

The BuzZ at BZ

News From B'nai Zion Congregation in Shreveport, LA

☆ SEPTEMBER 2014 / ELUL 5774 ~ TISHRI 5775 ☆



From Rabbi Jana

What's New?

I am not sure I am ready for a new year already. I am not sure that I got everything done during the current year yet. I remember sitting in services during the Rosh Hashanah and Yom Kippur services (actually, I remember standing), and thinking of many ways that I can make different kinds of choices, and make my life better, and even make life for others better, and take care of the earth better. I am not sure how the year slipped by without really getting to do all those things I wanted to do.

I remember making some of the same mistakes I really thought I was not going to make again. I know that I was sincere when I acknowledged certain shortcomings, and truly intended to do things differently. How can I be running out of a whole year, and still not accomplish those few things?

Recently I heard a few people give explanations about “what Jews think about atonement and forgiveness.” They said that we try to do good things, but make mistakes. We save up all year, and then apologize during Rosh Hashanah and Yom Kippur, and then we start with a clean slate again – then start the accumulating of mistakes all over again.

I disagree with part of that explanation. I don't think that we are supposed to accumulate all of our apologies, and save them for the High Holy Days. I don't think we ignore them all year and only apologize or think about making things right once a year.

I believe we are supposed to go to bed each night with a clear conscious, after a day that included good choices, and when we made bad choices, having apologized and righted our wrongs.

What do we need the High Holy Days for, if every day we have apologized and righted our wrongs? It gives us a time to set aside a chunk of hours (days) when we can really examine the choices we make, and come up with real strategies to change.

Imagine we are like football players (any sport will work)– trying our best to win each game, but sometimes (often?) losing. While we are in the game we are focused on winning. Sometimes we have to put away our gear, sit down with other players and coaches, and watch the re-runs of the games. If we step outside of the game occasionally, we can gain better understanding of what we have been doing wrong, and how to do things better. If we get together, and listen to each other – and realize we are concerned about the same things – we can see things in a new way, and feel better knowing that we are not alone.

Going back to the description from those other people I mentioned above, I do like the fact that when the Holy Days are over, we do feel like we have a clean slate, and can start a fresh new year, with new enthusiasm, and hopefully new strategies.

It wasn't hard for most of us to imagine we were football players sitting around sharing ideas about our past games. It shouldn't be hard for us to come out of the role play, and step into the worship services, where we gather together, and listen to each other, and gain insight from the prayers, readings, music, and fellow worshipers.

While we are talking about starting anew, this new year let us remember to notice new people. Whether you are a regular at services all year, or only come occasionally, please try to find someone you have never spoken with before and make them feel welcome. It helps you feel like you fit in better too. Don't wait for others to come to you, reach out to get to know someone new each time you come.

It always hurts when I hear that someone doesn't want to come back to services because they felt that no one cared enough to say hello, or get to know them. Find someone new, get to know them. Think of other people they may like to know and find a way to introduce them to each other. Help make one of the most important reasons to keep coming back to B'nai Zion be about the people. Be the person people want to be with at B'nai Zion, and then be at B'nai Zion for people to be with you. Make other people feel special.

Let's start something new at B'nai Zion this new year: New year... New people...
New experiences... New ways to take care of ourselves, each other and our world...

L'shanah Tovah T'kateivu, May you be inscribed for a great new year. *Rabbi Dr. Jana L. De Benedetti*



From our President, Donald Posner

Labor Day is here. That can only mean that summer is over and our High Holy Days are nearing. I wish you a happy New Year from my family to yours. As this time approaches I am in hopes of a standing room only crowd; I welcome you all to our services; a perfect way to start your Jewish new year – surrounded by family and friends. The Rabbi has been working diligently on preparing words of wisdom for us to ponder as we reflect on our actions of the past year and as we prepare for the upcoming one.



Please go out of your comfort zone and welcome our new members who either recently moved into our community or completed their conversion process. Show a little “southern hospitality.”

Also, Sunday school starts this month. Our teachers are excited to begin. Many thanks to Helaine and Abby Klionsky, our new ISJL fellow, for preparing those who take time to teach our children. Teachers, you have my utmost appreciation and gratitude for your work. Thank you. Thank you. Thank you.

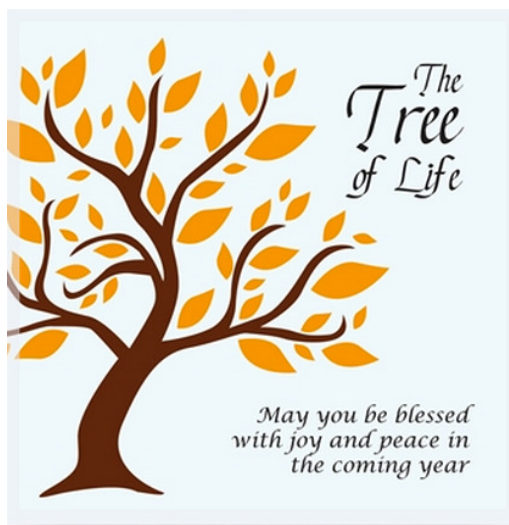
As I write this, they are declaring another truce in the Middle East. Let's pray that common sense will prevail over the nonsense.

As always, there is plenty happening at your Temple. Please read the bulletin or check the web site.

Once again, many blessings for a happy and healthy new year.

Shalom Y'all,

Donald



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From our Educator

Jackson, MS and Los Angeles are dissimilar places, but both locales have been the sites of stimulating Jewish education conferences for me this summer. The ISJL Conference in June and the NewCAJE Conference in August have provided me with lots of creative and innovative ideas that I hope to introduce into our school. I wrote last month about adult and family education, including Chai Mitzvah. This month I'd like to share a few more projects that you might like to investigate on your own. One is Facing History, Facing Ourselves - a project that helps make the lessons of history accessible to students who often feel no connection to the past. It shows them how the decisions we make are linked to our identities. Another is The Jewish Women's Archive that provides extensive information about lots more than just Jewish women. It's an outstanding resource for Jewish connections to the Civil Rights Movement, the Labor Movement of the early 20th century, and lots of other social justice issues. I look forward to initiating some new opportunities for study - and action - for all of us.



We had a terrific chance to meet our new ISJL fellow Abby Klionsky at the beginning of August. She's very smart, very energetic, and she helped us make a decision to begin a study of Shreveport's Jewish community as the first step toward creating a Louisiana Jewish History Trunk that can be used in both religious schools and public/private secular schools. Such a trunk has already been assembled for Mississippi and Oklahoma by ISJL's Rachel Jarmin Meyers. We will learn so much about our state's Jewish history as we work with Rachel. We will also continue our partnership with ISJL in the area of Community Engagement, expanding our literacy project and commitment to the children of the Valencia Center. We look forward to continued guidance from Malkie Schwartz and Lonnie Kleinman.



On September 7 Rabbi Jana and I, along with an experienced and excited faculty, will welcome our students back. We will promote relationships between families, and we will surprise our students with new methods and new materials. Our job is to connect them to the Jewish people around the world, from the ancient past to the present. If we see ourselves not as "a religion," but as "a family," then everything we learn and everything we do will have relevance to our lives today.

Please read your bulletin carefully each month. It's filled with information about our congregation and our community. Also, if you are a Religious School parent, please check email each day or watch for texts or check our Facebook page. I'm trying hard to stay in touch. I welcome your participation in all we do, and I look forward to talking

to each of you in person or by phone as we count down the days toward our new school year.

L'shalom,

Helaine Brannig



We proudly
use the
ISJL
Curriculum



Simcha Shabbat

Please join us each month when we bless and honor those who will be celebrating a **birthday** or **anniversary** during the month. If your birthday or anniversary is in **September** we will celebrate and honor you **September 5, 2014** during services. We will have a special Oneg Shabbat following services.

If your birthday or anniversary is in **October** your Simcha Shabbat will be the second week in October: **October 10, 2014** (not Yom Kippur). It is a mitzvah for us to celebrate together.

Please make sure that the office knows your birthday and anniversary dates. If you are not on our birthday and anniversary list in the bulletin, it means we do not have your information.



Tot Shabbat



Children who are pre-readers and their families (and anyone who enjoys not having to sit still during services), please join us in the Sanctuary for Tot Shabbat, **9:00-9:30 Saturday, September 6, 2014** where we will be boinging and singing together.

Rabbi Jana will lead a singing, dancing, marching, happy Shabbat service, and tell a story each month. See you there!

Children's High Holy Day Services

We have High Holy Days Children's Services for pre-readers led by Rabbi Jana beginning 12:15 PM following adult services.

We hope that offering these services helps to satisfy the spiritual needs of our children during the High Holy Days.

Babysitting will be available for children during adult services, but children are always welcome at the regular services. It is very helpful if you let us know at least three days in advance that you plan to use the babysitting services, and tell us how many children and their ages, so that we can be properly prepared.

Families also especially enjoy the Tashlich service at the Glen.



Candle and Kiddush Blessers



September	5	Debbie Dlin and Herb Miller
	12	Susan and Charlton Meyer
	19	Byrd Reunion Shabbat
	26	Dorothy and Bernard Lobel

September Office Schedule Changes

The office will be closed for Labor Day, Monday, September 1
Office hours will be 9:00 AM—2:00 PM starting September 2
The office will be closed for Rosh Hashanah Thursday, September 25



Religious School and Hebrew School Classes Begin



Religious School begins Sunday, September 7. Watch your email and the Religious School Facebook page for more details. Please be sure that your registration information is current, and that your tuition is paid before the beginning of classes.

Hebrew Classes begin Wednesday, September 10.

Aleph Class (3rd and 4th grades) meets:

Sundays 8:30-9:30 **beginning Sunday, September 14**

Bet Class (5th - 7th grades) meets:

Sundays 12:15-1:15 and Wednesdays 3:30-4:30

Guest Speaker: Israeli Artist



From De-Kalo's Exhibit at the Meadows

Israeli artist Mali De-Kalo will speak at B'nai Zion 6 PM Friday, September 12 during Shabbat evening service.

She will be scholar in residence at Centenary College, and will present her exhibit called, "Relaying: Testimonies on Motherhood Lost" September 13-October 25, 2014 at Meadows Museum. This program is partially sponsored by the North Louisiana Jewish Federation.

Byrd High School Reunion Shabbat Service

C.E. Byrd High School class of 1964 will be celebrating its 50th anniversary this month. The Jewish alumni have chosen to worship together at Shabbat services here at B'nai Zion. We invite all Byrd Alumni, and everyone else who wants to celebrate Shabbat with us, to attend service at 6:00 PM at B'nai Zion September 19. Agudath Achim and B'nai Zion will have a joint service, so that the Jewish community can worship together with Byrd Alumni who are coming back to Shreveport for their reunion.

If you went to Byrd High School, or are going there now, or went to different high school, or are not yet in high school (did we cover everyone?), please join us for this opportunity to get together with old friends and new and celebrate Shabbat together. Tell your friends, and don't be square — see you there.



Save the Date: Garrett Brainis Bar Mitzvah

Please join us
As we celebrate
The occasion of
Garrett Brainis
Being called to The Torah
As a Bar Mitzvah



Friday evening, October 24, 2014

6 o'clock in the evening

at

B'nai Zion Congregation
Southfield Road, Shreveport

Amy and David Brainis

Learn to Make a Round Challah for Holidays

Round challah is customary for the High Holidays. It symbolically reminds us that life goes 'round and everything is in a cycle. Let's get together to 'Make and Take' round challah at B'nai Zion.
(See recipe p.8)

Challah making at B'nai Zion has been very successful. People are appreciating learning how to make challah, and spending time with others. In September, please join us **Wednesday, September 17 at 6:00 PM**. Novices and experts alike are invited to join us. You will make dough, learn interesting things about challah, braid challah, shape it, and take it home to bake.

The cost is \$3.00 per challah. Reservations are required by September 15. Space is limited. Please pay the office to make a reservation. We are also happy to accept donations for challah, to defray the cost of the dough we use for B'nai Zion's use.



Sisterhood Flower Fund



The flowers that adorn our bimah at High Holy Days, Shabbat services, and special occasions are provided by our Sisterhood. Anyone can make a donation to commemorate a personal or public occasion. After services the flowers are brought to someone who is recuperating, has a special life cycle event, etc. Contributions can be made to our Sisterhood for the flowers to enhance our worship services. You are welcome to call the office to suggest someone to receive flowers for the week. We appreciate that Margaret Rifkin is usually the person who volunteers to deliver the flower arrangements.

These flowers bring good feelings and joy to many of our congregants and their families. During the High Holy Days we have a much larger need of flowers, and always appreciate your contributions

North Louisiana Jewish Federation



Camp Chai is over for another summer. The B'nai Zion grounds were alive with youth for two weeks as they participated in Circle Time with Rabbi Jana, art with Marla Hyman, and a host of activities supervised by our Counselors, Junior Counselors, and Counselors in Training who included: Andrew Meyer, Claire Meyer, Stacy Hyman, Taylor Badt, Savannah Badt, Elleigh Dawson, Keegan Orrilo, Garrett Brainis, and Caroline Evensky. Special thanks to Jodi Hyman for overseeing and planning a wonderful camp experience.

The next meeting of the Jewish Federation board will be September 10 at 6 p.m.



Round Challah Recipe by Tina Wasserman

Enjoy this and other recipes from *Entrée to Judaism* by Tina Wasserman, sold by URJ Press.

Moist, cake-like challah is a big hit at my Rosh HaShanah open house. Divide the dough into two-thirds and one-third to make two loaves, but never use all the dough to make one giant crown or the center will surely be raw after the normal baking time is reached.

7–8 cups bread flour, divided use
2 packages rapid rise yeast
1 1/2 cups water
2 sticks pareve margarine, butter, or 1/2 cup oil and 1 stick margarine
1/4 teaspoon yellow food coloring
3/4 cup sugar
2 tablespoons poppy seeds (optional)
1 tablespoon salt
4 large eggs
1 cup raisins (optional)
Egg wash: 1 egg mixed with 1 tablespoon water



1. In a large mixer bowl combine 6 cups of the flour and the yeast. Stir to combine.
2. Heat the water, margarine, food coloring, sugar, poppy seeds, and salt in a saucepan until very warm (140°F). Water should be uncomfortably hot to your finger but not hot enough to burn you. (It will feel like hot tap water.)
3. Add the warm liquid mixture to the flour while the mixer is on low. As the liquid is being incorporated, add the eggs. Mix thoroughly.
4. Gradually add the remaining flour only until a fairly firm dough is formed. This process should take about 7 minutes whether you are using the dough hook on your mixer or are kneading it by hand. If using the raisins, add after 5 minutes of kneading and then continue with the remaining two minutes. The mixture should be satiny smooth.
5. Preheat your oven to 400°F for 1 minute. Lightly grease a bowl with some oil, and turn the dough in the bowl to oil all sides. Cover with plastic wrap and place in the turned off oven until doubled in size, about 30–45 minutes.
6. Punch down the dough and divide in half or in thirds. Roll each piece into a rope about 15 inches long. Hold one end 2 inches above the work surface and wrap the rest of the dough around it to make a large coil. Pinch the ends together to prevent unraveling while baking. Place the formed breads on parchment-lined or greased cookie sheets, and let rise in the previously warmed oven until light and doubled, about 25 minutes.
7. Remove loaves from oven and reduce to 375°F. Brush the tops of the loaves with the egg wash and bake for 25–35 minutes, depending on the size of the loaves. When the bread is done, it will be golden brown and have a hollow sound when tapped.

Yield: 2–3 loaves

Tina's Tidbits

1. As no amount of eggs will make the challah look golden, coloring is added. You can substitute 1/8 teaspoon saffron or turmeric for color.
2. The amount of flour you use will be directly related to the weather; on dry, wintry days you will need less flour than on a rainy spring day, because the cold dry air will make the dough drier and the moist air in spring will require more flour to absorb the extra moisture. The amount of flour is dictated by the feel of the dough.
3. To let the dough rise overnight, spoon 1 tablespoon of oil inside a 2-gallon ziplock bag and rub to distribute. Place the dough in the bag, squeeze out any excess air, seal, and place in the refrigerator overnight. In the morning, remove the bag from the refrigerator and let it sit at room temperature for 30 minutes before proceeding with step 6.
4. Never cut bread hot from the oven. The steam will cause the knife to drag through the loaf and mat the dough together.

For details about making your own round challah at B'nai Zion, see page 6.

The Meaning of the Shofar

The shofar is the quintessential symbol of Rosh Hashanah. During the blowing of the shofar on Rosh Hashanah, notice that there are three distinct sounds:

1. *Tekiah* -- one long, straight blast
2. *Shevarim* -- three medium, wailing sounds
3. *Teruah* -- nine quick blasts in short succession



Each of these shofar sounds relate to the different themes of Rosh Hashana.

THE TEKIAH

Rosh HaShanah is the day of appreciating who God is. We internalize that understanding so that it becomes a living, practical part of our everyday reality. God is all-powerful. God is the Creator. God is the Sustainer. God is the Supervisor. In short, God is King of the Universe.

In Jewish tradition, a king is first and foremost a servant of the people. His only concern is that the people live in happiness and harmony. His decrees and laws are only for the good of the people, not for himself. (see Maimonides, Laws of Kings 2:6)

The object of Rosh HaShanah is to crown God as our King. **Tekiah** -- the long, straight shofar blast -- is the sound of the King's coronation. In the Garden of Eden, Adam's first act was to proclaim God as King. And now, the shofar proclaims to us and to the world: God is our King. We set our values straight and return to the reality of God as the One Who runs the world... guiding history, moving mountains, and caring for each and every human being individually and personally.



THE SHEVARIM SOUND

When we think about the year gone by, we know deep down that we've failed to live up to our full potential. In the coming year, we yearn not to waste that opportunity ever again. The Kabbalists say that Shevarim -- three medium, wailing blasts -- is the sobbing cry of a Jewish heart -- yearning to connect, to grow, to achieve. Every person has the ability to change and be great. This can be accomplished much faster than you ever dreamed. The key is to pray from the bottom of your heart and ask God for the ability to become great. At the moment the shofar is blown, we cry out to God from the depths of our soul. This is the moment -- when our souls stand before the Almighty without any barriers.

THE TERUAH SOUND

On Rosh Hashanah, we need to wake up and be honest and objective about our lives: Who we are, where we've been, and which direction we're headed. The **Teruah** sound -- nine quick blasts in short succession -- arousing us from our spiritual slumber. The shofar brings clarity, alertness, and focus. God wants us to make an honest effort to maximize the gifts He gave us. You aren't expected to be anything you're not. The reason we lose touch and make mistakes is because we don't take the time every day to reconnect with our deepest desires and essence. The solution is to spend time alone every day, asking: Am I on track? Am I focused? Am I pursuing goals which will make the greatest overall difference in my life and in the world?

Make it a habit to keep in touch with yourself, and when Rosh HaShanah comes around, the alarm clock of the shofar won't be nearly as jarring!

Adapted from various online sources



L'Shanah Tovah T'kateivu! 🌀 May Y'all Be Inscribed for a Good Year!

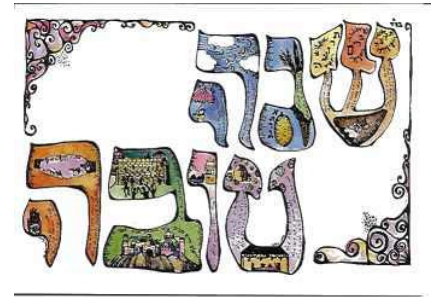
High Holy Day Schedule 5775

S'lichot

Saturday Evening, September 20
7:30 PM Dessert and Havdalah
8:00 PM S'lichot Service

Rosh HaShanah

Evening: 7:30 PM Wednesday, September 24
Children Service: 12:15-12:45 PM Thursday, September 25
Morning: 10:00 AM Thursday, September 25



Tashlich Service

4:30 PM Thursday, September 25
Meet at the pond at the main entrance at The Glen
403 E Flourney-Lucas Road
Individuals and families: cast your “sins” into the water



Shabbat Shuvah

Evening: 6:00 PM Friday, September 26
Torah Study: 9:45 AM Saturday, September 27
Morning Worship: 11:00 AM Saturday, September 27

Yom Kippur

Kol Nidre / Evening: 7:30 PM Friday, October 3
Morning: 10:00 AM Saturday, October 4
Children Service: 12:30-1:00 PM Saturday, October 4
Study Session: 1:15-2:15 PM Saturday, October 4
Afternoon Service: 2:30 PM Saturday, October 4
Yizkor / Memorial, and Concluding Services: begin approximately 3:30 PM



B'nai Zion Congregational Break Fast following Yom Kippur Concluding service

Notes:

- ✧ Tickets are not required to attend any B'nai Zion worship services. Donations are always appreciated.
- ✧ Children's Services are geared toward pre-readers and beginning readers and their families.
- ✧ Services and events for Sukkot and Simchat Torah will be in the October bulletins and online.

The High Holy Days Explained

S'lichot- is a Hebrew word meaning "forgiveness," and refers to the special penitential prayers recited by Jews throughout the High Holy Days. Jews recite *S'lichot* beginning late at night on the Saturday before Rosh HaShanah and continue each morning on the days between the New Year and Yom Kippur. We will gather Saturday night, September 20 at 7:30 PM for dessert and Havdalah and join together in our S'lichot Service at 8:00 PM. By using melodies and prayers from the High Holy Days, the brief service gets us in the mood for our spiritual journey.



Rosh HaShanah- (literally, "Head of the Year") refers to the celebration of the Jewish New Year. The holiday is observed on the first day of the Hebrew month of Tishri, which usually falls in September or October, and marks the beginning of a ten-day period of prayer, self-examination and repentance, which culminate on the fast day of Yom Kippur. These ten days are referred to as *Yamim Noraim*, the "Days of Awe" or the "High Holy Days." Rosh HaShanah is also called, the "Birthday of the World." While there are elements of joy and celebration, Rosh HaShanah is a deeply religious occasion. The customs and symbols of Rosh HaShanah reflect the holiday's dual emphasis: happiness and humility. Special customs observed on Rosh HaShanah include: the sounding of the shofar, using round challah, eating apples and honey (and other sweet foods) for a sweet new year. We use a *Machzor*, which is a prayerbook just for the High Holy Days. Rosh Hashanah this year begins September 24 in the evening and continues through September 25.

Tashlich- Traditional ceremony in which individuals symbolically cast their sins by throwing crumbs into a body of water. We will meet at The Glen, on Flournoy Lucas Road, at 4:30 PM on Thursday, September 25.

Shabbat Shuvah- "Sabbath of Return," between Rosh HaShanah and Yom Kippur. It gets its name from its Haftarah which begins "*Shuvah Yisrael, Return, O Israel*" (Hosea 14:2). Regular Shabbat schedule.

Yom Kippur- is the "Day of Atonement" and refers to the annual Jewish observance of fasting, prayer, and repentance. This is considered to be the holiest day in the Jewish calendar. In three separate passages in the Torah, the Jewish people are told, "the tenth day of the seventh month is the Day of Atonement. It shall be a sacred occasion for you: You shall practice self-denial" (Leviticus 23:27). Fasting is seen as fulfilling this biblical commandment. The Yom Kippur fast also enables us to put aside our physical desires and to concentrate on our spiritual needs through prayer, repentance and self-improvement. It is customary in the days before Yom Kippur for Jews to seek out friends and family whom they may have wronged and personally ask for forgiveness. It falls this year on October 3-4.

Kol Nidre- Literally: "All Vows," is a primary prayer for Yom Kippur eve, and traditionally used as a name for Yom Kippur evening services. This year Kol Nidre service begins Friday, October 3 at 7:30 PM.

Yizkor- is the Memorial service recited on Yom Kippur, as well as the last days of Sukkot, Pesach, and Shavuot. In our congregation, we print a Memorial Book which lists the names of those whom we want to remember for Yizkor. In many homes it is customary to light a Yahrzeit candle for the anniversary of the death of a relative or on the eve of a Yizkor holiday. Yom Kippur Yizkor services will begin sometime around 3:30 PM Saturday, October 4, and Sukkot Yizkor services will be October 17 (check the October bulletin for details about time).

Sukkot- a Hebrew word meaning "booths" or "huts," refers to the Jewish festival of giving thanks for the fall harvest - commemoration of the forty years of Jewish wandering in the desert after Sinai. Sukkot is celebrated five days after Yom Kippur on the 15th of Tishri, and is marked by several distinct traditions. One tradition, which takes the commandment to "dwell in booths" literally, is to build a sukkah, a booth or hut. A Sukkah is often erected by Jews during this festival, and it is common practice for some to eat and even live in these temporary dwellings during Sukkot. Our Brotherhood builds our Sukkah, and everyone is invited to decorate it. Check the October bulletin or online for more details.

Simchat Torah- Hebrew for "Joy of the Torah," celebrates the completion of the annual reading of the Torah. Simchat Torah is a joyous festival, in which we demonstrate a living example of never-ending, lifelong study. Torah scrolls are taken from the ark and carried or danced around the synagogue seven times. We also celebrate Consecration of the Kindergarten students. During the Torah service, the concluding section of Deuteronomy is read, and immediately following, the opening section of Genesis, or *B'reishit* as it is called in Hebrew, is read. We will have a Yizkor (Memorial) service and use the Memorial Book that was prepared for Yom Kippur and to use throughout the year.

**Adapted from Union for Reform Judaism website www.urj.org*

The Meaning of Kol Nidre

Kol Nidre is both the opening prayer and the name for the evening service that begins Yom Kippur. Kol Nidre literally means "All Vows." It asks God to annul vows we may make (to God) during the coming year, either innocently or under duress. In other words, vows made unintentionally through the careless use of words or vows made because a person was forced to do so.

Kol Nidre was originally written and is still recited in Aramaic. It is said three times so that latecomers to the service will have an opportunity to hear the prayer. It is also recited three times according to the custom of ancient Jewish courts, which would say "You are released" three times when someone was released from a legally binding vow.

Kol Nidre must be said before sunset because it is technically a legal formula releasing individuals from vows in the coming year. Legal matters cannot be attended to on Shabbat or during a festival holiday, both of which begin at sunset. As a result Kol Nidre is always recited before Shabbat or the holiday begins. Although there have been attempts to eliminate Kol Nidre from the standardized prayer service, the melody is so beautiful that its emotional effect on listeners has become one of the most important aspects of the Yom Kippur experience.



S'lichot and Tashlich

The observance of S'lichot, the traditional prayers recited in the days leading up to Rosh HaShanah, will be held Saturday evening September 20.



One of the most inspirational services of the High Holy Days season is the S'lichot service. Join us at 7:30 pm for a nosh and Havdallah service; at 8:00 we will move into our sanctuary for our traditional S'lichot Service.

To comprehend the profound idea of forgiveness - we must seek ways to change, to reflect and to renew ourselves with others and with God during this time of the year. It is through liturgy, rituals and communal worship that can help us in this process.

During our service, we will participate in the ritual of changing the Torah covers to the white ones, congregants will be invited to lead readings, Rabbi Jana will offer private blessings on the bimah to anyone who wishes to receive them. In addition,

this is an unique opportunity to gather together during this sacred time as we prepare ourselves to enter the upcoming High Holy Days season of 5775.

"Tashlich" service is the symbolic casting of sins into the water and will be held on Thursday, September 24th at 4:30 p.m. at The Glen, Flourney Lucas Road. This event is open to the community.

The B'nai Zion community invites you to join us, along with Jewish communities around the globe, in this generations-old ritual where we gather as a community on the First Day of Rosh HaShanah at bodies of water and recite Tashlich Prayers, selected *Tehillim* (Psalms) and verses to symbolize our wish to get rid of our sins, and to be forgiven by God.

We will meet at the front entrance under the overhang.



Red River Radio Programs for High Holidays

Red River Radio KDAQ 89.9 will once again air special programs for the High Holy Days. This year's schedule includes:

Music for Rosh Hashanah Tuesday, September 23 at 2 pm

Birthday of the World Part 1 Tuesday, September 23 at 7 pm

Remember Us Unto Life Sunday, September 28 at 6 pm

The Jewish New Year Music and Inspirational Tuesday, September 30 at 2 pm

Music for Yom Kippur Thursday, October 2 at 2 pm

Birthday of the World Part 2 Thursday, October 2 at 7 pm



For more information contact Red River Radio (www.redriverradio.org)

Significance of the High Holidays



The holiday of Rosh HaShanah has significance as the anniversary of the day on which the world was created, or of the day on which humanity was created.

It culminates in the blast of the Shofar, the most potent symbol of the holiday. The shofar is alluded to in the reading of the story of Binding of Isaac (Genesis 22). The story and the shofar serve as reminders of the covenant between God and the people of Israel, carrying with them the message of sacrifice, hope, and continuity. It is believed that God is writing in "The Book of Life" who shall live and who shall die.

This is the time of year during which we are to atone for both our individual--and on Yom Kippur, our communal--sins committed over the course of the previous year, before God "closes the books" on us and inscribes our fates for the coming year.

It is said there are three books: one for the completely righteous, one for the completely wicked, and one for those in between. The books are sealed on Yom Kippur, if you are found deserving, they are inscribed for life; if not they are inscribed for death.

May you be inscribed for life. *Leshana Tovah Tikatevu.*
May you be inscribed for a good year.)

B'nai Zion Memorial Book Form—Submit by September 10

You did not have a listing in last year's Memorial Book. An example of an entry in the book (as seen also in the sample page enclosed) shows the person or family who is remembering loved ones as a heading, with the loved ones names below, like this:

Mr. & Mrs. Gary S. Abrams, Carson and Sarah
Mr. & Mrs. Milton Abrams
Mr. & Mrs. Sam Abrams
Mr. & Mrs. Henry Gutman
Mr. Eddie G. Anderson
Mr. George W. Abrams
Jim Dawson

☐ Please accept our contribution of \$ _____ as an offering to B'nai Zion Congregation in the memory of our beloved departed whose names are to be printed in the NEW MEMORIAL BOOK.

☐ We do not wish to include names. Please accept our donation of \$ _____

☐ Please print the same listing for this year

☐ In case of a change or addition to the above, please print the name(s) as you wish them to appear.

Attach another sheet for additional names

Remembered by (Please print exactly as you wish name(s) to appear in Memorial Book)

(Please print)

The following information needs to be provided so that we may contact you if we have questions

Name of person submitting this form _____

Address _____

_____ Phone # _____

As a guide, it is suggested that \$18.00 per name be contributed, though any amount prompted by your own generosity will be gratefully received.

"Write this for a Memorial in the book." – Exodus 17:14

****Submit this form with payment BY SEPTEMBER 10 to be included in this year's book.****

B'nai Zion Congregation 245 Southfield Rd. Shreveport, LA 71105 318-861-2122 318-861-7961 fax

☐ CHECK ENCLOSED: complete this side of form and send with check

☐ CREDIT CARD PAYMENT: complete and send both sides of this form,
or call the B'nai Zion office 318-861-2122 with all of the information

Donor Wall Inscription Form—Submit before Yom Kippur 10/3

Contributor's Name: _____

Amount of total contributions for Sanctuary Renovation: \$_____

Check box above plaque size (maximum suggested number of lines shown,
maximum 30 characters including spaces per line):

\$180-\$499	\$500-\$999	\$1,000-\$3,999	\$4,000-\$7,499	\$7,500-\$49,999	\$50,000+
1-2 lines	1-3 lines	1-4 lines	1-5 lines	1-6 lines	1-7 lines

EXACT WORDING you wish to appear on your plaque. All inscriptions must be printed or typed!

(The engraver will arrange proper spacing.)

We will proofread before the actual engraving to be sure it matches your request.

Ideas for plaque wording (contact the office if you need help with wording):

Dedicated in **memory of**
Grandpa Al & Grandma Pearl Kaye
Whose commitment and generosity
have been a blessing to
our congregation and family

The Schwartz Family
Rita, Joe, Debbie & Susan

In honor of our children
& grandchildren – our future
Joy & Justin Berg

Signature of person requesting wording _____

Contact information for person submitting the order:

Mazel Tov

- ★ Maya Bell Cruise was born. She is the daughter of Kelly and Daniel Cruise and the granddaughter of **Barbara and Ronnie Laudenheimer.**
- ★ **Cole Turner** and the 10 year old AAA Dixie Youth Baseball team won the State competition this summer. They also won the Best Sportsmanship Award during the regional tournament. They represented Louisiana in the Dixie League World Series in Lexington, South Carolina.
- ★ **Shira Rose Braunig** was born. She is the daughter of **Lindsay and Warren Braunig** and the granddaughter of **Helaine and Bill Braunig.** Her great-grandmother is **Ruthie Nieman.**



September Birthdays and Anniversaries

1. Tracy Gold
2. Lionel Eltis
4. Larry Evensky
4. Laura Holman
4. Ron Nieman
6. Sidney Kent
7. Marilyn Cahn
7. Daphne Nieman
7. Barry Suckle
9. Hudson Kallenberg
9. Isabella LaCaze
10. Stephen Muslow
12. Donald Zadeck
13. Peggy Selber
14. Rachel Ginsburg
14. Daisy Kallenberg



15. Robert Frierson
17. Ryan Dalto
17. Arden Gillum
20. Lane Rosen
21. Savannah Badt
21. Taylor Badt
24. Robert Rosenfield
25. Sharon Frankel
26. Charles Vosburg
27. Abry Cahn III
27. Michelle Yetman
28. Michelle Bayer
28. Jerie Black
28. Aaron Borin
28. Craig Toys

We give thanks for life, for health, for all that sustains us, and for this joyous day.

Anniversaries

17. Gloria and Donald Rosen
22. Henry Elaine and Jules Dreyfuss
23. Amy and Brent Turner
28. Colleen and Christopher Brown
28. Marti and Ron Lepow



***If you are not on the above list for current birthdays or anniversaries
it means that the office does not have your information.
Please provide the office with the appropriate month, date, and year to complete our data.***

Tributes

BUILDING AND GROUNDS

In Memory of:

Sylvia Katz
Suzee & Ardis Robison

CEMETERY FUND

In Memory of:

Sara Lena Shapiro
Jackie Fleischman

GENERAL FUND

In Honor of:

B'nai Zion Congregation
Elenrae Joyner
Dr. Karen Gordon
Amy Quinn

In Memory of:

Shirley Eltis
Ann & Pat Maxey
Sylvia Katz
Marcia Katzenstein
Rosanne Kaufman
Sylvia Rosenzweig
Berte & Ike Muslow
Laura & Steven Sawyer



RABBI'S DISCRETIONARY FUND

In Honor of:

Rabbi Jana
Ro Myers
North Louisiana Jewish Federation
Rabbi Jana & The B'nai Zion Congregation
Brenda Williams

In Memory of:

Anne Lamberton Belser
Jane Sklar
Karol Birchfield
Cliff Birchfield
Adler Hirsch
Marjorie Hirsch Meyer

ENDOWMENT FUND

In Memory of:

Sylvia Katz
Mandel Selber, Jr.

RELIGIOUS SCHOOL FUND

In Honor of the Birthday of:

Paulene Murov
Lionel Eltis
Kathy Plante

In Memory of:

Jonathan Allen
Amy Quinn

RENOVATION FUND

In Memory of:

Helen Cohen Badt
Nancy & Sam Bernstein
Kenneth Pittman
Peggy & Leroy Nuckolls

SCHOLARSHIP FUND

In Honor of the Birthday of:

Dr. Donald Rosen
Fagie Rosen & Family

In Memory of:

Shirley Eltis
Susan Berry
Rachelle Gomolsky & Juan Sybert-Coronado
Marcia & James Levy
Sylvia Katz
Tammy & Larry Courtney
Raymond Murov
Berte & Ike Muslow
Kenneth Pittman
Tammy & Larry Courtney

WE CARE FUND

In Memory of:

Shirley Eltis
Karen & Bob Gordon

While care was taken to compile these lists, errors may have occurred. If you notice any omissions, misspellings, or names in the incorrect category, please accept our apologies and notify the office so that we may correct our records. Please note that donations made after the bulletin deadline will appear in the next month's bulletin.

B'nai Zion Schedules

Shabbat Schedule

Friday Evening Service - 6:00 PM
Saturday Torah Study - 9:45 AM
Saturday Morning Service - 11:00 AM ..



Office Hours

Monday through Friday 9 AM-2 PM
No Business on Shabbat or Holidays
Call for appointment to meet with the Rabbi

Yahrzeits

August 31-September 6

Ivan Binder
Albert Clark *
Jennette Ginsburg Desmonde
Harry Goodman *
Sidney L. Herold
Morris Horn
Pearl Cooper Krandle
Carroll Lahourcade
James M. Manhein *
Esther Morris
Goldie Morris
Louise Shaw Olive
Marvin Rabinowitz
Isadore Rosenfield
Sam Vedlitz

September 7-13

Bella L. Abramson *
Hyman Badt *
Abry S. Cahn, Sr. *
Leslie Robert Cruvant *
Sarah Fishman Fogel
Joe Gold
Gerald S. Goodman *
Israel Greengus *
Esther Gugenheim
Edward S. Klein *
Elma Harrell Law
William B. Levinson
Hyman Lipsen
Leon Loeb
Esther Mandel
Charlton Meyer Jr. *
Ben A. Phelps, Sr.
Evelyn Redstone
Elmer Simon *

September 7-13 (cont)

Henrietta Rosen Simon *
Rebecca Siegel Stadiem
Edward Weil
Bertha G. Weisman
Earl Loeb Wiener
Donald Zadeck, Jr. *

September 14-20

Janet Lorraine Abrams
Abraham Atkins
Richard L. Bailey
Lillie Bernhard
Mary Harris Block
Henrietta Clark *
Elizabeth Fox *
Abe B. Freyer
Harriett Gruber Goldberg *
Adelle B. Goldstein
Bronna Harris
Mrs. Frieda K. Hyman
Bernard Kallenberg *
Mose Kaufman *
Sam S. Kleban *
Carol Herzberg Perlman
Milton Robinson
Goldie Siegel Toys



* Memorial Plaque

September 21-27

Isaac Abramson
Marion Berg
Nathan Bernstein *
Irving Cooper
Rae Cooper
Frieda Horn
Jacob Kaplan *
Edith K. Levy *
Herman Loeb
Joseph Marcus
Frances Matloff
Hyman Nierman
Houston Oglethorpe
Clara Levine Rosenzweig
Isaac Ruben
Mollie Shapiro
Lucile S Van Os *
Mandell Weisman
Mrs. Betty Wiener

September 28-October 4

Jennie Abramson
Augusta G. Brenner *
Rosabel C. Cahn *
Max Dover *
Frances Feinberg
Melvin Goldberg *
John Miller
Neal Nierman *
Anna Pincus
Max Rosenbloom
Lee Segall
Herbert Seligman
S.S. Weisman
David B. Weisman, Sr.
Doris L. Zuzak *

May God Console:

Family and Friends of

- ☆ *Jonathan Allen, brother of Leah Muslow*
- ☆ *Joe Baca, father of Joe Baca Jr.*
- ☆ *Sylvia Katz, mother of Stephen Katz*
- ☆ *Evelyn Kern, mother of Jackie Nierman*
- ☆ *Kenneth Pittman, husband of Janet Hirsch Pittman*

May Their Memory Be A Blessing



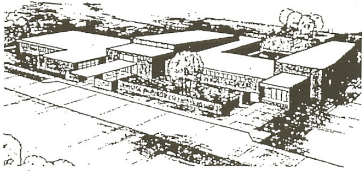
September 2014 / Elul 5774 ~ Tishri 5775

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 6th of Elul LABOR DAY  OFFICE IS CLOSED	2 7th of Elul Regular Office Hours Resume 9 AM-2PM 	3 8th of Elul	4 9th of Elul	5 10th of Elul SIMCHA SHABBAT  Service 6 PM 7:15  	6 11th of Elul Ki Teitzei Deut. 21:10-25:19 Isaiah 54:1-10 Torah Study 9:45 Service 11 AM 7:50 
7 12th of Elul RELIGIOUS SCHOOL BEGINS 	8 13th of Elul	9 14th of Elul	10 15th of Elul Bet Hebrew Class 3:30-4:30  FEDERATION BOARD MTG 6 PM	11 16th of Elul	12 17th of Elul ISRAELI ARTIST MALI DE-KALO TO SPEAK: "RELAYING TESTIMONIES" Service 6 PM 7:06  	13 18th of Elul Ki Tavo Deut. 26:1-29:8 Isaiah 60:1-22 Torah Study 9:45 Service 11 AM 7:40 
14 19th of Elul HEBREW  Aleph 8:30-9:30 Bet 12:15-1:15	15 20th of Elul  BULLETIN DEADLINE	16 21st of Elul 82 BOARD MEETING 6:30 PM 	17 22nd of Elul Bet Hebrew Class 3:30-4:30 	18 23rd of Elul	19 24th of Elul Byrd Reunion Shabbat  Service 6 PM 6:56  	20 25th of Elul Nitzavim-Vayeilech S'lichot Deut 29:9-31:30 Isaiah 61:10-63:9 S'LICHOT SERVICE 7:30 PM Torah Study 9:45 Service 11 AM 7:31 
21 26th of Elul	22 27th of Elul	23 28th of Elul 	24 29th of Elul Erev Rosh HaShanah  לשנה טובה 6:50  	25 1st of Tishri Rosh HaShanah 5775  OFFICE IS CLOSED	26 2nd of Tishri Service 6 PM 6:47  	27 3rd of Tishri Ha'Azinu Shabbat Shuva Deut 32:1-652 Hosea 14:2-10 Torah Study 9:45 Service 11 AM 7:22
28 4th of Tishri	29 5th of Tishri	30 6th of Tishri	OCT 1 7th of Tishri Bet Hebrew Class 3:30-4:30 	OCT 2 8th of Tishri	OCT 3 9th of Tishri EREV YOM KIPPUR <i>Kol Nidre</i>	OCT 4 10th of Tishri YOM KIPPUR  7:18 

☆ B'NAI ZION TEMPLE ☆

B'nai Zion Congregation
245 Southfield Road
Shreveport, LA 71105-3608

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(318) 861-2122 office
NEW: BnaiZionOffice@gmail.com
www.bnaizioncongregation.org
Rabbi Dr. Jana L. De Benedetti
Dr. Donald Posner, President
Helaine Braunig, Educator
Sheila Lawrence, Bulletin Editor

**TIME SENSITIVE MATERIAL
PLEASE EXPEDITE**



A Proud Member of the URJ

Happy New Year!



♪ Special thanks to Bogett Printing for helping with our colorful printing needs ♪