

# Parshat Bamidbar Shavuot

## Friday 7th June 2019

Candle Lighting 4.36pm  
Maariv 6.15pm

## Shabbat 8th June 2019

Shacharit 9.00am  
Mincha 4.15pm  
Maariv 6.00pm

**Erev Shavuot falls on Saturday night 8th June with Shavuot on Sunday & Monday 9th & 10th June**

## A word from the Rabbi

A riddle: "If you think you have it you definitely don't. If you know you **don't** have it, you probably do" - What is it?

Humility

*"And Hashem spoke to Moshe in the wilderness saying..."*

According to our Sages the Torah was given in the wilderness to teach us the concept of humility. The baroness on the wilderness is analogous to the human trait of humility; the uncultivated wilderness presents an opportunity for development, similarly the humble heart is primed for development.

The irony of humility is that it is only by avoiding it can it be obtained.

*"Humility does not mean thinking less of yourself than of other people, nor does it mean having a low opinion of your own gifts. It means freedom from thinking about yourself one way or the other at all."* - William Temple

Even if we ironically cannot strive to be humble, true honesty with oneself is a good start.

Our sages teach us that the first step to wisdom is acknowledging one's ignorance; "The wise man is one open to learn from any man" - Pirkei Avot 4:1.

The first step towards humility is similarly acknowledging one's arrogance.

**Shabbat shalom and chag sameiach**

**We wish a hearty Mazal Tov on your Bar/Bat Mitzvah Anniversary to:**

Ryan Joffe

Jonathan Rosenberg

Richard Shakenovsky

**We wish a hearty Mazal Tov on your Wedding Anniversary to:**  
Roy and Beverley Levy

**We wish long life to the following Members who commemorate Yartzeit this week:**

Frederick Alexander	for his mother	Lynette Alexanher
Russell Marx	for his sister	Zanne Breskal
Debbi Levy	for her father	Alan Chenik
Moses Gordon	for his mother	Chiene Gordon
Lewis Horwitz	for his father	Sydney Horwitz
Glenda Krawchuk	for her mother in law	Sally Krawchuk
Dee Fittinghoff	for her grandmother	Sylvia Lawrence
Nathan Luck and Hillary Simon	for their father	Issy Luck
Stanley Schneider	for his father	Leo Schneider
Sandra Plit	for her brother	Selwyn Shlom
Ada Berger	for her brother	Benny Silver
Ada Berger	for her mother	Feiga Silver

## **Shavuot Times**

### **Saturday 8th June**

<b>Mincha</b>	<b>4.15pm</b>
<b>Candle Lighting after</b>	<b>5.35pm</b>
<b>Maariv</b>	<b>6.00pm</b>
<b>Communal Dinner</b>	<b>6.45pm</b>
<b>Tikkun Leil</b>	<b>8.30pm</b>

### **Sunday 9th June**

<b>Shacharit</b>	<b>9.00am</b>
<b>Mincha</b>	<b>4.35pm</b>
<b>Candle Lighting</b>	<b>5.35pm</b>
<b>Maariv</b>	<b>6.00pm</b>

### **Monday 10th June (Public Holiday)**

<b>Shacharit</b>	<b>9.00am</b>
<b>Yizkor approx</b>	<b>10.30am</b>
<b>Mincha</b>	<b>4.35pm</b>
<b>Maariv</b>	<b>5.35pm</b>