



## SHABBAT PARSHAT NOACH

שבת פרשת נח

October 8 – 9, 2021

### SHABBAT SCHEDULE

#### Friday, October 8

Candle Lighting.....6:09 p.m.

Mincha.....6:15 p.m.

#### Shabbat, October 9

Parsha Class.....8:15 a.m.

Shacharit.....8:45 a.m.

Latest time for Shema.....9:52 a.m.

Kiddush sponsored by YIFL

Mincha.....6:00 p.m.

Lecture by Rabbi Goldberg

Shabbat Ends.....7:07 p.m.

### MONTH OF LEARNING

This month's learning is sponsored by Peppie & Mark Schlesinger in memory of Mark's parents, Frances Schlesinger, Freydel bat Yitzchak and Ernest Schlesinger, Menachem ben Mordechai A"H.

### UPCOMING PROGRAMS

#### Monday, October 11, 10:45 a.m.

Tour of Tanach continues with *Sefer Yehoshua*! Join Rabbi Goldberg for chapter 2.

#### October 12, from 7:00 – 9:00 p.m.

Join the Sisterhood for a Game Night & Ice Cream Soiree. Meet the new members and visit with well-known friends. Bring a game for 4 or more people with you, and enjoy some delicious ice cream! After all the Chagim and before the diets start, let's just enjoy a relaxing, fun-filled night together!

#### Wednesday, October 13, 8:30 p.m.

Join Rabbi Goldberg for a series of classes on *The Development of the Oral and Rabbinic Law in Judaism*.

#### Thursday, October 14, 10:45 a.m.

Weekly Parsha shiur with Rabbi Goldberg.

#### Wednesday, October 20, 9:30 – 10:30 a.m.

Tai Chi class resumes. The cost is \$5 per class, payable to the shul. There is no long-term commitment. The class is appropriate for individuals with a wide range of physical ability. The class will be led by Yitz Berger, who is a black belt instructor with Tora Dojo. If you'd like to participate, please email Yitz Berger at [yitz.berger@nyu.edu](mailto:yitz.berger@nyu.edu). If you have any questions, feel free to call him at (201) 482-0522.

#### Monday, October 25, 12:00 p.m.

Rabbi Dr. Jacob Reiner Memorial Lunch and Learn **RESUMES** featuring Lauren Yoked, Executive Director of American Friends of Leket Israel, who will provide an important briefing about food insecurity in Israel and creative solutions to feed Israel's poor.



We hope all of you are finding it easy to get back to your pre-Yuntif lives, and are enjoying marketing, cooking big meals, and eating LESS OFTEN!

It is once again time to hold our yearly membership drive. We are asking all of the women in Shul to join or rejoin Sisterhood for this year! The cost continues to be \$36 for the year. At the same time, we are holding our first evening event for the year on..... Tuesday, October 12, 2021 in the Social Hall upstairs at Shul! It is a perfect, multi-tasking event we call: Game Night/Ice Cream Soiree where you will be able to meet new members who have joined Sisterhood, visit with friends, eat delicious ice cream, and play games you bring! We encourage everyone to come. It should be a lot of fun!!

This event costs: \$10 for members and \$15 for non-members. If you are a non-member, you won't have to stay one for long! You can bring a check and become a member of Sisterhood right then and there!! We aim to please!!

**Make all checks payable to Sisterhood YIFL. Make it easy for yourself. Write one check for \$46 for membership + the Game Night/ Ice Cream Soiree. Send Checks (or drop them off at the Colony) to:**

**Helaine Kurlansky 1530 E. Palisades Ave., PHC Fort Lee, NJ 07024**

In November, we will have a Sisterhood Book Club discussion. The book being discussed is ***Holding It Together*** by our own member, **Joan Zlotnick**. It is a good idea to read the book in advance of the meeting. To purchase a copy of the book simply call our treasurer, Helaine Kurlansky, at (305) 528-9056 and write out a check to Joan for \$28. Helaine will be kind enough to drop off the book to you and pick up the check if you just call her. Have a healthy, wonderful week!

Shabbat Shalom,  
Deborah and Nora

## PRAYER SCHEDULE

Sunday (10/10) – Friday (10/15)

### Shacharit

Sunday .....8:00 a.m.

Monday- Friday.....7:30 a.m.

### Mincha/Maariv

Sunday – Thursday.....6:05 p.m.

### Friday (10/15)

Candles.....5:58 p.m.

Mincha.....6:05 p.m.

## ANNOUNCEMENTS

**מזל טוב – Mazal Tov** to Marty Epstein on the upcoming marriage of his granddaughter, Atara Epstein, to Yitzi Tanner. Mazal Tov to their parents Rabbi & Mrs. Ephraim Epstein and Mr. & Mrs. Reuven Tanner and grandmother, Mrs. Helen Feintuch.

### Note from Beverly Rabinowitz:

In honor of everyone who is so kind and sensitive to Bob's needs. You make it possible for us to come to shul. Thank you so much! Todah Rabbah!!

## REFUAH SHLEMAH

**Please pray for a full recovery for the following people:**

Sol bat Esther

Ronit bat Neima

Mordechai Yitzhak Ben Freydel

Yehoshua Chaim ben Chana Yehudit

Shira bat Devorah Leah

Noach Dov ben Chana

Nuta Yitzchak ben Rachel

Chaya Sarah Bat Malka

Ariella Malkah bat Bayla Chana

Chaim Aiden Shalom ben Alta Bryna

Chasya bat Tzirel

Avraham shimon ben sarah leah

Aviva bat Kayla

Devorah bas Bracha

Mordechai ben Sarah

Dovid Shlomo ben Gittel

Dovid Yaakov ben Miriam