

From the Rabbi

...and speaking of lies, let's look at this week's parasha, Shemot, which gives its name to the entire second Book of the Chumash. We are no strangers to lies and half truths – we have been on the short end of them from the very beginning. Ever since October 7, "Black Shabbat" as it is now called, the lies and distortions have not only continued but have intensified. Even before we were a nation, there were those who looked for ways to delegitimize and dismiss us. Just click [HERE](#) to learn about one of the first anti-Israelite propagandists, none other than the Pharaoh of Egypt, who manipulated the truth in a way that turned a nation against those who had a legacy of contributing to the welfare of that very same nation.

See below for three very interesting articles – one about a disturbing "new normal" in Israel as it's in the midst of a war, one a timely dvar Torah on Shemot and finally, one about the slow but palpable transformation of a 'quiet American Jew' spurred by the October 7th terrorism and its aftermath.

I hope to see everyone in shul this Shabbat!

Shabbat shalom

Information and Inspiration

[Life During Wartime](#), Dana Kessler

[The Challenge of Jewish Leadership](#), Rabbi Dr Jonathan Sacks, zt"l

[I Am A Quiet American Jew](#), Heather Libman Kafetz

Cantor Marty's new Zoom class, "***Topics in Torah: Parashat Hashavua***," provides a unique and engaging exploration of the weekly Torah readings.

Beginning at 7:00 pm, this class delves into a variety of subjects present in the Torah reading of the week, offering in-depth discussions that go beyond the literal interpretation. The class frequently extends its focus to include insights from the Haftarah, providing a comprehensive understanding of the broader context and connections within the text. [Click here to join.](#)

**FRIDAY AND SHABBAT:
JANUARY 5-6 / TEVET 24-25
SHABBAT MEVARCHIM**

Candle Lighting - 4:30 PM

BMH-BJ / TDK Kabbalat Shabbat - 4:30 PM

Shabbat Day Services:

Chapel/Shaaarei Simcha - 9:00 AM

Main Sanctuary - 9:45 AM

Torah portion - Shemos 1-1 (AS 268)

Haftorah - I Kings 2:1-12 (AS 1145)

Kiddush is sponsored by

BMH-BJ

**Community Board Game meet up has been
changed to Fisher Hall at 2:15 PM**

**BMH-BJ / TDK Mincha, Refreshments and
Torah learning
in the Gallery - 4:20 PM**

Minyan Next Week: Jan 7th - Jan 12th

Sunday - 8:30 AM

Monday & Thursday

(Rosh Chodesh Shevat) - 6:30 AM

Tuesday, Wednesday & Friday - 6:45 AM

Refuah Shaleima/Speedy Recovery

Anschel ben Feigeh, Avraham Issur ben Chaya, Avraham ben Sara, Beila Feiga bat Avigail, Bruna bas Sarah, David Axelrod, Jacqui Beckett (Yacovah bat Bronsa Label), Allen Bemel, Jeffrey Blum (Yakov ben Golda Sima), Bracha bat Basha, Esther bat Chana, Beverly Church, Roger Druckman, Jeff Geller (Yaakov ben Yetta), Elaine Greenberg (Feige Esther bat Ita Liba), Leib ben Chasha, Yitzchak ben Beile (Isaac Krajmalnik), Shraga Feivel ben Sima (Fabian Krajmalnik), Dr. Fred Mechanik, Jeff and Miriam Miller, Mordechai Avraham ben Malka Yocheved, Mordechai Refael ben Perel, Naomi bat Rivka (Kimel), Natan Leib ben Cheyenne Rochel, Barbara Oxman (Breindel bat Sara), Penina Rina bat Raizel Shaindel, Rabbi Tracee Rosen (Masha Rachel bat Golda Leah), Lilian Schaeffer, Dr. William Silvers (Zev Shmuel ben Heleina), Dr. Robert Springer (Reuben Kalman haKohein ben Rosa), Jay Stark, Pam Zeldin

Classes This Week

Daily - Daf Yomi - Rabbi Fleischmann – 7:30 am
and 75 minutes after Shabbat ends on Saturday night

WhatsApp dial in number: 701-802-5213 ; Access code: 8622667
Online meeting ID: mfleischmann7

Monday - Sefer haChinuch with Rabbi Stern 8:00 pm (Miller Library)

Tuesday - **The Poetry of Hope and Comfort: Exploring the Book of Psalms**
Rabbi Chaitovsky 7:15 pm on Zoom [Click HERE to join](#)

Wednesday - **Devarim Verse by Verse** Rabbi Chaitovsky 7:45 pm
on Zoom [Click HERE to join](#)

Wednesday - **Torah from Israel** with Ellyn Hutt 11:00 am on Zoom,
[Click HERE to join](#)

(New) Thursday - **Topics in Torah: Parasha Hashavua** with
Cantor Marty 7:00 pm on Zoom [Click HERE](#)

Shabbat - **Explanatory Learner's Service** with Rabbi Leban -10:00 am
Practical Parsha with Sara Wolfe - 10:40 am in the Gallery

Yahrzeits

Friday January 5, 2024 / 24 Tevet 5784

Ada Abramson, Burkho Bachayeva, Myndl Beker, Abraham J. Berenstein, Shirley Bloom, Chaim Brand, Dr. Leon J. Charney, Gerald Colson, Charlotte Diamond, Joseph Dick, Blanche Felsen, Ruth Fliegelman, Louis Fogel, Sam Gardenswartz, William Goldstein, Jennie Helper, Phil Kaplan, Bernard Katz, Marne LeCompte, Ethel Mermelstein, Matlya Novoselskaya, Morris S. Reflow, Yitzchok Roth, Aaron Seiver, Anna Shuster, Jerome Symonton, Dora Taubina, Abe Zinn

Shabbat January 6, 2024 / 25 Tevet 5784

Jacob Asarch, Barbara Bach, Andy Boxer, Myron Buttermann, Jacob Cashman, Robert Engbar, Robert Engbar, Irving Fogel, Anne Sarah Gilbert, Frieda Guterman, Herman Judd, Fern Kesselman, Rose Klausner, Salomon Klebe, Yuliy Kroychik, Isroel Levitt, Lillian Markson, Irving Pack, Lewis Robinson, Norman Rosenbaum, Maurine Ruddy, Grace Sherman, Isaac Winter, Abe Zelkin

Sunday January 7, 2024 / 26 Tevet 5784

Moshe Assa, Harry Bilker, Dorothy Weinberg Butler, Louis Fowler Cohn, Harvey A. Eisen, Harold Isadore Emeson, Rose Gelbman, Roman Glasser, Anna Goldberg, Agnes Mandel Grosby, Marjorie H. Hartman, Harry Kippur, Steven Kirshenbaum, Elizabeth Kurland, Yetta Peimer Lampert, Dr. Ed Levitas, Sam Markin, Sally Steele Metzger, David Miller, Abe Milstein, Susie Pernitz, Charles Rich, Ruchel Richman, Herman Stone, Sarah Susman, Oscar Sussman, Philip Donald Winn

Monday January 8, 2024 / 27 Tevet 5784

Harold Bender, Blanche Berman, Joseph Berman, Ida Chappell, Louis Coffee, Thelma Fischer, Barney Frank, Rivka Glasser, Yehuda Halfon, Martin Kamine, Zlota Pesha Kapin, Tevel Katz, Kfir Kraft, Jennie Mastrofsky, Harry W. Methner, Meyer Millenson, Marvin I. Pepper, Bruce Perch, Jacob Nathan Phillips, Esther Rabinoff, Marsha Rubinowitz, Moses Turetzky, Louis Witkin, Lyubov Zhuk

Tuesday January 9, 2024 / 28 Tevet 5784

Ekaterina Abraham, Ted Bean, Harry Bobrick, Louise S. Cohen, Joseph Cooper, Aliza Eilon, Samuel Eisen, Gizella Farkas, Paul Fischer, Izak Fisherowitz, Ronald Fishman, Richard D. Friedman, Richard D. Friedman, Elaine Glickman, Isaac Goodman, M. Ray Gottesfeld, Louis Keller, Ida Lampert, Louis Landow, Hyman Litvin Levin, Harry Lightstone, Esther Lonstein, Leo Lubliner, Evelyn Mervis, Frima Mestetskay, Bessie Miller, Kurt Philipp, Maya Portnaya, Anna Reed, Ann Reinstein, Harry Rogers, Bertha Rosenberg, David E. Schaefer, Frances Slatken, Beverly Jo Smernoff, Yetta Sommer

Wednesday January 10, 2024 / 29 Tevet 5784

Bessie Berkow, Sanford A. Berkowitz, Helen Buchwald, Helen Buchwald, Betty Elias, Oscar Geisler, Morris Griss, Edith Held, Sophia Hersh, Marilyn Huttner, Muriel Huttner, Goldie Koscove, Bernard Liebman, Eva Mozes, Mollie Radetsky, Loren Schottenstein

SHEVAT

Thursday January 11, 2024 / 1 Shevat 5784

Edith Backstein, Walter Black, Mary Bodow, Bernard Cohen, Murray Copillo (Kopilow), Joseph Fowler, Anne Brownie Goldberg, Sol J. Grazi, Leslie Grey, Raymond S. Gutin, Maxine Hailpern, Benjamin David Katchen, Fannie Kornfeld, Raeann Lampert, Jennie Lazarus, Minna Levitt, Lazaro Medina, Jennie Melnick, Fanny Menkofsky, Gerald Miller, Mano Newman, Paul Numerof, Stanley J. Oliner, Lena Solomon Oppenheim, Eva Rogell, Sarah Safer, Stephen Silver, Ada Soltz, Harry Stepsay, Libby (Lillian) Tanger, Jacob Tepper, Mary Waldman, Cantor Herman Wanger, Harry Weiss, Joseph Witkin, Rose Zall, Samson Zwiebel

**Gift Shop Hours:
Sunday-Friday 9:30 AM-1:00 PM**



These pieces, from Lynn & Liana are handmade from high quality Acacia wood accented with an eco-friendly resin to create a one-of-a-kind piece of serveware for your home. This challah board comes in a variety of colors to match your customer's table setting. Elegantly engraved Hebrew saying Shabbat Shalom makes a beautiful presentation for Shabbos. Underneath the edges are small indents so the board can be lifted easily from the table.

BMH☆BJ

From the Cantor's Corner



The Book of Shemot, called "Exodus" by the Greeks and later translators, begins with something very import to Jews of all generations "Names." The Torah recalls the names of the twelve tribes which became 13 with the two sons of Joseph each becoming a tribe of its own. From 70 souls following 210 years of enslavement, we have become a people too numerous and potentially dangerous to the Pharoh and people of Egypt. Their cruelty only grew as we resisted.

400 years earlier, God had foretold to Avraham, that his people would live in a foreign land for many years and ultimately return to the promised land. I'm sure many of the Hebrew slaves {lv-reem} doubted that their slavery would ever end. Hashem had found in Moshe, whom we call "Moshe Rabbeinu-Moses our Teacher and first Rabbi" the man and leader, who had the strength and will to bring about The Exodus from Egypt and the transmission of The Torah to all of us.

Each year at our Pesach Seder, we re-live and retell the story of our Redemption from not just physical slavery but more importantly the Spiritual, soul level beauty of living as a giving, sharing and thoughtful people. This obviously was not to be the last Exodus, as we were forced from our land, our Temples in the Golden city of Jerusalem destroyed twice and our people scattered throughout the world. Here is where our Haftarah comes in so heavily, as the prophet Isaiah leaves us with a message of both calling us out for our misdeeds and the power of a future redemption.

[illegible]

March 17th: Jewish Colorado party

- For questions please contact: events@bmh-bj.org***

Wolfe Wisdom

'SHEMOS: UNVEILING THE ESSENCE OF TRUE LEADERSHIP

In this week's Parsha, Shemos, we find ourselves immersed in the profound narrative of Moshe Rabainu, a leader of unparalleled stature. As we examine the qualities that define exceptional guidance, the spotlight falls on Moshe's moving demonstration of empathy. This remarkable trait emerges vividly when he risked his safety and opulent lifestyle to defend his Jewish brethren, showcasing the power of compassion.

The Parsha unfolds further as G-d summons Moshe at the burning bush. One interpretation invites us to consider a nuanced perspective on this divine encounter. It suggests that G-d observed not just Moshe's physical turn towards the burning bush but, more significantly, his turning around to witness the profound suffering of the Jewish people. This subtle distinction emphasizes the importance of empathy as a linchpin in effective leadership, going beyond mere observation to a deep connection with the pain of others.

Amid our contemporary challenges, with loved ones in Israel navigating difficult circumstances, a sense of distance may spread through our hearts. Yet, even from afar, we are not powerless. Through meaningful calls or heartfelt messages, we can extend our unwavering support, ensuring that our friends and family in Israel feel the warmth of our thoughts and prayers. A recent response from a cousin in Gaza, bearing the weight of loss within his unit, attests to the profound impact of such gestures, highlighting the resilience that can be forged through empathetic connections.

As we draw inspiration from Moshe's empathetic leadership, let us commit to deepening our connections with those facing adversity. May our collective efforts contribute to a shared yearning for ultimate redemption, envisioning a future marked by compassion, understanding, and a steadfast commitment to one another.

-Rabbi Wolfe



YARN ART CLUB

Join us on Tuesday, January 9, 2024 and
Tuesday, February 6, 2024
6:30 - 8:00 pm in the Gallery for the return of
"Stitch & Kvetch."

This friendly gathering is perfect for those
who love to casually stitch, knit, crochet, and
more. All skill levels are welcomed. Please
bring your own projects to work on.
Light refreshments will be provided.
Come for the friendships, stay for the fun.



***Dr. Herzl Melmed Presents:
Topics of importance
for the Jewish people and the state of Israel.
7:00 pm in the Chapel***

"Is a Two State Solution Possible?" - January 10, 2024

In this thought-provoking lecture, Dr. Herzl Melmed addresses one of the most crucial and debated issues in the region—the possibility of a two-state solution for Israel. Dr. Melmed will provide insights into the historical, political, and social dimensions of this complex topic, examining the challenges and opportunities that lie ahead.

"Israel's Contribution to America" - February 14, 2024

Dr. Herzl Melmed will highlight Israel's profound impact on the United States in this lecture. Exploring the multifaceted contributions ranging from technology and innovation to cultural influences, Dr. Melmed will provide a comprehensive overview of the ways in which Israel has enriched American society.

[Click Here to Register](#)



A Bissel Yiddish

Thursday, Jan. 11 | 1:00 - 2:00pm
at BMH-BJ

Cost: \$5 | *Schmoozing & light refreshments
will follow the program*

Everyone has used a Yiddish word or phrase from time to time. When asked if you speak Yiddish, the common reply is A bissel! Many people understand Yiddish but can't speak it and truthfully, you know more Yiddish than you think. Join fluent Yiddish speaker Malka Amster for an hour of conversation in Yiddish in conjunction with the English language. This lively group delves into Yiddish culture and language through the lens of its participants, handouts and humor. This spirited gathering will help you use more words and phrases to incorporate into English. No experience speaking Yiddish is necessary, but having fun is! A bee gezint!

Advanced registration & payment required

Visit: KavodSeniorLife.org/SignUp or contact Rebecca at 720.382.7848 or RGershten@KavodSeniorLife.org

JANUARY 2024

**Kavod on the Road
Programs Include:**



Learn About the Benefits of Microdosing

**Wednesday, January 10
11:00am - 12:00pm
at Temple Emanuel**



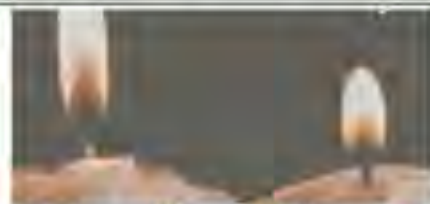
The Middle East Today

**Wednesday, January 17
1:00 - 2:00pm
at the JCC Denver**



Marc Chagall: An Introduction to the Artist

**Thursday, January 25
1:00 - 2:00pm
at Hebrew Educational
Alliance**



International Holocaust Remembrance Day

**Friday, January 26
1:00pm
at Kavod Senior Life**

**Information & Registration:
KavodSeniorLife.org/SignUp**

BMH-BJ is excited to partner with The Den in hosting their **Young Professional's 2024 Den Winter Shabbaton!**

This special Shabbat experience will be held on January 19-20 with morning services in the Gallery at 9:30 am.

For \$15 per person, you're invited to immerse yourself in a **complete Shabbat experience**, including all meals, prayer services, and enriching learning opportunities in preparation for Tu B'shvat.

Don't miss out on this unique opportunity to come together as a community and celebrate Shabbat in a warm and welcoming atmosphere.

Sign up here



A CABOODLE OF CRAFTS

BMH  BJ

Join us for a creative and enjoyable winter day filled with plenty of exciting activities.

Enjoy a craft *round-robin* where you can pick two activities and explore more if your creativity takes flight.

From jewelry to stencils, decoupage, iron-on, and more—unleash your artistic side!

Reserve your spot for \$20 (includes two items), with an extra \$8 for additional activities. All ages welcome!

Drinks and snacks provided.

Sunday, January 21st
1:00-3:00 PM

BMH-BJ: 560 S Monaco St Pkwy,
Denver, CO 80224

RSVP

<https://www.bmh-bj.org/event/crafts-caboodle.html>

For questions please contact:

✉ events@bmh-bj.org

Shabbat Shira

Shabbat of Song

Friday, January 26th

Accapella Services:
6:00pm

*Traditional Friday Night
Meal to follow*

Join us for a night of
beautiful songs,
delicious food, and
great company to bring in a
colorful Shabbat Shira

\$26 per person

***Click here to register
or call the office at 303.388.4203***



The Rocky Mountain Jewish Historical Society presents

**THE 2024 ANNUAL
LIVINGSTON & ABRAMS LECTURE
IN AMERICAN JEWISH HISTORY**



with

Dr. Zev Eleff
Gratz College



DYED IN CRIMSON:
**How a Protestant, Catholic, and a Jew Saved
Harvard from Itself!**

SUNDAY, JANUARY 28, 2024 | 11:00 AM - 12:30 PM
BMH-BJ, 560 S Monaco Pkwy, Denver, CO 80224



Rocky Mountain Jewish Historical
Society and Beck Archives
UNIVERSITY OF DENVER

SUNDAY, JANUARY 28, 11:00 AM - 12:30 PM
BMH-BJ | 560 S Monaco Pkwy | Denver, CO 80224

Program is free; registration required.

Light refreshments will be served.

RSVP by Jan. 26!

Click below to register online:

Register Here

Register Here

or contact cjs@du.edu | (303) 871-3020

MAHJONG TOURNAMENT

BMH  BJ & *Hadassah*

NEW DATE: SUNDAY, FEBRUARY 4TH, 2024
9:30 AM AT BMH-BJ

560 S MONACO ST PKWY, DENVER, CO 80224

\$45 - REGISTER BEFORE JAN 28, 2024

\$50 - REGISTER AFTER JAN 28, 2024

Registration ends February 1st at noon

Prizes for top winners, other prizes, and vendors!
Pastries and coffee and a light lunch will be served.

You must arrive at 9:00 AM for registration time.

The tournament begins PROMPTLY at 9:30 AM

You will play three 1-hour sessions (4 games each)
at three different tables between 9:30 AM and 2:30 PM.

Non-competitive tables are available. Any players arriving late
will only be able to play at non-competitive tables.

SEE YOU THERE!

Please register at:

<https://www.bmh-bj.org/event/mahjong-tournament.html>

Call Shira at 720-436-1962 with any questions