



# RIVERDALE JEWISH CENTER



EREV TISHA B'AV - Shabbat Chazon, July 21, 2018

*A Tearless Tisha B'av:  
Mourning without Meaning*  
**Rabbi Menachem Penner**

Following Mussaf

Mincha

1:45/6:00/8:00PM **Main Shul**

**Fast Begins**

**8:21 PM**

*The Three Weeks the Laws of Aveilut  
and the Journey of the Soul after Death*  
**Rabbi Menachem Penner**

8:20 PM **Main Shul**

Shabbat ends

9:03 PM

Maariv/Eicha

9:05 PM **Social Hall**

Maariv/Eicha

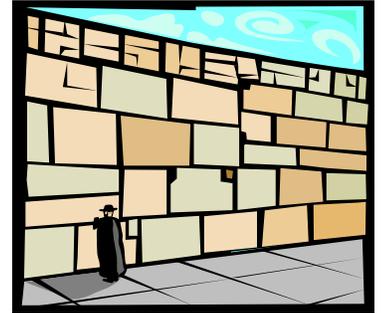
9:30 PM **Main Shul**

*The Kedoshim of the Holocaust: Can  
there be Martyrdom without Volition*  
**Rabbi Menachem Penner**

Following Eicha **Main Shul**

Late Maariv/Eicha

10:30 PM **Social Hall**



## TISHA B'AV - Sunday, July 22, 2018

**Shacharit/Kinot**

**7:00 AM** (Hashkama Room)

**8:00 AM** (Social Hall)

\*Explanatory *Kinot* at 8:45 am minyan

**8:45\* AM** (Main Sanctuary)

**9:15 AM** (Hashkama Room)

*After Av: Mourning the Temple Throughout the Year*  
**Rabbi Scott Hoberman**

Noon (Main Sanctuary)

Midday (*chatzot*)

1:02 PM

**Early Mincha**

**1:40 PM** (Main Sanctuary)

**2:30 – Names, Not Numbers** (75 minutes) SAR students interview Holocaust survivors from our communities. We dedicate this year's showing in memory of Stefa Hasson who worked for years developing this project.

**FILMS**

**3:45 –Hiding and Seeking: Faith and Tolerance after the Holocaust** (85 minutes) This award-winning documentary tells the dramatic and emotional story of a Jewish father who journeys with his two ultra-orthodox sons back to Poland to try to find the Christian farmers who hid their family from the Nazis.

2:30-5:10 PM  
(Board Room)

*Bringing Redemption into our Lives*  
**Rabbi Yitzi Genack**

7:10 PM

**Plag Mincha/ Maariv**

6:20 PM (Beit Medrash)

**Mincha/Maariv**

7:50 PM/ after 8:21 PM (Main Sanctuary)

**Late Maariv**

8:51 PM (Beit Medrash)

There will be no Maariv at 9:30 pm

**Fast Ends/Kiddush Levana**

**9:02 PM**



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## Laws of Shabbat Erev Tisha B'av (July 21<sup>th</sup>)

When Tisha B'Av falls out on a Sunday, as it does this year, we undergo an abrupt transition from celebrating one form of holiness, Shabbat, to mourning the loss of another, the Mikdash. An overview of the procedure for this transition is as follows:

### Restrictions:

- ◆ Though the 9th of Av technically falls out on Shabbat this year, public acts of mourning are not displayed on Shabbat. While Ashkenazim have the custom to refrain from marital relations on Shabbat Tisha B'av, the other restrictions are considered public acts of mourning and should not be observed on Shabbat.
- ◆ One should not diminish the quality of Shabbat meals but should moderate the atmosphere of the meals by not having more company than a typical Shabbat.

### Mincha and Seudah Shelishit:

- ◆ Mincha will be at 1:45 and 6:00 pm in order to allow time for the final meal before Tisha B'Av, the Seudah ha-Mafseket. An additional mincha minyan will be held at 8:00 pm.
- ◆ At Seudah Shlishit, none of the standard restrictions of the Seudah ha-Mafseket apply. As such, the usual custom of eating eggs with ashes is not observed, and Birkat ha-Mazon may be recited with a *mezuman*.
- ◆ The Seudah must be completed by **8:21 pm** (sunset), as that is when the restriction of eating and drinking commences.

### Havdala on Motzai Shabbat

- ◆ The full Havdalah is **not** recited on Motzai Shabbat. Rather, the brakhah on fire alone is recited after Maariv.
- ◆ Before performing any forbidden melakha one must recite "*Barukh ha-mavdil bein kodesh le-chol*".
- ◆ **Anyone who needs to eat on Tisha B'Av night or day, must first recite havdalah over a cup of juice or beer (but not wine or grape juice).**

### Shoes:

- ◆ One may not put on their non-leather shoes until the conclusion of Shabbat, after the recitation of "*Barukh ha-mavdil...*"
- ◆ Space will be made in the Board Room for those who wish to bring their non-leather shoes before Shabbat, as bringing the shoes on Shabbat itself would constitute prohibited preparations for Motzai Shabbat.
- ◆ Alternatively, Ma'ariv is scheduled 9:30 PM in order to allow time for people to retrieve non-leather shoes from home.
- ◆ If one forgot to bring non-leather shoes before Shabbat he or she should slip their leather shoes off immediately after "*barchu*". In such a case, one may wear leather shoes for the return home, but should try to put something in the shoes (e.g. a penny) to make walking slightly uncomfortable.

## Laws of Tisha B'Av (July 22<sup>nd</sup>)

The primary restrictions of Tisha B'av pertain to the areas outlined below:

- ◆ **Food/Drink**
  - ◆ Any eating and drinking is forbidden, including rinsing the mouth and brushing teeth.
  - ◆ If you have health concerns about fasting please contact Rabbi Genack.
- ◆ **Washing** - All washing for pleasure is prohibited, even in cold water.
  - ◆ One may wash his/her fingers up to the knuckles (e.g. for netilat yadayim).
- ◆ **Anointing** - Perfume should not be worn.
- ◆ **Leather Shoes** – Shoes made of any amount of leather should not be worn.
- ◆ **Marital relations** are forbidden on Tisha B'av.

### Additional restrictions:

- ◆ It is prohibited to study Torah topics other than those relevant to Tisha B'Av or mourning.
- ◆ Sitting on a regular chair/bench is forbidden until midday (1:02 pm).
  - ◆ One may, however, sit on a low bench or chair, or on a cushion on the floor.

### Conclusion of the Fast

- ◆ At the conclusion of the fast, one may not eat or drink until havdalah has been recited.
- ◆ For Havdala after the fast, one should recite only the berachot of "*Borei Pri Hagafen*" and "*Hamavdil bein Kodesh L'chol...*" (omitting the beracha for spices and fire, as well as the introductory verses of "*hinei...*").

## Laws for the Day after Tisha B'Av

- ◆ Because Tisha B'Av was delayed one day this year, most of the limitations of the three weeks and nine days are lifted at the conclusion of the fast.
- ◆ The prohibition to consume meat or wine continues until the morning of the 11th of Av, Monday, July 23<sup>rd</sup>.