

## From Our Rabbi

Hello and welcome to today's TouchPoints. I have included two articles with immediate impact. In the first, Norman Doidge explores how a simple, FDA- approved drug has become a controversial and political "football" during the pandemic. In the second, Shelly Fredman examines the effect of the pandemic on grandparents and the tasks associated with "grandparenting".

Also, you will see our Pre-High Holy Day programming starting on August 25th which includes a Tuesday evening series based on a wonderful book; a Thursday evening series of classes; a concert; a guest speaker; a shofar program and a Family Experience. All the information is below and I encourage everyone to sign in and join as we prepare for a new year!

Rabbi Chaitovsky

## Inspiration And Information

[Hydroxychloroquine: A Morality Tale](#), Norman Doidge

[The Crown of Grandparenting](#), Shelly R. Fredman



**This is a friendly reminder to order your Lulav, Etrog, and Schach by Wednesday, September 9, 2020.**

The form can be found [HERE](#).

Prices are the same as last year. You can pay by check or online with a credit card.

Sukkot begins the evening of Friday, October 2, 2020.

With wishes for a Shanah Tovah u'Metukah!

## Minyan and Davening this Week

**Shacharit weekday morning in the Shraiberg Sukkah, sign-up required. [Click here to sign up.](#)**

Sunday 8:30 AM

Mon 6:30 AM

Tues 6:45 AM

Wed 6:45 AM

Thur - Rosh Chodesh Elul - 6:30 AM

Fri - Rosh Chodesh Elul - 6:30 AM

## **Mincha, Maariv, Pirkei Avot On Zoom**

Each weeknight at 6:30 PM

10:15 AM (Sign up required - [click here](#))

To enter a Zoom class, click on any underlined link and then use ID 285-350-9174 and enter password: BMHBJ  
You can also call by phone: 720-707-2699 or 312-626-6799  
Use call-in password: 498778

## Learning Opportunities and Classes

- All classes on Zoom. [Click here to join.](#)

**Sunday morning at 10:30 AM with Cantor Goldstein**

[Kabbala and Jewish History](#)

**Wednesday morning at 9:00 AM with Rabbi Chaitovsky**

Will not meet this week

**Thursday morning at 11:00 AM, MDT (US and Canada) with Ellyn Hutt**

[Ellyn's Parsha Class for Women](#)

Meeting ID: 922 119 870

**Thursday evening 7:00 PM with Cantor Goldstein**

[Prayer How To](#)

**Friday morning at 10:00 AM, with Essie Fleischmann**

Will not meet this week

**Daf Yomi each weekday morning at 7:30 AM, and every Saturday night 1 hour after Shabbat is over with Rabbi Michael Fleischmann on WhatsApp**

Dial in number: 701-802-5213

Access code: 8622667

Online meeting ID: mfleischmann7

## A Month of Inspiration Leading to Rosh Hashanah and Yom Kippur

The High Holy Days are a little more than a month away. Are you ready? Join us for classes,

*Continued...*

programs, guest speakers, music, and more, as we journey from 5780 to 5781. **All classes and programs on zoom. Click [HERE](#) to join.**

### **Shofar Blast Off August 30 @ 10:30 AM in the East parking lot**

in conjunction with the Sunday Experience at BMH-BJ, marking the beginning of the school year. Calling ALL shofar blowers! Help us fulfill the tradition of sounding the shofar each morning of Elul. Bring your shofar, learn how to make the three special sounds and what they each mean and then join with everyone as we sound the shofar together. Social distancing and mask protocols apply.

### **This Is Real and You Are Completely Unprepared**

Tuesday evenings August 25, September 1, 8, 15, 22 @ 7PM with Rabbi Chaitovsky

Join Rabbi Chaitovsky for a five part discussion series based on [This Is Real and You Are Completely Unprepared](#), the moving and powerful book by Rabbi Alan Lew. Each week will focus on another "leg" of the 40 day journey from Elul to Yom Kippur. Participate in each week's discussion and get more out of Rosh and Yom than ever before. Get ready to be transformed! You can order the book on Amazon by clicking [HERE](#).

August 25 - Setting Your GPS and Making It "Home" (Chs 1-2)

September 1 - Waking Up to Horns Blowing - Elul (Chs 4-5)

September 8 - The Gates Are Wide Open - Rosh HaShana (Ch 6)

September 15 - What the Soul Does While the Gates Are Open - The Ten Days (Ch 7-8)

September 25 - Seeing Angels, Hearing Angels, Being Angels - Yom Kippur (Ch 9-10)

### **The Sights and Sounds of The High Holy Days**

Thursday evenings September 3, 10 and 24 @ 7PM

**September 3 - Machzor Meanings** - The background and meaning of selected prayers of Rosh and Yom - with Rabbi Chaitovsky and Cantor Goldstein

**September 10 - A special concert** of beautiful, spiritual music for the High Holy Days featuring Cantor Goldstein, Rabbi Chaitovsky and others. From familiar favorites to new melodies from amazing Jewish songwriters, the evening will help us get deep into the spirit of the High Holy Days.

### **September 24 - Shabbat Shuva Drasha...on Thursday!**

Join Rabbi Chaitovsky and special guest **Rabbi Moshe Grusgott** of Kehilath Israel Synagogue in Overland Park, KS, for an informative "interstate" conversation featuring inspiring stories of real life change and transformation.

### **Family Erev Rosh Hashana Experience with Rabbi Chaitovsky and Cantor Goldstein**

Friday, September 18 @ 5:30 PM

A 30 minute program of singing, stories and prayer for families and their children.

## *Online Israeli Art Exhibition, Sale and Fundraiser*

Visit the Safrai Gallery Site at: [www.safrai.com](http://www.safrai.com)

Choose any work of art and 20% of your purchase will be donated to BMH-BJ on your behalf.

