

SHABBAT SCHEDULE	
Candle Lighting	4:47 pm
Mincha/Maariv	4:50 pm
"Making Sense of Divine	8:15 pm
Providence", Rabbi Wiener	
Beit Midrash	

#### SHABBAT MORNING

Shacharit

oriaoriaric	
Main Shul	7:00, 9:00 am
Beit Midrash	8:30 am
Social Hall B	8:45 am
Rambam Shiur, Meir Ure	<b>etsky</b> 8:15 am
Beit Midrash	
Youth Groups	9:40 am
Sof Zman Kriat Shma	9:40 am
Shailot uTshuvot Shiur,	Elie Berman 10:30 am
"Medical Training For IV	Insertion"
Beit Midrash	

#### SHABBAT AFTERNOON

Back of Beit Midrash

Militoria	2.00 pm
Main Shul	
Daf Yomi	3:30 pm
Back of Beit Midrash	

#### Main Shul

Tot Shabbat

Mincha

Mincha

Rabbi Josh Kaufman	BETWEEN MINCHA
Main Shul	AND MAARIV
Maariv	5:40 pm
Main Shul	
Shabbat Ends	5:49 pm
Parent Child Learning	6:35 pm
Beit Midrash	

#### February 2nd

Candle Lighting	4:56 pm
Mincha/Maariv	5:00 pm
Main Shul	

# WEEKDAY SCHEDULE-JANUARY 28- FEBRUARY 2

Shacharit	
Sun (Main)	7:00, 8:00, 9:00 am
Mon, Thu (Main)	6:20, 7:20 am
(Beit Midrash)	7:00, 8:00 am
Tue, Wed, Fri (Main)	6:30, 7:30 am
(Beit Midrash)	7:05, 8:00 am

Mincha	
Sun (Main)	12:45 pm
Mincha / Maariv	
Sun (Main)	4:55 pm

Mon- Thu (Beit Midrash)	4:55 pm
Late Maariv	
Sun (Main)	9:15 pm
Mon- Thu (Beit Midrash)	9:15 pm

#### **MAZAL TOV**

**Debbie & Ed Fox** on the bar mitzvah of their grandson, Akiva in Ramat Beit Shemesh. Mazal tov to parents, Ariele & Rabbi Yoni, siblings, Tehila, Shaya, Ezi and Yehuda and all the great-grandmothers, aunts, uncles and cousins.

**Debbie & David Schiff** on the marriage of their daughter, Avigail to Aryeh Bienstock. Mazal tov to parents, Sara & Mark Bienstock of Jamaica Estates, grandparents Ellen & Charles Winetsky and Judy Schiff and to all of the extended mishpacha who are joining us for Shabbat Sheva Brachot.

**Elke & Kalman Stein** on the bar mitzvah of their grandson, Yisrael Yitzchok. Mazal tov to parents Amy & Noam Stein, siblings Asher, Dena, Sima, Eliyahu, Lily and Tiferet, aunt and uncle, **Rivka & Baruch Stein** and cousins Nechama, Eli, Joseph and Hadassah.

Cecile & Michael Wollman on the birth of a granddaughter, born to Leah & Charlie Wollman of Passaic. Mazal tov to big sister Adira.

#### CONDOLENCES

10:45 am

2:00 nm

4:30 pm

**Tehilla Miller** on the loss of her beloved father, Rabbi Daniel Rosenthal, z"l.

May the **Miller** and Rosenthal families be comforted among the mourners of *Tzion v'Yerushalayim*. For shiva details, go to <a href="www.rinat.org/ShivaInformation">www.rinat.org/ShivaInformation</a>. To send a condolence card through Nerot, please contact Carrie Cooper at <a href="mailto:CandSCooper@gmail.com">CandSCooper@gmail.com</a> or go to <a href="www.rinat.org/nerot-mitzvah-cards">www.rinat.org/nerot-mitzvah-cards</a>.

#### THIS WEEK AT RINAT

Rabbi Josh Kaufman—Shabbat, January 27th, between Mincha & Maariv. "The End of Davening: Considerations in Prolonging Tefillah and the Art of Prayer" Main Shul.

Parent/Child Learning—Motzei Shabbat, January 27th, 6:35pm. Beit Midrash

An Evening of Strength, Unity and Resilience—Monday, January 29th, 8:30pm. Shira Cohen and Eden Shmuel Nova survivors bear witness, and share their story of survival. The Jewish Center of Teaneck.

Save the Date: Rinat Yisrael 36th Annual Dinner—Motzei Shabbat, February 24th, 8pm.
Guests of Honor: Riki & Seth Landa. Sruli Guttman Service Award: Ranon Mann. Young
Leadership Award: Emily Adler, honoring our graduating group leaders and a l'hitraot to Adina & Rabbi Ezra Wiener as they make Aliyah. To register, go to www.rinat.org/dinner.

We are honored to be able to pay tribute to our deserving honorees. The Books of Tribute, traditionally presented to each Rinat honoree, are an opportunity for Rinat members, dinner attendees, friends and family to have personal messages to each honoree included in a meaningful keepsake. Submitting a message for inclusion is a wonderful way to acknowledge an honoree's contribution and to offer your congratulations and good wishes. Messages should be sent to the emails listed below. Please submit all messages by **February 4th** to ensure they are included in the Tribute Books. Riki and Seth Landa – <a href="mailto:landatribute@rinat.org">landatribute@rinat.org</a>, Ranon Mann – <a href="mailto:ranontribute@rinat.org">ranontribute@rinat.org</a>, Emily Adler – <a href="mailto:emilytribute@rinat.org">emilytribute@rinat.org</a>

In keeping with Rinat's dedication to limmud haTorah, every year we learn as a community and a siyum is made at our Annual Dinner. This year, our learning will be dedicated for the zechut of the hostages and in memory of the Tzaddikim who were killed Al Kiddush Hashem. Please help make our Annual Dinner a seudat mitzvah and take a minute to sign up to learn for this year's siyum on Chamisha Chumshei Torah. You can sign up even if you will not be attending the dinner or have registered for the dinner already at: <a href="https://www.rinat.org/siyum#">www.rinat.org/siyum#</a>

### BERGEN COUNTY UNITY MISSION TO ISRAEL

Join friends from Teaneck, Bergenfield, Fair Lawn, Fort Lee and other communities across Bergen County on **February 20th-22nd** for a mission to Israel in partnership with Sulamot and Mizrachi. The trip will include an in depth visit to Kerem Shalom, meeting with displaced residents of Kerem Shalom, a visit with Rav Yosef Zvi Rimon, bikur cholim, volunteer opportunities, meeting families of hostages and a visit to Mishpachot Shekulot (bereaved families). For more information and to register go to <a href="form.jotform.com/240092163126043">form.jotform.com/240092163126043</a>.



#### **ADULT EDUCATION SCHEDULE**

Rabbi Dr. Shlomo Zuckier's Gemara B'Iyun Shiur on Maseches Bava Kamma resumes Monday, January 29th, 8:15pm. To sponsor, go to <a href="https://www.rinat.org/gemara-shiur">https://www.rinat.org/gemara-shiur</a>. Beit Midrash

Women's Chumash B'Iyun Shiur with Rabbi Strauchler, Wednesdays, 12:30pm. For up to date information on this shiur, join the WhatsApp group at <a href="mailto:chat.whatsapp.com/IC6JrkMmdBfASLM6Vhlf43">chat.whatsapp.com/IC6JrkMmdBfASLM6Vhlf43</a>. Beit Midrash.

Rabbi Wiener's Topics in the Weekly Daf Yomi resumes, Wednesday, January 31st.

**Rabbi Effy Unterman's Chabura—Wednesdays, 9pm.** Beit Midrash Back Room or via Zoom at zoom.us/j/4653630025? pwd=Z2p4bWM2YVFYbmNkaThEbWpYb09qZz09.

Making Sense of Divine Providence with Rabbi Wiener—Fridays, 8:15pm. Please note the change in time. Beit Midrash

Rambam Shiur—Shabbat Mornings, 8:15am. Beit Midrash.

Shailot uTshuvot Shiur with Elie Berman—Shabbat Mornings, 10:30am. Beit Midrash.

Shmuel Phillips—Motzei Shabbat, February 10th, 8pm. "Talmud Reclaimed" Book Launch. Main Shul.

Rabbi Dr. Shlomo Brody—Sunday, February 18th, following the 8am Minyan. "Can Jews Fight Terrorists with Terror? 'Purity of Arms' and the Fate of Jewish Military Ethics, 1939" Beit Midrash

Recordings of recent webinars/shiurim, available at <a href="https://www.rinat.org/rinatwebinars#">www.rinat.org/rinatwebinars#</a>

Sponsor adult education programs at www.rinat.org/form/Adult-Education-sponsorship.html

#### **NACH YOMI**

Kol Hakavod to the following Rinat women who have completing the two-year Torat Imecha Nach Yomi: Rachel Antosofsky, Shari Bursztyn, Judy Golowa, Debbie Golubtchik, Esther Hollander, Dana Kessler, VV Ramras, Miriam Schenker, Bayla Tilson, Samara Wasserman, Rebbetzin Adina Wiener and Lydia Zuckier. To be added to this list, please e-mail office@rinat.org.

#### **MEALUIM**

Rinat's Israel Initiatives Committee is partnering with Tzohar to support their new Mealuim program to connect communities outside Israel with communities within Israel by sponsoring meals for the families of soldiers serving in miluim. For more information and to donate to this initiative, go to <a href="https://www.rinat.org/mealuim#">www.rinat.org/mealuim#</a>.

#### A MESSAGE FROM RABBI STRAUCHLER

#### **REDEMPTION: THEN, NOW AND FOREVER**



With every year, we experience Parshat Hashavua with new eyes. As we read of kriyat yam suf (and hear the words *derech eretz plishtim*) during a time of war, this is especially true.

Brachot 12a speaks of the prayer with which we start and end each day:

Rabba bar Ḥinnana Sava said in the name of Rav: One who did not recite: True and Firm

[emet veyatziv] at the beginning of the blessing of redemption that follows Shema in the morning prayer, and: True and Trustworthy [emet ve'emuna] in the evening prayer, did not fulfill his obligation. An allusion to the difference in formulation between morning and evening is, as it is stated: "To declare Your kindness in the morning and Your faith in the nights" (Psalms 92:3). In the morning, one must mention Hashem's loving-kindness, while in the evening one is required to emphasize the aspect of faith.

In explaining how we declare God's kindness each morning, Rashi explains, "The blessing True and Firm [emet veyatziv] relates entirely to the kindness that [Hashem] performed for our ancestors: he took them from Egypt; he split the sea for them; he allowed them to cross it. The blessing True and Trustworthy [emet ve'emuna] speaks about the future in that we anticipate how Hashem will fulfill his promise to redeem us..."

We are forever upon the banks of the Red Sea reflecting upon how Hashem saved and saves us. We begin every day appreciating Hashem's kindness; we engage in perpetual praise of Hashem for perpetual redemption; and we pray for the ongoing achievement of that redemption every evening, as we look to the future. We orient every morning and evening's requests of Hashem along this paradigm, immediately before we take three steps forward in our tefillot.

We daven for redemption past, present and future as we turn to HaShem during this difficult time for *am yisrael*. May we merit to soon experience our emuna's ultimate destination in the *geula sheleima*.

#### **UPCOMING EVENTS**

Winter Communal Luncheon—Shabbat, February 3rd, at the conclusion of the 9am Minyan.

Pricing: Full Members – Kids (3-12): \$15 Adults/Teens: \$30. Affiliate Members – Kids (3-12):

\$20 Adults/Teens: \$40. Non-Members – Kids (3-12): \$25 Adults/Teens: \$50. Sponsorships available at 180/360/540. Register by Monday, January 29th. To register or sponsor, go to <a href="https://www.rinat.org/lunch">www.rinat.org/lunch</a>.

Two community members are in need of a kidney, please come to the **Renewal, Kidney Donation Awareness & Swabbing Event** on **Sunday, February 4th.** Swabbing: **8:30am-11am** in Main Lobby. Educational Program: **9:45am** in Social Hall A.

Support Group to Help Navigate Through this Troubling Time in Israel and Around the World with Yocheved Schacter—Sunday, February 4th, 11am-12:30pm. Group open to the first fifteen responders. To RSVP, email <a href="mailto:shanayschacter@gmail.com">shanayschacter@gmail.com</a>. Classroom G.

**Finding Joy in Crisis with Dr. Tal Ben-Shahar—Sunday February 4th, 8pm.** Book launch for "An Ode to Joy: Judaism and Happiness in the Thought of Rabbi Lord Jonathan Sacks and Beyond." ed. Dr. Erica Brown, Dr. Shira Weiss. Social Hall A.

**Nerot Challah Bake— Thursday, February 8th, 8pm**. For more details and to register, go to www.rinat.org/challahbaking. Social Hall.

Nerot Mezuzah Stitching Workshop—Sunday, February 11th, 9:30–11:30am. Come stitch a mezuzah case for families in Southern Israel who lost their homes. For beginners and master stitchers. 100% of proceeds goes toward the mezuzah klaf. \$36 to come stitch. \$72 to purchase a klaf. Sponsorship opportunities available. In memory of the grandson inlaw of Susie Gitler, David Schwartz, HY"D. For more details and to register, go to <a href="https://www.rinat.org/mezuzah">www.rinat.org/mezuzah</a>. Social Hall.

**Blood Drive—Tuesday, February 13th, 1-7pm.** To make an appointment go to donate donate.nybc.org/donor/schedules/drive\_schedule/312052. Social Hall.

Save the Date: Baby Boomer Dinner—Friday, April 5th. More details to follow.

#### **YOUTH NEWS**

Groups for children in nursery - 6th grade meet on Shabbat mornings from 9am until the end of Mussaf, in the youth wing. To sponsor a birthday cake or cupcakes, go to <a href="www.rinat.org/">www.rinat.org/</a> form/youth-sponsorship.html. Questions? Email youth@rinat.org.

Tot Shabbat meets at 10:45am on Shabbat mornings, in the back of the Beit Midrash.

**Parent/Child Learning—Motzei Shabbat, January 27th, 6:35**. To sponsor parent/child learning, go to <a href="https://www.rinat.org/form/parent-child-learning-sponsorship">www.rinat.org/form/parent-child-learning-sponsorship</a>. Beit Midrash.

Join the Rinat Youth WhatsApp group. chat.whatsapp.com/GblOYKTgs9KGkZCjdmp3ny.

#### **TEEN NEWS**

**Teen Minyan** is on hiatus and will resume **Shabbat**, **February 3rd**. Sponsor a kiddush at www.rinat.org/form/teensponsorship.

Bar Mitzvah Class 5784 is on hiatus and will resume Motzei Shabbat, February 3rd.

Youth Leader Training—Friday February 2nd, at the conclusion of Mincha. Divsha & Martin will be hosting a training for prospective leaders, at their home. The dinner is for middle school students who have not yet attended a training dinner. There is no charge for this program. If you are interested, please email <a href="mailto:youth@rinat.org">youth@rinat.org</a>.

**Sports Trivia Night—Motzei Shabbat, February 17th, 8pm.** Teen boys with a sporty adult of your choice or a friend. Members: \$18 per team. Affiliate Member: \$22 per team. Non-Members: \$25. To register, go to <u>rinat.org/teen-sports</u>.

**Bat Mitzvah Program 5784** Prepare for your Bat Mitzvah with your Friends! For Girls in 5th and 6th Grade. Motzei Shabbat Learning: **March 2, 9, 16, 30 April 6, Chesed Sundays: March 10,17, Havdallah Kumzitz: April 13.** Topics include: Women in Halacha, Timeless Lessons in Tanach. Tzedakah and Social Action, Becoming a Bat Mitzvah. For flyer and to register go to <a href="https://www.rinat.org/batmitzvah#">www.rinat.org/batmitzvah#</a>. For more information contact: <a href="mailto:avital.strauchler@gmail.com">avital.strauchler@gmail.com</a>

Join the Teen WhatsApp group for all the latest Rinat teen news, events and happenings. <a href="mailto:chat.whatsapp.com/J0sAEd6pdxLEIsI0Us1luB">chat.whatsapp.com/J0sAEd6pdxLEIsI0Us1luB</a>

#### **SPONSORSHIPS**

#### **WEEKLY BRIEF SPONSORSHIP**

**Susan & Daniel Levin** in memory of their beloved father, *David Kaplan, z"l.* 

#### **RABBI STRAUCHLER'S WHATSAPP SHIUR**

# Reena & Raphael Novogrodsky in

commemoration of the yahrzeit of Reena's beloved mother, *Miriam Wagner, z"l*, on 16 Shevat. (1/24)

## LEARNING SPONSORSHIP

**Sylvia & Jules Nachtigal** in commemoration of the yahrzeit of Sylvia's beloved father, *Michael Heisler, אלימלך בן ישראל איסר,* z"l, on 17 Shevat. (1/25-2/2)

**Passi Rosen-Bayewitz** in commemoration the 28th yahrzeit of Passi's beloved father, *Jack Rosen, עקב יצחק בן מאיר ופעסע, z"l,* on 17 Shevat. (1/25)

#### **MESSAGE FROM RCBC**

Please note that effective **January 15, 2024**, the Jewish Home at Rockleigh will no longer be under the supervision of the RCBC. Going forward, the Jewish Home will offer kosher and non-kosher food options. The kosher option will be certified by a different kashrus agency. The Jewish Home Assisted Living in River Vale will continue to be certified by the RCBC, as it has been, and we look forward to continuing our relationship with the Jewish Home in this capacity.

#### **RINAT COMMUNITY WHATSAPP**

To join Rinat's Community Notifications whatsapp <a href="mailto:chat.whatsapp.com/DM0GjuMPoOQ3Ln6valQXCO">chat.whatsapp.com/DM0GjuMPoOQ3Ln6valQXCO</a>

#### **KOL RINAT**

Please email your announcement to <a href="mailto:office@rinat.org">office@rinat.org</a> by **Wednesday** at **12pm**.

#### JOIN OUR WHATSAPP GROUPS:

Rabbi Strauchler's Daily Divrei Halacha Whatsapp group. <u>www.rinat.org/rabbi-</u> strauchler-shiur

Rabbi Wiener's Mishna Yomit Whatsapp group, chat.whatsapp.com/
E7Ua880sAQuEL16RlxsXlv. Sponsored by
Becky & Avi Katz and Family in loving memory of Becky's father, David
Grossman, z'l, דוד בן מנחם מונישו May the learning serve as an aliyah for his neshama. Additionally sponsored by
Chanie & Jeff Kohn in memory of
Chanie's father, Chaim Yaakov Ben
Pinchas Eliyahu, z'l. May his neshama have an aliyah in the merit of all the learning.

Rinat's Nach Yomi Whatsapp group chat.whatsapp.com/
LFfWCBpdCzw07Sn2BGVVd1. This group will share information from the OU women's initiative relating to the current Nach Yomi cycle.

### Daf A Week Chaburah Whatsapp Shiur

To join the whatsapp group, go to <a href="mailto:chat.whatsapp.com/">chat.whatsapp.com/</a>
<a href="mailto:CJldztqmHKzJ4Wjo623mhH">CJldztqmHKzJ4Wjo623mhH</a>. For more information, contact Rabbi Ezra Wiener, 201-220-7314 or at <a href="mailto:rabbiwiener@rinat.org">rabbiwiener@rinat.org</a>.

#### **CHAYALIM AND MISSING**

Please take a moment to review the names of the Chayalim with a direct connection to the Rinat family and Missing at <a href="https://www.rinat.org/chayallimandmissing">www.rinat.org/chayallimandmissing</a>. If you have relatives or friends that are serving in the IDF, please send their Hebrew names and Mother's name so that they can be included in the shul tefillot to office@rinat.org.

#### **IDF SOLDIERS FOR OUR TEFILLOT**

Please include in your tefilot soldiers from the Rinat family currently serving in the IDF:

Avi Bursztyn, Lior Chasid , Sophie

Dubitsky, Dani Forman, Elitzur Gitler,
Reuven Gross, Moshe Klavan, Zachary

Kohn, Shlomo Kroopnick, Ari Milgram,
Ronel Roos, Yitzi Rothschild, Elan

Schwartz, Orlee Schwartz, Asher Stein,
Gavriel Weiss and Eliyahu Zimbalist. Email

office@rinat.org to add a name to this list.



cooking after Yeshiva Break and join your friends for a communal luncheon! Seating will be preassigned by the event committee.

FULL MEMBERS:

KIDS (3-12): \$15 ADULTS/TEENS: \$30

**AFFILIATE MEMBERS:** 

KIDS (3-12): \$20 ADULTS/TEENS: \$40

NON MEMBERS:

KIDS (3-12): \$25 ADULTS/TEENS: \$50

Sponsorships available at 180/360/540 see link for more details. Register by Monday, January 29th.

To register, go to www.rinat.org/lunch









# SUPPORT GROUP

With Yocheved Schacter

# Help Navigate Through this Troubling Time in Israel and Around the World

Yocheved Schacter, CSW, is a psychotherapist in private practice in Teaneck. Her special area of expertise is the treatment of anxiety and depression including the ways it prevents people from reaching their personal and professional goals. She also works with people around dating challenges, pre-marital conversations and marital therapy. Yocheved has decades long experience conducting leadership training workshops for Yeshiva University, the RCA, and the OU.



Group open to the first fifteen responders. To RSVP, email <u>shanayschacter@gmail.com</u>

Sunday, February 4th, 11am-12:30pm Classroom G





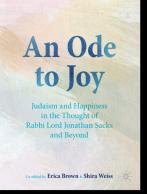
Yeshiva University THE RABBI LORD JONATHAN SACKS-HERENSTEIN CENTER FOR VALUES AND LEADERSHIP

# Finding Joy in Crisis

with Dr. Tal Ben-Shahar

Internationally renowned professor & best-selling author who wrote the Foreword to An Ode to Joy: Judaism and Happiness in the Thought of Rabbi Lord Jonathan Sacks and Beyond





BOOK LAUNCH Sunday, February 4 at 8:00pm

Congregation Rinat Yisrael 389 West Englewood Ave. Teaneck, NJ

Books will be available at a discounted price of \$25 for cash or check purchase only. Online purchase available on Amazon

