



Candle Lighting
7:03p

Havdalah
8:01p

Torah Reading
Devarim 29:9 - 31:30

Hafarah
Yishaya 61:10 - 63:9

Candle Lighting 9/18
6:51p



SHABBOS SCHEDULE

All minyanim are indoor/outdoor

Shabbos Night

7:00p Mincha followed by

Kabbolas Shabbos

7:03p Candle Lighting

Shabbos Day

8:30a Shacharis (9:54a Krias Shema)

6:50p Mincha

7:10p Daf Yomi (Rabbi Silber)

7:10p High School Boys Learning

(Rabbi Richter)

8:00p Maariv

8:01p Havdalah

9:00p Kumzitz (outdoor)

10:00p Concurrent Selichos

Indoor: Traditional Selichos

Outdoor: Carlebach Selichos



WEEKLY SCHEDULE

Sunday 9/13 - 24th of Elul

7:15a Shacharis (indoor/outdoor)

9:00a Shacharis (outdoor)

7:05p Mincha/Maariv (indoor/outdoor)

Mon-Fri a.m.

6:25a Selichos (indoors)

6:35a Selichos (outdoors)

6:45a Shacharis (indoors)

6:55a Shacharis (outdoors)

7:05p Mincha / Maariv (indoors/outdoors)



WEEKLY SHIURIM

Sun 8:00a Daf Yomi

Mon - Fri

5:45a Daf Yomi

Online Emunah Minute

EMUNAH MINUTE MONTHLY SPONSOR:

Bonnie Pesacov in honor of the marriage of her son, Arie Hizkiya, to Eliana Sanders, of Hashmonaim, Israel

Thurs

Online Virtual Shabbos Drasha

Zoom ID: 459-166-8597, password 7504

The 7 Habits of Highly Spiritual People

Continues after Succos

Next shiur dedicated by **Robyn Schaffer** in honor of the entire kehilla. May everyone have a meaningful yamim noraim and may everyone be sealed in the book of life for health, happiness, and fulfillment in the coming year.



IT IS CLOSER THAN YOU THINK

RABBI SHMUEL SILBER

"For this commandment which I command you this day, is not concealed from you, it is not far away. It is not in heaven, that you should say, 'Who will go up to heaven for us and fetch it for us, to tell it to us, so that we can fulfill it?' Nor is it beyond the sea, that you should say, 'Who will cross to the other side of the sea for us and fetch it for us, to tell it to us, so that we can fulfill it?'" Rather, this thing is very close to you; it is in your mouth and in your heart, so that you can fulfill it."

(Devorim 30:11-14)

Which "commandment" was Moshe Rabbeinu referring to? Many of the commentaries explain that Moshe was not referring to one specific *mitzvah*, rather to the Torah in its entirety. Moshe was telling the people, "although there are many mitzvos and expectations – do not get overwhelmed. There are many obligations and responsibilities, but you will succeed." Others explain that the *mitzvah* (commandment) refers to the *mitzvah* of *Teshuva* (repentance and return). Although we may stray far from God, the ability and opportunity to return and rekindle the relationship is always available to us.

Whatever the precise definition may be – the message is the same. Creating personal holiness, cultivating a spiritual identity, cementing a passionate relationship with God may seem difficult, but all our spiritual aspirations are within reach.

Rebbe Nachman of Breslov (1772-1810) advances an alternate insight. Moshe says to the Jewish people:

Lo Ba'Shamayim Hi, It is not in the heavens - God does not ask you to live in the heavens. God does not expect us to achieve angelic perfection. He does not ask us to stop being human and live in the celestial sphere. He does not even demand of us to be wholly righteous.

What does God ask of us?

Ki Karov Eylecha HaDavar, this thing is very close to you – Just reach a bit beyond yourself. Hashem wants us to grow. It does not have to be dramatic or heroic growth, just be a little more, just become a bit holier each and every day. When Yaakov fled from home to escape the wrath of Esav, he received a magnificent vision. He saw a ladder with its base on the earth, yet its top extended into the heavens. What was the meaning of this vision? Yaakov was to be the father of the 12 tribes, the father of *Bnai Yisrael*, and God was communicating to him the Divine expectations of Yaakov's offspring. God says to us: "Life is a ladder – all I ask is that you try to advance up the rungs. You need not climb two at a time; you need not ascend at a quick pace, just climb. Just take the opportunities that are within reach (*karov*- close) and find a way to move yourself and your life forward."

This was one of the last messages Moshe gave to our ancestors. Moshe who taught us so much, provided us with the Divine framework for successful living, concluded his tenure of leadership with a simple message. God does not expect perfection, God does not need us to be angels. He just wants us to grow. All Hashem desires is for us to climb the ladder of personal development and self-actualization.

As we enter the Yomim Noraim we must feel confident and excited for the year ahead. There is much we must accomplish and much we must rectify. There are things which work well, things which need repair and things which must be fundamentally changed. But we must remember, Rome was not built in a day. People are not built in a day. To fully actualize our potential takes years and for some, an entire lifetime. Yet, all God asks of us is just a little growth every day. All my Father desires is for me to try to climb up another rung. And if I fall, all He asks is for me to find the courage to begin the ascent once again. *Ki Karov Eylecha HaDava*, (it is very close to us) – happiness, fulfillment and self-actualization are all closer than we think. All we need to do is reach a bit beyond ourselves.

I want to take this opportunity to wish each of you *Kesiva V'Chasima Tova*. May each us, together with our families and our nation, be inscribed for year of life, growth, holiness, health, happiness, and redemption.



MEMBER NEWS

THANK YOU

Rachayl Fine for helping us with mailings this week

MAZAL TOV

Craig & Barbara Neuman on the engagement of their son, Adam to Rachie Ehrlich of Passaic, NJ

BIRTHDAYS

Natan Brum, Rena Dubin, Leah Shayna Fogel, Melanie Gertner, Adina Kashnow, Warren Michelson, Aron Raskas, Dov Richter, Adam Rosen, Kayla Rosenbloom David Rosenfeld, Talia Ross, Thelma Schwartz, Chaya Silber, Stephen Wolf, Eliora Zahava Zysman

Yahrzeits

Lillian Breindel, Harry Kaplan, Rose Berman, Beatrice Feigelman, Rivkah Rosenbloom, Andrew Ross, Rabbi Eliezer Cohen, Reda Ruth Wiseman



SPONSORSHIPS

TALMUD TORAH ELUL: Ed & Faith Wolf and family

in memory of our beloved father, grandfather and great-grandfather Cyrus Wolf, Shalom ben Tzvi Hersh z'l

SHABBOS DRASHA: Jerry & Abby

Appelbaum in memory of their aunt, Lillian Breindel, Leah bas Aaron z'l

Sandy Hoffman in memory of her beloved husband, Ronald Hoffman, Reuven Ben Emanuel z'l and her dear mother, Mindel Rudman, Bryna Mina bas Baruch z'l

Howie and Rachayl Wizenfeld in honor of Moishe Abramson's 40th birthday.

ELUL 7 HABITS SHIUR: Chaim and Leslie

Klein in appreciation of their parents, Mayer and Esther Klein

DAF YOMI: Melvin & Evelyn Getz in honor of Rabbi Silber and Rabbi Richter who have been so helpful and caring

Ben Fleischman in memory of Rabbi Shmuel Yudel ben Binyomin Yaakov

Stephanie Rabinowitz in memory of her father Moshe ben Chaim z'l

Saeed & Sima Haken in memory of Saeed's father, Moshe ben Bashi Hakohen z'l

Allen & Sue Myrowitz in memory of Allen's grandmother, Anna Smith, Henia Rachel Bas Shimshon z'l

DONATIONS

Ira & Miriam Grossman in memory of David Levine, father of Isobel Griner



DAVENING B'YICHIDUS GUIDELINES

COMPILED BY SOTC GABBAIM

General

Those davening without a minyan do not recite the *tefilos* of *Kaddish*, *Borchu* or *Kedusha* and include the verse of *Kel Melech Ne'eman* before reciting *Shema*.

Friday Mincha - Recite the same *Mincha* as recited in Shul.

Kabbalas Shabbos

Recite the same davening as recited in Shul
No *melacha* (prohibited work) may be performed after *lecha Dodi*.

Friday night Maariv

Recite the same *Maariv* as recited in shul. If possible, recite the prayer of *Vayechulu* following the *Amidah* along with one other person.

Those *davening* without a *minyan* omit *Magen Avos* following the *Amidah*.

Recite *Le'dovid Hashem Ori* after *Aleinu*

Repeat the three paragraphs of *Shema* after nightfall (8:01pm).

Shabbos Morning

Recite the same *Birchos Hashachar*, *Psukei D'Zimra* and *Shachris* as recited in shul
Those davening without a minyan do not recite any *tefilos* for taking out the *Torah*
Read the *Torah* portion of *Nitzavim* and *Vayelech* and the *Haftarah* from *Yeshaya* (Isaiah) 61:10 - 63:9 .

Recite *Yekum Purkan*. Those davening without a *minyan* only recite the first paragraph of *Yekum Purkan*.

Recite *Av Harachamim*, *Ashrei* and the *Mussaf Amidah*.

Complete the davening as usual. Those who are **not** davening with a minyan omit *Anim Zemiros*. Recite *Le'dovid Hashem Ori* after *Aleinu*

It is customary to study a *Perek* (Chapter) of *Pirkei Avos* (Ethics of our Fathers) every *Shabbos* afternoon until *Rosh Hashana*. This week, we study *Perek Chamishi* and *Shishi* (Chapters 5 and 6).

Shabbos Mincha

Recite *Ashrei* and *Uva Le'tzion*, the *Amidah*, *Tzidkascha* and recite *Aleinu*.

Seudas Shlishis

Seudas Shlishis should begin before *Shkia* (7:20pm).

Maariv – Motzai Shabbos

Maariv begins at 8:01pm.

The same davening as recited in shul, which includes the supplemental *tefila* of *Atah Chanantanu* within the *bracha* of *Atah Chonen* in the *Amidah*. After completing the *Amidah*, we recite *Vayehi Noam*, *Ve'atah kadosh* and *Vayiten Lecha*, followed by *Aleinu* and *Le'dovid Hashem Ori*.

Selichos

9:00PM
KUMZITZ
10:00PM
SELICHOS

INDOORS: TRADITIONAL
OUTDOORS: CARLEBACH

9/12
MOTZEI
SHABBOS

zoom.us/j/4591668597, password: 7504