21-10 Hanna Kahn Haas Sidney L. Herold Leonard H. Hyman Leona Lande 21-13 Esther Morris

Marvin Rabinowitz Isadore Rosenfield

Sara Lena Shapiro 25-25

B'nai Zion tradition is to read the Yahrzeit names during Shabbat services at the end of the week that included the anniversary of the death.

Numbers following a name in the above list denotes

Memorial Plaque Location: For example 13-06 is found on:

> Board 1 (near sanctuary) Column 3 (from left)

Row 6 (from top)

Board M is the large Marble stone near the stairs

May God Console the Family and Friends of:

⇔ Clifford Bayer

Shabbat Schedule

Friday Evening Service - 6:00 PM Saturday Torah Study - 9:45 AM Saturday Morning Service - 11:00 AM



Summer Office Hours Monday through Friday 9 AM-12 PM No Business on Shabbat or Holidays Call for an appointment to meet with the Rabbi

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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 20th of Av	2 21st of Av	3 22nd of Av	4 23rd of Av Parashat Eikev Tovek Stricky & Service
					Shabbat Service 6 PM	9:45 AM-12 PM
5 24th of Av	6 25th of Av	7 26th of Av	8 27th of Av	9 28th of Av	10 29th of Av	11 30th of Av
Pool Party 9-11 for Tots to Teens Their Families and Religious School Staff		Together Tuesday 6 PM under Texas St Bridge	Bossier School Starts Shabbat Dinner RSVP Deadline		Blessing of Backpacks Shabbat Service 6 PM Shabbat Dinner 7:46 \$\$\frac{1}{4}\$	Rosh Chodesh Elul Torah Study & Service 9:45 AM-12 PM 8:33 \$
12 1st of Elul Rosh Chodesh Elul	13 2nd of Elul Caddo School Starts	14 3rd of Elul	15 4th of Elul	16 5th of Elul	17 6th of Elul Shabbat Service 6 PM Goldman 50 th Anniversary Oneg Shabbat 7:38 \$\$\frac{1}{2}\$	18 7th of Elul Parashat Shoftim Torah Study & Service 9:45 AM-12 PM 8:25 ♣
19 8th of Elul	20 9th of Elul	21 10th of Elul	22 11th of Elul	23 12th of Elul	24 13th of Elul Shabbat Service 6 PM 7:30 \$\$	25 14th of Elul Parashat Ki Teitzei Torah Study & Service 9:45 AM-12 PM 8:17 \$
26 15th of Elul	27 16th of Elul Deadline for Memorial Book Names	28 17th of Elul	29 18th of Elul Ethical Dilemmas at the Oaks 2-3 PM	30 19th of Elul	31 20th of Elul Shabbat Service 6 PM 7:21 \$\$\frac{1}{2}\$\$	Sept 1 21st of Elul 21st of Elul Parashat Ki Tavo Torah Study & Service 9:45 AM-12 PM Selichot 8:08 \$

B'nai Zion Congregation 245 Southfield Road Shreveport, LA 71105-3608



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www.bnaizioncongregation.org
Rabbi Dr. Jana L. De Benedetti
President Jon Black
Education Director Barbara Joseph

Deep appreciation to the North Louisiana Jewish Federation and the Harold and Dorothy Camp Scholarship Fund, and everyone who has contributed to them, for making it possible that every local Jewish child who wants to go to a Jewish summer camp gets to go.







Henry S. Jacobs Camp 2nd Session

Camp Chai first week

Camp Chai 2nd week

In consideration of the Mitzvah of "Bal Taschit" - not wasting, we are only printing copies of the news to send to people who request them. The news is always available online, in emails and in the congregational calls. We appreciated the feedback we have received from people who love having the paper version and people who love accessing the information online.