



**Tifereth Israel
Congregation**

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The Menorah

From the President: Sylvia Horwitz

Happy New Year!

It's hard to remember what we were doing last January. Little did we know that COVID-19 was about to upend our lives so thoroughly. This January will be different, but this year, the month holds a glimmer of better things to come. This year, Tu B'Shvat is in January. Tu B'Shvat has become a time to connect to nature and to the physical and the spiritual/mystical, and to highlight protection of the environment. Though often falling in the dead of winter, I always think of Tu B'Shvat as celebrating renewal and the start of the growing cycle. In my first winter in Israel, my Sherut La'am group went to plant trees somewhere in the Galil on Tu B'Shvat. It was chilly, wet, muddy, and at the same time, it was exhilarating. It was a promise of something good to come.



In January we will also be observing Martin Luther King Jr. Day on the 18th, and part of that observance will serve as a prelude to Tu B'Shvat, which starts on

(Continued on page 2)

From the Rabbi: Rabbi Michael Werbow

As I write this article, we are near the end of December, typically seen as a winter month. However, we have only had a taste of the winter we envisioned as we moved back north from our years in Florida. We're hoping for some good winter weather but it seems like it might not come. Part of that view is because it feels like we are already heading out of winter. Why might it seem that way? Because Tu B'Shvat, the 15th of Shvat, is approaching. Tu B'Shvat may or may not mark the end of winter here but in Israel the rainy season is coming to an end and farmers are beginning to plant a new season of crops. It is precisely this time of year that we celebrate this holiday. Tu B'Shvat is widely known as the "Birthday of the Trees". It is on this day that trees are counted as being one year older. Now, you may ask, why do I care how old a tree is? This is a good question.



In Judaism, one needs to know the age of a tree in order to know if you are allowed to harvest from it or not. Fruit bearing trees were not supposed to be har-

(Continued on page 3)

From the President - continued

Wednesday evening, January 27. On MLK Day, TI will once again be doing a clean-up in Rock Creek Park, under the auspices of the Rock Creek Conservancy. This time of the year is actually an excellent time to go into the Park and collect trash and recyclables. It's easy to see where the debris has collected, and easier to reach than when branches are covered with foliage. I hope to see many of you out there – weather permitting of course – on January 18.

The Menorah Tifereth Israel Congregation

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Please note: The building is closed due to COVID

info@tifereth-israel.org

Office closed with full time staff working remotely. Hours are:

Mon - Thurs: 9am to 5pm

Friday: 9am to 3pm

Closed weekends.

Also closed on New Year's Day – Jan 1 and
Martin Luther King Day - Jan 18

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Rabbi Emeritus: [Ethan Seidel](#)

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*Tifereth Israel is a traditional egalitarian congregation
affiliated with the United Synagogue of Conservative
Judaism*

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The Social Action Committee will also be holding its annual Martin Luther King Shabbaton on January 16. After Shabbat morning services and a break for lunch, an afternoon panel will honor the late Rep. John Lewis, who famously urged getting into “good trouble” to bring about needed social change and racial justice – his signature way of urging tikkun olam. What better way is there to start the year than by being inspired, taking action, and celebrating the “new year of trees” and the blessings of our natural world?

Sylvia

Funeral Practices Committee Always On-Call

Chaverim of the Funeral Practices Committee are on call to provide counsel and services to synagogue members and their dependents.

In the event of a death, before contacting the funeral home please contact one of the following chaverim or the TI office (202-882-1605).

Shelly Heller h: 301-942-1836
w: 202-994-5906
c: 301-996-2704

Marcia Goggin w: 301-754-1963
c: 301.792.1063

Bruce Heppen h: 301-299-3255
c: 202-997-1890
w: 703-417-8983

Naomi Revzin h: 301-765 6272
c: 301-435.6272

From the Rabbi - continued

vested until after they were three years old. Then, in the fourth year, the produce could be picked and donated to the Temple. In subsequent years, the farmer was able to keep all that was produced.

Today, Tu B'Shvat has less to do with keeping track of the age of the trees and more to do with our relationship with the natural world around us. What kind of interactions do we have with nature? Are they fleeting moments, that are often accented by the dread we feel when needing to bundle up and brave the elements, or are they sustained opportunities to truly go out and absorb the beauty of the world in which we live?

While some of us may spend large amounts of time enjoying the outdoors, many of us go from our climate controlled homes into climate controlled cars, to climate controlled workplaces or restaurants and stores. The amount of time we spend in the elements is very short. If we are blessed to have a garage attached to our home and a parking structure at work, or where we are running errands, we may rarely set foot outside in our daily routines. This may be an extreme but it certainly is a possibility. It is this possibility that makes Tu B'Shvat so important. Appreciating nature is one of the first steps to really being in relationship with it. Doing so gives us a better picture of our place in the world.

One of my favorite Tu B'Shvat stories, and Talmudic texts, emphasizes how an appreciation of nature helps us locate ourselves in the greater world. The story tells of an individual named Honi Hama'agal (Honi the Circle Maker). Honi was known for his ability to intercede, with God, on the people's behalf. In this particular instance, Honi was asked by

the people to pray for rain. The drought they were experiencing was overwhelming and they needed rain desperately. Honi did pray to God for rain and the land ultimately received the rain it so desperately needed.

Following this story is where Honi shows that he really doesn't understand the nature-people relationship. He goes out on a walk and sees a young person planting a carob tree. He asks the man why he is planting a tree if he knows that it will not bear fruit in his lifetime. The man responds that just as his grandparents planted trees so that he would have the ability to harvest from them, he plants to lay the foundation for his descendants. Honi learns an important lesson.

The natural world is only as we see it because people before us have cared for it (or not) and prepared it for us (or not). This lesson can be extended to many other areas of our lives as well.

Specifically, thinking about Tifereth Israel, we reap the benefits of many who came before us and shared their passion and care for this Kehillah. So many of their actions may not have borne fruit until years later but that did not keep them from planting. I am learning about more and more of these plantings as I continue to speak with people during my first year here at TI. And, just as others planted seeds in TI for us to reap, we also have the responsibility to act so that those who come after us can benefit from our actions. In the next few months, I look forward to continue our work together to make TI a fertile ground to produce a strong, warm and vibrant home for Conservative Judaism to be lived by all who seek it, now and in the future.

What I Learned During the Pandemic

Myrna Goldman: I learned that there are an infinite number of exercise videos for seniors on YouTube.

Louise Kelley: I have long known that the lessons I learn best are the ones that cut deep, sometimes known as the ones learned the hard way. So it is with the 2020 COVID 19 pandemic. Now I know that 1) I need to be with people and not being able to hug or have a meal or be closer than six feet is painful, debilitating and wretched 2) being able to take care of others in some way --meal, book delivery, visit with safety first-- can mitigate some of this and 3) being a part of TI and participating in prayer, song, Torah study and social events that are Jewish keeps the blues at bay.

TIFERETH ISRAEL CONGREGATION PRESENTS

UPTOWN SHABBAT



FRIDAY, JANUARY 22
AT 6:00 PM



UPCOMING DATES:
FEBRUARY 26
MARCH 26

Musician Robyn Helzner, one of the leading interpreters of world Jewish music, and Chazzan Larry Paul will lead a night filled with soulful song.

[Click here to learn more](#)

My Bar Mitzvah - Carl Bergman

I was sick. All week I had a bad cold and a fever. Come Saturday, October 19, 1957, I was a little better, so my parents decided we would go. The long drive from our home in Northeast Atlanta to Ahavath Achim in Southeast seemed even longer than usual. Ironically, there were three shuls within walking distance of our home. One was Orthodox, the other two Sephardic. We went past them and drove to the city's only Conservative shul.

The congregation's building was on its last days. Urban renewal was going to demolish it for housing. Instead, its land became part of the Brave's first stadium. That led my brother and I to say we were bar mitzvah on the pitcher's mound.

I loved the building, except its notable lack of AC. I was always impressed with its Lithuanian style interior design. In addition to the bimah, it had a large reader's desk in the middle of the congregation. So, the Hazzan would march the Torah to and from the desk

My parasha was Bereshit, whose remarkable Torah and haftarah impressed even my numb, recently turned 13 year old mind. When it was my maftir, I went up to the desk for my first and what was to be last time.

For my haftarah I went to the bimah, where I gave my parents a start. Nothing was too off with my croaked trope. Instead, my wooziness caused me to miss a step coming down, but I managed to stay upright to their and my relief.

I would be negligent if I did not mention my tutor, Mr. Steinberg, who had remarkable patience. He and the other Hebrew teachers were always kind and generous. Not that many of us deserved it. I know a lot of folks had horrible times in Hebrew school, but I didn't, and I want to give the faculty a far too belated thank you.

Tu B'Shvat Seder

SATURDAY, JAN. 30

Join together to eat and drink



**Immediately
following
Shabbat
morning
services**

[CLICK HERE TO LEARN MORE](#)

Volunteer Spotlight - Jared Garelick

Eliot Goldberg, a lifelong TI member, did what he had seen his parents do countless times as he was growing up – he saw something at TI that needed doing and he took it on himself to get it done. He knew that the Department of Homeland Security had allocated funds for security grants to non-profit institutions to harden their facilities against attack. The money is for infrastructure hardware, not for hiring security guards. Eliot was familiar with the program because the previous year he had successfully written a proposal for such a grant on behalf of the Jewish day school in Fairfax, where he lives. He called TI Executive Director **Jevera Temsky** asking if TI had applied for one of these grants, as it could bring important security improvements. Jevera responded that the congregation had not yet applied, and that doing so would require someone to take on the task of drafting the grant proposal. Already knowing the ropes, Eliot volunteered.

The grant application required a detailed and itemized proposal. This involved coming up with a list of improvements that could be made within the grant limits, obtaining vendor quotes, and pulling it all together in a persuasive package. Eliot worked closely with Jevera to identify priority projects that would have a strong impact on the building's security. He described the task of proposal writing as telling a compelling story about the synagogue's infrastructure. The proposal was successful and TI

was notified it won the grant about a year ago.

Work using grant funds has been occurring as congregants have been out of the building during the pandemic. Not all of the improvements will be obviously visible when we return to the building in person, but we will have an increased layer of protection.

Eliot grew up with role models as TI volunteers. His mother, the late **Marcia Goldberg**, volunteered in countless congregational roles; his father, the late **Jerry Goldberg**, could frequently be seen in the synagogue building with his toolkit, fixing anything that needed fixing. Both parents served terms as TI President. Eliot notes that while it is easy to identify things that need doing, what the community needs from its members in order to thrive is for people to ask how they themselves can help make happen the thing they know is needed. Anyone can help accomplish an improvement, whether with their time, expertise, or checkbook. For Eliot, the willingness to serve is not limited to TI. He recently founded an organization to erect in Fairfax an eruv, a boundary marker that permits Shabbat-observant Jews within its limits to carry objects on Shabbat and other holidays. He is not doing the work alone, but his initiative helped start a project that has been talked about as needed for decades. This project required yet another grant proposal, to the Jewish Federation. Thank you Eliot, and may you be granted further success in all your projects.

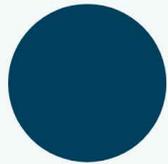
B'nai Mitzvah Memories - Paul Bardack

My Bar Mitzvah took place in a small Orthodox shul in Brooklyn, on Thanksgiving / Thursday morning in 1966. I had practiced for a year, and was to be the first bar mitzvah in the history of my shul to lead the entire service from start to finish: praying, Torah reading, and d'rash. For much of the service my back was towards the congregation but, as we ended with Adon Olam, I looked at all the people who were there. It was everyone from both of my parents' families, and one of those families was dysfunctional and full of fierce animosity towards one another. Hatred, even. And as I looked out at everyone together, I got sad knowing the strong likelihood that I would never see all of them together again in the same place, or many of them at all. And I was right. Then, when the service ended, everyone gathered downstairs for a small breakfast; and my parents, sister, and I - already used to being looked down upon because we had less wealth than most others in our family - could overhear family members gossiping about how skimpy the meal was and that there was seemingly nothing good for them to eat. So walking back home to our apartment after it ended, instead of feeling proud of the culmination of my year's effort, I was sad and my family was humiliated.

MARTIN LUTHER KING SHABBATON

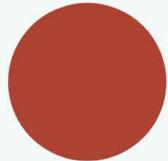
SPONSORED BY THE SOCIAL ACTION COMMITTEE

• SATURDAY, JANUARY 16 •



DRASH: DANIEL R. SMITH

During the Shabbat morning service, hear from Daniel R. Smith, whose father was born enslaved during the US Civil War. For more information about Mr. Smith [click here](#).



SHALEM PROGRAM, 1PM

After lunch, there will be a SHALEM panel honoring U.S. Representative John Lewis.

MORE INFORMATION WILL BE ANNOUNCED.

ZOOM IN ON EMUNAH

Monday, January 4 at
8:00 pm

[CLICK HERE TO LEARN MORE](#)

JOYOUS MOVEMENT & DANCE

Led by Adena Galinsky
Tuesdays at 8:00 am
Fridays at 8:30 am

[CHECK SCHEDULE HERE](#)

TI Social Action Programs

Racial Equity and Justice from a Jewish Perspective: **Carolivia Herron** is organizing a series of upcoming TI Racial Equity and Justice events over the next year. Contact Carolivia via email (carolivia@carolivia.org) if you want to join her core group for brainstorming on how TI can best organize these events remotely. Generations of Tifereth Israel social justice volunteers have been actively promoting social and racial justice initiatives for over 50 years.

Upcoming TI Social Action Programs

Wed., Jan. 6th, 3:00 pm Zoom meeting among Social Action/Social Justice volunteers of Tifereth Israel, Adas Israel, Temple Sinai and the D.C. Minyan. If you wish to participate, please contact Bob Feron (TISocialAction@tifereth-israel.org) for a Zoom invitation

Wed., Jan. 6th, 7:30 pm – Social Action Committee Meeting. Everyone is welcome.

Sat., Jan. 16th, 2021 – Martin Luther King Shabbaton. Drash by Mr. Daniel R. Smith, whose father was born enslaved during the Civil War.

Shalem Program in Honor of Rep. John Lewis, Shabbat afternoon, 1:00 pm–2:15 pm

Mon., Jan. 18th – Martin Luther King Weekend of Service: Stream Cleaning & Trash Removal

This outdoor social service program is jointly sponsored by the TI Social Action and Green Committees, in cooperation with the Rock Creek Conservancy. Advance registration for this program is required, due to health safety requirements that we restrict the number of participants and maintain physical distance at all times. Signup information will be posted on the TI web portal. Email **Julie Steinberg** (natrasand@gmail.com) with questions.

A Non-TI Program of possible interest to TI'ers:

Tue., Jan. 12th, 7:30 pm – Webinar on Child Firearm Access Prevention

Marylanders to Prevent Gun Violence kicks off the 2021 Maryland General Assembly with a specific webinar on this subject. Recommended by **Mona Berch**. Register here:

<https://mdpgv.salsalabs.org/webinar/index.html>

Recent TI Social Action Programs

Dec. 26th – “What’s the Problem? Jews of Color Up Close” Shalem program A Conversation between Dee Sanae of Mosaic Visions and **Carolivia Herron**. Over 100 TI members signed in for this program

Dec. 24th – Holiday Gifts for Shelter Residents

Social Action volunteers delivered 120 paper bags, each containing a winter hat, winter gloves, warm festive socks and a cupcake for each of the 120 residents of the Harriet Tubman Women's Shelter. Thanks to the many TI members who donated to the Marvin Caplan Social Action Fund (MCSAF) to support this, and to **Gene Herman** who made the purchases, **Julie Steinberg** who spent hours sorting all the gift items into the bags and to **Bob Feron** and **Dione Pereira** who delivered the gift bags.



Photo by Julie Steinberg

Dec. 20th – Temporary Rent Support for our Syrian refugee friends.

We delivered a check for the December rent to

TI Social Action Programs - continued

the refugee immigrant family we support. A second check for January will be delivered early in the month. Thanks to the many TI members who donated to the MCSAF for this purpose. The father of the family has been told that he will be re-hired on January 15th.

Dec. 1st – Bulk Food Donation to Shepherd’s Table

Gene Herman and **Bob Feron** delivered a large quantity of commercial-sized nonperishable canned goods to Shepherd’s Table, which provides support



Photo by Bob Feron

to the homeless and needy in downtown Silver Spring, close to the D.C. line. Almost all of these

canned food items came from TI’s kitchen pantry. They were donated before the expiration dates.

Nov. 23rd – Bulk Food Donation to Laid-Off Holy Cross Staff Members

Gene Herman and **Bob Feron** delivered roughly a dozen large boxes of nonperishable food items (in family sizes) to be distributed to laid off and partially employed staff members of Holy Cross Hospital before Thanksgiving. This Thanksgiving food collection was done in cooperation with Ohev Shalom (which delivered their own collected food). A smaller collection of similar nonperishable food items was given to the Syrian refugee family we support.



Photo by Dione Pereira

B’nai Mitzvah Memories - Charlie Baum

What do I remember most about my Bar Mitzvah? June, 1966. Cong. B’nai Torah, Trumbull, Connecticut. Learning to lead most of the Shabbat services Friday night and Saturday morning. My haftarah (I can still recite the opening 4 or 5 lines from memory). The parties afterwards in a tent in our backyard, but having to spend what seemed like forever with the photographer before I could join the festivities. Writing personalized thank-you notes for all the gifts; the last one was finished almost one month after the event.

Nayes un Mekhayes - Melissa Perera

Happenings

Simcha Kuritzky had an article published in the Token and Medal Society on a previously unknown variety of World War One Armistice medal which shows an American flag crossed with the Zionist (now Israel) flag. The documented medals only show two American flags. He speculates this medal was commissioned by one of the 2700 American members of the Jewish Legion who fought for the British in the Great War.



Ari Kefer (age 16) competed in a regional powerlifting competition ("2020 Holiday Havoc") and won a medal for "Best Teen Lifter." He continues to hold three Maryland state records for deadlifts, squats, and cumulative weight lifted in the 115-pound weight class.



Dov Weitman is delighted to announce the release of his new album, "Klezmer on the Dobro." Dov is the first person ever to record an album of klezmer music with the dobro being the lead instrument (accompanied by folk/bluegrass instruments like guitar, mandolin, banjo, fiddle and even recorder). Dov has been performing Jewish music (e.g., as a member of the Robyn Helzner Trio) for decades, and he has also performed bluegrass on the dobro for decades. About 10 years ago, Dov started to put klezmer music and the dobro together, and finally began two years ago to record this album to make this musical fusion available to the public. Look for some guest stars -- Robyn Helzner (lead vocal on the one song that is not all instrumental), Dov's wife, **Sylvia Horwitz** (vocal harmony), and Sylvia's brother, Howard Horwitz (violin). You can read all about klezmer music, the dobro, and the CD at <https://klezmerdobro.com/> - where you can also buy CDs and individual songs.

Rabbi **Ethan Seidel** listened to the CD, and thought it was fantastic. He notes: "Great klezmer, and a great new take on klezmer! Especially as a beginning guitarist (just since starting my retirement), Dov's technique playing multiple members of the guitar family was just awesome."

Joyous and Happy News

Rabbi Ethan Seidel and **Rachel Seidel** report that their daughter **Hannah Seidel** got engaged over Channukah to her long-time boyfriend--Michael Scholl. He is an engineer who works as a civilian contractor for the military. Michael grew up in Charlottesville, VA. Hannah continues to work (from home) for the International Institute of Education in their Human Resources Dept. You also can catch her occasionally "getting ink" in the Washington Post Style Invitational. They plan on marrying when conditions are safer for gathering and travel. Rabbi Ethan and Rachel are thrilled for the happy couple.

TI members **Joye Newman** and **Larry Paul** are delighted to report that they have become grandparents again! Their granddaughter Willow Marjorie

(Continued on page 11)

Nayes un Mechayes - continued

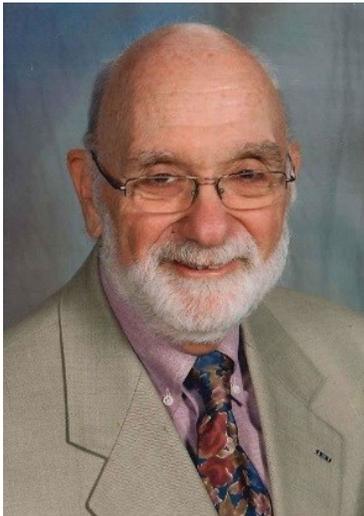
Paul arrived Sunday, December 6, 2020, 20 Kislev 5781. At birth she was 6 pounds, 11 ounces. Parents Angie and Ami Paul, big sisters Rosalie and Violet, and baby Willow are all doing well.

Sad News

James Flug (Carla Flug) who was a long-time member of Tifereth Israel until a few years ago died on December 9, 2020. Their three daughters grew up at TI. Here's a link to the obituary:

https://www.washingtonpost.com/local/obituaries/james-flug-who-helped-block-nixon-nominees-and-investigated-watergate-dies-at-81/2020/12/15/a14a59e0-3eea-11eb-8bc0-ae155bee4aff_story.html

Tifereth Israel member Bernard Shleien, died on Tuesday morning, December 29, 2020, 14 Tevet 5781, at the age of 86 after a short illness. He is survived by his daughter, Sara (Eric) Waskowicz, and son, Joshua Shleien, and grandchildren, Sam, George, and Lucy Waskowicz. His wife, Debra Shleien, died in 2015.



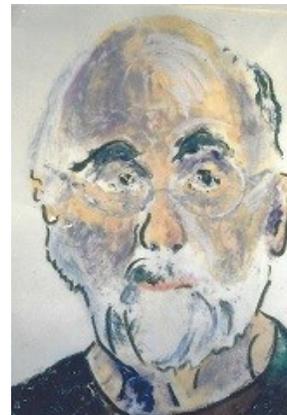
Family photo

Bernie was a Radiation Health Physicist, who worked at FDA, Bureau of Radiologic Health. He wrote the book on safety for radiological procedures.



After retiring as a Captain from the U.S. Public Health Service, he and Debbie moved to Israel for a few years and then came back to be closer to their children.

Bernie had many careers - Pharmacist, Public Health Service Officer, Entrepreneur launching his own com-



Self-portrait

pany named Scinta, Artist, and Teacher. He enjoyed reading and studying the Civil War, Jewish literature, and past US presidents. Bernie was a prolific artist in many mediums. His artwork is prominently displayed at Tifereth Israel.

May their memories be for a blessing.

In Memoriam Sheldon Lisbon

Sheldon Lisbon, who began teaching in our Himmelfarb Hebrew School in the early 1970s, mostly in the 6th grade, died recently. My mother, Mollie Berch, who retired in 1986 as school principal, thought the world of Sheldon. She considered Sheldon to be the cornerstone of the school, and repeatedly said that whoever taught the next grade benefitted by having such well-prepared students the following year. She considered him to be an exemplar for other teachers and more than once told me that she hoped that some of what he did would “rub off” on other teachers.

Sheldon was an Orthodox Jew. She understood that he was teaching in an environment – a Conservative synagogue – which had things that he didn’t agree with, but still taught here, so as to benefit the children. She considered this a true example of “ahavas Yisrael”. She admired him for his efforts to attend TI services (walking a considerable distance) when the simcha was for one of the students he tutored.

My mother was very appreciative of his efforts; she told me this many times. She considered it to be a real stroke of mazel that Tifereth Israel’s school had him for so long.

---- Mark Berch

Sheldon was also a public school teacher who loved teaching. His love of teaching and Judaism came through every day in his classroom. As an Orthodox Jew he set an excellent example of acceptance and Klal Yisrael. He would always show up early to school and sit and chat with me for half an hour before classes started. He had a great sense of humor, and a warm caring nature. Tifereth Israel students who were fortunate enough to have Sheldon as a teacher learned not only the curriculum, but also acceptance of other’s beliefs and an understanding of the different views of Judaism. Sheldon was always respectful of the practices of Tifereth Israel and kept in touch with me after moving to Florida. I saw him down there once when I was visiting Myriam at college. Our school was better for his having taught there.

----- Lynn Golub-Rofrano

Kol Nashim - Louise Kelley

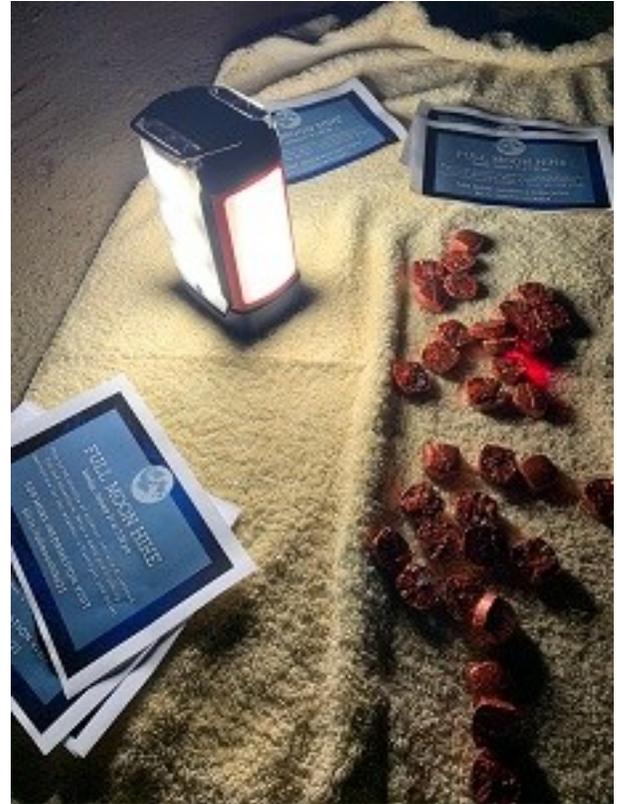
On Sunday, December 13, at a special KN event, Theater J Artistic Director Adam Immerwahr discussed producing live theater (especially the fresh challenges caused by the pandemic lockdown), the ethics of running a Jewish arts organization, and why Jewish theater is so important and necessary for our times. A Question & Answer session followed that, and the 36 attendees participated in the conversation enthusiastically.

The KN Book Group read and discussed **Iris Mitlin Lav’s** book *A Wife in Bangkok* in December. For more information about the Book Group see the article on [page 19](#).

KN is planning Game Night and hopes to announce it soon. Members discussed a tribute to the late TI member and leader Bernie Shleien, who died on Tuesday morning, December 29, 2020, 14 Tevet 5781.

Hike, Havdallah and Hanukiah

On December 12 a group of TI members plus the Werbow family dog Bomba hiked into Rock Creek Park. Besides observing the moon and doing general stargazing, they lit Hanukkah candles; observed Havdallah; and shared snacks. The January Full Moon Hike will be on January 31st. See <https://tiferethdc.shulcloud.com/event/full-moon-hike4.html> for details and to sign up.



Photos by Jennifer Kefer

January Yahrzeitn

Editor's note: We list upcoming yahrzeitn based on office records, under the Shabbat dates when the name is recited and by the yahrzeit date.

December 25-26

1/1	Ruth Bell Virginia Dublin Morris Max Jewler Jerrold Paul Simon	1/8	Esther Horwitz Sam Stein David G. Coran Minnie Kinland Ben Laden Rebecca Hanna Mensh Esther Pincus Hilda Pomerance Herschel Weil Richard S. Weiss	1/15	Marjorie Hecht Watson Ida Yoelson Abraham Berlin Philip Filderman Isaac Friedman Bernice Lillian Herr Annie Kessel Leo Kramer Jack Padve Fred I. Simon David Wall Benjamin Warsaw
January 1-2					
1/2	Milton Forman Robert Frankel Stella Kraft Isaac Levy Naomi Meckler Arnold Schainker	1/9	Celeste Green Gellner William Greenberg Barbara Sarah Jewler Albert Kline Florence Meltzer Joseph Witt	January 15-16	
1/3	Ruth Davidson Robert S. Gallun Anna Schwarz Herbert Wagner M. R. Yoelson	1/10	Herbert Edward Blanco William Fargotstein Sadie Goldberg Anna Zeller	1/16	Naomi Decter Tirza Freeman Joseph Malnik Philip Mincosky Harold Newman Harry Plotkin David A. Saltz Alfred Salim Shashoua Bernard Slatko Henry Stern Chaye Zissel Wolf
1/4	Florence S. Block Sidi Ermann Eva Fisher Bayla Kraft David Schechtman Marie Weintraub	1/11	Albert Burke Angela Kavruck Jacob Kestenbaum Cecelia Lachman Samuel Symons	1/17	Sara Berman Anne Cherner Efraim Herbert Gale Rose Gotfried Eva T. Mendelson Tillie Weinstein
1/5	Miriam Lydia Blechman Grimes Morris Fleishman Anna Footer Eliot Goldings Shirley Levy Tillie Mogul Joseph Reamer Esther Stromberg	1/12	Rose Gandel Mildred Sarah Goodman Blanche Salod	1/18	Marvin Caplan Rosalind Corman Adolph Greenfeld Gerald Leland Freda Levy Deborah Serling Mermelstein Vivian Sherman John P. Stromberg
1/6	Nelly Hadassah Brenner Freha Emsellem Diana Engel Eugene Englander Burt Lopatin Muriel G. Snyder Leo Turkel	1/13	Harriet Lee Bondareff Rebecca Gorewitz Nathan Landay Lawrence Mason Miller Ira Pearlman William W. Prager Helen G. Quint Louis Rose	1/19	Rosalind Corman Helen Graber Fabian Harry Faigen
1/7	Charles W. Bergman Hertsell Conway Benjamin Dinkin	1/14	Lawrence P. Blonder Gertrude Cohen Abraham Feit Morton Gerber Flora Hoffman		

B'nai Mitzvah Memories

Andrea Klein: My Bat Mitzvah was on a Friday night. I led part of the service and chanted a Haftorah I learned from a record my cantor made. My dad told me he would use his hands to indicate if I should go faster or slower. Also the Oneg Shabbat had petit fours with my name in pink icing (done for every girl).

Sheridan Neimark: The year was spring, 1947, the place Youngstown, Ohio, the southside rather than the far more Jewish northside, and the intended venue the more casual orthodox shul, Temple Emanuel. About 2 weeks before my bar mitzvah, the new rabbi (from NY!!!) informed me that I had been assigned the wrong Haftorah, so I got a new Haftorah.

Morris Rodenstein: Dancing the Twist with my mother.

Janice Mehler: Those who have sat near me at services know that I can't carry a tune. At my Bat Mitzvah I strained to reach the high notes in the Haftorah. The cantor joked that my voice was changing. I blushed.

Jessica Weissman: Bat Mitzvahs were a new thing when I had mine at Kol Emeth in Palo Alto. Girls got to sing Kiddush on Friday night and chant the Haftorah on Saturday morning. Because these were on separate days my mother the fashion plate decreed that I would have to wear two separate outfits. I agreed, reluctantly, to a trip to the sub-deb dress shop in Hillsdale shopping center. We scanned the racks and could identify only one dress acceptable to both of us. The shop owner, who was an expert in handling reluctant sub-debs, cajoled me into the dressing room and helped me into the dress. It looked good on me, not that I was going to admit it. Whereupon my mother disappeared, leaving me stranded in the dressing room. The sub-deb whisperer returned with a few outfits I had already rejected. My fate was sealed. I tried them all on and finally said yes to the more elegant dress.

January Yahrzeitn continued

	Samuel H. Gorewitz	Dorothy Borenstein	1/27	Stuart David Corman
	Myrtle Leidman	Greenberg		Max Friedman
	Pauline Natter	Abraham Jack London		Bernard Miller
	Sara Skidell	Mollie Schainker		George Revzin
	Gertrude G. Steinberg	Ruth Polacheck Usher		Philip Samuels
	Barbara Jeanne Weitz			Belle Shapiro
1/20	Gussie Blankstein	January 22-23	1/28	Marcia Goldberg
	Terri Kahan	1/23		Jennie Hoffman
	Lena Sodden	1/24		David London
	Phillip I. Trupp			Sheldon Roodman
1/21	Harry Bondareff		1/29	Isadore Schwarz
	Solomon Flum			Jennie Schutz
	Meyer Frank			Ethel Weiss
	Libby Hertz	1/25	January 29-30	
	Morris Katzman		1/30	Albert Heyman
	Moses Lewis	1/26		Joseph Bergman Rosenthal
	Susan Riker			Tilia S. Waltman
	David Roffe			Reuben I. Wolfson
	Barry Seidel		1/31	Esta Benson
	Max Tischler			Norma E. Cherner
1/22	Pinya Cohen			Bernard Danzansky
				Grace Feldman
				Bertha Greenfield
				Stanley Herman Siegel
				Cecelia Taransky

Gevarim - Andrew Reamer

גברים

Politics and Policy: Bend The Arc - Jewish Action and Jews United for Justice

Wednesday, January 17 • 7:30 pm • via Zoom

(<https://tiferethdc.shulcloud.com/event/policy--politics-jewish-political-action-tentative.html>)

A number of progressive Jewish nonprofit organizations seek to have an impact on domestic policies at every level of government -- through advocacy, community organizing, public events, and political action committees, for example. In this second TI Policy and Politics panel, TI members Rabbi **Elizabeth Richman**, Deputy Director and Rabbi-in-Residence of Jews United for Justice, and Rabbi **Jason Kimelman-Block**, Director of Bend the Arc Jewish Action, will discuss their organizations' recent and current efforts regarding the elections and domestic policy. **Ira Forman**, former Director of the National Jewish Democratic Council and Jewish outreach director for the 2012 Obama re-election campaign, will moderate the conversation.

The Tanakh

Dr. Amy-Jill Levine (Professor of Jewish Studies, Vanderbilt University) explores the content, nature, and meaning of the Tanakh -- starting with Bereshit and ending with Apocalyptic Literature. She discusses passages from a cross-section of the genres in the Tanakh -- including, myth, saga, law, proverb, military history, and love poetry -- using each passage as an example of how to apply a particular method of interpretation to the Bible. Levine explores how various approaches to biblical research and interpretation can enrich our understanding of the text; covers debates over meaning, historical and cultural situations, and the critical methods by which they have been interpreted; and provides thoughtful reflections and useful information on the religious questions that arise. TI member Professor Allan Tulchin will facilitate post-lecture discussions.

<https://tiferethdc.shulcloud.com/event/great-course-the-tanach.html>

Sunday, January 10 -- 10:30 am-12:15 pm • via Zoom (see TI calendar for link)

Lecture 1: In the Beginning (Genesis 1) -- This opening lecture introduces not only the content of the Tanakh but also a number of issues-- historical, theological, and aesthetic--involved in its interpretation. Following a brief description of biblical materials and the means by which they may be appreciated, we turn to several critical tools that are useful for gaining a deeper appreciation of Scripture and some of the technical terms used in its academic study. Genesis 1 portrays a universal, singular, omnipotent Deity who creates by word. The Deity is singular but speaks with the "plural of majesty" or "royal 'we.'" The Deity is never described and cannot be imaged, but humanity is in the likeness of the divine.

Lecture 2: Adam and Eve (Genesis 2:4b–3:28)

Many scholars suggest that Genesis 2–3, the "J" cosmogony (it uses the name "YHWH" [German: JHWH, the "Y"= the German "J"] for "Lord,"), was composed during Solomon's reign (c. 900 B.C.E.). Three hundred to four hundred years later, the P (Priestly) writer placed Genesis 1 before the J account, creating a new lens by which Eden may be understood. This lecture follows Gen. 2–3, selectively, episode by episode, to highlight its complexity, the effects of Genesis 1 on its interpretation, its possible ancient Near Eastern connections, and the questions that remain debated.

Sunday, January 24 -- 10:30 am-12:15 pm • via Zoom (see TI calendar for link)

Lecture 3: Murder, Flood, Dispersion (Genesis 4:1–11:32)

Genesis 1–11 depicts the increasing alienation of humanity from one another, the uneasy relationship between animal husbandry and agriculture, the wilderness and the city-state, and the increasing alienation between humanity and God. This lecture investigates these themes through analysis of the stories of Cain and Abel, Noah's flood, and the Tower of Babel. The lecture also observes the tantalizing hints in the primeval history of other myths, likely known to the Bible's early audiences but now lost to history.

(Continued on page 17)

Lifelong Learning: January 2021 - Rina Rebibo

8 Bright Nights was a blast! Approximately 200 people engaged in our events. Our two daytime events were also well attended. On Sunday December 6th, 30 6-12th graders spent hours in a virtual escape room. On the following Sunday, we had beautiful weather and approximately 10 tots and the adults that go with them spent over an hour at our Tots Donuts & Dreidels Meetup. (see photos)

Looking ahead to January, we have some new and refined programming:

January 4th: The third **Zoom in on Emunah** Class. The second class was intense, as we wrestled with Chapter 1. If you are interested in joining us for Chapter 2, please email rina@tifereth-israel.org. (for women)

January 11th: All 4th & 5th graders are invited to join our youth advisor, Yael, for a fun **Game Hour** from 4:00-5:00 PM. This will take place monthly. Email yael@tifereth-israel.org for the link.

January 14th: **Nosh & Drash Limited Edition** Moving to once a month, Rabbi Werbow will facilitate Rosh Chodesh discussions with our teens from 5:30 - 6:30. Other dates will be: 2/11, 3/11, 4/8 and 5/13. (for 8-12th graders)

January 18th: Tots **MLK-Tu B'Shvat Scavenger Clean-up Meetup in the Park!**

January 20th: **Parent Schmooze 2.0!** Join Yael and Rina at 9:00pm as we talk about and experience the role of play in self-care! For more info: <https://tiferethdc.shulcloud.com/event/parent-schmooze.html> (for all parents)

January 24th: **Mitzvah of the Month** class is back! 3 – 5 years olds are welcome to join Morah Lee on Zoom at 9:30 am for an interactive class about Mitzvot! Free to members, \$36 for non-members. Register here: <https://tiferethdc.shulcloud.com/event/tots-mitzvah-of-the-month-class.html>

January 29th: **Tot Kabbalat Shabbat** at 4:30pm.

Gevarim - continued

Lecture 4: Abraham, Sarah, and Hagar (Genesis 11:26–21:34) -- The stories of the Patriarchs (Abraham, Isaac, and Jacob) appear to be set in the late Bronze Age, c. 1750 B.C.E. Arguments for a relatively early origin to several tales include the recording of patriarchal practices that were offensive to the religious sensibilities of later times. Biblical scholars date the literary composition of the patriarchal sagas to the Judean royal court, c. 900. Additions continued to be made until the late 5th or early 4th centuries B.C.E. Because the patriarchal stories concern morality, responsibility, and faith, more than just historical



Yvonne Shashoua, Azariah Hileman-Shashoua and Tzurielle Shashoua collaborate to lead Erev Shabbat minyan.

Photo by Yochanan Sullivan

TI Youth Happenings - Yael Horowitz

The December month was wonderfully busy! We had events every night of Chanukah and ran a special event for TI Teens – A virtual escape room with Bagels and Locks! If you and your family would like to play a similar game you can do so with a 10% discount using the code FAMILY10 at <https://bagelsandlocks.com>.

We really want to stay in touch and run fun and relevant programming, so we are asking parents and teens to fill out [this form](#).

Looking Forward to 2021:

We have so many great events planned for this January, some new ones and some fan favorites reimaged!

January 9, for teens: Virtual Dance Party, TI Teens are going to boogie over zoom! You can submit to the playlist by emailing your song choice to yael@tifereth-israel.org. Register [here](#) by January 7.

January 10, for 6-8 grade: Reflecting on a New Year, together we will think about all the things we've learned from this past year, as strange as it may have been and set intentions for the new year. Register [here](#) by January 8.

January 11 at 4 pm, for 4-5 grade: Join Yael for a facilitated afternoon of games! For an hour every 2nd Monday of the month we will play games, connect and spend time together! Email yael@tifereth-israel.org for the link!

January 20 at 9 pm, for parents: Parent Schmooze 2.0! Join Yael and Rina as we talk about and experience the role of play in self-care! Contact rina@tifereth-israel.org for the Zoom information.

As always I look forward to getting to know more of you and if you have any questions or concerns please contact me, yael@tifereth-israel.org

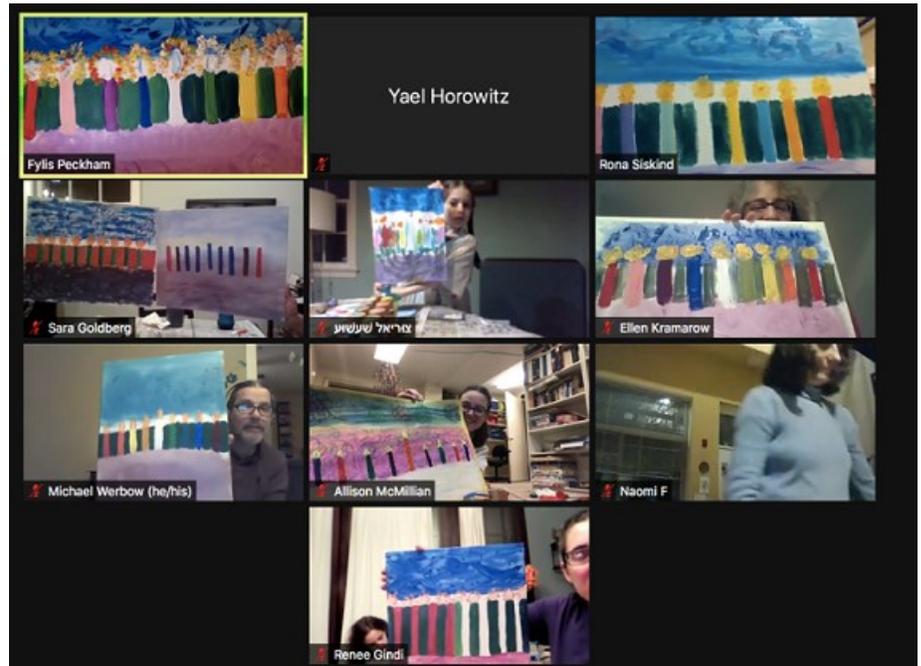


Photo by Yael H.

B'nai Mitzvah Memories

David Cohen: My birthday is December 9, but in the Jewish calendar it fell in November that year (1950). To avoid winter weather that might prevent out-of-town relatives from travel, my parents scheduled my bar mitzvah on November 25. Mother Nature outsmarted them, however. A late fall hurricane blew in to mark the occasion. I remember trudging to shul fighting strong winds and blowing rain, wearing jeans over my new suit to keep it dry!

Adele Sumner: We belonged to an orthodox shul. I did not have a bat mitzvah and neither did any of my friends. In our crowd, the “big” event was a sweet sixteen party. I didn’t have one of those either. But I did get to go with my father the summer before I turned sixteen to London and Paris to meet family.

Kol Nashim Book Group - Jessica Weissman

The KN book group met on Tuesday, December 22nd to discuss **Iris Lav's** novel *A Wife in Bangkok*, with Iris present to answer questions and otherwise illuminate the novel.

In January we will discuss *Family Papers; a Sephardic Journey Through the 20th Century*, by Sarah Abrevaya Stein. This book, by a historian whose previous book was about Jewish ostrich farmers in South Africa, assembles many documents and papers and other material related to a Sephardic family. Available from the MoCo library and from local and online sources.

Reliable online sources of remainders and used books include addall.com/used, bookoutlet.com and betterworldbooks.com. This last is particularly

attractive as it acts as a clearinghouse for used books donated to libraries and other organizations.

The book group is open to everyone who enjoys reading and talking about books. There's no absolute requirement to have finished the book or even started it. However, we make no commitment to avoid spoilers.

We meet at 7:30 over Zoom. If you are not on the invite list, please contact **Janice Mehler** (contact information in the TI directory) to be added. There's no requirement to RSVP until we go back to meeting at members' houses, but being on the list gets you timely reminders and an email with the Zoom link.

MITZVAH OF THE MONTH

Introduce your 3 & 4 year olds to mitzvot, learn by doing!

9:30-10:15 AM ON SUNDAYS:
JANUARY 24TH
FEBRUARY 21ST
MARCH 21ST
APRIL 18TH
MAY 23RD

Taught by Lee Anderegg
 Free for TI Members
 36\$ for Non-Members

[CLICK HERE TO LEARN MORE](#)



Tots Doughnuts and Dreidels



Photos by Jeff Peterman

Donations

Click here to see a full updated donations list (as of 1/5/21)

ANNUAL APPEAL

Pierre & Deena Dugan
 Paula Flicker
 Abraham & Dena Greenstein
 Charles Rombro & Pamela Stone
 Sarah Sorscher & Marcus Hedrick

GENERAL DONATION

Raymond & Rebecca Coleman
 Joshua Nadas & Lillian Rosen
 Gidon Van Emden & Sharon Light

In Honor Of

Ellen Cleary
 Stephanie Rubin's
 Intermediate Hebrew
 class

In Memory Of

Myrna Goldman
 Eleonore Turpin

YAHREIT DONATIONS

In Memory Of

Erwin Bondareff
 Harriet Lee Faye Shapiro
 Bondareff
 Steven & Rachel Bressler
 Melvin Bressler
 Shirley Cowan
 Maurice Cowan
 Tamar Hendel Fishman
 Fannie Fishman

Lee & Brenda Footer
 Lee & Brenda Footer
 Jason & Gertrude Geiger
 Jason & Gertrude Geiger
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 David Hart & Lois Frankel
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 Denise Iskow
 Alexandra Kincannon &
 Paul Moorehead
 Barry Levin
 Jodee Lichtenstein
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 John & Lynne List
 Irene Rosen
 Eric & Shira Schechtman
 Eric & Shira Schechtman
 David & Lois Shapiro
 Norman & Ellen Sinel

Lou Meckler
 Toby Meckler Footer
 Max Louis Friedman
 Rebecca T. Friedman
 Cesia Honig
 Lorraine Goldman
 Esther Harris
 William Gorewitz
 Naiman Greenspoon
 Robert Frankel
 Dora Gerber
 Leon H. Burka
 Charles Louis Kincannon
 Joseph Levin
 Fannie Barco
 Ernestine List
 Robert List
 Yetta Rosen
 David Schechtman
 Bernard Rubinstein
 Rabbi Jack Shapiro
 M. Jerry Winnick

PARENT

SHMOOZE 2.0

JAN 27
FEB 17
MAR 17
APR 28
MAY 19



NOSH & DRASH

JAN 14
FEB 11
MAR 11
APR 8
MAY 13

THE TANAKH

Sponsored by Gevarim

BEGINS JANUARY 10, 2021

This Great Courses video lecture series features Dr. Amy-Jill Levine, Professor of Jewish Studies at Vanderbilt University, as she explores the content, nature, and meaning of the Tanakh – starting with Bereshit and ending with Apocalyptic Literature.

[Click here to learn more](#)

POLITICS AND POLICY: BEND THE ARC-JEWISH ACTION AND JEWS UNITED FOR JUSTICE

Sponsored by Gevarim

SUNDAY, JAN 17 AT 7:30 PM

TI members Rabbi Elizabeth Richman of Jews United for Justice, and Rabbi Jason Kimelman-Block of Bend the Arc Jewish Action will discuss their respective organizations' recent and current efforts regarding the 2020 elections and domestic policy. Ira Forman, Former Director of the National Jewish Democratic Council, will moderate.

[Click here to learn more](#)

Eight Lamps of Hanukkah

From the collection of Simcha Kuritzky. Photos by Simcha.



My Bat Mitzvah - Barbara White

In March of 1922, Judith Kaplan, the oldest daughter of Rabbi Mordechai Kaplan, became the first girl in the United States to celebrate a bat mitzvah.

In June of 1949, Barbara Mestetsky (that's me), who lived behind her parents' grocery store in Portsmouth, Virginia, turned 13. In honor of the occasion. . . Well, something happened, but what exactly was it? I had started Sunday School at our Conservative *shul* at age 5. Several years later, I was begging to go to Hebrew School, something that was considered essential for Jewish boys but optional for girls. Shortly before my 11th birthday, I started learning to read Hebrew in the School's new summer session. I lapped it up and became interested in all things Jewish.

That fall, I started going to Junior Congregation. On some Saturday mornings, when only a few kids showed up, we went to the main service instead. One Shabbat morning in the main service, one of the men in the congregation came over and stood beside me. After a few minutes, he turned to me: "You're actually interested in the service!"

Often, my Hebrew teacher invited a few of the more interested kids to come over for lunch and do some Hebrew study after services. As I approached the age of 13, my Hebrew teacher and his wife were planning to make *aliyah*. By then, I was the star pupil of the Hebrew School and preparing to graduate even though it was a 6-year program. Once the rabbi said to me: "You really should have a *bas*

mitzvah. But the older men would never stand for it." Well, I'd never expected to have a *bas mitzvah* (that's how we pronounced it back then). Around the same time my Hebrew teacher was coaching me to read and talk about a chapter of *Pirkei Avot* (an easy part of the Mishnah) at what he called *Shalosh-uddas* (I now know this as *Seudah Shlisheet*). I had never heard of *Shaloshuddas*, much less attended one.

However, late one Saturday afternoon, there I was, sitting at the head of a long table in a room adjoining the synagogue's chapel, eating challah and chopped herring with a group of old men and my teacher, Mr. Lewittes. I read and translated portions of my prepared text and gave the explanations I had been taught. To satisfy my self-respect, I used the word *like* where Mr. Lewittes thought I should use the word *as*. Then, Mr. Lewittes had me exhibit my knowledge of Hebrew grammar. The old men were impressed.

When we finished, it was dark out, and instead of taking the bus home, I walked with my teacher back to the Lewittes apartment. After closing the store, my parents came to pick me up.

When they arrived, Mr. Lewittes spoke to them about the afternoon: "Since Barbara can't have a *bas mitzvah*, I arranged for her to do this instead." "You should have told us!" my mother said. "We would have closed the store!"

Wax On, Wax Off

Hints for getting was off your menorah safely and without damaging either the menorah or yourself. Suggestions generally involved boiling water or placing the menorah in the freezer.

Marcia Goggin: After the candle is lit, I pour a little water into the base of the wick to avoid the problem of wax accumulation. It makes removal of the stub of candle very easy and leaves no mess. If some wax drips, I also subscribe to the use of boiling water to melt the wax.

Judy Rodenstein: Put the chanukiah in the freezer for a few hours, which makes chipping off most of the wax and removing wick remnants easier. After doing that (and once it's back at room temperature) I use the boiling water method to remove the rest. Toothpicks help clean out the cups if you don't have a corkscrew handy or don't want to scratch your chanukiah.

Claudine Schweber: For the future: I have a spray designed to stop the wax from sticking in the first place-- WAX-OFF. I got it at Shalom www.wax-off.net.

From the TI Kitchen - Francie Kranzburg and Roz Kram

It's been 10 months since our last TI kiddush. We miss seeing you, cooking for – and with! – you, and especially eating together. We hope that we can start up again soon, but since we can't cook for you just yet, we decided to give you a little bit of TI kiddush for home. A recipe or two, maybe a story to go with it, and who knows... maybe you will enjoy making these so much that you will decide to join us in the kitchen when the time comes.

We will provide two or three recipes a month, at least one vegan. If there is something that we have made that you particularly enjoyed, please let us know and we will include it in a future column.

Please keep in mind – when we cook at TI we are cooking for a crowd. We will try to figure out the measurements for say, a family of four – but no promises. Also, we don't always use recipes, so when we say things like "some tomato product like..." "we mean it doesn't matter, use what you have on hand, or buy what is on sale.

We will start with the basics... the TI basics. And remember, "cooking is an art, baking is a science".

Menu for the week: Tomato Soup, "Yuppie" Grilled Cheese, Roz's Famous Broccoli Salad.

Tomato-Lime Soup (serves 4)

Ingredients:

32 oz of tomato juice OR 24 oz of whatever kind of tomato product you like

If not using tomato juice, I like to mix tomato sauce and diced or chopped canned tomatoes (with juice) mixed with enough water to make it the consistency you like (usually about 1/2 to 3/4 of the amount of tomato product - use the cans to measure)

2 teaspoons extra virgin olive oil

2-3 large garlic cloves, chopped OR

1/2 tablespoon garlic powder

1/2 tablespoon ground cumin

These last two are not exact, if you like more garlic add more, if you like more cumin, add more. Or leave them out if you like neither.

About 3 tablespoons fresh squeezed Lime Juice (about 1-2 limes)

Hot Pepper Sauce to taste (I like Cholula or Frank's Red Hot)

Heat the oil in a three quart or larger saucepan. Add the garlic and cumin, sauté until aromatic. Add the tomato juice or tomato product, heat until hot but try not to boil (if it does it's not a big deal, just potentially a big cleanup). Turn down heat and add lime juice and pepper sauce. Allow to simmer for a few minutes, then, if using diced or chopped tomatoes, puree with an immersion blender until smooth. Served topped with crushed tortilla chips.

"Yuppie" Grilled Cheese (Makes 4 sandwiches)

These can be made on the stove or in the oven. We use the oven method as you can make several at one time.

Ingredients:

8 Slices of hearty bread (your favorite kind)

8 Slices of cheese #1 (Swiss, Gouda, Muenster, Cheddar, Havarti – your choice)

8 Slices of cheese #2 (Swiss, Gouda, Muenster, Cheddar, Havarti – your choice)

1 large Spanish or red onion thinly sliced.

2 red peppers OR

2 jarred roasted red peppers

1-2 tablespoons olive or canola oil

Butter or plant butter (you know how much you like, but enough to cover one-half of eight slices of bread when melted)

If using fresh red peppers, wash them and place them whole on some aluminum foil in an oven and heat the oven to 400 degrees. Allow the peppers to cook, turning occasionally, until charred all over (usually 15-20 minutes, but times can vary greatly). Check often as once they start to char it goes pretty quickly. Remove the peppers from the oven and immediately place into a paper lunch bag. Close the bag and let the peppers steam for about

From the TI Kitchen - continued

10 minutes. Open the bag and, under running water, slip the skins off the peppers. Then cut off the tops and bottoms, clean out the seeds and veins, and cut into halves. (The above- except for cutting the peppers into halves - can be skipped if using jarred or canned peppers).

In a large skillet heat the oil on medium-high. Add the onions to the skillet and cook until softened and caramelized (browned, but not burnt) about 10 minutes. Melt the butter or plant butter (you can use the same skillet.)

Line a small cookie sheet, brownie pan or a 9"x13" cake pan with parchment paper. Paint the paper with 1/2 of the melted butter. Place four of the slices of bread on top of the painted parchment. Layer on top of the bread: Cheese #1, onions, peppers, cheese #2, second slice of bread. Paint the outside (top) of the second slice of bread with the rest of the butter. Place into oven, turn on oven and heat to 350 degrees. Bake about five minutes (until tops are golden) and then, using a wide spatula, flip the sandwiches. If necessary, place into oven for another minute or two to brown the other side (it may already have browned so this step may not be necessary).

Remove from oven, slice sandwiches in half (or in quarters) corner-to-corner and serve with soup and broccoli salad.

Broccoli Salad

Ingredients:

- 1 bunch of broccoli
- 2 Tbsp lemon juice
- 2 Tbsp sugar
- 1/4 cup mayonnaise
- 2 Tbsp craisins or similar dried fruit

Wash and dry the broccoli. Optionally, blanch the broccoli or steam it for 2-3 minutes. Cut into bite sized pieces. Combine other ingredients (lemon juice, sugar, mayo, dried fruit) to make the dressing.

Add broccoli to dressing and combine well. Adjust seasonings to your taste. Make a day ahead for the flavors to meld.

Sorry we will not be with you as you face this project. We will be with you in spirit as you make this menu. And remember, cooking with love it goes a long way in making a wonderful dish.

Sending hugs from Roz, Francie and the Kitchen Krew.




FULL MOON HIKE
Sunday, January 31 at 6:00 pm
 Plan on 90 minutes of outdoor, socially distanced fun and adventure.
 Wear a mask and clothing appropriate for the weather, and bring a flashlight and water.
[CLICK HERE TO LEARN MORE](#)

Menorahs of TI



Photo & bread by Elliot Rosen



Photo by Lisa Traiger



Photo by Paula Flicker

My childhood chanukiah (although chanukiah wasn't a word) and the portable chanukiah probably from some TI event 20 years ago - Elliot Rosen



B'nai Mitzvah Memories - Elliot Rosen

My bar mitzvah took place at the Masorti synagogue in Jerusalem December 1968 (Vayigash). There was a synagogue sponsored trip. It was time for my bar mitzvah. And one of my brothers was at Hebrew University that year. The most memorable moment of that trip for me took place at Friday night kiddush. Our tour group was staying at the King David Hotel (where my friend and I were given an upper room suite overlooking the Old City...that's another story). Our group was seated together at several tables in the corner of the enormous dining room. I was asked to chant Kiddush for our group. I stood and began to sing. The entire dining room fell silent, the servers stopped moving, everyone stood, and I sang.

B'nai Mitzvah



Hi, I'm **Hillel Tulchin**, a 7th grader at Gaithersburg Middle School, in the French Immersion Program. My Bar Mitzvah is scheduled for January 9th. My Parshah is *Shemot*, laying the groundwork for the Ten Plagues. I'm interested in anything related to transportation, especially if it travels through the air or on rails.

I live with my mom (**Judy**), my dad (**Allan**), and my sister (**Lena**) **Tulchin**. We live in Rockville, and have lived in New York City, and Bordeaux, France. I'd like to thank my Bar Mitzvah tutor, Norman Shore, and all my family and friends for helping me get through the year 2020.

B'nai Mitzvah Memories - Esther Herman

At TI in the late 1980s, the first adult women's Bat Mitzvah was proposed by master teacher, **Cynthia Peterman**. Ten women with varying Jewish backgrounds began to study together. For me, it was a struggle, as I had had little Jewish studies education. The Petaluma Jewish Center, where my mother and I grew up, was mainly a social place in northern California. There was no rabbi, and the sanctuary held no more than 40 people for a community of about 400. I went to Sunday School, but no Hebrew was taught, as the community mainly wanted its children to learn Yiddish. The community itself was mostly made up of chicken ranchers, mainly immigrants from Eastern Europe. Most of the Jewish history and Bible study I learned was from a book of Bible stories for children and the book, *What the Moon Brought* by Sadie Rose Weilerstein (**Rachel Seidel's** grandmother), a book chronicling the Jewish holidays as Weilerstein and her family celebrated them. All of my adult life, I was anxious to learn more, and the thought of studying to learn was really exciting.



Cynthia Peterman pooled together a group of ten women, **Varda Fink**, **Mona Berch**, Harriet Herr z'l, **Marjorie Greenberg**, Karen Fierst, **Marjorie Odle**, Florrie Einhorn, z'l, **Susan Morse**, Beth Naftalin and me. We all seemed to look forward to our weekly gatherings schmoozing about our family lives, studying Hebrew, and learning history and Jewish culture. As time went on, the class goal became learning trope and Torah. More than two years later we had our much-awaited group Bat Mitzvah on the date of Parshat Yitro, each of the group chanting what she thought she could master.

BIRTHDAY & ANNIVERSARY

Happy Birthday!

J
A
N
U
A
R
Y

Helen Moorehead

William Galston

Rebecca List

Ettie Wallach Krimnus

Patricia Greenstein

Rabbi Ruti Regan

Janet Blank

Ann Baker

Lolita Baker

Nathaniel Bass

Sheri Blonder

Ari Halper-Stromberg

Julius Cohen

Amira Handwerker

Jonathan Waldman

Raphael Diamond-Berman

Samuel Kammer Goldberg

Ruth Shapiro

Benyamin Sullivan

Jonas Laufer

Rabbi Elizabeth Richman

Edward Koren

Raymond Natter

Alexander Seidel

David Ogilvie

Leah Burd

Dana Reback

Delanie Ostrow

Thomas Wolfson

Leonard Baxt

Max Merlin

Caryn Pass

Arnold Revzin

Jennifer Gabel

Daniel Schneider

Matthew Watson

Adrienne Goldstein

Shira Nadas

Abigail Perlmutter

Molly Surden

Marco Ehrman

Happy Anniversary!

Renee Gindi & Alan Zibel

Kenneth Kellner & Nina Bronk Kellner

Dori & Shemaya Klar

Steve LeVine &

Nurilda Nurlybayeva

Judy & Allan Tulchin

Rabbi Michael & Melissa Werbow

John & Marcia Goggin

David & Lois Shapiro



Zoom dalah

Join the 'virtual neighborhood' for havdalah, teachings and special time to start the week together.

January 2 at 6:00 pm

January 9 at 6:00 pm

January 16 at 6:15 pm

January 23 at 6:15 pm

January 30 at 6:30 pm

[Click here to learn more](#)

MISHNA WITH RABBI WERBOW

Saturdays at 8:45 am

Dive into Masechet Rosh Hashanah.
Accessible for all levels of learning
and Hebrew skills, no prior
attendance required.

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SHABBAT AT TI

january

Early Kabbalat Shabbat

Jan 1 • 3:45 pm

Jan 8 • 4:00 pm

Jan 15 • 4:00 pm

Jan 22 • 4:15 pm

Jan 29 • 4:15 pm

Kabbalat Shabbat

Shmooze at 5:45 pm

Services at 6:00 pm



SHABBAT MORNING SERVICES

Saturdays at 9:30 am