

TouchPoints

OUR OFFICE WILL CLOSE AT NOON ON FRIDAY

SEPTEMBER 22, 2022

WHAT'S INSIDE:

FROM THE RABBI

•

INFORMATION AND INSPIRATION

•

SHABBAT AND DAILY MIINYAN

•

HIGH HOLY DAY SCHEDULE

•

ROSH HASHANAH CLASSES

•

REFUAH SHELEIMA/SPEEDY RECOVERY

•

CLASSES THIS WEEK

•

YAHREITS

•

GIFT SHOP

•

KEVER AVOT

•

SUKKOT CONGREGATIONAL DINNER

•

YOUNG PROFESSIONAL KEGGERLESS KEGGER IN THE SUKKAH

•

JEWISH FAMILY SERVICE DIGNITY DONATION BINS

•

BABI YAR 81ST ANNIVERSARY

FROM THE RABBI

Well, we have made it...the last Shabbat of the year. And we are about to cross the threshold into the new year. BMH-BJ is ready! The question is - are you? Rosh Hashana is a time of introspection and is also a time to sharpen our goals and reconnect to our purpose. One of the best ways to accomplish that is by asking – and answering – questions. With thanks to Rabbi Nechemiah Coopersmith, the Chief Editor of AISH.com, here are some questions that may help ready us. Do not answer them all at once. Think about each of them, perhaps one question per day from now til Yom Kippur. You may choose to write your answers for even more clarity. I wish all of you a Shabbat shalom and a wonderfully happy and healthy New Year.

10 Questions for the New Year

What are your core strengths and talents? How can you use them more productively and meaningfully?

Looking back at this past year, for what things are you most grateful?

What is one of your greatest weaknesses? How is this holding you back? What practical steps can you take to improve in this area?

Do you have a life's mission statement? Write it out. What are you doing to fulfill that mission? Ask a mentor or friend for feedback.

If you only had one year to live, what would you make sure to do? Which are you going to commit to doing this year?

If fear was no issue, what goal would you set out to accomplish? What can you do to push through your fear, and what steps can you take to start working on accomplishing this goal?

What practical steps can you take to lead a healthier life?

Looking at the significant relationships you have in your life, which one would benefit most from your additional attention? What can you do to improve that relationship?

In what state is your relationship with God? What step(s) can you commit to take on to strengthen that relationship?

What project or goal, if left undone, will you regret most not having accomplished next Rosh Hashanah?

Information and Inspiration

[10 Short Thoughts on Rosh Hashana](#), Rabbi Jonathan Sacks, zt"l

FRIDAY AND SHABBAT: SEPTEMBER 23-24/ELUL 27-28

Candle Lighting 6:37 PM

Kabbalat Shabbat with TDK 6:30 PM

Shabbat Morning Services:

Chapel/Shaaarei Simcha - 9:00 AM

Main Sanctuary - 9:45 AM

Torah portion-Nitzavim-Deut 29:9-30:20 (AS 1086)

Haftorah- Isaiah 61:10-63:9 (AS 1202)

Kiddush is sponsored by BMH-BJ

Joint BMH-BJ/TDK Mincha in the Chapel at 6:30 PM

Shiur by Rabbi Gelman

Maariv appromiatlely 7:25 PM

Shabbat ends/Havdalah 7:37 PM

If you would like to sponsor a kiddush,
please contact Ilene at
director@bmh-bj.org

NEXT WEEK'S MINYAN AND DAVENING SCHEDULE

Minyan Next Week: Sept 25th-Oct 2nd

*This Sunday 8:00 AM (Erev Rosh Hashana)**

*Monday and Tuesday Rosh Hashana** see schedule*

Wednesday 6:20 AM (Fast of Gedalia- begins at 5:30 AM/concludes 7:17 PM)*

*Thursday-6:05 AM**

*Friday-6:20 AM**

**earlier davening times this week due to inclusion of Selichot*

Attendance helps guarantee a minyan for those saying kaddish and is a great mitzvah! Come for minyan and stay for a cup of coffee and pastry.

Sponsored this week by BMH-BJ

High Holy Days Schedule

Motzeit Shabbat, September 17 / SELICHOT

- 9:45 pm Kumsitz & Conversation
- 10:15 pm Selichot (Chapel)
- 11:55 pm Shaarei Simcha Selichot (Chapel)

Sunday, September 25 / EREV ROSH HASHANAH

- 6:30 pm Mincha and Maariv (Chapel)
- 6:43 pm Candle Lighting

Monday, September 26 / ROSH HASHANAH DAY 1 – Sanctuary

- 9:00 am Shacharit (from HaMelech)
- 9:50 am Torah Service
- 10:00 am Outdoor Shofar Experience for PreSchool aged children and their families
- 10:30 am Shofar Sounding
- 10:45 am President's Remarks
- 10:55 am Hineni and Musaf
- 11:20 am Repetition of Amidah
- 12:30 pm Rabbi's Sermon
- 12:45 pm Adon Olam/Niggun
- 4:15 pm Rabbi's Open House + Outdoor Shofar Sounding
- 5:15 pm Tashlich at the Lex
- 6:30 pm Mincha and Maariv (Chapel)

Tuesday, September 27 / ROSH HASHANAH DAY 2 - Sanctuary

- 9:00 am Shacharit (from HaMelech)
- 9:50 am Torah Service and Reading
- 10:00 am Outdoor Shofar Experience for PreSchool aged children and their families
- 10:30 am Shofar Sounding
- 10:45 am Hineni and Musaf
- 11:15 am Repetition of the Amidah
- 12:30 pm Rabbi's Sermon
- 12:45 pm Adon Olam/Niggun

ROSH HASHANAH DAY 1 and DAY 2 - Shaarei Simcha in Chapel

- 8:30 am Shacharit
- 10:15 am Torah Reading
- 11:00 am Shofar Sounding
- 11:15 am Hineni and Musaf
- 12:45 pm Adon Olam
- 12:50 pm President's Remarks (first day only)

Tuesday, October 4 / EREV YOM KIPPUR

- 3:00 pm Mincha (Chapel)
- 6:18 Candle Lighting

KOL NIDREI - Sanctuary

- 6:15 pm Kol Nidrei
- 6:30 pm Maariv
- 6:50 pm Rabbi's Sermon
- 7:00 pm Yaaleh
- 8:15 pm Conclusion

KOL NIDREI - Shaarei Simcha in Chapel

- 6:30 pm Kol Nidrei
- 6:45 pm Rabbi Wolfe's Sermon
- 7:00 pm Maariv
- 7:30 pm Yaaleh
- 8:30 pm Conclusion

Wednesday, October 5 / YOM KIPPUR DAY - Sanctuary

- 9:30 am Shacharit (HaMelech)
- 10:15 am Torah Service
- 10:45 am Rabbi's Sermon and Yizkor
- 11:15 am Hineni and Musaf
- 1:15 pm Conclusion

YOM KIPPUR DAY - Shaarei Simcha in Chapel

- 9:00 am Shacharit
- 10:00 am Torah Service and Reading
- 10:40 am Sermon and Yizkor
- 11:00 am Hineni and Musaf
- 1:00 pm Conclusion
- ▶ **"Stay For the Day" Sessions and learning featuring Rabbi Chaitovsky, Rabbi Wolfe and special guests from 1:30 – 4:15 pm**

YOM KIPPUR AFTERNOON - Sanctuary

- 4:15 pm Mincha
- 5:30 pm Remarks and Neilah
- 7:10 pm Maariv
- 7:20 pm Final Shofar Sounding

YOM KIPPUR AFTERNOON - Shaarei Simcha in Chapel

- 4:15 pm Mincha
- 5:45 pm Rabbi's Remarks
- 6:00 pm Neilah
- 7:10 pm Maariv
- 7:20 pm Shofar

Rosh Hashanah Classes

Monday, September 26th at 11:15 am in Foyer

Rabbi Leban Presents:

"Setting Ourselves Up For A Divine New Year"

Tuesday, September 27th 10:15 am in the Foyer

Chaya Parkoff Presents:

"Three Dimensions of the High Holidays"

Tuesday, September 27th 11:15 am in the Foyer

Sara Wolfe Presents:

"Ascending Our Secret Super Power"

Stay tuned for more

during Yom Kippur

Refuah Sheleima/Speedy Recovery

Avraham Issur ben Chaya, Joe Bean (Yosef HaLevi ben Rachel),
Avraham ben Sara, Bracha bat Basha, Esther bat Chana, Linda Fox,
Jeff Geller, Linda Gornbein, Debbie Greenberg (Devorah Leah bat Ita Liba),
Elaine Greenberg, Francine Greenberg (Feige Esther bat Ita Liba),
Leib ben Chasha, Yitzchak ben Beile (Isaac Krajmalnik), Shraga Feivel ben
Sima (Fabian Krajmalnik), Sharon Kahn Miller (Sara Gibora bat Feigel),
Jeff and Miriam Miller, Mordechai Refael ben Perel, Barbara Oxman,
Harold Rosen (Chaim Fidel ben Fruma), Rivka Aviva bat Esther,
Ron Saliman, Lilian Schaeffer, Dr. William Silvers (Zev Shmuel
Ben Heleina), Jay Stark, Yaakov ben Rivka, Pam Zeldin

Classes This Week

Daily - Daf Yomi - Rabbi Fleischmann – 7:30 AM/60 minutes
after Shabbat on Saturday night

WhatsApp Dial in number: 701-802-5213 ; Access code: 8622667
Online meeting ID: mfleischmann7)

Thursday – Ellyn Hutt - 11 AM (Zoom) - [CLICK HERE](#)

Practical Parsha - Shabbat morning at 10:30 AM
with Sara Wolfe (Library)

Rabbi and Cantor classes will resume after Yom Tov

Yahrzeits

Friday September 23, 2022 / 27 Elul 5782

Josef Brandt, Anna Cohen, Lillian Drucker, Rose Feintech, Isadore Fishman, Ethelleen Ginsberg, Ernest Grey, Jacob Heller, Adolph Israelske, Alex Kaplan, Dena Keller, Julius Kohen, Max L. Mozer, Hosea Naiman, Harry Pitter, Frank Pluss, Fannie Bloom Pohly, Max Joe Roth, Florence Rubinstein, Rosa Shapiro, Gitel Shimanoff, Joseph Silver, Lillian Singerman, Elia Vaksman, Yevdokiya Voskoboynikova, Herbert Wittow, Leya Zak

Shabbat September 24, 2022 / 28 Elul 5782

Max Alex, Blyuma Beskostvaya, Matylda Frenkel, Phil Goldstein, Leo Holz, Anna Averch Kaminsky, Basia Kurzon, Gerald Lampert, Ruth Lavitt, Leonid Livshits, Joseph Lustman, Geraldine Metz, Dorothy Ornstein, John Perotin, Ralph Raphael, Helen Rose, Dorothy E. Schachter, Lena Schwartz, Joseph Schwartzman, Lottie Simmonds, Bessie Solomon, Kiel David Swartz, Myer Turner, Ruth Wolf

Sunday September 25, 2022 / 29 Elul 5782

Flora Birenboim, Genia Birman, Charles Bomash, Howard M. Botnick, Selma Lang, Sherry Madison, Natalie Ann Michael, Elaine Millman, Rebecca Mozer, Fannie Nathan, Chaya Percik, Shiah Percik, Irene Schaffer, Joseph David Sheftel, Rebecca Sussman, Jan Yessin

Monday September 26, 2022 / 1 Tishrei 5783

Rosh HaShanah

David Bloom, Beth Zall Crook, Moisey Dyskin, Liba Fireman, Shmuel Fireman, Rosyne Gardenswartz, Tzvi Hersh Goldberg, Frances Ruth Goldhammer, Harry Harris, Helen Hemd, Philip Hertz, David Hirschfeld, Simon P. Joseph, Charlyn Klausner, Sam Levine, Pesil Newman, Dora R. Pepper, Harold Reflow, Alexander Rothbard, Peril Sanders, Grigoriy Shnayderman, Jack Simon, Ronni Solomon, Yelizaveta Teleshevskaya, Avraham Dov Uchille, Clara Uchille, Richard Weindrop, Tzvi Hersh Weitzman

Tuesday September 27, 2022 / 2 Tishrei 5783

Daniel Abraham, Maxine Cohen, Bettye Collyer-Clark, Peter Engelson, Frederick Epstein, Pincus Geltzer, Boris Gershman, Gilbert Isaguirre, Cantor Eli Kagan, Donna A. Key, Jacob Kranz, Ida Lang, Florence Levine, Sarah Markowitz, Rose Miller, Brauna Bas Minasha, Carla Sue Mozer, Nancy Cohen Nicholl, Joseph Primack, Nathan Rosenfeld, Leopold Rosenzweig, Morris Ross, Harry Jack Shapiro, Melvin F. Silverman, Simon Weinberger, Morris Wiener, Sarah Zickerman

Wednesday September 28, 2022 / 3 Tishrei 5783

Hilda Alterman, Valery Borovik, Harry Carson, Murray Fersztendig, Fanny Fox, Esther Friedman, Jacob Gluckstern, Michael J. Goalstone, Belle N. Kaplan, Herman Hy Katz, Stanley Katz, Margot Keinon, Robert Lassow, Sima Makowitz, Chana Mariam, Freida Miller, Sue Miller, Reva Miriam, Max Mosko, Bernard Robin, Peter Schwartz, Sam Sigman, Samuel Stein, Leya Tokarskaya, Rose Tucker, Dorothy Urban, Florence G. Winshell

Thursday September 28, 2022 / 4 Tishrei 5783

Stanley Averch, Agnes Badion, William Bobrick, Isadore Boxer, Sonya Dershteller, H. B. Frosh, Morris H. Greenberg, Rose Kark, Joehanna Loeffler, Anna Lubliner, Laura Parker, Moses Phillips, H. C. Richman, Robert Silberring, Jacob Silverman, Lilian Streltzer, Alan Wandel, Estelle M. Weinberg

Gift Shop Store Hours:
Sunday-Friday 9:30 am-1:00 pm
or by appointment by calling 303-951-8238

GIFT SHOP FEATURE

Time is running out to pick up that perfect piece for your Rosh Hashana table. The Gift Shop is currently stocked with a wide variety of honey bowls, artisan honey, shofars and more. come see before it's too late.



Kever Avot

Sunday, October 2, 2022

10:15 am Mt. Nebo Cemetery

11:00 am Rose Hill Cemetery

Sukkot 5783

Sukkot — October 9, 10, 11 2022

Shemini Atzeret — October 17, 2022 (Yizkor)

Simchat Torah — October 18, 2022

Sukkot First Night Dinner

Sunday, October 9 at 7:00 pm

Minyan at 6:15, Candle lighting at 6:10, Dinner at 7:00

Adults \$25, Children 4-12 \$15, Children 3 and under free

www.bmh-bj.org/form/sukkot-dinner-2022

Young Professionals Kegless Kegger in the Sukkah

Wednesday, October 12 at 7:00 pm

Come and partake in the custom of having a welcoming meal in the sukkah alongside your friends and neighbors. Dinner will be \$22 a person. To register [CLICK HERE](#) or call Mendel at 303-951-8237.

High Holiday Donation List

TOP 11 NEEDS



1. CANNED FRUIT

Packed in juice, not heavy syrup

2. PROTEIN

Canned tuna, chicken, and salmon, etc.

3. OTHER PROTEIN

Canned beans, peanut butter

4. CEREAL

Whole grain/lower-sugar cereals

5. CANNED SOUP

Healthy choices, lower sodium

6. RICE

Individual 1-2 lb bags

7. TOMATO/PASTA SAUCES

8. CARBOHYDRATES

Whole grain pasta, macaroni and cheese, etc.

9. CANNED VEGETABLES

10. KIRKLAND (COSTCO) TOILET PAPER

11. PERSONAL CARE PRODUCTS

Diapers, Wipes, Feminine Care Products, Shampoo, Toothbrushes, Toothpaste, Soap



Diaper and Hygiene Donation Drive

Currently, 1 in 5 girls miss school because they don't have access to feminine hygiene products and 1 in 3 families find themselves without diapers. Donations for Dignity is an initiative to ensure these needs are met. Your donation will be generously matched dollar for dollar up to \$18,000 from the Cushman Neal Family and their Donations for Dignity initiative.

Donate at jewishfamilyservice.org/highholidays

Join Governor Polis and the Mizel Museum to
commemorate the 81st Anniversary of

BABI YAR

Featuring a special address by

Phil Weiser
Colorado Attorney General

On

**Combating Antisemitism:
Why "Never Again" Matters Today**

And a moving

TRIBUTE CONCERT

By

Sandra Wong
World-Renowned
Concert Violinist

This event commemorates the lives of 100,000 people murdered by Nazis at the Babi Yar Ravine in Ukraine, one of the largest mass killings of the Holocaust. Help us to pay our respects, honor victims and survivors, and prevent atrocities like this from ever happening again.

Thursday, September 29 | 3PM | Babi Yar Memorial Park, 10451 E. Yale Ave, Denver, CO 80231
RSVP Required at [Tinyurl.com/BabiYarMemorial22](https://tinyurl.com/BabiYarMemorial22) | Questions: Details@MizelMuseum.org or 303-749-5100

