

ASHAR MARCH 2020 LUNCH MENU

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday
1	2 PIZZA DAY Pizza Fries Tuna/Egg Salad Salad	3 BBQ Chicken Rice Hot Vegetables Fresh fruit Apple Juice	4 Individual Pizza French Fries Egg/Tuna Salad Fresh Fruit Milk	5 Penne Alfredo Noodles Baby Carrots/Grape Tomatoes Salad Dip Fresh Fruit Milk Tuna/Egg Salad*	6 Bagels Vegetable Soup Tuna Salad Egg Salad Cream Cheese Sliced Vegetables Fresh Fruit Milk
8	9 Fish Sticks Hash Browns Hot Vegetables Fresh Fruit Milk	10 PURIM	11 PIZZA DAY Pizza Fries Tuna/Egg Salad Salad	12 Macaroni and Cheese Noodles Baby Carrots/Grape Tomatoes Salad Dip Fresh Fruit Milk Tuna/Egg Salad*	13 Fish Sticks Hash Browns Hot Vegetables Fresh Fruit Milk
15	16 PIZZA DAY Pizza Fries Tuna/Egg Salad Salad	17 Chicken Nuggets Rice Hot Vegetables Fresh Fruit Juice	18 Baked Ziti Noodles Baby Carrots/Grape Tomatoes Salad Dip Fresh Fruit Milk Tuna/Egg Salad*	19 Pareve Chulent Potato Kugel Sour Pickles Fresh Fruit Milk	20 Cheese Blintzes Potato Knish Ministrone Soup Tossed Salad Salad Dressing Egg/Tuna Salad Fresh Fruit Milk
22	23 PIZZA DAY Pizza Fries Tuna/Egg Salad Salad	24 BBQ Chicken Rice Hot Vegetables Fresh fruit Apple Juice	25 Pita Falafel Israeli Salad Techina Charif Apples Milk	26 Macaroni and Cheese Noodles Baby Carrots/Grape Tomatoes Salad Dip Fresh Fruit Milk Tuna/Egg Salad*	27 Italian Paninis Corn Egg/Tuna Salad Fresh Fruit Milk
29	30 PIZZA DAY Pizza Fries Tuna/Egg Salad Salad	31 Deli Baguettes French Fries Pickles Fresh Fruit Juice			

Milk-Low Fat and Fat Free, and ww bread served daily. Under the Hasgocha of Rabbi Yechiel Steinmetz shlit'a

*allergy alternative

Menu subject to change

