



<b>Candle Lighting</b> 8:03p	<b>Havdalah</b> 9:04p	<b>Torah Reading</b> Devarim 7:12-11:25	<b>Hafarah</b> Yeshaya 49:14-51:3	<b>Candle Lighting 8/6</b> 7:56p
---------------------------------	--------------------------	--	--------------------------------------	-------------------------------------

**SHABBOS SCHEDULE**  
**Shabbos Night**  
**7:00p** Mincha followed by Kabbolas Shabbos (Indoor/Outdoor)  
**8:03p** Candle Lighting  
**Shabbos Day**  
**7:00a** Hashkama  
**8:45a** Shacharis (Indoor) (KS- 9:39a)  
**8:45a** Shacharis (Outdoor - lower Beis Midrash will be designated for the Teen Minyan's use ONLY.  
**9:15a** Teen Minyan (No Jr. Cong)  
**6:40p** Early Mincha  
**7:05p** Daf Yomi  
**7:50p** Mincha (Indoor/Outdoor)  
**9:04p** Maariv/Havdalah

**WEEKLY SCHEDULE**  
**Sunday 8/1 - Av 23**  
**7:15a** Shacharis  
**9:00a** Shacharis  
**6:40p** Plag Mincha  
**8:05p** Mincha/Maariv  
**Mon-Fri**  
**6:45a** Shacharis  
**9:00a** Shacharis  
**6:40p** Plag Mincha Minyan

**WEEKLY SHIURIM**  
**Sun**  
**7:55a** Daf Yomi  
**Mon - Fri**  
**5:45a** Tzidkas HaTzaddik  
**5:55a** Daf Yomi  
**Mon**  
**8:30p** Semichas Chaver  
**Tues-Wed**  
**Online** Emunah Minute  
**Wed**  
**Online** Tehillim for WIT- ON BREAK  
**Tues-Thurs**  
**8:30-10:00p** Night Kollel - ON BREAK  
**Thurs**  
**Online** Virtual Shabbos Drasha

**JUNIOR CONGREGATION LEADER:**  
 Looking to hire a dynamic individual to lead Junior Congregation on Shabbos mornings. For more information, please contact R' Gavi Sragov (201)274-5631.

**Eikev: Heeding the Heel**  
 Rabbi Shmuel Silber

"And it will be, because you will heed these ordinances and keep and perform them, that the Lord, your God, will keep for you the covenant and the kindness that He swore to your forefathers." (Devarim 7:12)

At first glance, it represents a simple, straightforward theme; if we follow the word of God, He will take care of us. The Torah is replete with verses emphasizing the reciprocal nature of our relationship with God. If we are willing to commit our allegiance to the Torah and Mitzvos, God will see that our needs are met. This idea is at the core of our relationship contract with God: You will get out what you are willing to put in. Yet, the famed commentator, Rashi (Rabbi Shlomo Yitzchaki 1040-1105) highlights an additional dimension of meaning:

"And it will be, because you will heed: Heb. עָקַב lit. heel. If you will heed the minor commandments which one [usually] tramples with his heels [i.e., which a person treats as being of minor importance]."

The Torah uses the word eikev which contextually means "if" but can also mean "heel." As such, Rashi understands an additional nuanced message, "If we are vigilant with the details which people normally trample upon, there will be abundant Divine blessing." Rashi is teaching us two profound lessons.

Lesson #1: We all trample on something. In our spiritual lives, we consciously or subconsciously create a religious hierarchy. There are some obligations which we feel are important and other obligations which are not. There are details which apply to each individual and details which do not. There are mitzvos we each can relate to and others which seem anachronistic or at odds with our personal life outlook or philosophy. And so, we trample. We adhere, obey, and admire the aspects with which we agree and intentionally or unintentionally set aside the aspects with which we don't. Here is the beautiful reality: God doesn't ask us to be perfect. He doesn't expect us to perform all of His commandments, and He doesn't expect proficiency in every area of Judaic practice. All God desires is effort. We create these "mitzvah rankings" as a way of justifying non-performance. But we don't have to do that. We don't perform all the mitzvos because we are limited human beings who try hard but can't always get it right. We recognize that every law and detail in the Shulchan Aruch (Code of Jewish Law) is binding and obligatory but are not always able to live up to this standard. The good news is, it's ok. God understands. Just don't trample and make things unimportant to justify our human finitude. In fact, if you look at the wording of the verse, it says, "And it will be if you listen (tishmaun) ..." - just listen! Yes, the ultimate goal we aspire to is performance (va'asiseim), but start just by listening and acknowledging that these are the expectations.

Lesson #2: Spiritual success doesn't require spiritual heroism. Little things make all the difference. This is true in many life relationships. In marriage, it is not the birthday or anniversary gifts which shape the fabric of the relationship, it is the phone calls during the day to say, "I love you," or the small acts of consideration, companionship, and love (though the presents certainly help). When our children bring home a project for Mother's Day or Father's Day, our hearts are filled with joy even though these creations are objectively junk (please don't share with my children). Why? Because it is a genuine expression of love. The same is true in our relationship with God. The little things make all the difference. The way we talk to others, the manner in which we conduct our business dealings, our concentration during prayer, our commitment to daily Torah learning, our willingness to give charity. These are the little things which have such a dramatic impact. The Torah and our history are filled with stories of great people making enormous sacrifices for God. But day to day life is filled with the opportunities to do small things for God. These are the "eikev" moments. The little things that at first glance seem so insignificant that you can just step on them with your heel, yet, these are the very things which determine our spiritual identity and relationship with God. If you are grumpy in the morning and push yourself to greet people with a smile, the sea will not split before you, but you have done something amazing. If you see someone in need and manage to step out of yourself and help them, God will not call out your name from the heavens, but you have furthered your relationship with Him. If you are exhausted after a long day of work but manage to carve out some time to learn Torah, you won't see the lightning and hear the thunder of Sinaitic revelation, but you have shown your Father how truly committed you are.

We must find the strength to stop trampling and start building with the small bricks of "eikev" accomplishment. God promises that He is waiting for us and ready to reciprocate our efforts. May we find the courage to take the first small step and feel the blessing of His love in the journey ahead. (Reprinted from 5778)

**MEMBER NEWS:****REFUAH SHELAIMA:****Shulamis Chana bas Susha****MAZEL TOV:**

**Rachel & Michael Lebowitz** and **Susie & Kurt Seiden** on the marriage of their children, **Tzipora** (co-youth director) & **Ari Seiden**. Welcome to the family joining us for Sheva Brachos. **Michal & Zevy Weisberg** on their recent marriage. Mazel to their parents Shani & Jason Reitberger and Chana & Ari Weisberg.

**Marci & Michael Langbaum** on the birth of a granddaughter born to their children Eliana & Eli Langbaum.

**BIRTHDAYS:**

Leah Caplan, Tobbi Caplan, Devora Cohen, Rena Cohn, Jacob Dorfman, Nathan Franco, Aaron Goldberg, Yuriy Guzman, Ayelet Hamburger, David Heffer, Yisrael Doniel Jacobson Kent, Pesach Kadin, Elana Raskas, Seth Rotenberg, Perry Saperstein, Farrell Silverman, Miriam Sperling, Adam Steinmetz, Alan Wiseman

**Yahrzeits:**

Rosalyn Appelbaum, Moshe Eliezer, Aaron Exler, David Menachem Gordon, Beverly Richmond, Greenberg, Miriam Pancer, Harry Rosen, Maralyn Sheffer, Etta Sisovic, Gertrude Thaler, Cyrus Wolf

**SPONSORSHIPS:****TALMUD TORAH**

**Dr. Max & Dr. Brenda Lapkovsky** in honor of Yitzhak Meir's upcoming Bar Mitzvah.

**Riva Mitzner** in commemoration of the first yahrzeit of her father, Larry Schneck, MD, Aryeh ben Chaim z"l.

**Jack Bennett** in honor of Sergeant טובי עומר טביב, who was killed by a Hamas Anti-Tank Missile on the Gaza border on May 12, 2021.

**DAY OF LEARNING:**

**Adam & Leslie Rosen** in honor of the anniversary of Gideon's bar mitzvah.

**Alan & Sherry Steinmetz** in commemoration of the yahrzeit of Alan's grandfather, Mr. Sam Steinmetz, ר' שמעון בר יצחק אייזיק ז"ל.

**DAF YOMI:**

**Michael Diamond** in appreciation to Rabbi Silber for bringing us through a full day of Tisha B' Av with incredible honesty and emotion. He brought meaning for me to a day I had undervalued.

**Natan & Leah Berry** in memory of Leah's father, Tzvi Sherizan, Eliezer Avraham Tzvi ben Pesachya Leib z'l.

**Shmuel & Tzivia Davis** in memory of Tzivia's brother Kopel Melech ben Leib z'l.

**Howard & Aileen Friedman** in memory of Howard's mother, Tila bas Chaim z'l.

**Mark & Elsa Lustman** in observance of the 7th yahrzeit of Anne Lustman, Chana Rochel bas Avraham Alter z'l, on the 21st of Av.

**KOLLEL BOKER:**

**Jeffrey & Sherri Venick** in memory of Herman Venick z'l for his yahrzeit.

**VIRTUAL DRASHA:**

**David & Lisa Gerhardt** in memory of David's mother, Freida Gerhardt, Freida bas Shmuel z'l.

**KIDDUSH SPONSOR:**

**Rabbi & Rebbetzin Silber** in honor of Mordechai and Avraham going to learn in Eretz Yisrael.

**David & Wendy Heffer** in honor of David's 50th Bar Mitzvah anniversary on Parshas Eikev and in memory of his father, Seymour (Zaidie) Heffer, Tzemach ben Yosef z'l.

**DONATIONS:**

**Doris Donen** in memory of her beloved mother Ray Stuben Goldfarb z'l.

**SOTC UPDATES:****SHIUR UPDATES:**

Rabbi Silber will be in Baltimore until August 10th and will be giving Semichas Chaver, Daf Yomi, and Shabbos drashas. Please join us in these incredible learning opportunities. Stay tuned for exciting updates on new shiurim beginning after Yom Tov!

**YOMIM NORAIM:**

Reserve your seats ASAP! Seats are selling out fast. For all Yomim Noraim information, please go to <https://www.suburbanorthodox.org/form/yomim-noraim-5782>.

**NEW! KOLLEL BOKER:**

Monday-Thursday Mornings following the 6:45a Shacharis. 30 minute Seder or stay as long as you'd like!

**PARKING NOTICE:**

Please observe the law while parking on the street for minyanim and shiurim. Do not park too close to driveways, intersections, and no parking signs. We have been warned by the Baltimore County Police that they will be ticketing.

**WE ARE HIRING!**

We are hiring for the Office Manager/Executive Assistant position. Ideal candidate will:

- Be proficient in Microsoft Office Suite
- Multitask- able to prioritize and handle several moving parts
- Work 32 hours/week
- Have strong customer service skills and attention to detail
- Bring a positive, can-do attitude as part of the SOTC team

If you or someone you know is seeking a position, please email your resume to [shanitopper@suburbanorthodox.org](mailto:shanitopper@suburbanorthodox.org).

**GROUP LEADERS:**

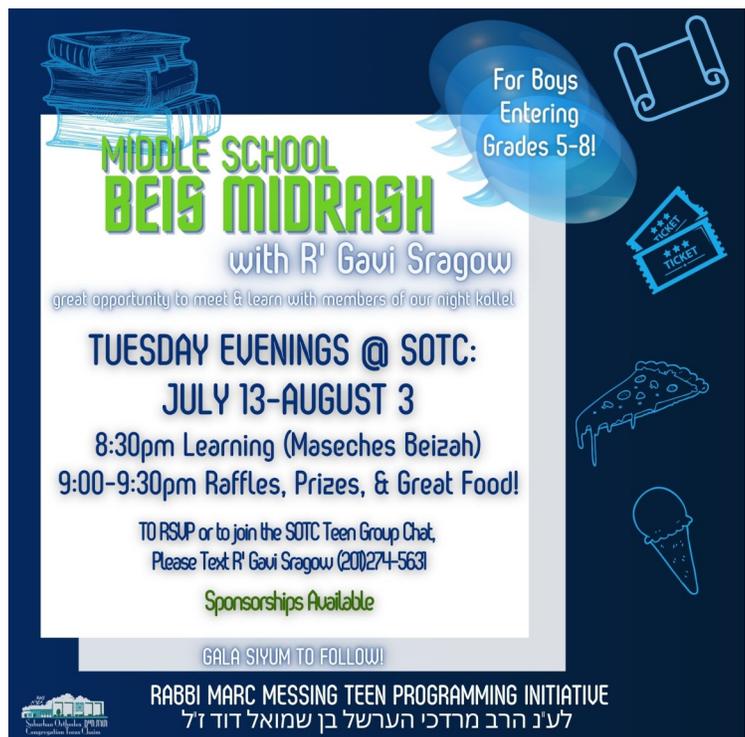
Looking to hire dynamic group leaders who are entering 9th grade or older! Girls who are entering 8th grade can volunteer at groups or join our sub list! For more information or to apply, Please contact Neshama Lebowitz at [neshamalebowitz@gmail.com](mailto:neshamalebowitz@gmail.com).

**SOTC BOOK CLUB:**

Our next meeting will take place on Tuesday, August 10, 2021, at 2 p.m., in Rooms 2 & 3 at Suburban Orthodox Congregation. Our selection is: *Borrowing Life: how scientists, surgeons and a war hero made the first successful organ transplant a reality.* (non-fiction) By Shelley Fraser Mickle

**MALE AIDE NEEDED:**

Looking for a mature male age 16 or older to assist a man with disabilities in shul on Shabbos afternoon (mincha/Shalosh Seudos times). Willing to pay. If interested, please contact the shul office at [office@suburbanorthodox.org](mailto:office@suburbanorthodox.org).



For Boys Entering Grades 5-8!

**MIDDLE SCHOOL BEIS MIDRASH**  
with R' Gavi Sragow

great opportunity to meet & learn with members of our night kollel

**TUESDAY EVENINGS @ SOTC:**  
**JULY 13-AUGUST 3**  
8:30pm Learning (Maseches Beizah)  
9:00-9:30pm Raffles, Prizes, & Great Food!

TO RSVP or to join the SOTC Teen Group Chat,  
Please Text R' Gavi Sragow (201)274-5631

Sponsorships Available

GALA SIYUM TO FOLLOW!

RABBI MARC MESSING TEEN PROGRAMMING INITIATIVE  
לענן הרב מרדכי הערשל בן שמואל דוד ז"ל

עברו את ה' השלמה

SHABBOS

of

INSPIRATION

PREPARATION

with

our Baalei Teffilah &  
Rabbi Silber

FRIDAY • SHABBOS AUGUST 6-7

לבת מברכים אלו

6:15p Toameha (Pre-Shabbos Fabrengen)

7:00p Carlebach Kabbolas Shabbos

8:45a Uplifting Shacharis/Musaf

Followed by Deluxe Kiddush

7:50a Mincha

8:05p Kehilla Shalosh Seudos

8:56p Maariv Followed by Carlebach  
Havdalah



SPONSORS WELCOMED:

<https://www.suburbanorthodox.org/form/Shabbos-of-Inspiration>