



The Menorah

Notes from the Rabbi: Ethan Seidel Learning, My Classes, and the SNAP Challenge

There's book-learning, and then there's experiential learning. Despite their differences, they both take effort, and they are both necessary.

Over my Sabbatical, I made (and have so far been keeping) a commitment to work more diligently on my own book-learning. This is one of those no-brainers, a win-win for me and you. When I study and am learning new things, I'm happy. And you benefit as well, because you don't only hear the same old ideas recycled in my sermons. One of the topics I studied, the laws of gossip, is becoming a class I'm teaching – see below.

I also did some experiential learning this past month, when Rachel and I took part in the SNAP challenge. That was way harder

than I thought it would be! I was surprised by:

- The amount of time it took to plan a week's menu down to the penny.
- How hungry I was throughout the week.
- How hard this can be for a family – when catering to one person's needs impinges on others' needs, because there

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President's Column: Jeff Davidson Dealing with Diversity

This column was going to be about some readings I am doing in preparation for Pesach. Unfortunately, events happened that I wish did not occur and I would like to discuss them with you.

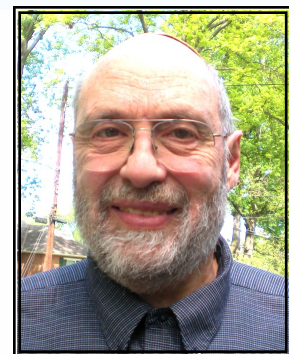
Some time ago, a number of members received emails from COPMA, the Committee Opposed to Propaganda Masquerading as Art. The group is seeking to defund the DCJCC because it believes DCJCC's resident theater company, Theater J, is not sufficiently supportive of Israel.

For those who are interested in COPMA and its philosophy, I refer you to its website, www.copma.net.

I would like to reassure the Congregation that the Synagogue does not sell or give away its mailing list for any commercial or fund-raising ventures.

Most of us belong to multiple mailing lists maintained by portions of the Jewish community and we don't know how these mailings occurred.

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Notes from the Rabbi (continued)

just isn't enough money for everyone to get what they want.

- How few fresh fruits (none) and fresh green vegetables (we had one green pepper) we could afford during the week.
- How hard it was, despite all the advantages I have – not living in a food desert, having access to coops, having the time (since I work only one job) and the cooking ability to plan healthy menus.

So I'd like to thank Dena Dugan and Toby McFarland for taking the lead on this, and helping us learn about, or at least get a glimpse of, what life is like for the poor.

Speaking of learning, here are two opportunities for you in the coming months. I'm teaching the following two courses at TI:

- **Biblical and Siddur Hebrew–Beginning.** Assumes only the ability to haltingly sound out words. We'll use the First Hebrew Primer from EKS Publishing. Participants should be prepared to commit to an hour or two of homework each week. Anyone is welcome – talk to me, or just come to the first class to see if it is right for you. 11:15 a.m. –12:15 p.m. Sunday mornings in the Rabbi's office, April 6-June 15.
- **The Laws of Gossip.** What can you say, and when can you say it? We will examine and discuss the work of the Hafetz Hayyim. I will provide an abridged (but still very detailed) English summary of his codification of these laws. We'll meet at 7:45 p.m. or so after Monday evening minyans when there's not a Board meeting. This class will have started before you get this Menorah, but folks are welcome to stop in for one class even though they've not been to the others.

Happy learning!

Rabbi Seidel

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Passover Take-Home Menu

Roz Kram, chef extraordinaire, is offering a delicious take-home menu for Passover. Available items include:

chicken soup with vegetables

chicken breast, chicken thigh and leg, stuffed boneless chicken breast, Szechuan meatballs

roasted potatoes, matzah stuffing, ratatouille, apple farfel kugel, potato kugel, tzimmes

Order forms and price list are on the website at: <http://tinyurl.com/FoodForPesach>.

Orders are due by 5 p.m., April 8.

President's Column (continued)

I invited our long-term member, Ari Roth, director of Theater J, to the March Board meeting to explore some of the issues these mailings raised. Ari's presentation and discussion of the issues were outstanding and we have invited him to speak at one of the SHALEM programs.

The question of how best to talk about Israel and what limits we put on this type of speech is played out on the listserv frequently. I respect the diversity of opinions and would not presume to say who is correct. The question of how to discuss Israel and the very different range of opinions forms one of the most contentious subjects in contemporary Jewish public life.

In the interest of full disclosure, Miriam and I have been subscribers to Theater J for quite a few years now. Although we sometimes disagree with the viewpoints presented in the plays, we are happy to see these issues raised and discussed. I believe that this diversity of viewpoints is an important resource for the community.

Yitro's Contribution

One of my favorite teachers, Rabbi Charlie Savenor of the USCJ, has written a brief commentary of *Parashat Yitro*, which we read a few weeks ago. I think his message has much to say about the current situation.

Yitro, the high priest of Midian, visits Moses immediately after the Exodus from Egypt. This is not just a diplomatic meeting. It is a family visit as well, for Yitro is also Moses' father-in-law.

The Torah tells us that "The next morning Moses sat down to judge the people, and the nation stood before Moses from the morning until the evening." Yitro notices that Moses'

is serving as the sole judge for the nation poses a problem.

In an attempt to coach his son-in-law, Yitro says: "You will surely get burnt out – you and these people that are [waiting] with you." In the dual roles of political consultant and family therapist, Yitro explains that it is not healthy for Moses to be a "one-man show."

That Moses heeds Yitro's advice sends us a powerful message. It is amazing that the Torah reports that Moses, our most revered teacher, bases our religion's legal system on the advice of a foreign priest.

We Can Learn from Other Nations

In the 18th century Torah commentary, *Or Hachayim*, Rabbi Haim ben Atar of Morocco asserts that the purpose of Yitro's visit to the Israelites was to teach us that although Torah is the Jewish people's all-encompassing source of wisdom, there are things we can learn from other nations, like the art of administration. Yet Yitro's influence transcends the mundane and enters into the holy.

Hearing about the miracles of the Exodus, Yitro exclaims "*Baruch Hashem*," which means "Praised be God". This is the first time this expression is uttered in the Torah. We may be surprised to know that this everyday expression of gratitude comes from a non-Jew.

For most of us, learning from and engaging with the non-Jewish world happens so frequently that we barely ever think about it. By contrast, some in the Jewish world go to great lengths to preserve Judaism without outside influences.

Arthur Green's Writings

To go back to my preparation for Pesach this year, I have been

reading some of the vast writings of Rabbi Art Green. I have been intrigued by his treatment of *Parashat Bo*, which contains the phrase "Come to Pharaoh." In an audacious fashion, Green interprets this phrase as a metaphoric struggle between our tradition, with its myriad rules and limitations, and the pathway toward liberation and its break from tradition.

Pharaoh is the ruler of *Mitzrayim*, the narrowed place, but *Hashem* is telling us to come unto Pharaoh, to go onto the narrow place with its voluntary constraints and so forth. A number of commenters take the opposite view, that it is our liberation from the narrowness of Egypt that we celebrate during Pesach.

Do We Wait for the Messiah?

Another of Green's themes that I have been thinking about quite a bit is the nature of our redemption. Do we wait for the coming of the *Mashiah*, or do we work for the perfection of the world so that we can welcome the *Mashiah*? Green seems to tell us that we must construct a just world, not wait for our deliverance.

These dichotomies — narrowness versus an unfettered liberation — pervade much of Jewish practice and thought. In both our larger and smaller communities, we will continue to disagree about Israel and world affairs.

Hearts of Stone and Flesh

The prophet Ezekiel tells us at the time of our final redemption our hearts of stone will be turned into hearts of flesh. As we go about our arguments, let it be as if we already have hearts of flesh, as do those with whom we disagree.

Hag kasher V'Sameah.

New Members

Jared Garelick

David Pelzer and Ellie Tiemann

David and Ellie both grew up in the Washington area, he in Silver Spring and she across the river in Fairfax County. Ellie graduated from the University of Mary Washington, and David from the University of Maryland. They moved to Silver Spring this past summer.

Both are elementary school teachers. Staying with their native school districts, David teaches second grade in Montgomery County, and Ellie teaches English as a second language in Fairfax County. Ellie enjoys cooking and, when time allows, crafts. David and Ellie first came to know TI by coming to Segulah services, which makes Segulah TI's Magnet Minyan of the Month.

Galia Siegel and Sigfried Gold

Galia, a DC native, and Sigfried, who grew up in Urbana, Illinois, moved together to this area in 2008, after several years in New York City. Galia is a psychologist and currently works as a consultant to the National Institute of Mental Health working on issues

including post-partum and perinatal mental health. She has also done work with HIV-positive adults and on suicide prevention. Sigfried is a software programmer working to develop interactive data visualization software, to help make sense of complex data.

Galia and Sigfried have two children, **Solomon**, 8, and **Beatrice**, 3, who both enjoyed participating in the pre-Purim hamentaschen baking event led by Rabbi Seidel for new members last month. Sigfried enjoys writing, and has done recent work on ways for atheists to develop a sense of spirituality. Galia and Sigfried heard about TI from various people, including their Takoma Park neighbors the Diamond-Bermans, making the Diamond-Bermans TI Magnet Members of the Month.

Welcome to this month's featured new members!

Baking Hamentaschen

On March 12, thirty TI'ers spent the evening baking hamentaschen with Rabbi Seidel (see photos, page 5). The Membership Committee regularly organizes events like this to help our newest congregants get to know one another and meet the Rabbi in an informal setting.

Membership Committee participants in our Purim program included Sue Catler, Jared Garelick, Jennifer Kefer, Jennifer Laufer and Ruth Shapiro. If you're interested in joining our committee and helping to make TI a more welcoming place, please contact tmembership@tifereth-Israel.org.

Funeral Practices Committee Always On-Call

Chaverim of the Funeral Practices Committee are on call to provide counsel and services to synagogue members and their dependents.

In the event of a death, prior to contacting the funeral home, please contact one of the following chaverim, Rabbi Seidel, or the TI office (202-882-1605).

Shelly Heller h: 301-942-1836
w: 202-242-6698

David (Judy) Cohen h: 301-652-2872

Marcia Goldberg h: 301-589-0352

Marcia Goggin h: 301-593-8480
w: 301-754-1963

Baking Hamantashen for Purim (photos by Jennifer Kefer)



Lifelong Learning

Eitan Gutin

Coming Attractions

Search For Hametz. For the second year, our USY'ers will be selling kits to be used to search for *hametz* at the end of your Pesah cleaning.

If you have never engaged in this ritual before it is one the most family-friendly aspects of Pesah prep; it is especially nice because it gives everyone a chance to breathe and appreciate the coming holiday in the midst of all the craziness.

USY will be at TI to sell you a kit on Sunday, April 6. You can also order a kit on the TI website and pick it up during office hours any time before Pesah. Each kit is \$5; only one kit is needed per household. All proceeds go to the USY Tikun Olam Tzedakah Fund.

Ruach Shabbat. This event takes place on the first Shabbat morning of every month with special programs for every age, from tots through teens.

Family Service. Our next scheduled service is on Shabbat morning, May 4. All families with school-age children are invited to join us for this wonderful experience.

Jewish Heroes Day. We will be celebrating Lag Ba'Omer on Sunday morning, May 18. Watch your email for more information!

Himmelfarb and Chai Happenings

It's Matzah Time! On Sunday, March 30, other school-aged children joined Himmelfarb students to bake (sample) *matzot* in the TI kitchen. Five rounds of baking were held between 9:30 a.m. and 12:00 noon.

Himmelfarb 2.0 Campaign. The reviews are in! Parents and students all love the new furniture in rooms 1 and 2 on the second floor. All are encouraged to try out the new tables, chairs and desks for themselves. There are still plenty of giving opportunities available for the fund-raising campaign. Contact Eitan for more information.

Pesah Projects. A wide variety of projects abound in our classrooms. We try hard to make sure that our students bring home many ritual items for home use before major holidays. This year's projects include an Elijah's cup (Gan), *matzah* cover (Alef), *sefer* plate (Bet), pillow cover (Gimel), and plague bag (Daled). Each item will serve the cause of *hiddur mitzvah*, making the ritual observance of the *sefer* beautiful, in just a couple of weeks.

Youth Groups

Thank you to everyone in both **USY** and **Kadima** who helped to make this past Purim such a success. TI's teens sold over 100 Mac & Cheese boxes for use as noise-makers during the *Megillah* reading, which raised \$287 for *tzedakah*. The boxes were donated to the Capital Area Food Bank afterward.

The **Purim Carnival** was one of the most crowded we have ever had (based on food and ticket sales) and garnered rave reviews from parents and kids alike. Thank you to all the **USY'ers** and **Kadimaniks** who set up and ran the Carnival.

Congratulations to **Ellen Zwibak** for winning a Wii through the Purim Carnival raffle, and to **Mira Diamond-Berman** for coming closest to guessing the number of Jelly Bellies

in the jellybean jar. She won 1654 jelly beans for guessing there were 1600 in the jar.

We are looking for **former USY'ers** who are interested in getting involved with TI's Youth Committee. Please contact Jennifer Kefer if you would like to support our growing youth program with your efforts.

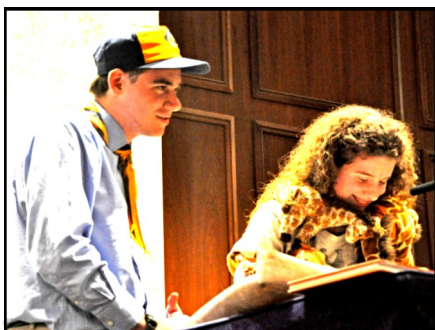
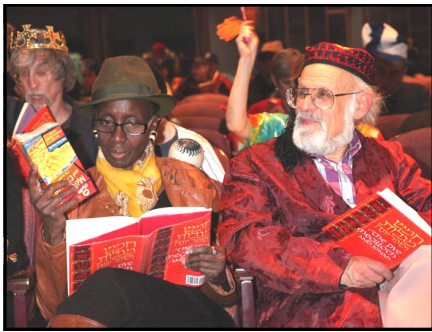
Frequent Flyer Miles Needed

For the past four summers Eitan has attended the NewCAJE conference, returning with ideas that continue to pay off for our school and youth programs. Last summer TI also sent two other staff members to the conference. Since there are often 30 or more sessions going on at once at this professional development gathering we benefited even more than we have in the past.

This summer the conference is in Los Angeles in mid-August. We would once again like to send two faculty members to the conference with Eitan. However, the current cost of flights to Los Angeles makes this impossible.

Here is how you can help: If you have enough miles for at least a one-way flight to LA and are willing to donate the miles to TI, please contact Eitan Gutin so that flight arrangements can be made. TI will cover any fees and/or taxes related to using the miles.

Purim 2014 (photos by Earl Dotter)



The SNAP Challenge

Deena Dugan

In March, approximately 40 TI members decided to take the SNAP challenge. SNAP is the federally funded Supplemental Nutrition Assistance Program, previously known as Food Stamps. The challenge was to live on a food budget of \$30 per week, per person.

Prior to the challenge, TI members had the opportunity to learn about SNAP. On Saturday March 1, Greg Kaufman, a senior fellow at the Center for American Progress, delivered the *drash* and spoke about hunger and poverty policy.

During the after-lunch SHALEM program, Rabbi Jason Kimmelman-Block led a discussion of Jewish sources that address hunger. Catherine Benvie followed with an explanation of the SNAP program and the current threat to benefits. Benefits were cut in November from \$34 to \$30 per day, and then cut again this year. Some members of Congress are seeking further cuts in the program.

The challenge began on March 2 at a community dinner prepared by Roz

Kram on an extremely tight budget of no more than \$2 per person. The pleasant surprise was that for \$65 Roz was able to provide a filling meal complete with vegetables and dessert. The cost of the meal was partially underwritten by a grant from the Ruth Fellowship.

During the week, SNAPpers enjoyed seemingly endless meals of beans and rice, without the benefit of cold beer or other alcoholic beverages. An early comment on the TI blog presaged what many would experience: "Let me be the first to say it. I'm hungry."

Later bloggers noted that a voluntary week of SNAP was hardly representative of the experience of those who rely on the program to feed their families. Although the challenge may have been "a little game-like," the "stress of coming down to the wire at the end of the week" seemed real.

On Friday night, March 7, the Seidels and Dugans hosted pot luck dinners. Each person brought \$2 worth of food (or \$4 per couple). The result

was, according to a blogger, "the multiplier effect" of pooling resources. In addition to beans and rice there were also vegetables, dessert and very cheap wine. The high point of both meals was the freshly made *hallah* produced by Laurie Berger and Rabbi Seidel.

The gatherings were also an opportunity to discuss the lessons of the SNAP challenge. Most people reflected on the fact that trying as it may have been, the challenge, was nowhere near as difficult as a real life lived at or below the poverty level.

There was a general consensus that being able to shop at COSTCO, Trader Joe's and Aldi's made it easier to stretch the budget. Access to cooking equipment, along with "cooking knowledge and time" also made the challenge more doable.

Finally, there were unforeseen consequences. There was the embarrassment of our previous ignorance about the cost of things we buy and eat regularly. There was the unique (for us) experience of being

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"Art by Jewish Artists on Jewish Themes"

Audrey Smith

The time has come to take down the current show in the Cherner and put up a new installation. Many, many thanks to all whose wonderful photographs graced our walls these many months. This show was widely appreciated by TI members and all who found their way downstairs.

Continuing through mid-April, photos can be taken off the walls by their owners, except on Shabbat. The remainder (hopefully few) will be stored for pick-up.

We want to have the new show, "**Art by Jewish Artists on Jewish Themes**" (interpreted loosely), from member' collections, up in time for the Spring Fling. We ask for a loan period of six months, but shorter times can be arranged.

Please write a short piece -- personal information on how and when the work was acquired, the artist, and especially what the original, print or art photograph means to you, the loaner. Although we have never had any problems with displays in the

Cherner, rest assured that there is insurance on the pictures. No original Chagall paintings, please.

The photograph show clearly demonstrated how appreciated members' participation can be. Please contact me or any other member of the Art Committee so that we can personally answer any questions and make any arrangements. With your help we should have a wonderful new show for the walls of the Cherner.

Kol Nashim

Pearl Schainker



Mingling and Mimosas

People are still talking about the Mingling and Mimosas brunch held in February. At the event, which was very well-attended, KN members old and new got to meet each other and share ideas about where our energies might be put to good use.

Kol Nashim will use the board's meetings in May to discuss programming ideas for the coming year. Board meetings are usually held at TI and are open.

TI's Women Rabbis

Many of you missed an excellent presentation and discussion by **Rabbi Jane Berman** on March 23. Rabbi Berman, a Jewish chaplain at area hospitals as well as a pastoral counselor, invited the participants into a multi-faceted and spirited

discussion of the Jewish practice of *Bikur Cholim*.

She brought in Talmudic text and raised the question of how is it exactly that a visitor comforts the sick person? By being present with the sick person, and by asking open-ended questions, such as "How are you doing?," "What is it like for you?," and then allowing the sick person to respond in his/her own way.

Listening to the answer and accepting their emotions, including negative feelings, is also extremely important, so that the person doesn't feel all alone with these feelings.

KN Book Club

The book club will not meet in April, due to scheduling conflicts with Passover. Our May book is *The*

Aleppo Codex, by Matti Friedman, winner of the 2014 Sami Rohr prize for Jewish literature. For June we are considering Saul Bellow's *The Adventures of Augie March*.

Kol Nashim Weekend

Saturday, May 31, Kol Nashim will participate in Shabbat services and cook for the kiddush. And the next day, Sunday, June 1, **Rabbi Sarah Meytin** will present in the final TI's Women Rabbis series. Her topic concerns working with and helping Jewish LGBT youth. Everyone is welcome.

SNAP (continued)

unable to purchase a drink, snack or meal when away from home. More serious perhaps was falling asleep at work due to lack of caffeine and dealing with pets who were dissatisfied with the declining quality and quantity of table scraps. However, everyone was acutely aware that for us, at least, living on a SNAP budget was only a temporary inconvenience.

Now that our consciousness has been raised, the next step is to do something to alleviate the hunger problem in our community. Contacting elected representatives is always important, especially when cuts in benefits are proposed.

In addition, TI will be assisting at a feeding center this summer, where free meals are provided for anyone under 18. For more information, contact Tobi McFarland or Deena Dugan.

Adult Education

Jessica Weissman

The star standout of the March Adult Education programs was the SHALEM talk by our own **David (Carla) Cohen**. In conversation with Howard Gleckman, David discussed his many years of advocacy for a variety of causes, and handily fielded questions about current political issues.

SHALEM talks are presented once a month after Kiddush on Shabbat by TI members who share their expertise or experiences on topics of interest to fellow congregants. If you have a topic you would like to present as a SHALEM talk, please contact me. The SHALEM program for April is still being developed, but

mark your calendars for May 3, when **Mark Berch** will discuss *Hatikvah*. **Cynthia Peterman's** introduction to Jewish history and Rabbi Seidel's consideration of the laws of gossip began in March as well, along with several courses in Hebrew and Biblical topics.

We are starting to plan courses and other programs for summer and fall, and are looking ahead to next winter, even though this one seems like it may never end. I also welcome suggestions for evening or Sunday afternoon courses you want to teach. We have a lively and varied schedule of courses, but there is room for more.

Nayes un Mekhayes for TI'ers

Barbara Raimondo

Higher Ed

Abigail Kabaker was accepted into George Washington University's Museum Studies Program for fall 2014. **Benjamin Kabaker** passed his Certified Coding Associate exam and was on the dean's list for the fall semester at Montgomery College.

Your faithful columnist didn't know what a Certified Coding Associate was, either. Turns out this certification is required in the Health Information Management field. "The CCA credential distinguishes coders by exhibiting commitment and demonstrating coding competencies across all settings, including both hospitals and physician practices." You heard it here first!

Dinah Fay Finkelstein has been accepted as a participant in the Tent Creative Writing Workshop, a week-long seminar for writers and readers hosted by the Yiddish Book Center in Amherst, MA. Tent workshops are one-week, intensive programs across the US and Canada predicated on the idea that a commitment to culture can be a portal into deeper and more inspired Jewish self-awareness.

Mariah Beth Finkelstein has been inducted into Alpha Lambda Delta at Dickinson College. Alpha Lambda Delta is a national honor society for students who have maintained a 3.5 or higher GPA and are in the top 20% of their class during their first year or term of higher education.

Cleaned and Fed

TI members **Dori** and **Shemaya Klar** and proud big sister, **Nava Klar**, are delighted to announce that **Dalia Anne Klar** was born on February 26 at 9:20 a.m. Her name honors Dori's Oma, **Anne Levisohn**, an

exceptional woman who embodied grace and love. And **Dan, Ariel**, and **Ezra Brandt Lautman** are overjoyed to announce the birth of **Amalia Kay Brandt Lautman**. Amalia was born at 6:26 p.m. on March 4, weighing 6 lbs, 15 oz. Babies, parents, big sisters, and other assorted family members are doing well.

Collect-ed

Simcha Kuritzky put two exhibits into competition at the American Numismatic Association convention in Atlanta, one on Henrietta Szold and one on elongateds. Both took second place in their class. They will also be shown at the Whitman Coin Expo in Baltimore March 28 to 30 (admission is free, just ask to see the competitive exhibits).

Your faithful columnist didn't know what elongateds were, either. Turns out they are coins that have been run through a jeweler's mill impressing a new design on them. Read this column and improve your vocabulary!

Rona M. Fields is invited to speak at University of California – Los Angeles on "My Life with the Chicano Movement" on April 24. The date is also the anniversary of the eve of the Portuguese Revolution, the subject of a book she wrote in 1976 from the "inside."

Rona was the "resource person" for the Brown Berets and with them established free clinics in East Los Angeles and San Diego, and initiated MALDF which became MALDEF. So many years since then -- 1968-72 -- to be remembered and celebrated!

Sad News

Lillian Rose, mother of **Eileen Rose (David Silber)**, died on

March 9. She passed away peacefully at the age of 99. The funeral took place in Baltimore. Lillian Rose is also survived by son-in-law **Kenneth Kadin**, seven grandchildren and many great-grandchildren. May the family members be comforted among those who mourn for Zion and Jerusalem.

And now for the meaning of last month's word, *celerity*: "rapidity of motion or action" (Merriam-Webster Online).

Thanks to all who sent me news, sent me to others who sent me news, or otherwise helped sniff it out. Please send information about for next time to baraimondo@gmail.com, with "Nayes un Mekhayes" in the heading, or to P.O. Box 466, Washington Grove, MD 20880. This brings to a close a copacetic edition of Nayes un Mekhayes for TI'ers.

MoEd Camp

MoEd: A Jewish Afterschool Community is expanding its summer camp. Kids who attend get all the excitement of a classic summer camp experience--arts, sports, magic, cooking, music, swimming, and lots of fun outdoors--combined with Hebrew, taught by native speakers.

June 16-July 3. Sign up for one, two or all three weeks. Open to children entering grades K-5.

To learn more, visit <http://www.moedcommunity.org/summercamp>.

Yom HaShoah Commemoration

Loretta Saks

On Sunday morning, April 27, Tifereth Israel will commemorate Yom HaShoah u'Gvurah, the annual day of remembrance of the Holocaust and Resistance. The theme of this year's program will be Rescuers and Liberators.

The day will begin with special prayers inserted into the Sunday morning minyan (9:00 a.m.) in memory of those who perished. In a three-hour vigil, from 9 a.m. to 12:15 p.m., we will also join with many other Jewish communities around the world by reading the names of some of the millions of Jews who were murdered by the Nazis and their collaborators.

We would be honored to read the names of your family members and friends who perished in the Holocaust. If you did not submit names for reading at last year's commemoration, please send your list to: [\[Israel.org\]\(http://Israel.org\) by April 23. Those names will be added to last year's list of victims who were TI members' family and friends. Look for information in an upcoming newsletter on how to sign up to read names of Holocaust victims.](mailto:TIYomHaShoah@Tifereth-</p>
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At 10:15 a.m., following minyan, all are invited to a commemorative program in the Wolman Sanctuary. Our featured speaker will be Sol Goldstein, a former World War II soldier and concentration camp liberator.

Mr. Goldstein dropped out of high school in South Baltimore to enlist in the U.S. Army in 1942 and served in the 1st Infantry Division, nicknamed the Big Red 10. He participated in the D-Day battle at Omaha Beach in June 1944 and the Battle of the Bulge in January 1945.

On April 11, 1945, he helped liberate the Buchenwald

concentration camp, one of the largest established by the Nazis. Now in his early 90s, Mr. Goldstein will share his memories of the liberation of Buchenwald.

Finally, this year's program will include other stories told by liberators of the camps. If you or a family member helped to liberate a camp, ghetto or other site of incarceration, or for more information please contact Cynthia Peterman at TIYomHaShoah@Tifereth-Israel.org.

Juniper St. Collection

TI is now collecting non-perishable food for **Shepherd's Table**. This collection will continue until a few days before Pesah so you can clean out your cupboards and bring in unwanted *hametz*.

You can contribute any nonperishable food, but the following is especially need

- Canned Vegetables
- Canned Soup
- Pepper
- Salad dressing
- Hot sauce
- Spices
- Coffee
- Creamer
- Sweet-N-Low, etc.

No items may be opened or past their expiration date. As usual, place donations in the wicker basket at the Juniper Street entrance to TI.

The collection ends Thursday, April 10.

Where else can you —

Attend a live auction for a year 's worth of locally produced pickles?

Bid on a Shabbat dinner at the Watergate?

Sample local craft brews and spirits with your favorite TI characters?

Only at the Spring Fling!

***“A Night in Wine Country, DC”
7:30 p.m., May 4***

Martin Luther King Jr. and the Thrice-Born Again Jew

Frank Solomon

At his Friday night service in January, Rabbi Mark Novak quoted Martin Luther King Jr.: “There are self-conscious people and there are other-conscious people. There is a Jewish concept of narrow mind and expanded mind. Narrow mind is limited by the ego, and expanded mind by the unity of God.”

Novak added, “Dr. King said there are people who are so self-conscious that they are only aware of themselves, and there are other people who aren’t limited by their ego and they are conscious of their surroundings, other people, and the Divine.”

I heard the same words from a Buddhist monk 40 years before.

In 1973, I had just finished my freshman year in college. That summer, I traveled to Ceylon (now Sri Lanka), India, Nepal, Bangladesh and into Burma. There, I visited the synagogue in Rangoon.

An Australian Buddhist Monk

On my way to Rangoon, I encountered a white man clad in an orange robe. His name was Benjamin and said he was from Australia. He stooped down to pick up a leaf and asked me what I saw in it. “A leaf,” I answered.

No, he said, the leaf is more than a leaf, that I was blinded by the physical attributes of what I saw. “You have to lose your self-conscious in order to be aware of your other-consciousness, such as the leaf.”

When he learned I was heading toward the synagogue in Rangoon, Benjamin said he was a Jew in his “former life.” “Jews have something called *kavanah*, or intention, or awareness. You need a minimum

level of *kavanah* to do anything, to pray, and to live. Without intention, your prayer is empty. You see those Jews who pray and lose themselves swaying back and forth with eyes closed? They are at the maximum level of *kavanah*.

“Dr. Martin Luther King had a lot to say about self-conscious and other-conscious people,” Ben said. “Self-conscious people mumble prayers and stand there stiff like a Presbyterian. Too afraid to move. Too afraid that other people might see them losing themselves in prayer. Or they just don’t see much use in *davening* or in what they say in the prayer.”

Other-Consciousness

“Other-conscious people,” Ben continued, “are those who lose themselves in their prayers and become one with the creator, the universe, heaven and hell. They don’t just respond to the Divine. They interact with the Divine. They transcend into the Divine.”

I bade farewell to the monk and made my way to Musmeah Yehua Synagogue, built in the late 19th century by mostly Indian Jews. There, I went to a service attended by the community’s few remaining Jews, half-Jews, and Israeli and western Jewish diplomats.

Fifteen years later, in 1988, on K Street in Washington, I ran into Benjamin again. He was no longer a Buddhist, but had become a Moonie. He had been matched with a Korean woman by the Rev. Sun Young Moon a few years before.

I asked Ben about his journey from Buddhism to this new faith. He told me he had found true meaning in life as well as true happiness.

A Third Meeting in Australia

I ran into Benjamin again in 2002 at a Shabbat service in Australia. He had been sent home a few years earlier under a “home church” program to do outreach service. By the time our paths crossed in Melbourne, he had left both the Unification Church and his wife and had finished college. He called himself a thrice-reborn Jew.

Ben said his perspective on ego, other-consciousness and *kavanah* had not changed through the decades, no matter what faith he kept. “*Kavanah*, intention, is the key to prayer. It’s the key to finding true happiness,” he said. “Remember Dr. Martin Luther King’s words.”

A year later, I heard the same words at Aish Hatorah on Old Georgetown Road. “Remember Dr. Martin Luther King’s words,” said the Aish rabbi on the April 4 anniversary of King’s death. “The purpose in life is to find true happiness, and ridding one of self-awareness and bringing *kavanah* into your life is one of the best ways to beware of the beauty of the world and find true happiness.”

“You should learn how to pray like the Buddhist monks,” the rabbi thundered.

I never saw Ben again, but his words stuck. Often, at Downtown Shabbat with Larry Paul and Robyn Helzner or at Segulah services, as the *davening* reaches a crescendo and words like *kivun*, *kavanah*, *tefillah*, and *Gomeil-hasadim-tovim-vkoneh-hakol-vzocher-hasdei-avot-vimahot-umeivi* racing on top of one another, as Howard White and Ethan Merlin sway back and forth with eyes closed and lost in a trance, I see dancing golden Hebrew *alef bets* and glimpses of a Jew-Buddhist-Moonie-Jew.

Passover Commemoratives

Simcha Kuritzky

Passover celebrates the transformation of the Israelite clans into a nation and God's deliverance of His people from Egypt. The Exodus is so important it is mentioned in our daily prayers and even in the Sabbath evening *kiddush*.

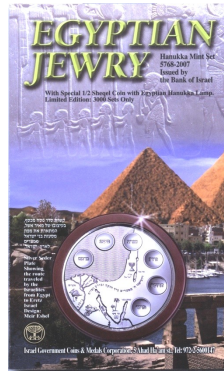
In ancient times, it was one of the most important festivals and today it is the most widely observed. So it is surprising that it isn't widely commemorated on coins and medals.

Israel has not issued any coins commemorating Passover, but a medal was issued in 1990 as part of a set commemorating a dozen holidays.

On one side is a *matzah* with a drawing of the Israelites leaving Egypt superimposed. Around the four sides of the *matzah* are the four expressions that gave rise to the four cups: "I will bring out," "I will rescue," "I will redeem," "and I will take." The other side has a seder plate and wine glass.



Another seder plate appears on the cover of the 2007 Hanukkah mint set, which includes a special half- *shekel* that portrays a Hanukkah lamp from 19th Century Egypt. This design was originally used on the Hanukkah 100-*lirah* coin of 1979 that indirectly commemorated the Israel-Egypt peace treaty.



There are also a few private Passover medals. The Judaica Heritage Society commissioned a series of bars for the holidays. The Passover bar shows the Israelites leaving the land of the pyramids (a symbolic portrait, since the Israelites lived in Goshen hundreds of miles from Giza).



An elongated cent from 1968 wishing a happy Passover shows the Ten Commandments as a scroll flanked on either side by a cup of wine, a *Magen David*, and the Hebrew for "I will bring out."



There are also coins and medals commemorating events during the Exodus, which may be considered indirect Passover commemoratives. One problem with linking historic events to Passover is that arguably

the climax of the Exodus story is the receiving of the Torah on Sinai, and that is commemorated on Shavuot. Also, does one include the Golden Calf or Spies episodes as part of the Passover story?

I decided to limit Passover-related events to Moses' commission at the burning bush and the splitting of the Sea of Reeds. Both are commemorated as part of Israel's Biblical Art series. The burning bush appears on coins dated 2004 and Israelites walking through the split sea appears on coins of 2008.



Israel also issued a special medal called *Am Yisrael Hai* (the People Israel lives) in 1990 that shows the bush, burning but not consumed, as a metaphor for the Jewish people's surviving pogroms and the Holocaust.



The Burning Bush has also inspired a number of Christian medals. A Masonic lodge in Henniker, NH issued a membership penny portraying Moses and the Burning Bush. In 1874, a church in Canada put the Burning Bush on a token that was used to indicate a member was eligible for communion. A Presbyterian Church in Canada

(Continued on page 14)

Spring Fling! – TI’s Signature Fundraiser

Please join us for "A Night in Wine Country, DC," 7:30 pm, May 4.

The event will feature silent and live auctions, kosher wine, craft beer and local spirit tastings, gastropub-style snacks, wine country small plates and desserts galore!

Tickets are \$54 and include one wine or beer tasting flight (three pours) and a souvenir wine glass. Additional wine or beer tastings cost

\$6 and can be purchased at the event or ahead of time. Full glasses of wine, beer and signature cocktails can also be purchased.

New for 2014: Is this your first Spring Fling? We will be offering tickets for **\$36 for first time attendees**. This price is good for members and non-members. Please consider bringing your friends and family members to join us.

Small Print: This event is for folks age 21+. A babysitting list will be available in mid-April.

Door Prizes and special treats will be available for designated drivers. Taxis will also be available. Drink responsibly.

To get involved, contact SpringFling2014@Tifereth-Israel.org.

Passover Commemoratives (continued)

issued a commemorative of their Sabbath School in 1889 that also shows the Burning Bush.



The Medallion Art Company issued two very high-relief Biblical art medals in 1970. The Exodus medal has on one side a stylized map of Sinai with the mountain in the center and the Hebrew inscription "We will do, we will listen" which the Israelites said at Sinai. The other side has the splitting of the sea at top and the mountainous terrain of Sinai at bottom with the English "And they wandered."



Inexpensive collectibles are charity receipts that were given for small donations (many at Hebrew school) in the first half of the 20th century. Several of these say in English and Yiddish they are to provide *matzah* to the poor.

One from the Central Committee of Knesseth Israel of New York shows a Bar Kochba sela with the inscription "half shekel," referring to the Temple tax collected on Purim, but with the denomination 5 cents. The United Charity Institute of Jerusalem sold 5-cent stamps showing famous rabbis or a *Magen David* superimposed on *matzah*.



The Rabbi Meir Ba'al HaNess Matzoh Fund issued 25-cent stamps with families seated at the seder table.



There are a number of other Passover collectibles, such as seder plates, *haggadot*, and *matzah* covers. They are a fun way to keep the miracle of Passover before you all year round.

Library News

Michele Sumka

Last month we bought some children's books to go along with the "Big Read" topic of "How to Be a Friend to a Friend Who's Sick."

The book for elementary school students is *Sam and Charlie (and Sam Too!)* by Leslie Kimmelman. It is a series of vignettes about children who are new neighbors and learn how to become good friends.

Miracle Ride by Tzipi Caton is a true story for young adults about a 16-year-old Orthodox girl who is diagnosed with cancer. She keeps a diary and reports on her feelings and experiences while undergoing treatment.

Another book for young people we acquired in conjunction with another program is *Bill the Boy Wonder, Secret Creator of*

Batman by Marc Tyler Nobleman. It joins Nobleman's other book, about the Jewish creators of superheroes, *Boys of Steel: The Creators of Superman*.

We have two new beautifully illustrated books on the Bible for young people:

The Oldest Bedtime Story Ever, written and illustrated by Benjamin Morse; and

With a Mighty Hand, adapted by Amy Ehrlich with paintings by Daniel Nevins.

We have a number of new nonfiction books, including:

Jews and Words by Amos Oz and his historian-daughter Fania Oz-Salzberger, about why words are so important to so many Jews;

Finding God in the Garden: Backyard Reflections on Life, Love and Compost by Balfour Brickner;

A Guide to Jewish Prayer by Rabbi Adin Steinsaltz;

The Israelis by Donna Rosenthal;

From Text to Tradition, A History of Second Temple & Rabbinic Judaism by Lawrence H. Schiffman; and

The New Joys of Yiddish by Leo Rosten, revised by Lawrence Bush.

Last but not least, we have a lovely cookbook, *A Blessing of Bread: Recipes and Rituals, Memories and Mitzvahs* by Maggie Glezer.

Rabbi A. Nathan Abramowitz Fund

The Rabbi A. Nathan Abramowitz Fund was established in 1980 to celebrate the Rabbi's 20 years of service to TI and was enlarged in 1996 when Rabbi Abramowitz completed 36 years of service. Part of its mission is to honor youth who spend their summer or part of a school year in a program to enhance their Jewish education.

To qualify, the youngster may attend a camp recognized for its Jewish educational component (such as Camp Ramah, Capital

Camps, and Moshava), participate in an educational program in Israel (such as USY Pilgrimage or Ramah Seminar), or take part in a United Synagogue Youth on Wheels Trip.

Awards are made each spring. The Fund depends on your support and welcomes contributions in any amount. Each year, all TI'ers who participate in a qualifying program are honored at a special Shabbat service and receive a gift.

The Fund also awards scholarships based on financial need to facilitate participation in qualifying programs. Families who wish information about scholarships should contact Rabbi Abramowitz. All such applications and inquiries are kept strictly confidential.

To apply for the award program, contact the TI office to secure an application. Applications for 2014 are due by Friday, April 25. An additional application is required for the scholarship program.

B'nei Mitzvah

My name is **Talya Drazen** and my bat mitzvah is on Saturday, April 5, *Parashah Metzorah*.

My parents are Allan and Vered Drazen. My mom is Israeli and was born on Kibbutz Gan Shmuel. I was born in Israel and my parents moved back to Washington when I was just a few years old. I have an older sister, Ayelet.

I am currently a student at Alice Deal Middle School in DC. My favorite subjects are math and science. I also love reading for pleasure.

My favorite sport is ice skating. The other thing I really like is animals.



Hi, my name is **Benjamin Kruger**. I go by Benjy most of the time. I live in Silver Spring, and my bar mitzvah is on April 26. I am a graduate of the Jewish Primary Day School and currently attend the Charles E. Smith Jewish Day School as a 7th grader.

I really like to watch and play sports. One of my favorites to watch is football. My favorite to play is basketball. I am a huge New England Patriots fan and also a Red Sox fan. I play in the BCC baseball league on a team that unfortunately is called the Yankees.

My *parashah* is *K'doshim*, which means holiness. In it God differentiates what is holy from what is impure or abominable, and begins to elaborate on some laws and commandments and the punishments for failing to fulfill them.

I would like to give a special thanks to my parents, Naimah Weinberg and Richard Kruger, for tutoring me for my bar mitzvah and being so supportive as I progressed. Thanks also to Myrna Goldman for her help in preparing our family. I would finally like to thank my friend Wally Osborne, who made me feel even more confident and also helped me break the non-existent record for most touchdowns thrown on a synagogue lawn.



B'nei Mitzvah (continued)

We are **Richard Ravicz Costa** and **David Ravicz Costa**. Our B'nei Mitzvah will be on April 19. We are seventh graders at Takoma Park Middle School and Silver Spring International Middle School, respectively.

We enjoy reading science fiction and fantasy novels and military history, playing computer games, walking in the woods with our 150 -pound Newfoundland dog, and hitting each other.

For our b'nei mitzvah project, we volunteered for an hour a week over the last year with Fidos for Freedom, a non-profit organization that trains and places service and therapy dogs.

In honor of our B'nei Mitzvah, this summer we will visit Israel.



Upcoming Friday Night Minyan Assignments

April 4

Morton Simon
David & Rona Siskind
Audrey Smith
Aaron & Reva Snow
Jeffrey & Marcine Snyder
Dan & Elizabeth Sokolov
Frank Solomon & Laurie Russell
Louis & Madge Lee Specter
Phil & Dianne Spellberg
Barry & Sari Siegel Spieler
Gregory Stackel & Genevieve Dara Sapir
Jeffrey & Julie Steinberg
Lois C. Steinberg
Jack Stone & Wilma Brier
Herman & Malka Stopak
Noam Stopak & Shelley Stedman
Alexander & Laura Strashny
Edwin Stromberg & Rose Ellen Halper

April 11

Jonathan Strum
Marc Suddleson & Molly Surden
Howard & Michele Sumka
Gabe & Ruth Tabak
JT & Naomi Taransky
Kassahu Teffera & Melke Mengiste

Jevera Temsky
Neil & Rachel Tickner
Michael Tilchin & Linda Greer
David & Anne Crandall Tobenkin
Peter & Rhoda Trooboff
Paula Tucker
Jonathan & Cathy Tuerk
Allan & Judy Tulchin
Daniel & Allison Turner
Michael & Ruth Unterweger
Mark Verschell & Elizabeth Leff
Susan Vitale

May 2

Steve & Shannon Rozner
David & Stephanie Rubin
Howard & Hannah Rubin
Mark & Diann Saltman
Lawrence & Pearl Schainker
Eric & Shira Schechtman
Daniel Schiff
Michael & Mical Schneider
David & Nina Schwartz
Keith Secular & Susan Catler
Paul Seltman & Jeanne Ireland
Hershel & Judith Shanks
Phillip & Ruth Shapiro
Yvonne Shashoua
Scott Shoreman

Nathaniel Shyovitz
Richard & Marjorie Siegel
David Silber & Eileen Rose

May 9

David Wachtel & Jennifer Goldstein
Harry Waldman & Susan Morse
Marc Warshawsky & Vivian Seidner
Matthew Watson & Ellen Cabot
Marc & Deborah Weinberger
Eric Weiner & Sharon Moshavi
Jon Weintraub & Judith Heimlich
Michael Weiss & Phyllis Stanger
Jessica Weissman & Louise Kelley
Dov Weitman & Sylvia Horwitz
Alan & Cynthia Weitz
Howard & Barbara White
Louise Wiener
Peter Winch & Denice Zeck
Adam & Dorothea Wolfson
Ariel David Wolsztijn & Karen Lisa Silberstein
Christopher Zeilinger & Ann Baker
Benjamin & Monica Zeitlin
Yonannes Zeleke
Diana Zurer
Ellen Zwibak

April Highlights at Tifereth Israel

April 5	Talya Drazen Bat Mitzvah Ruach Shabbat, 10:30 a.m.
April 6	USY Sale of Hametz Kits
April 7, 28	Monday Lunch & Learn <i>Parashat HaShavuah</i> , 11 a.m.; Lunch 12 noon
April 14-21	Passover; See Service Schedule below
April 19	Richard and David Ravicz Costa B'nei Mitzvah
April 26	Benjamin Kruger Bar Mitzvah
April 27	Yom HaShoah Commemoration, 9 a.m. Movie Night, <i>Imaginary Witness: Hollywood and the Holocaust</i> , 7:30 p.m.

Schedule for Passover

Sunday, April 13	Morning Minyan, 9:00 a.m., followed by sale of <i>hametz</i>
Monday, April 14	Service & Siyyum for First Born, 7:00 a.m., followed immediately by final sale of <i>hametz</i> (no sales after 9:00 a.m.) First Seder
Tuesday, April 15	First day of Passover, Morning Holiday Service, 9:00 a.m., followed by simple Kiddush Second Seder
Wednesday, April 16	Second day of Passover, Morning Holiday Service, 9:00 a.m., followed by Kiddush sponsored by Mollie Berch z"l
Friday, April 18	Shabbat Evening Service and Dinner, 6:30 p.m.
Monday, April 21	Seventh day of Passover, Morning Holiday Service, 9:00 a.m., Followed by Kiddush
Tuesday, April 22	Eighth day of Passover, Morning Holiday Service, 9:00 a.m., Yizkor at 11 a.m.

Tifereth Israel Rabbinical Guide for Pesach

The following guide is adapted from a guide prepared for the Rabbinical Assembly Committee on Jewish Law and Standards by Rabbi Mayer Rabinowitz. I have made a few changes, eliminating a few of the recent leniencies, which permitted some packaged milk products without a hechsher. If you'd like to see the original, you can find it on the web at the Rabbinical Assembly Website, at: rabbinicalassembly.org/docs/Pesach%20Guide%202005.rtf.

Have a happy and kosher Pesach!

-- Rabbi Seidel

Sale of Hametz

The Torah prohibits the ownership of *hametz* (leaven) during Pesach. Therefore, we arrange for the sale of the *hametz* to a non-Jew. The transfer, *mekhirat hametz*, is accomplished by appointing an agent, usually the rabbi, to handle the sale. I will assist congregants in the sale of their *hametz* after minyan on the Sunday before Pesach.

This is a valid and legal transfer of ownership. At the end of the holiday, the agent arranges for the reversion of ownership of the now-permitted *hametz*. If ownership of the *hametz* was not transferred before the holiday, the use of this *hametz* is prohibited after the holiday as well (*hametz sheavar alav ha-Pesach*).

General Guidance

Since the Torah prohibits the eating of *hametz* during Pesach, and since many common foods contain some admixture of *hametz*, guidance is necessary when shopping and preparing for Pesach.

During the eight days of Pesach, *hametz* cannot lose its identity in an admixture. Therefore, the minutest

amount of *hametz* renders the whole admixture *hametz* and its use on Pesach is prohibited. However, during the rest of the year, *hametz* follows the normal rules of admixture, i.e. it loses its identity in an admixture of one part *hametz* and sixty parts of non-*hametz* (*batel beshishim*). This affords us the opportunity to differentiate between foods purchased before and during Pesach.

What follows is a general guideline. However, feel free to consult me when any doubt arises. *Kosher le-Pesach* labels that do not bear the name of a rabbi or one of the recognized symbols of rabbinic supervision, or which are not integral to the package, should not be used without consulting me.

Prohibited Foods

Prohibited foods include the following:

leavened bread, cakes, biscuits, crackers, cereal, coffees containing cereal derivatives, wheat, barley, oats, spelt, rye, and all liquids containing ingredients or flavors made from grain alcohol.

Most Ashkenazic authorities have added the following foods (*kitniyot*) to the above list:

rice, corn, millet, legumes (beans and peas; however, string beans are permitted). The Committee on Jewish Law and Standards has ruled unanimously that peanuts and peanut oil are permissible.

Some Ashkenazic authorities permit, while others forbid, the use of legumes in a form other than their natural state, for example, corn sweeteners, corn oil, soy oil. Sephardic authorities permit the use of all of the above. Consult me for

guidance in the use of these products.

Permitted Foods

The following foods **require no kosher le-Pesach** label if purchased **prior to Pesach**:

unopened packages or containers of natural coffee without cereal additives (however, be aware that coffees produced by General Foods are not kosher for Passover unless marked KP);

sugar, pure tea (not herbal tea); salt (not iodized); pepper; natural spices; frozen fruit juices with no additives;

frozen (uncooked) vegetables (for legumes see above); milk; frozen (uncooked) fruit (with no additives); baking soda.

The following foods **require no kosher le-Pesach** label if purchased **before or during Pesach**: Fresh fruits and vegetables (for legumes see above), eggs, fresh fish and fresh meat.

The following foods **require a kosher le-Pesach** label if purchased **before or during Pesach**:

all baked products (matzah, cakes, matzah flour, farfel, matzah meal, and any products containing matzah);

canned or bottled fruit juices (these juices are often clarified with *kitniyot* which are not listed among the ingredients; however, if one knows there are no such agents, the juice may be purchased prior to Pesach without a *kosher le-Pesach* label);

canned tuna (since tuna, even when packed in water, has often

(Continued on page 20)

Rabbinical Guide for Pesach (continued)

been processed in vegetable broth and/or hydrolyzed protein; however, if it is known that the tuna is packed exclusively in water, without any additional ingredients or additives, it may be purchased without a *kosher le-Pesach* label);

wine, vinegar, liquor, oils, dried fruits, candy; chocolate flavored milk; butter;

cottage cheese; cream cheese; ripened cheeses such as cheddar (hard), muenster (semi-soft) and Camembert (soft); ice cream; yogurt and soda.

The following processed foods (canned, bottled or frozen), **require** a *kosher le-Pesach* label if purchased **during Pesach**: milk, juices, vegetables, fruit, spices, coffee, tea, and fish, as well as all foods listed in category C.

Non-Food Items

Detergents. If permitted during the year, powdered and liquid detergents **do not require** a *kosher le-Pesach* label.

Medicines. Since *hametz* binders are used in many pills, the following guidelines should be followed: If the medicine is required for life-sustaining therapy, it may be used on Pesach. If it is not for life-sustaining therapy, some authorities permit, while others prohibit. Consult me. In all cases, capsules are preferable to pills.

Kashering of Utensils. The process of kashering utensils depends on how the utensils are used. According to *halakhah*, leaven can be purged from a utensil by the same process in which it was absorbed in the utensil (*keveleio kakh poletio*). Therefore, utensils used in cooking are kashered by boiling, those used in broiling are kashered by fire and

heat, and those used only for cold food are kashered by rinsing.

Earthenware. China, pottery, etc., may not be kashered. However, fine translucent chinaware which has not been used for over a year may be used if scoured and cleaned in hot water.

Metal. All-metal utensils used in fire (spit, broiler) must first be thoroughly scrubbed and cleansed and then made as hot as possible. Those used for cooking or eating (silverware, pots) must be thoroughly scrubbed and cleaned and completely immersed in boiling water. Pots should not be used for a period of at least 24 hours between the cleaning and the immersion in boiling water. Metal baking utensils cannot be kashered.

Ovens and Ranges. Every part that comes in contact with food must be thoroughly scrubbed and cleaned. Then, oven and range should be heated as hot as possible for a half hour. If there is a broil setting, use it. Self-cleaning ovens should be scrubbed and cleaned and then put through the self-cleaning cycle. Continuous cleaning ovens must be kashered in the same manner as regular ovens.

Microwave Ovens. These do not cook the food by means of heat. They should be cleaned, and a cup of water should be placed inside. Then the oven should be turned on until the water disappears. A microwave oven that has a browning element cannot be kashered for Pesach.

Glassware. Authorities disagree as to the method for kashering drinking utensils. One opinion requires soaking in water for three days, changing the water every 24 hours. The other opinion (and I agree with this leniency) requires only a

thorough scrubbing before Pesach, or putting them through a dishwasher.

Glass Cookware. There is a difference of opinion as to whether it is to be kashered. One opinion is that it must be kashered. After a thorough cleansing, water should be boiled in them which will overflow the rim. The other opinion is that only a thorough cleansing is required.

Glass Bakeware. Like metal bakeware, it may not be kashered.

Kashering of Appliances

Dishwasher. After not using the machine for a period of 24 hours, a full cycle with detergent should be run.

Electrical Appliances. If the parts that come into contact with *hametz* are removable, they can be kashered in the appropriate way (if metal, follow the rules for metal utensils). If the parts are not removable, the appliance cannot be kashered. (All exposed parts should be thoroughly cleaned.)

Tables, Closets and Counters. If used with *hametz*, they should be thoroughly cleaned and covered, and then they may be used.

Kitchen Sink. A metal sink can be kashered by thoroughly cleaning and then pouring boiling water over it. A porcelain sink should be cleaned and a sink rack used. If, however, dishes are to be soaked in a porcelain sink, a dish basin must be used.

Hametz and Non-Passover Utensils. Non-Passover dishes, pots and *hametz* whose ownership has been transferred, should be separated, locked up or covered, and marked in order to prevent accidental use.

Donations

BATHROOM RENOVATION FUND

Donor

Pierre & Deena Dugan
Mark Lewis & Janet Nesse

GENERAL FUND

Donor

Yelena Maslov
Mark Novak & Renee Brachfeld to thank TI for Torah use

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Spatz
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Saks

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Tirza Freeman

Refuah Sh'leimah

Dana Neimark
Dana Neimark

SUNDAY MINYAN KIDDUSH FUND

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Myrna Goldman

In Honor Of

Sunday morning minyan

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In Memory of

Sidney Drazin
Jack Brown and Pearl
Malcom

Bette Fargotstein
Sidney Siegel
Benjamin Gittleman
Silvia Silverman
Angela Kavruck and
Samuel Kavruck

Dudley Lascoff
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