

BMH BJ

Parashat Yitro

January 26 - February 1, 2019 — 20 - 26 Shevat 5779

Torah reading — pg 394, Baal Koreh — Jerry Rotenberg

Haftarah — Isaiah 6:1 –7:6, 9:5-6 pg 1154— Randy Weiner

Taste of Torah parashah shiur with Essie Fleischman at 10:00 am in the Gallery

Prayer Pearls: Connecting Tefilah with Reb Noam Horowitz at 11:00 am in the Foyer

Rabbi Yaakov Chaitovsky

Ilene Rosen—Executive Director

Jeff Kline— Shul President

Cantor Martin Goldstein

Cantor Emeritus Joel Lichterman

Cantor Emeritus Zachary Kutner

The Week Ahead

Saturday— January 26

Daf Yomi 8:00 am
Sanctuary 9:00 am
Chapel 9:15 am
Mincha 4:50 pm
Havdalah 5:54 pm

Sunday— January 27

Daf Yomi 7:30 am
Shacharit, Chapel 8:30 am
Cantor's Class 10:45 am
Mincha/Maariv 5:00 pm

Monday— January 28

Daf Yomi 5:30 am
Shacharit, 6:30 am
Mincha/Maariv 5:00 pm
Sefer HaChinuch 8:00 pm

Tuesday— January 29

Daf Yomi 5:45 am
Shacharit 6:45 am
Mincha/Maariv 5:00 pm
Tell Me More 7:15 pm

Wednesday— January 30

Daf Yomi 5:45 am
Shacharit 6:45 am
Rabbi's Class 7:30 am
Mincha/Maariv 5:00 pm
Convers. Hebrew 7:00 pm

Thursday— January 31

Daf Yomi 5:30 am
Shacharit 6:30 am
Ellyn Hutt 11:00 am
Mincha/Maariv 5:00 pm

Friday— February 1

Daf Yomi 5:45 am
Shacharit 6:45 am
Candle Lighting 4:59 pm
Happy Mincha 5:00 pm
שבת שלום ומבורך!



Please join us for Kiddush in the Social Hall sponsored by BMH-BJ.

If you wish to sponsor a Kiddush, breakfast, or rent space in the synagogue please call us at 303-388-4203. Please respect the sanctity of our services by refraining from entering or leaving while the ark is open, Mourners Kaddish, Kedusha and Sermon.

Please note that our services are cell free zones.

Life & Legacy - Live On. Make a difference in your lifetime by making a difference in our future.

For more information or to learn how to be a part of Life & Legacy contact one of our committee

members: Brian Story, Lisa Engbar, Mel Engbar, Rabbi Chaitovsky,

Ronit Williamson, Andy Schwartz, Jeff Kline, or Ilene Rosen.

Parshah Summary

The *sidrah* tells of the continuing experiences of our ancestors after they had left Egyptian slavery. They are now in the Sinai Desert country making their way slowly north, towards Canaan.

Moses is reunited with his wife and children who had been separated from him during the long period when he was negotiating with Pharaoh. Moses' father-in-law, Jethro, brings his wife and children to him. Jethro sees what a great responsibility Moses has in governing and in judging the several hundred thousand Israelites and makes a number of very good suggestions about government, particularly about a system of law courts. With such a court system, justice can be properly carried out for the people.

Two months after becoming a free people, Moses prepares them to receive the Ten Commandments at Mt. Sinai. Now, the greatest event in all of Israel's history is about to take place. With the acceptance of the Ten Commandments they are to become G-d's covenanted people. The Ten Commandments are to become the foundation on which Israel is to build a life of justice and holiness.

The Ten Commandments are:

- 1) I am the Lord thy G-d, who brought you out of the land of Egypt. . . .
- 2) Thou shalt have no other gods before Me. 3) Thou shalt not take the name of the Lord thy G-d in vain.
- 4) Remember the Sabbath day to keep it holy. 5) Honor thy father and thy mother.
- 6) Thou shalt not murder. 7) Thou shalt not commit adultery. 8) Thou shalt not steal.
- 9) Thou shalt not bear false witness. 10) Thou shalt not covet.

These instructions at Mt. Sinai which were revealed to Israel, made right living a part of religion for the first time. Living up to the Ten Commandments became the great challenge to our people.

In Today's Haftarah

This week's *haftarah* discusses Isaiah's vision of the Heavenly Chariot (the *merkavah*), a revelation that was experienced by all the Israelites when G-d spoke the Ten Commandments on Mount Sinai—an event recounted in this week's Torah reading.

Isaiah perceives G-d sitting on a throne surrounded by angels. Isaiah vividly describes the angels and their behavior (in anthropomorphic terms). During the course of this vision, Isaiah volunteers to be G-d's emissary to transmit His message to the Israelites. He is immediately given a depressing prophecy regarding the exile the nation will suffer as punishment for their many sins—and the Land of Israel will be left empty and desolate, though there will be left a "trunk" of the Jewish people that eventually will regrow.

Daily/Weekly Torah Learning

- ▶ **Daf-Yomi** one hour before Shacharit
- Rabbi Fleischmann
- ▶ **Law, Legend & Lore** daily after Mincha
- Rabbi Chaitovsky
- ▶ **Sefer HaChinuch** Mondays at 8:00 pm
- Rabbi Stern
- ▶ **"Tell Me More..."** Tuesdays at 7:15 pm
- Rabbi Chaitovsky
- ▶ **Verse by Verse through the Torah**
Wednesdays at 7:30 am - Rabbi Chaitovsky

▶ Conversational Hebrew Class

- Wednesdays at 7:00 pm - Roberta Feinsmith
- ▶ **Women's Parashah Shiur** Thursdays at 11:00 am
- Ellyn Hutt
- ▶ **Taste of Torah** Shabbat at 10:00 am
- Essie Fleischmann
- ▶ **Prayer Pearls** Shabbat at 11:00 am
- Reb Noam Horowitz
- ▶ **Ten Minutes of Text** Shabbat at Seudah Shelishit
- Rabbi Chaitovsky
- ▶ **Kabbalah & Jewish History** Sundays at 10:45 am
- Cantor Goldstein

Birthdays

David Averch, Gary Blum, Lori Duman, Daniel Gabbay, Melissa Gruen, Ahliyah Kobel, Toby Mower, Monica Potashnick, Sarah Raphaely, Gary Saltzman, Jonathan Sar, Zachary Siegel, Suzan Springer

Anniversaries

Steven & Karyn Saliman (12)

Reuven & Ada Geller (45)

Jessica & Matthew Mulverhill (3)

Refuah Sheleima/Speedy Recovery

Gayle Boxer, Chaim Binyamin ben Sara, Sara Behmoaras, Ann Jill Drucker, Deborah Dunn (Devorah Leah bat Ita Liba), Linda Fox, Dr. Stuart Gottesfeld, Crystal Hickman, Doniel Kaye, Dr. Mickey Mandel, Jerry Marcus (Hillel David Chaim ben Miryam), Aileen Marcus (Amalia Ester bat Chana), Mark Millenson, Moshe ben Feiga Rochel, Toby Mower, John Peterson, Lionel Richman, Beth Rosen (Shifra bat Ethel Brindel), Harriet Saliman, Lilian Schaeffer, Shabbtai Yaakov ben Channah, Tamar bat Phoebe, David Weinstein, Terry Wolf

HaMakom Yenacheim Etchem

to Otto Van Troy Perozo on the loss of his great aunt in the Dominican Republic.

Yahrzeits

Shabbat, January 26, 2019 / 20 Shevat 5779 Sigmund Amter, Esther Block, Stanley Boscoe, Kathy Lynn Boxer, William J. Dunevitz, Clarence Goldblatt, Sallie Goldstein, Joseph W. Goldstein, Bruce Green, Ida Rose Greenspoon, Ben Horwitz, Lawrence Kalish, Carl Kawa, Leon Kutner, Janet Berger Leaffer, Morris Lesser, Esther Lock, Abraham Abe Meyer, Solomon I. Miller, Gittel Pearl, Sally Prince, Miriam Reinhardt, Evelyn Roth, Paula Seewald, Lillian Sicker, Yetta Spector, Al Susman, Joy Tulper, Esther Wagner, Eva Wagner, Edward Weinberg

Sunday, January 27, 2019 / 21 Shevat 5779 William Aronson, Allene Cohn, Jake Cooper, Esther Ephraim, Kibby Gart, Walter Gettinger, Max Jultak, Rachel Katz, Joan Kupetz, Ruth Laufer, Joseph Mandels, Mayer Orenstein, Roy Pendergist, Jacob B. Pizer, Edward Revis, Hannah Rosenberg, Rose Saphir, Belle Smernoff, Sarah Sundell, Russell Volk, Morris Ziskin

Monday, January 28, 2019 / 22 Shevat 5779 Ruth Bagully, Henry Bayer, Saul Cashman, Eva Diamond, Effie Epstein, Ethyl Friedberg, Philip Gelbman, Svetlana Igolkina, Janet Jarvis, Herbert Kamph, Gertrude Levy, Sam Menkofsky, Bessie Morris, William Samuel, Obby Shames, Solomon Yosef Slansky, Sulamif Sluzevsky, Isadore Tulper, Hertha Weinberg, Raymond Lee Weiner, Jason M Wichter, Bernard Winber

Tuesday, January 29, 2019 / 23 Shevat 5779 Ann Saliman Alterman, Evelyn Ber, Edward L. Bleistein, Abe S. Flaks, Irvin Fleischer, Brandon Friedman, Sima Grinshteyn, Helen D. Kaminsky, Peter Zelek Katz, Ben P. Lampert, Fannie Levy, Maxine Lutz, Lillian Marchick, Rebecca Marcus, Lee Ruth Milmon, Bessie Missan, Regine Rochlin, Shirley Rothberg, Toby Sheftel, Bessie Bluma Willins, Earl Woolf

Wednesday, January 30, 2019 / 24 Shevat 5779 Joan Madelon Berenbeim Axelrod, Sara R. Baer, Anna Mazer Dootson, Sol Felsen, William Goldberg, Amelia Goldblatt, Joe Goldstein, Bernard Halpern, Janet Hirschfeld, Fred Kaufman, Adele Kohn, Wolf Koladicki, Sessel Kuper, David Charles Lapidus, Lea Levin, Leonard Mell, Goldie Mintz, David Putterman, David E. Rayor, Sarah Rothchild, Sallie Kay Siegel, Harry Weinstock, Melford Wolf, Jack Woolf, Barry Scott Zelinger

Thursday, January 31, 2019 / 25 Shevat 5779 Harry Bender, Emma Berman, Morris H. Eber, Raizel Eskanos, Morris Garner, Polie Goldberg, Abraham Isaac Goldfarb, Jean Grass, Pauline Rose Green, Roberta Greenberg, Elaine Katz, Daniel Kleinman, Sally Lewinnek, Dorothy Metler, Betty Mintz, Gertrude Montrose, Ida Moskovitz, Nathan Nemirow, Jordan Pells, Minnie Putterman, Abraham "Al" Reiser, Goldie Rosenbaum, Francine Rosenberg, Meyer Sachter, Peter Shapiro, Mary Slavsky, Henry Sperber, Leyb Abram Welenson, Sarah Zoller

Friday, February 1, 2019 / 26 Shevat 5779 Jankel Leib Abrahamsson, Edward Allen, Samuel Banner, Craig Bowers, Morris Butterman, Abraham S. Edelman, Dora Flaks, Rose Friedman, Jacob L. Garlett, Edith Goodman, Aaron Gottlieb, Emmanuil Kalikhshteyn, Adolph Kaufman, Max Lopatin, Flora Mizel, Mildred K. Morrison, Elizabeth Naidu, Anna Robinson, Betty Lee Saltzman, Esther Schneider, Stephen Sigman, George Skigen, Yoav Stern, Milton Teper, Fannie Yetta Wolkoff, Abraham Wolpo, Louis Youngman

Happenings @ BMH-BJ

Israeli author, Daniella Levy —January 26 at 3:40 pm in the Library

***This Shabbat!**

Daniella is author of the novel "By Light of Hidden Candles" which features Spanish Jews of the past and present. She is also the author of "Letters to Josep: An Introduction to Judaism," and short fiction, articles, and poetry--in English, Hebrew, and Spanish--published in Writer's Digest, The Times of Israel, and various literary magazines. She has been nominated for the Pushcart Prize for her short fiction.

BMH-BJ Goes to Dior —Sunday, January 27 at 11:00 am

The Young Professionals at BMH-BJ are heading to the Denver Art Museum to check out their latest exhibit, Dior: From Paris to the World. We are asking everyone to buy their tickets directly through the Denver Art Museum at <https://tickets.denverartmuseum.org/DateSelection.aspx?item=1944> for the 10:45 am show. We will meet at 10:30 am in front of the museum for bagels and cream cheese.

Raisins and Almonds: A Tu B'Shvat Celebration —Sunday, January 27, 2019 at 6:30 at the HEA

The Colorado Hebrew Chorale's annual fundraising evening features a ceremony with an open wine bar, hot and cold hors d'oeuvres, the opportunity to browse an assortment of items at the silent auction and a vendor marketplace. Following the ceremony the women's choir, Kol Nashim will perform.

It Happens Here: Addition and Mental Illness in the Jewish Community —January 30 at 9:00 at the JCC

Join Rabbi Paul Steinberg and the Director of BaMidbar Wilderness Therapy Jory Hanselman to discuss these important questions and build tools for your community. RSVP to JoryH@BaMidbarTherapy.org

Happy Minyan —February 1 at 5:00 pm in the Chapel

A warm, friendly, upbeat Kabbalat Shabbat full of singing dancing led by Reb Noam that takes place the first Friday of every month. It is open to all and all are encouraged to participate.

A Morning with Amy Kritzer —Sunday, February 10, 2019

Chef, blogger and business woman, Amy Kritzer will be hosting a cooking demonstration for the BMH-BJ Women's League. More event details and registration are available at www.bmh-bj.org/event/Amy-Kritzer.

BMH-BJ Women's League
Gift Shop

Hours
Monday-Thursday 10 am - 4 pm
Friday 10 am - 1 pm
Sunday 9:30 am - 1 pm

560 South Monaco Parkway
Denver, CO
303-951-8238

Register Today!
Let us help you with your Simchas
Weddings, Bar/Bat Mitzvahs,
Kippot, Tallit, Candy

We stock gift items for every occasion!

BBYO International Convention Host Families Needed, February 7 - 13

BBYO's International Convention 2019 kicks off in Denver on February 14th, 2019, but the global pre-week program, Global Ambassadors, will take place in the Denver area beforehand. BBYO is looking for families from across the community to host hundreds of international teen delegates and staff before IC 2019 officially kicks off! This special opportunity, from Thursday afternoon, February 7th through Wednesday morning, February 13th, is a unique cross-cultural experience that will allow you to connect with BBYO's global network and Jewish life around the world. For further information about the host family responsibilities and to sign up visit <https://form.iotform.com/82405194453153>