

From Our Rabbi

Good morning everyone. Because Tisha B'av falls on Wednesday night and Thursday, this week is called shavua she-chal bo - the week in which Tisha B'Av falls. We purposefully adopt a somber mood and we mitigate our otherwise joyful disposition as we move closer to this 25 hour fast which commemorates the destruction of both Holy Temples and many other tragic events in our history. We adopt customs associated with mourning - we refrain from eating meat and drinking wine and we do not shave or get haircuts. On Tisha B'Av itself, we sit a bit closer to the ground than usual, we do not wear leather shoes either at night or in the morning, and we do not put on tefillin at Thursday morning's service. Rather, we will use the tefillin for the afternoon service, which includes a special Torah and haftarah reading. See below for our schedule, which includes an online class and a special reading of Eicha on Wednesday evening, as well as davening on Thursday morning and evening. Click [HERE](#) for more resources to enhance your Tisha B'Av experience.

There is a custom to say special kinnot - poetic lamenations which highlight the destruction of both Temples as well as other historic tragedies. During the morning service, I will explain the context and meaning of just a few of the kinnot, to give us a taste of their dark beauty. As in previous years, I encourage everyone to join Rabbis Tzvi Hersh Weinreb and Steven Weil of the OU, on Thursday, as they once again explore and interpret the kinnot more deeply and make them truly come alive. You can click [HERE](#) to join the webcast.

I wish everyone a truly meaningful Tisha B'Av. May this be the last one we observe by fasting and mourning.

Rabbi Chaitovsky

Minyan and Davening Schedule

Davening

Shacharit in the Shraiberg Sukkah (sign-up required, see below)

Sunday 8:30 AM

Monday 6:30 AM

Tuesday 6:45 AM

Wednesday 6:45 AM

Wednesday 8:10 PM - Tisha B'Av Fast begins

Thursday 6:30 AM - Tisha B'Av Fast

Thursday 7:55 PM - Mincha and Maariv to end the fast - Click [HERE](#) to sign up

Friday 6:45 AM

Continued...

Shabbat

Shabbat morning 8:30 AM in the Chapel Shaarei Simcha [sign-up for August](#)

Shabbat morning 10:15 AM in the Main Sanctuary [sign-up for August](#)

Mincha, Maariv, Pirkei Avot On Zoom Each weeknight at 6:30 PM

Special ZOOM program for Tisha B'Av evening - Wednesday July 29 at 8:15 PM

"Eicha" - Password to Tisha B'Av...Password to History

The Book of Eicha/Lamentations - read by Rabbi Chaitovsky

Learning Opportunities and Classes (Zoom)

Wednesday morning at 9:00 AM with Rabbi Chaitovsky

Verse by Verse: The Book of Numbers (Bamidbar)

Please note - Cantor Goldstein's Thursday Prayer Insights class will resume next week

Friday Morning at 10:00 AM, with Essie Fleischmann

Parsha Class

Daf Yomi each weekday morning at 7:30 AM, and every Saturday night
1 hour after Shabbat is over with Rabbi Michael Fleischmann

WhatsApp

Dial in number: 701-802-5213 Access code: 8622667

Online meeting ID: mfleischmann7



To enter a Zoom class, click on any underlined link and then use
ID 285-350-9174
and enter password:
BMHBJ

You can also call by
phone: 720-707-2699
or 312-626-6799
Use call-in password:
498778

Save the Date

Sunday, Aug 9, 2020 at 11 am for a Family Ice Cream "social distancing" Social.

Gather with us (with appropriate social distancing) for an hour or so of, as we share laughter, togetherness, music and cold snacks.



Bring the family, we will have chairs and drinks and Ice Cream!!!

If you could RSVP - just to let us know that you are coming - we will supply the rest [Yes-I'll be there!](#)

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**We hope you can join us for an uplifting and joyous Kabbalat Shabbat Sing-Along
Friday, Aug 14, 2020 at 5:30 PM
In the BMH-BJ east parking lot**

We will celebrate Shabbat with a sing along, social distancing and masked gratitude.
You bring yourself; we will supply chairs and music, spirituality and companionship.
The Shabbat is free, please just register so we will have a chair for you. And yes, feel free to bring your own more comfortable chair and a drink to stay hydrated.

Please join us via zoom for our Annual Congregational Meeting on Tuesday, July 28, 2020 at 7 pm.

At the meeting you will hear a year end update from our President, Jeff Kline, inspirational words from Rabbi Chaitovsky and Cantor Goldstein. You will be provided with a High Holy Days update, and a financial update. We will celebrate our new members and remember those that have passed.

In addition, you will be presented with and asked to vote on the proposed new slate of directors for the upcoming year.

Topic: BMH-BJ ANNUAL MEETING

Time: Jul 28, 2020 07:00 PM Mountain Time (US and Canada)

[Join Zoom Meeting](#)

Meeting ID: 962 7559 6948

Password: 496990

One tap mobile

+16699006833,,96275596948# US (San Jose)

+12532158782,,96275596948# US (Tacoma)

Yizkor Booklet Information

Yizkor booklet information is in the mail. Please reply by July 31, 2020 to have your inscription(s) included in this year's virtual and hard copy booklet.

For more information contact:

Ann Davis anndavis001@gmail.com or cell phone 720-335-8297

Lori Duman imduman@comcast.net or cell phone 303-564-9296

Dial by your location

+1 669 900 6833 US (San Jose)

+1 346 248 7799 US (Houston)

+1 301 715 8592 US (Germantown)

+1 253 215 8782 US (Tacoma)

+1 646 876 9923 US (New York)

+1 312 626 6799 US (Chicago)

Meeting ID: 962 7559 6948

[Click here to find your local number](#)

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Israeli Art Exhibition, Sale, and Fundraiser



Slava Ilyayev, Lithograph on Canvas "First Date"

Size unframed: 36x24", 91x61 cm,

Price unframed: US\$450

(Shipping and Handling FREE) Artwork is unframed. Painting subject to availability

Dear friends,

We are excited to invite you to an online Israeli Art Exhibition, Sale and Fundraiser that we are coordinating in partnership with the Safrai Gallery of Jerusalem, Israel.

Hundreds of works of art are available for purchase as gifts to friends and family, to grace your walls at home and to support BMH-BJ in this most interesting of times.

Visit the Safrai Gallery Site at: www.safrai.com

Choose any work of art and 20% of your purchase will be donated to BMH-BJ on your behalf.

Or you can visit our Facebook page at:

<https://www.facebook.com/BMH.BJ/>

This special collection of art has been selected for this fundraiser and offered at special prices.

For more information, call 303-388-4203

More information at www.BMH-BJ.org