LUNCH MENU – ELEMENTARY-ASHAR 5 DAY-DECEMBER - 2023



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
					Dec. 1
					Yogurt
					Muffin
					Baby Carrot
					Fresh Apple
					Chocolate Milk,
					Chickpeas, Bread
Dec. 3	Dec. 4	Dec. 5	Dec. 6	Dec. 7	Chanukah Dec. 8
	Mini Cheesy Twists	Hotdog & Buns Steak Cut French Fries	Falafel Balls Pita	Baked Ziti Noodles	
	Spicy Mayo Vegetable Soup	Chickpeas	Israeli Salad	Nish Nash Salad	
	Assorted Yogurts	Cole Slaw	Techina	Nish Nosh Dressing	
	Egg Salad*	Pickles	Schug	Mozzarella Cheese Sticks	NO LUNCH
	Baby Carrots, Cux Sticks &	Mustard	Fresh Apple	Tuna Salad*	NO LONCII
	Grape Tomatoes	Ketchup	Bread	Ketchup	
	Italian Dressing	Fresh Banana	Milk	Fruit Cups - Pears	
	Fresh Apples, Bread, Milk	Bread, Apple Juice		Bread, Milk	
Chanukah Dec. 10	Chanukah Dec. 11	Chanukah Dec. 12	Chanukah Dec. 13	Chanukah Dec. 14	Chanukah Dec. 15
		Chicken Nuggets	Penne Alfredo	Assorted Bagels	Yogurt
		Rice	Noodles	Tuna Salad	Muffin
		Green Beans	String Cheese	Egg Salad	Baby Carrot
		Ketchup	Caesar Salad	American Cheese	Fresh Apple
NO SCHOOL	NO SCHOOL	Roasted Chickpeas	Caesar Dressing	Cream Cheese	Chocolate Milk
		Fresh Banana	Tuna Salad*	Sliced Cucumber and Tomato	Chickpeas
		Bread	Ketchup	Fresh Apples	Bread
		Apple Juice	Fruit Cups – Mandarin	Bread	
D : 17	D 10	D : 10	Bread, Milk	Milk	Assert B/Tarres Base 22
Dec. 17	Dec. 18 Waffles	Dec. 19 Deli	Dec. 20 Pizza Bagel	Dec. 21 Penne Alla Vodka	Asarah B'Teves Dec. 22 Yogurt
	Vegetable Soup	Baguette	Spicy and Regular Fries	Noodles	Muffin
	Assorted Yogurts	Roasted Potato	Spicy Mayo	Nish Nash Salad	Baby Carrot
	Egg Salad*	Pickles	Egg Salad*	Salad Dressing	Fresh Apple
	Baby Carrots, Cux Sticks &	Mustard	Ketchup	Mozzarella Cheese Sticks	Chocolate Milk
	Grape Tomatoes	Ketchup	Fresh Oranges	Tuna Salad*	Chickpeas
	Honey Mustard Dip	Chickpeas	Bread	Ketchup	Bread
	Pancake Syrup	Fresh Banana	Milk	Fruit Cups - Mixed Fruit.	
	Fresh Apples, Bread, Milk	Apple Juice, Bread		Bread, Milk	
Dec. 24	Dec. 25	Dec. 26	Dec. 27	Dec. 28	Dec. 29
	Fish Sticks	BBQ Chicken	Macaroni and Cheese	Chulent	Yogurt
	Orzo	Rice	Noodles	Potato Kugel	Muffin
	Green Beans	Sweet Peas	String Cheese	Pickles	Baby Carrot
	Baby Carrots	Ketchup	Tuna Salad*	Dinner Roll**	Fresh Apple
	Dijon Mustard	Roasted Chickpeas	Caesar Salad	Fresh Apples	Chickenson
	Fresh Oranges	Fresh Banana Bread	Caesar Dressing	Bread Milk	Chickpeas Bread
	Bread Milk	Apple Juice	Ketchup Fruit Cups – Peaches	IVIIK	DIEdU
		Apple Juice	Bread, Milk		
Dec. 31	*For Allergen				הרגשות
	**For Program Only -Menu subject to change				(EKA) E
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