



Parshas Kedoshim

6 Iyar | May 11, 2019

Candle Lighting
7:51p

Mincha
7:00p

Torah Reading
Pg. 656

Haftorah
Pg. 1174

Candle Lighting 5/17
7:57p



SHABBOS SCHEDULE

Shabbos Night

7:00p Mincha followed by

Kabbolas Shabbos

7:51p Candle Lighting

Shabbos Day

9:00a Shachris (9:30a KS)

11:30a Simcha Kiddush

4:30p Women's Living Emunah Group
(Home of Bracha Strimber)

6:15p Early Mincha

6:40p Daf Yomi (Yehuda Neuberger)

7:45p Mincha followed by

Shalosh Seudos

8:52p Maariv followed by Havdalah

Rabbi Silber is away at a family simcha this Shabbos. Rabbi Richter will deliver the Shabbos morning drasha and is available to answer halachik questions. Rabbi Richter can be reached at 732.508.7006



WEEKLY SCHEDULE

Sun 5/12 – 7th of Iyar

7:15, 9:00a Shacharis

6:30p Plag Mincha

8:00p Mincha/Maariv

Mon—Thurs, Fri am

6:45, 9:00a Shacharis

6:30p Plag Mincha

8:00p Mincha/Maariv

8:50p Maariv (New Beis Midrash)



WEEKLY SHIURIM

by Rabbi Silber

Sun 8:00a Daf Yomi

(Yehuda Neuberger)

Mon— Fri a.m.

5:45a Chovas HaTalmidim

5:55a Daf Yomi

Following 9am minyan 15 Minutes of
Mishnayos (Rabbi Richter)

Mon

8:30p Shulchan Aruch Chaburah

Tues

8:30p Hilchos Shabbos B'Iyun

(Rabbi Richter)

Wed (shiurim for women)

9:30a Perek Shira for WIT, BJSZ

8:00p Life Lessons on the Parsha

Thurs

8:30p Likutei Moharan (for men)

Mon-Thurs

8:30-8:50p Night Seder in Beis Midrash



MORALITY, MODERATION AND MATURATION

RABBI SHMUEL SILBER

"And the Lord spoke to Moses, saying, Speak to the entire congregation of the children of Israel, and say to them, you shall be holy, for I, the Lord, your God, am holy." (Vayikra 19:1-3)

We strive for it, we yearn for it, yet we find it difficult to define. We translate the word *Kedusha* as holiness, but what does it mean to be holy? How can holiness be measured? How do we know if we have been successful in becoming holy people?

The commentaries provide many insights. The Midrash explains that the definition of holiness is "*Divine emulation*." Whatever God does, we are charged to do the same. The Talmud elaborates, "Just as God clothed the naked (Adam and Chava), so shall you clothe the naked. Just as God visits the sick (as He visited with Avraham after the bris), so shall you visit the sick..." The Talmud's examples are focused on *chessed* (acts of charitable kindness) and so it would seem that the highest form of Divine emulation is to be a *Baal Chessed*, a kind, giving and charitable person. True *Kedusha*, pure holiness, lies in the ability to transcend the self and focus on the other.

Rashi provides another definition: "Separate yourself from immorality and sin." Core holiness is defined by one's ability to fight against the urges, desires and wants that often debase us. God can tolerate our shortcomings and mistakes, but we must strive to be a moral nation. Without morality (specifically sexual morality) we are no different than animals. Holiness is the ability to resist temptation and remain on the proper path of life.

Ramban (Nachmanidies) explains that holiness means moderation. Learn to limit yourself even with those things which are permitted to you. The true indication of holiness is the ability to exercise restraint even in those areas in which one can technically overindulge. The trait of restraint is perhaps the most important ingredient in successful living. It is easy to lose oneself in the (permitted) pleasures of this world. We must learn to exercise restraint in the world of the permitted to ensure that we do not cross the line into the world of the illicit. We must learn to say that just because we can have it, doesn't mean we should. This ability to exercise restraint ensures that we can each master our individual wants and passions and not become slaves to them.

Rav Menachem Mendel of Vorka (1779-1848) looks at this command in a dramatically different fashion. The Rebbe asks, "Is it truly possible, and is it fair to ask man to aspire to the level of holiness? Rather, God is not asking us to be like the angels, for this is impossible for physical, carnal man. God simply asks us *L'hiyos Kodesh b'madreyga she'hu omeyd bah* (be holy wherever you are and wherever you stand), achieve holiness on whatever level you may be, in whatever state you may find yourself."

God is teaching us to find and achieve holiness in all we do. Often, we compartmentalize holiness. We are holy in certain areas and mundane in others. We may be *kadosh* (holy) in Shul, yet mundane in the workplace. We may be holy when speaking to God, yet ordinary in the way we speak to others. The Rebbe teaches us that we must infuse holiness in all we do, *B'Chol Matzav She'Tihyu Bo* (in every situation and state of being). Everything we do in life can serve a higher purpose. When we are in the workplace we can make a *Kiddush Hashem* (sanctification of God's name) by conducting ourselves with honesty and integrity. When walking on the street we can be holy by proactively greeting the other - Jew and Gentile alike. When we watch a sunrise, we can see the greatness of God's creation. Everything we do can be infused with holiness and meaning.

The Rebbe takes this idea one step further. The real definition of holiness is pushing yourself just a bit further. The enemy of holiness is not impurity or sin, it is complacency. *Kedoshim Tihyu, B'Chol Matzav She'Tihyu Bo, Hiskadshu V'Alu Kim'ah* (be holy, in every situation, in every state of being – sanctify yourself and raise yourself even just a little bit) – just a little bit. All God asks of us is just to try a little harder. Wherever you are holding in life, try to nudge yourself a bit further along your personal, sacred path. God does not ask for perfection or even near-perfection. God asks for effort. **You don't have to reach the finish line to become holy. You just have to start running.**

Too often we shy away from life initiatives because we are not confident we can accomplish what we set out to do. Life is not about getting to the top of your personal mountain, it is about having the courage to begin the climb. And after you start the climb, success is defined by taking one step after the other. They may be small steps and to the outside world it may not even look like you are moving, but you know you are placing one foot in front of the other and God knows

Continued on back >



MEMBER NEWS

THANK YOU

CG Polirer for baking the cookies for the weekly kiddush and set up volunteers **Tania Shichtman, Marlene Kiewe** and **Abby Applebaum**

Bracha Strimber for hosting the ladies' Living Emunah learning group

A special thank you to **Bernie Kozlovsky** for all his assistance with the security grant

MAZAL TOV

Susan Arnold and **Shmuel Arnold** on the bar mitzvah of their son, Asher

BIRTHDAYS

Maya Bier, Avraham Edelman, Pinny Ehrenfeld, Linda Susan Elman, Malka Esterson, Melvin Getz, Eli Goldstein, Sally Goldstein, Hilary Jacobson Kent, Gedalyah Jessurun, Ariella Kashnow, Atara Kelman, Shaindy Kelman, Susan Lapin, Ivan Lerner, Shoshana Lerner, Dina Rechthand, Rivka Freida Richter, Miriam Rogers Holy, Cheryl Rosenfeld, Susan Schoenfeld, Binyamin Zev Schwarzbaum, Philip Sharp, Leon Sheynman, Yossi Silber, Brian Silberberg, Mark Silverman, Akiva Strum, Olivia Volkin

Yahrzeits

Rebecca Bayuk, Bess Crane, Evelyn Rudo, Pauline Goldberg, Rose Laurie Goldenberg, Israel Goldstein, Gertrude Kalish, Chaya Malka Barkai, Rabbi Hyman Jacob Cohen, Ruth Levin, Fraida Bazensky, Dena Minkove, Gertrude Weinblatt, Mikhail Sheynman, Faye Simkin, Louis Smith

The Marder Family wishes to express their thanks to the wonderful members of our shul for their incredible caring and comfort through notes, calls, visits and prepared meals to both shiva houses. Special thanks to Rabbi & Rebbetzin Silber for arranging everything. It is a privilege to be part of this great kehillah.



SHUL HAPPENINGS

Sisterhood Living Emunah Group

Shabbos afternoons | 4:30p

Rachel Minkove Memorial Scholar in Residence feat. **Rabbi Moshe Miller**
Shabbos 5/18

Lag B'Omer Bonfire & Kumzitz

Wed 5/22 | 8:30p

Volunteers needed! Email office
office@suburbanorthodox.org

SOTC Book Club

Tues 6/18 | 2:00p, SOTC

Before We Were Yours by Lisa Wingate

DVAR TORAH CONT.

that you are trying. Even if you don't reach your intended destination or see the actualization of your intended goal, if you put in the effort and advanced your cause to the best of your ability, you have been successful.

Kedoshim Tihyu (be holy) – we must strive to emulate our Creator and think beyond ourselves. We must strive to be a nation governed by morality and self-restraint. We must strive to be individuals who find and infuse holiness into everything we do and every experience we have. We must each find the courage to propel and push ourselves forward and work just a bit harder in order to actualize the great potential we possess within. May we each find the strength to continue the journey, advance the climb and find the holiness that surely awaits.



SPONSORSHIPS

SIMCHA KIDDUSH

Susan Arnold and **Shmuel Arnold**

in honor of the bar mitzvah of their son, Asher

SHALOSH SEUDOS

Elisheva Engel in honor of the yahrzeit of her father, Ivan Engel, Yehuda ben Yisrael z'l

DAY OF LEARNING

Ariel & Hayley Lichterman in honor of the yahrzeit of Hayley's mother, Linda Koteen, Rachel Leah bas Reuven Meir z'l

DAF YOMI

Jon & Jen Kaplan in honor of the yahrzeit of Jen's father, and **Ann Friedman** in honor of the yahrzeit of her husband Steven Friedman, Shmuel Leib ben Asher z'l

Menashe & Bracha Efron in gratitude to Hashem on the birth and successful operation of Bina Gavriella Frager

DONATIONS

Mitch & Janice Posner in memory of Royal Rockman z'l

Bernhard & Marlene Kiewe in honor of the yahrzeits of Bernhard's brother, Moshe ben Elazar z'l and Marlene's grandmother and uncle, Hinda bas Eli z'l and Shlomo ben R'Shmuel z'l

Molly Griner in honor of the yahrzeit of her father, Bentzion Pancer z'l

Howard & Jennifer Caplan in honor of the yahrzeit of Howard's father, Lester, Eliezer Yitchzk ben Avraham Nachum z'l

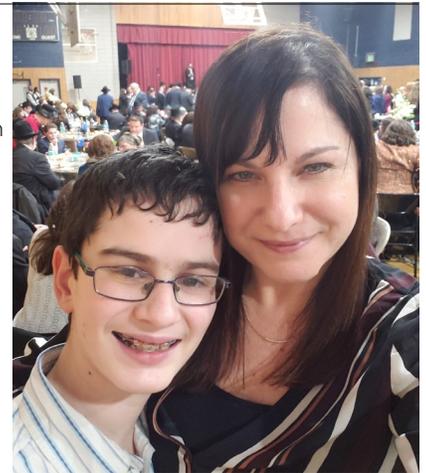
Tina Kaplan in honor of the yahrzeit of her brother, Dr. Ellis Levi, Eliyahu ben R'Efraim HaLevi z'l



MEMBER SPOTLIGHT

MEET SUSAN ARNOLD

Susan "Shoshana" Arnold was born and raised in Southern California and made aliyah in 1996. She lived in Israel for 4 years and had her two girls there. She came to Maryland in 2000 and Asher was born here in Baltimore. Shoshana is a physician's assistant at Patient First and volunteers as a paramedic for the Pikesville Volunteer Fire Company. She loves hiking, sailing, tennis and krav maga! Her kids: Elana, 22, is studying exercise science and athletic training while serving in the IDF. Naama, 20, is at UMBC studying Psych. Asher is at TA and today we celebrate his bar mitzvah. We wish Asher and the entire Arnold mispacha a big mazal tov!



upcoming **SCHOLAR IN RESIDENCE**

RABBI MOSHE MILLER

Author of *Rising Moon: Unraveling the Book of Ruth*

MAY 18
PARSHAS EMOR

Annual Rachel Minkove z'l
Scholar in Residence Program

