

BMH BJ

Parashat Balak

July 20 - 26, 2019 — 17 - 23 Tammuz 5779

Torah reading — pg 856, Baalei Keriah — Jerry Rotenberg (Sanctuary) & Noah Hill (Chapel)

Haftarah — Micah 5:6 –6:8 pg 1189 — Rabbi Yaakov Chaitovsky

Taste of Torah parashah shiur with Essie Fleischman at 10:00 am in the Gallery

Pirkei Avot—Genius of the Rabbis — 12:15 pm in the Sanctuary

Rabbi Yaakov Chaitovsky

Ilene Rosen—Executive Director

Jeff Kline— Shul President

Cantor Martin Goldstein

Cantor Emeritus Joel Lichterman

Cantor Emeritus Zachary Kutner

The Week Ahead

Saturday— July 20

Daf Yomi 8:00 am

Sanctuary 9:00 am

Chapel 9:15 am

Mincha 8:00 pm

Havdalah 9:05 pm

Sunday— July 21

Fast of Tammuz

Fast Start 4:04 am

Daf Yomi 7:30 am

Shacharit, Chapel 8:30 am

Mincha/Maariv 8:15 pm

Fast Ends 8:54 pm

Monday— July 22

Daf Yomi 5:30 am

Shacharit, 6:30 am

Mincha/Maariv 6:35 pm

Sefer HaChinuch 8:00 pm

Tuesday— July 23

Daf Yomi 5:45 am

Shacharit 6:45 am

Mincha/Maariv 6:35 pm

Wednesday— July 24

Daf Yomi 5:45 am

Shacharit 6:45 am

Rabbi's Class 7:30 am

Mincha/Maariv 6:35 pm

Thursday— July 25

Daf Yomi 5:30 am

Shacharit 6:30 am

Elly Hutt Class 11:00 am

Mincha/Maariv 6:35 pm

Friday— July 26

Daf Yomi 5:45 am

Shacharit 6:45 am

Mincha 6:30 pm

Candle Lighting 7:59 pm

!שבת שלום ומבורך!



Parshah Summary (Balak — Bamidbar/Numbers 22:2-25:9 pg 856)

In the *Sidrah*, Balak, the king of Moab, summons the prophet Balaam to curse the people of Israel. On the way, Balaam is berated by his donkey, who sees, before Balaam does, the angel that God sends to block their way. Three times, from three different vantage points, Balaam attempts to pronounce his curses; each time, blessings issue forth instead. Balaam also prophesizes on the end of days and the coming of Moshiach.

Please join us for a kool Kiddush in the Social Hall sponsored by BMH-BJ.

If you wish to sponsor a Kiddush, breakfast, or rent space in the synagogue please call us at 303-388-4203. Please respect the sanctity of our services by refraining from entering or leaving while the ark is open, Mourners Kaddish, Kedusha and Sermon.

Please note that our services are cell free zones.

Life & Legacy - Live On. Make a difference in your lifetime by making a difference in our future. For more information or to learn how to be a part of Life & Legacy contact one of our committee members: Brian Story, Lisa Engbar, Mel Engbar, Rabbi Chaitovsky, Andy Schwartz, Jeff Kline, or Ilene Rosen.

In Today's Haftarah (Micah 5:6 –6:8 pg 1189) The prophet Micah prophesies about what will occur after the war of Gog and Magog, the war which precedes the coming of the Messiah and the Final Redemption. He goes on to rebuke the Jewish people for not observing God's commandments, and reminds them of the great things God had done for them. He took them out of Egypt and replaced the curses that Balaam wanted to utter against them with blessings. The Jewish people respond by saying that they do not know how to serve God and ask for guidance. Micah reminds them of the Torah, and that all they need to do is contained within it: "He has told you what is good and what He demands of you: to do justice, love kindness, and walk discreetly with your God."

Fast of 17 Tammuz

The fast of the 17th of the Hebrew month of Tamuz, known as Shivah Asar B'Tamuz, is the start of a three-week mourning period for the destruction of Jerusalem and the two Holy Temples.

The fast actually commemorates five tragic events that occurred on this date:

1. Moses broke the 10 Commandments when he saw the Jewish people worshipping the Golden Calf.
2. During the Babylonian siege of Jerusalem, the Jews were forced to cease offering the daily sacrifices due to the lack of sheep.
3. Apostomos whose real identity is unclear burned the Torah.
4. An idol was placed in the Holy Temple.
5. The walls of Jerusalem were breached by the Romans, in 69 CE, after a lengthy siege. (Three weeks later, after the Jews put up a valiant struggle, the Romans destroyed the second Temple on the 9th of Av.) The Jerusalem Talmud maintains that this is also the date when the Babylonians breached the walls of Jerusalem on their way to destroying the first Temple.

Practically speaking:

- Healthy adults obligated in mitzvot—abstain from eating or drinking between dawn and nightfall.
- Pregnant and nursing women are not required to fast. Someone who is ill should consult with a rabbi.
- It is permitted to wake up early before the fast begins and eat.
- During the morning prayers we recite *selichot* (penitential prayers), and "Avinu Malkeinu."
- The Torah is read during the morning and afternoon prayers. The reading at both services is - Exodus 32:11–14 and 34:1–10, which discusses the aftermath of the Golden Calf incident. After the afternoon Torah reading, the special fast day *haftarah*, Isaiah 55:6–56:8, is read.

Abstaining from food and drink is the external element of a fast day. On a deeper level, a fast day is an auspicious time, a day when G-d is accessible, waiting for us to repent.

Daily/Weekly Torah Learning

▶ **Daf-Yomi** one hour before Shacharit

- Rabbi Fleischmann

▶ **Law, Legend & Lore** daily after Mincha

- Rabbi Chaitovsky

▶ **Sefer HaChinuch** Mondays at 8:00 pm

- Rabbi Stern

▶ **Verse by Verse through the Torah**

Wednesdays at 7:30 am - Rabbi Chaitovsky

▶ **Conversational Hebrew Class** (*on break*)

▶ **Women's Parashah Shiur** Thursdays 11:00 am

- Ellyn Hutt

▶ **Taste of Torah** Shabbat at 10:00 am

- Essie Fleischmann

▶ **Genius of the Rabbis /Pirkei Avot** Shabbat at 12:15 am

- Rabbi Chaitovsky

▶ **Ten Minutes of Text** Shabbat at Seudah Shelishit

Classes and study sessions are a great way to connect with others

Daily Minyan needs your support! We are proud that our synagogue has minyan twice a day. Summer is a time when our minyan is always in flux and needs extra support. It is not always easy getting a minyan. Please make a mitzvah and commit once or twice a week to joining our morning or evening minyan. Consider it your "Jewry Duty"!

Birthdays — Esther Cook, Wendy Davis, Chad Duman, Allyson Leszman, Karen Hammer, Roberta Miller, Meri Zuckerman, Perry Jultak, Ryan Tenenbaum, Charlene Wandel, Gabriel Sanders, Doug Averch, Marilyn Kopelman, Tiffany Sanders, Natalie Drucker Boscoe, Allan Ansel, Judith Saltzman, Hinda Buchbinder, Jennifer Jackson

Anniversaries — Yakov Aleynikov & Marina Aleynikov (57) Norman Veta & Sura Veta (20)
Solomon Kobel & Cela Kobel (9)

Refuah Sheleima/Speedy Recovery Chaim Binyamin ben Sara, Esther bat Chana, Sara Behmoaras, Risa Shayna bat Batya, Paula Burger, Dr. Bernice Dinner, Linda Fox, Max Furer, Pip Goldstein, Francine Greenberg (Feige Esther bat Ita Liba), Dr. Stuart Gottesfeld, Hilda Kass, Doniel Kaye, Dona Mandell, Jerry Marcus (Hillel David Chaim ben Miryam), Danney McReynolds (Dun ben Abraham), Mark Millenson, Toby Mower (Tova bat Liba), Mordechai ben Pauline, Barbara Oxman, Lilian Schaeffer, Shabbtai Yaakov ben Channah, Tamar bat Phoebe, David Weinstein, Terry Wolf, Tziviya Trana bat Rivka, Bayla bat Chaya Feliga Yachnowitz, Reuven ben Nachum Noach

HaMakom Yenacheim Etchem to Marie Peterson; Jakob, Ella and Levi; Mary Peterson, and family on the loss of their husband, father, son, and brother, **LTC John Peterson, z”l**

HaMakom Yenacheim Etchem to Beverly Jean Silver and Donna Mae Fields (CA), on the loss of their brother, **Joseph “Better than Gold” Silver, z”l**

Funeral will be held Sunday, July 21 at 10:00am at BMH-BJ, internment to follow at Rose Hill Cemetery

HaMakom Yenacheim Etchem
to Ira Goldman and Nicky (Amanda) White, on the loss of their father, **Marvin Goldman, z”l**

Yahrzeits Shabbat, July 20, 2019 / 17 Tammuz 5779 Rozalia Babad, Benjamin Bernstein, Bernice Engleberg, Casey Frankel, Gersh Golyansky, Esther Greene, Abraham Greinetz, Anna Merle Kessler, Morris Lapin, Stanley Marcove, Gedalia Nikolayevsky, Masaoud Joseph Perez, Harry Rachofsky, Sam Rosenthal, Ida Segall, Jack Shaffer, Akhtar Simantob, Robert H. Versman, Lillian Wolack

Sunday, July 21, 2019 / 18 Tammuz 5779 Ida (Idella) Albert, Chava Devora Altmejd, Rosalie Richman Bijou, James Bronstine, Willie Cohan, Freyda Corwin, Benjamin Finegold, Seymour Fink, Alan Freis, Toby Fried, Vera Glazer, Ida Goodstein, Carole Heyman, Yehuda Hochstadt, Shmuel Hutnik, Emiliya Kershteyn, Rosa Lerman, Mary Moses, Joseph N. Peterman, Edythe M. Rubin, Max Selig, Zelman Vexland, Phillip Weiner, Hyman Wolkow, Jacob Yoches

Monday, July 22, 2019 / 19 Tammuz 5779 Ida Breslaw, Lee Butler, Michael Davidson, Morey Epstein, Beverly Friedentag, Pauline Galansky, Benjamin Golinsky, Marcus Goodman, Irwin Hayutin, Fannie Hoffman, Gerson Kaplan, Livche Syrel Laderman, Bernard Lande, Max Landman, Rose Markovitz, Jack Morris, Ralph Nordhauser, Helga Pellegrino, Ida Reiff, Arnold Siegel, Irving Sneider, Morris Sperling, Fannie Steinberg, Zina Symonton

Tuesday, July 23, 2019 / 20 Tammuz 5779 Elizabeth Auslander, Myrna Feld, Rose Litman, Alan S. Miller, Lotte Neuberger, David Siegal, Hyman Singer, Rose Stein

Wednesday, July 24, 2019 / 21 Tammuz 5779 Fan Abrams, Marvin V. Cook, Sophie Shaiman Drellich, Morris Finkelberg, Richard Fricklas, Florence Goldberg, Florence Keller Goldberg, Ezzy Greenberg, Grete Herlinger, Paul Jacobs, Sarah Kahn, Eva Lassow, Alfred Lazarus, Rose B. Leight, Ida Mintz, Ben Molof, Arthur Olsen, Evelyn Richmond, Helen Rotbart, Bruno Sass, Deborah Schermerhorn, Esther Schreiber, Andrew Hale Siegel, Betty H. Slosky, Anna Weiner, Charles Wexall

Thursday, July 25, 2019 / 22 Tammuz 5779 Samuel Berger, Evelyn Brustein, Saul Disler, Jacob Hillel Ettinger, Claire Felsenburg, Ruth M. Hahn, Sidney R. Hahn, Meyer Hatch, Howard Katchen, Harry Harvey Lehrer, Daphne Molk, Louis Orlovsky, Helen Kierszenzweig Perez, Rakhim Pinkhasov, Phillip Ratner, David Rivkin, Rose Rosenbaum, Johanna Rothman, Benjamin Shapiro, Isaac Silverberg, David Snyder, Adele Sollender, Haia Soltanovich

Friday, July 26, 2019 / 23 Tammuz 5779 Celia Cohen, Bertha Friednash, Sam Goldstein, Ben Hirsh, Elsa Jacobson, Herman Kahn, Mikhael Kigelman, Bette Landman, Leonard I. Levett, Anna Lea Morein, Tatyana Noskova, Jack Rothenberg, Rose Silverberg, Alan Silverman, Nathan Slavsky, Fae Tollman, Murray Weinstock, Michael Wildfeuer, Yitzok Zendlowicz, Al Zinn

Happenings @ BMH-BJ

Hike at Meyer Ranch —Sunday, July 28 at 10:00 am

Join Rabbi Chai and Cantor Marty for spiritual connections and words of wisdom as they explore the Sunny Aspen Trail Loop, a moderate 3-mile hike with views of wildflowers and a vast meadow.

Tell us you are coming by registering here www.bmh-bj.org/event/Hike2019

Our Bingo Group is having a MUST-GO —Thursday, August 8 at 11:00 am at Turn of the Century Bingo

This must-go session will pay out \$8,000-\$10,000!! Join us at 1921 S. Havana St.

Tisha B'Av at BMH-BJ — Motzei Shabbat, August 10—Sunday, August 11

Fast Begins —Motzei Shabbat at 8:02 pm

Maariv & Eicha —Motzei Shabbat at 9:00 pm

Shacharit & Kinnot —Sunday at 8:30 am

Tisha b'Av Family Art Project —Sunday, August 11 at 10:15 am

A meaningful event for families with children ages 5-12. Families will work together to make a "Im Eshkachech Yerushalayim" wall hanging. As families are creating their art work Rabbi Chaitovsky will lead a discussion on the importance of remembering Jerusalem and the suffering of our ancestors.

Tisha b'Av Film and Discussion —Sunday, August 11 at 5:45 pm

Join Rabbi Chai for a viewing of Nicky's Family followed by a discussion. Nicky's Family tells the story of Nicholas Winton, who organized the rescue of 669 children just before the outbreak of WWII.

Mincha/Maariv —Sunday, August 11 at 7:40 pm

Havdalah / End of Fast —Sunday, August 11 at 8:43 pm

Announcements

***Lost and Found items are plentiful in the building and will be donated to ARC on August 1.**

Sunday Experience at BMH-BJ Registration Now Open Registration for the 2019-2020 school year is now

open. Visit our website to learn more and register

at www.bmh-bj.org/learn/religious-school

The Living Well Expo — Sunday, July 28, 2019

ColoradoGrandparent.com is presenting an expo for boomers & seniors and their families. The expo provides you with the opportunity to discover ways to stay active and healthy in your retirement years.

Listen to experts on health, financial, legal and a fitness session. We have two fantastic speakers: Mark Koebrich with 9 News & Rabbi Dr. Ivan Lerner. Lunch will be provided. The expo will be at BMH-BJ and expo hours are 10-4. Event is free.

Register to attend
at TheLivingWellExpo.com
or call Howard Wedgle
at 303.725.1655.

Live well my friends!


The Living well
EXPO
ELEVATE YOUR LIFE



BMH-BJ
Women's League
Gift Shop

Yair Emanuel

Hours
Monday - Thursday 10 am - 4 pm
Friday 10 am - 1 pm
Closed Sundays for Summer
303-951-8238

We stock gift items for every occasion!