

# BMHBJ

## Shabbat Lech Lecha

**November 9 - 15, 2019 — 11 - 17 Cheshvan 5780**

Torah reading — Ge. 12-17; pg 54, Baal Koreh — Jerry Rotenberg

Haftarah — Isaiah 40:27—41:16; pg 1133 — Cantor Zachary Kutner

Taste of Torah parashah shiur with Essie Fleischman at 10:00 am in the Gallery

Junior Congregation (grades 3-8) with Joel Rozansky at 10:30 am in room 113

Guest Speaker Rabbi Sandra Cohen : “Calling Out for Help: The Mentally Ill Among Us” at 11:30 am

**Rabbi Yaakov Chaitovsky**

**Ilene Rosen—Executive Director**

**Jeff Kline—Shul President**

**Cantor Martin Goldstein**

**Cantor Emeritus Joel Lichterman**

**Cantor Emeritus Zachary Kutner**

### **The Week Ahead**

**Saturday— November 9**

Daf Yomi 8:00 am

Shacharit (Sanct.) 9:00 am

Shacharit (Chapel) 9:15 am

Mincha/Maariv 4:25 pm

Havdalah 5:31 pm

**Sunday— November 10**

Daf Yomi 7:30 am

Shacharit 8:30 am

Mincha/Maariv 4:35 pm

**Monday— November 11**

Daf Yomi 5:30 am

Shacharit 6:30 am

Mincha/Maariv 4:35 pm

Sefer HaChinuch 8:00 pm

**Tuesday— November 12**

Daf Yomi 5:45 am

Shacharit 6:45 am

Chesed Meeting 4:30 pm

Mincha/Maariv 4:35 pm

**Wednesday— November 13**

Daf Yomi 5:45 am

Shacharit 6:45 am

Rabbi's Class 7:30 am

Mincha/Maariv 4:35 pm

Conversational Hebrew 7:00 pm

**Thursday— November 14**

Daf Yomi 5:30 am

Shacharit 6:30 am

Ellyn Hutt's Class 11:00 am

Mincha/Maariv 4:35 pm

**Friday— November 15**

Daf Yomi 5:45 am

Shacharit 6:45 am

Mincha 4:20 pm

Candle Lighting 4:24 pm



**Please join us for Kiddush in the Social Hall co-sponsored by Shelley Gold and Carol Singer on the occasion of his birthday and Dr. Mark & Susan Barter, Garrett & Elke Barter and children and Devra Barter in memory of their son, brother and uncle, Mickey Barter, z”l, on his yahrzeit.**

If you wish to sponsor a Kiddush, breakfast, or rent space in the synagogue please call us at 303-388-4203. Please respect the sanctity of our services by refraining from entering or leaving while the ark is open, Mourners Kaddish, Kedusha and Sermon.

Please note that our services are cell free zones.

Life & Legacy - Live On. Make a difference in your lifetime by making a difference in our future. For more information or to learn how to be a part of Life & Legacy contact one of our committee members: Brian Story, Lisa Engbar, Rabbi Chaitovsky, Andy Schwartz, Jeff Kline or Ilene Rosen.

## Parashat Lech Lecha (Ge. 12-17; pg 54)

In the *sidrah* G-d speaks to Abram, commanding him, “Go from your land, from your birthplace and from your father’s house, to the land which I will show you.” G-d says that there he will be made into a great nation. He must leave behind everything he has known in order to begin a relationship with G-d which is to develop for him into a deep faith. Once he arrives in Canaan, G-d promises him that this land will become the home of his descendants. Abram's name is changed to Abraham as part of a new covenant with G-d, through circumcision. Later on, his wife Sarai becomes Sarah. The males in his household are circumcised, forever after the sign of the Covenant between Abraham’s descendants and G-d. Abraham would now be the leader of a new chapter of human history defined by dedication to the one G-d.

## In Today’s Haftarah (Isaiah 40:27—41:16; pg 1133)

The *haftarah* is from the Book of Isaiah. It is a message by the Prophet to his fellow Jews who were exiled to Babylonia after the destruction of Jerusalem in 586 B.C.E. Driven by their conquerors from the land of their fathers, the Hebrew exiles were very unhappy in Babylonia and feel forgotten by G-d. But the Prophet assures them that if the redemption of Israel seems slow in coming, it is because G-d, for His own good reason, delays it. There must be steadfast faith in G-d’s good judgment.

For the Prophet’s second message, Isaiah summons the nations to a trial before G-d. Cyrus has become emperor of Persia, as the Prophet had predicted. And through Cyrus, G-d is to bring about the redemption of exiled Israel. The covenant made with Abraham long ago was being fulfilled by G-d. The nations who were enemies of Israel would see the redemption happening and they would be embarrassed and confused. G-d would bring victory to the seed of Abraham.

## About our Speaker Rabbi Sandra Cohen

Rabbi Sandra Cohen received her BA summa cum laude from Macalester College and a Masters in Hebrew Literature and Ordination from HUC-JIR, where she was a Wexner Graduate Fellow. She began her congregational rabbinical career as an assistant rabbi at Temple Emanuel. She then served as rabbi at Temple Micah beginning in 1997. Following a stroke and subsequent health challenges in 2002, Rabbi Cohen left the congregational rabbinate.

Rabbi Cohen is involved in mental health outreach in the Jewish community both locally and nationally. She is also a teacher, primary of rabbinic text, in a variety of settings in both the Jewish and larger Denver community. In addition, she also offers pastoral care to individuals and families. She will share her insight and experience on how to make our synagogues, churches and mosques into a place of caring and home for all members.



### Daily/Weekly Torah Learning

- ▶ **Daf Yomi** one hour before Shacharit  
- Rabbi Fleischmann
- ▶ **Law, Legend & Lore** daily after Mincha  
- Rabbi Chaitovsky
- ▶ **Sefer HaChinuch** Mondays at 8:00 pm  
- Rabbi Stern (in the Gallery)
- ▶ **Verse by Verse through the Torah**  
Wednesdays at 7:30 am - Rabbi Chaitovsky

- ▶ **Conversational Hebrew Class** Wednesdays at 7:00 pm  
- Roberta Feinsmith (in the Library)
- ▶ **Women’s Parashah Shiur** Thursdays at 11:00 am  
- Ellyn Hutt (in the Gallery)
- ▶ **Taste of Torah** Shabbat at 10:00 am  
- Essie Fleischmann (in the Gallery)
- ▶ **Ten Minutes of Text** Shabbat at Seudah Shelishit  
- Rabbi Chaitovsky
- ▶ **Junior Congregation Schedule** at 10:30 am  
- Nov 9, Nov 23, Dec 7, Dec 14 (in room 113)

**Birthdays** Shelley Gold, Harold Feldman, Alexis (Lexie) Lightner, Jan Buckstein, Jonathan Skigen, Tamar Sisk, Lyla Salamon, Kaila Schwartz, Sarha Patrick, Elad Warren, Harold Cohen, Rosette Steinberg, David Goodman

**Anniversaries** Steve & Renee Leventhal (40) Jerry & Shelley Rotenberg (37)

**Refuah Sheleima/Speedy Recovery** Chaim Binyamin ben Sara, Daniel ben Batya, Esther bat Chana, Sara Behmoaras, Hally Bregman (Tzvi Arye ben Devorah), Eliya Feivel ben Miriam, Linda Fox, Shirley Franklin, Bobbi Furer, Myron (Moshe ben Elka) Goldstein, Paula Hutt, Pip Goldstein, Elaine Greenberg, Francine Greenberg (Feige Esther bat Ita Liba), Dr. Stuart Gottesfeld, Hilda Kass, Yitzchak ben Beile (Isaac Krajmalnick), Shraga Feivel ben Sima (Fabian Krajmalnick), Dona Mandell, Jerry Marcus (Hillel David Chaim ben Miryam), Dr. Jeffrey Mechanik, Menucha bat Bayla Zelda, Dick Miller (Reuven Eliezer ben Sarah), Mark Millenson, Rabbi Larry Moldo (HaRav Tzvi Liev ben Nechama), Mordechai ben Pauline, Barbara Oxman, Lillian Schaeffer, Renee Shraiberg (Rivkah bat Ita), Shabbtai Yaakov ben Channah, Jay Stark, Tamar bat Phoebe, Terry Wolf, Tziviya Trana bat Rivka, Yitzchak ben Feige, Clifford Weller, Pam Zeldin

## Yahrzeits

**Shabbat, November 9, 2019 / 11 Cheshvan 5780** Caroline M. Baer, Mickey Barter, Peryle Beck, Miriam Cohan, Bennett Cowen, Jack Gardenswartz, Yetta Goldstein, Flora S. Hayutin, Thelma Kiken, Selma Lehrer, Frayde Leventhal, Harry Reiner, Leon Rogoff, Lillian Rosenbaum, Ida Weiss, Bennie Wolf, Nathan Yanish

**Sunday, November 10, 2019 / 12 Cheshvan 5780** Reuben Barnett, Morris M. Block, Marvin Cohen, Sol Dinner, Mildred Emeson, Morris Feldhamer, Morris Fishel, Sharyn Fried, Jacob Friedman, Morris Garnek, Susana Goldberg, Harriette Grober, Anna Hoffman, Lillian Hertz Katz, Barbara Elaine Kenar, Gladys Leher, Rose Levitt, Freda Lutz, Rose K. Miller, Faina Pales, Rose Paper, Thomas Pasenow, Elsie Ratner, Frieda Schiff, Alice Shidler, Harry Wolf, Asa Yoelson

**Monday, November 11, 2019 / 13 Cheshvan 5780** Linda Abzug, Mariya Aptekman, Raya Babakhanova, Lena Eisen Bauer, Barbara Bernstein, Rudolph Boscoe, Jayne Breyer, Norman Druckman, Serafina Faktorovich, Isaac William Felser, Gerald I. Friedman, Erwin Kern, Dr. Eli Abraham Miller, Ruth Neiman, Elaine Primack, Susie Segal, Milton Singer, Joseph Stark, Louis Tenenbaum, Sylvia Zelkin

**Tuesday, November 12, 2019 / 14 Cheshvan 5780** Max Berk, Gertrude Bitman, Elsie Cassel, Jacob Cohen, Albert Sam Eisen, Louis Goldberg, Perry Goldstein, Sadie Leah Hailpern, Hyman Katz, Harry Kraut, Boris Matov, Isaac Louis Shames, Dorothy Wiener, Fanny Zalkind

**Wednesday, November 13, 2019 / 15 Cheshvan 5780** Anna Agren, Marko Blinder, Ida Sarah Bronstein, Elias Camen, Eva Fortner, Irene Glass, Gizella Goldstein, Aaron Golub, Pearl Halper, Esther Hirschfeld, Sophie Kornfield, Bryn Sarah Linkow, Max Lustig, Stephen Naiman, Joan Neighbor, Jay Neuman, Louise Oliner, Charlotte Oxman Radetsky, Frederika Raphael, Anna Rosenstein, Abraham I. Sandusky, Ben Schatz, Eleanor Shulkin, Fannie Shwartz, Meyer Simon, Harry Slack, Irvin Sorkin, Hedy L. Streltzer, Beatrice Sussman, Hil Tempelhof, Rebecca Wexler

**Thursday, November 14, 2019 / 16 Cheshvan 5780** Rabbi Samuel Adelman, Richard Kaye, Sol Munter, Alec Myers, Lena Perlman, Ben Perry, Patti Ross, Rose Schmuller, Herman Sheldon, Florence Spitzer, Sheldon Woogin

**Friday, November 15, 2019 / 17 Cheshvan 5780** Doron Scott Abosch, Joseph Benov, Rita Block, Moshe Dym, Dave Finkelstein, Hana Friedrich, Arline Gandelman, Fannie Gold, Max Goldberg, Sam Hayutin, Agnes Kaplan, Minnie Katzson, Allan Kotlisky, William R. Kramer, Fred Krasner, Dalya Lemkus, Fannie Madison, Bert Meer, Lillian Ethel Rosenthal, Bronya Rozenberg, Molly Savran, Fanya Tsifranovich,

**Daily Minyan needs your support!** We are proud that our synagogue has a minyan twice a day in the Chapel. It is not easy getting a minyan and we always need extra men to ensure that attendees can recite Kaddish for their loved ones. Please make a mitzvah and commit once a week or once a month to joining our morning or evening minyan. Consider it your "Jewry Duty"!



## Happenings @ BMH-BJ

**Stitch and Kvetch** — Tuesday, November 19 from 6:30 pm - 8:30 pm

*Do you love to knit, crochet, needlepoint or cross-stitch? If so, join us for an evening of conversation, community and crafting. Two of our fiber-craft connoisseur congregants, Sandi Kline and Vicki Skigen, will be available to provide expertise to all who attend. You are welcome to bring a project you have been working on but haven't found the time to complete or learn how to make a yarmulke from Sandi.*

**Senior Chavurah, Freedom from Financial Worry** — Thursday, November 21 at 1:00 pm in the Gallery Teri Crocker, a care navigator, and Mike Homier, an elder attorney, share their expertise to help reduce your financial worry. Learn techniques to safeguard your assets so that you can focus on other important areas of your life, knowing you have a plan to handle your financial situation.

**Rhythm 'N' Ruach with Auntie A** — Sunday, December 1 from 10:30 am - 11:30 am

*After an exciting summer and fall of Rhythm 'N' Ruach, BMH-BJ is taking some time to reevaluate and revamp the program to make it even better. To kick off our new and improved Rhythm 'N' Ruach program, Adrienne "Auntie A" Suson, Licensed Facilitator and Marketing Director of Rhythm 'N' Ruach, will be leading a Pop-up Music and Movement class. Auntie A can't wait to come home to Denver and share this experience with preschool aged children and their families. All are welcome!*

**Broadway Comes to BMH-BJ** — Sunday, December 8 from 2:30 pm - 4:30 pm

*Cantor Goldstein and special musical guests will perform your favorite Broadway songs. A reception will follow the show. This is sure to be a show you don't want to miss!!! Purchase tickets for \$25/adult, \$10/child (ages 13 or younger) at [bmh-bj.org/event/BroadwayConcert](http://bmh-bj.org/event/BroadwayConcert) — reservations from the cancelled summer concert will be honored.*

**Family Havdalah and Chanukah Crafts** — Motzei Shabbat, December 21 at 6:00 pm

*Families with preschool and elementary aged children are invited to kickoff their Chanukah celebrations. The evening will begin with a family Havdalah service where children can play instruments and sing. Following the service, families will participate in a fun craft project to get ready for The Festival of Lights.*



## Community Events

**Men's Event 2019** — Wednesday, November 13 at the National Western Complex Event Center

*This year features keynote speaker Dr. Jonathan Schanzer, the foremost authority on Iran and its military threats to the U.S. and Israel. Enjoy a great cocktail hour, full dinner buffet and concise program with 1,000 other Jewish men from throughout Colorado. Help support our Jewish community at home, in Israel and around the world. The event is free to attend. Please contact JEWISHcolorado for more information if you are interested.*

**Shabbat Project Great Big Challah Bake** —

Thursday, November 14 from 7:00 pm - 9:00 pm  
*Mark your calendar for the annual evening of Challah baking, fun and inspiration in the Social Hall.*

*\$20 entry, register at [TheDenverChallahBake.com](http://TheDenverChallahBake.com)*

**Jew-Pro Young Professionals Dinner** —

Friday night, November 15 at 3:45 pm - 10:00 pm  
*Jews in their 20's and 30's from all walks of life and from across the spectrum of religious affiliation, come together to celebrate Shabbat. \$25/person, to register visit [theje.com/jewproshabbosproject](http://theje.com/jewproshabbosproject)*