

## SHMINI ATZERET/SIMCHAT TORAH AT RINAT

### FRIDAY, OCTOBER 6TH

#### EREV SHMINI ATZERET (HOSHANA RABAH)

Shacharit	
Main Shul	5:45, 7:30am
Beit Midrash	6:30, 8:00am
Social Hall	7:00am
Daf Yomi	7:05am
Candle Lighting	6:12pm
Mincha/Maariv	
Main Shul	6:15pm
Beit Midrash	6:15pm

### SHABBAT, OCTOBER 7TH

#### SHMINI ATZERET

Shacharit	
Social Hall A	7:00am
Beit Midrash	8:30am
Social Hall B	8:45am
Main Shul	9:00am
Rambam Shiur	8:15am
<b>Meir Uretsky</b>	
Beit Midrash	
Shailot uTshuvot Shiur	10:45am
<b>Elie Berman</b> "Must I Stand During Hakafot?"	
Beit Midrash	
Tot Shabbat	11:15am
Back of Beit Midrash	
Mincha	2:00pm
Main Shul	
Pre-Mincha Shiur,	4:55pm
<b>Rabbi Dr. Ephraim Kanarfogel</b>	
"R. Moshe Taku: Rabbinic Outlier or Tosafist of Moment?"	
Main Shul	
Youth Hakafot	5:00pm
Social Hall	
Daf Yomi	5:15pm
Mincha/Maariv (Followed by Hakafot in the Beit Midrash)	6:15pm
Main Shul	
Candle Lighting	AFTER 7:11pm
Ladies Simchat Torah Night Shiur, <b>Shera Dubitsky</b> "Takeaways from my Chavruta with Hashem"	7:30pm
Social Hall	

### SUNDAY, OCTOBER 8TH

#### SIMCHAT TORAH

Shacharit	
Social Hall	7:00am
Main Shul	8:00am
Ladies Simchat Torah Shiur,	9:30am
<b>Daniella Rifkind</b> "חֲזוֹן" - Investigating Divine Inquires	
Simchat Torah Day After Hakafot	
Classroom D/E	
Kol Hanearim Tisch	9:45am
Social Hall	
Laining Ends	10:20am
Main Shul	
Kol Hanearim	10:30am
Main Shul	
Communal Kiddush	FOLLOWING DAVENING IN THE
Social Hall	MAIN SHUL
Daf Yomi	5:10pm
Mincha	6:10pm
Main Shul	
Shiur by <b>Rabbi Josh Kaufman</b>	BETWEEN MINCHA AND
"The Last Day of Sukkot: The Final Stop and a Road Forward:	MAARIV
Main Shul	
Maariv	7:00pm
Main Shul	
Havdalah	7:09pm

### WEEKDAY SCHEDULE-October 9-13

Shacharit	
Tue, Wed, Fri (Main)	6:30, 7:30 am
(Beit Midrash)	7:05, 8:00 am
Mon, Thu (Main)	6:20, 7:20 am
(Beit Midrash)	7:00, 8:00 am
Mincha	
Mincha / Maariv	
Mon- Thu (Beit Midrash)	6:10 pm
Late Maariv	
Mon-Thu (Beit Midrash)	9:15 pm

### KOL RINAT

Please email your announcement to [office@rinat.org](mailto:office@rinat.org) by **Wednesday** at **12pm**.

**MAZAL TOV**

**Aviva & Jay Gross** on the birth of a grandson, born to Tehilla & Daniel Gross in Yerushalayim. Mazal Tov to big brother, Eitan.

**Shira & Mayer Grosser** on the birth of a grandson, Yeshayahu Tzion, Harrison William, born to Rebecca & Yosef Grosser.

**Elana & Yoni Lieber** and **Rabbi Meier Brueckheimer** and on the birth of a grandson and great-grandson, born to Tamar & Nafi Lieber of Karmei Gat.

**Tammy & Paul Malek** on the birth of a grandson, born to Rachel & Moshe Simon.

**Miriam & Leon Schenker** on the birth of a grandson, born to Rebecca Spigel & Ben Schenker. Mazal tov to great-grandmother Shonny Teicher.

**Tammy & Kenny Secemski** on the birth of a grandson, born to Efrat & David Ferber.

**CONDOLENCES**

**Beth Wittenberg** on the loss of her beloved mother, *Susan Allis, z"l*. Shiva, Sunday (10/8), night until 11pm, Monday(10/9), Tuesday(10/10) and Wednesday(10/11) at 70 Berran Road in New Rochelle. Shiva will continue at Beth's home 1094 Trafalgar Street on Thursday(10/12) and Friday (10/13). The family requests no visitors 12pm-1pm, 6pm-7pm and after 10 PM. For Chesed contact Marcy Glicksman (201-397-2775) and Sharon Rifkind (201-774-2055).

To send a condolence card through Nerot by [clicking here](#) or contact Carrie Cooper at [candscooper@gmail.com](mailto:candscooper@gmail.com).

May the Allis and Wittenberg families be comforted among the mourners of *Tzion v' Yerushalayim*.

**THIS WEEK AT RINAT**

**Shailot uTshuvot Shiur with Eli Berman—Shabbat, October 7th, 10:45am.** "Must I Stand During Hakafot?" Beit Midrash.

**Rabbi Dr. Ephraim Kanarfogel—Shmini Atzeret, Shabbat, October 7th, 4:55pm.**

"R. Moshe Taku: Rabbinic Outlier or Tosafist of Moment?" Main Shul

**Simchat Torah Youth Hakafot—Shabbat, October 7th, 5–6pm.** Social Hall.

**Shera Dubitsky—Women's Simchat Torah Night Shiur, Motzei Shabbat, October 7th, 7:30pm.** "Takeaways from my Chavruta with HaShem" This shiur is being given l'zecher nishmas *Chana bas Ephraim, Hannah Schlanger, z"l*, in commemoration of her 14th yahrzeit on Shemini Atzeret. Social Hall.

**Daniella Rifkind—Women's Simchat Torah Shiur, Sunday, October 8th, 9:30am.** ""תפילה" - Investigating Divine Inquiries Simchat Torah Day after Hakafot." Sponsored Anonymously in honor of **Sheryl & Rabbi Yosef Adler**. Classroom D/E.

**Simchat Torah Kol Hanearim Tisch—Sunday, October 8th, 9:45am—10:30am.** Social Hall.

**Simchat Torah Communal Kiddush—Sunday, October 8th, following the davening in the Main Shul.** Social Hall.

**UPCOMING EVENTS**

**Peace of Mind Friday Night Dinner—Friday, October 20th, following Maariv.** Join us as we welcome members of the Maaglan unit to our Rinat community. \$150 family of 4, \$50 adults, \$25 children ages 3-12, Age 3 and under, free. Register at [www.rinat.org/peaceofmind#](http://www.rinat.org/peaceofmind#). Sponsorship opportunities available.

**Peace of Mind Communal Kiddush—Shabbat, October 21st, After the 9am Minyan.** To sponsor, go to [www.rinat.org/kiddush](http://www.rinat.org/kiddush).

**Rinat Flu Clinic—Sunday, October 22nd, 10am–2pm.** Vaccines Available: Flu vaccine for anyone ages 12 and up including HD vaccine for anyone 65+. For more details and to make an appointment, go to [www.rinat.org/fluclinic](http://www.rinat.org/fluclinic). Appointments are strongly encouraged. Classroom D/E.

**Blood Drive—Monday, October 23rd, 1pm–7pm.** To make an appointment, go to [donate.nybc.org/donor/schedules/drive\\_schedule/309179](https://donate.nybc.org/donor/schedules/drive_schedule/309179).

**Nerot Women's Wellness Program, Dr. Rebecca Harcsztark—Monday, October 30th, 8pm.** "How We Talk About Food, Shape and Size: Reorienting in a Culture of Diet and Body Focus" Social Hall A.

**Hollyrock Entertainment Comes to Rinat—Motzei Shabbat, November 4th.** More details to follow.

**Baby Boomers Dinner—Friday, November 10th.** More details to follow.

**Veterans Day—Shabbat, November 11th.** To submit the name of a veteran to honor, go to [www.rinat.org/form/VeteransDay2023](http://www.rinat.org/form/VeteransDay2023).

**PEACE OF MIND**

Rinat will host a unit of 21 IDF soldiers from **October 15th–22nd**. We will partner with the Peace of Mind Program, [peaceofmind.org.il](http://peaceofmind.org.il), to create an environment for these heroes to process their combat experience together as a group with specially trained therapists. The distance from Israel and the community support play an important role in creating a safe, quiet and supportive environment. Members of our community will be afforded the opportunity to spend quality time with Israel's best, in the process creating long-lasting personal ties and relationships. We are seeking volunteers for a variety of jobs. To become involved in this important program, go to [www.rinat.org/peaceofmind#](http://www.rinat.org/peaceofmind#) or email [peaceofmind@rinat.org](mailto:peaceofmind@rinat.org).

**BENCH SPONSORSHIP OPPORTUNITY**

Rinat is purchasing two new eight foot benches for the exterior of the main entrance. For sponsorship opportunities, e-mail [eyurowitz@rinat.org](mailto:eyurowitz@rinat.org).



**ADULT EDUCATION SCHEDULE**

**Women's Chumash B'lyun Shiur with Rabbi Strauchler, Wednesdays, 12:30pm.** For up to date information on this shiur, join the WhatsApp group at [chat.whatsapp.com/IC6JrkMmdBfASLM6Vhlf43](https://chat.whatsapp.com/IC6JrkMmdBfASLM6Vhlf43). Beit Midrash.

**Rabbi Effy Unterman's Chabura—Wednesdays, 9pm.** Beit Midrash Back Room or via Zoom at [zoom.us/j/4653630025?pwd=Z2p4bWM2YVFYbmNkaThEbWpYb09qZz09](https://zoom.us/j/4653630025?pwd=Z2p4bWM2YVFYbmNkaThEbWpYb09qZz09).

**Bernie Stahl, Pre-Mincha Shiur, Shabbat, October 14th, 4:45pm.** "Messianic Pitfalls. Moshiach in the thought of Rav Kook, Rav Shagar, and others." Main

**Rabbi Shlomo Zuckier—Gemara B'lyun Shiur on Maseches Bava Kamma** is on hiatus and will resume, **Monday, October, 16th.** To sponsor go to [www.rinat.org/gemara-shiur](http://www.rinat.org/gemara-shiur).

**David Ze'ev Jablinowitz—Sunday, October 29th, following the 8:00am Minyan.** "The Jewish State Figures Out its Future." Sponsored by **Debby & Mark Teicher** in commemoration of the yahrzeits of Debby's beloved parents, *Moshe Yitzchak (Moishe)*, z'l, and *Chaya Breindel (Beatrice) Lovinger*, z'l, on 20 Cheshvan and 18 Kislev. Beit Midrash

Adult Education's Upcoming Events Whatsapp group - [chat.whatsapp.com/J1JESU6Uzje1Alos32lc75](https://chat.whatsapp.com/J1JESU6Uzje1Alos32lc75)

Recordings of recent webinars/shiurim, available at [www.rinat.org/rinatwebinars#](http://www.rinat.org/rinatwebinars#)

Sponsor adult education programs at [www.rinat.org/form/Adult-Education-sponsorship.html](http://www.rinat.org/form/Adult-Education-sponsorship.html)

**A MESSAGE FROM RABBI STRAUCHLER****COMPLETE AND INCOMPLETE**

Hashem's last words to Moshe are tragic:

וַיֹּאמֶר ה' אֵלָיו זֹאת הָאָרֶץ אֲשֶׁר נִשְׁבַּעְתִּי לְאַבְרָהָם לְיִצְחָק וְלְיַעֲקֹב לֵאמֹר לְרַעְיָה אֶתְנַנְהָ הָרְאִיתִךָ בְּעֵינֶיךָ וְשָׂמָה לֹא תַעֲבֹר:

*This is the land which I swore to Abraham, to Isaac, and to Jacob, saying "I will give it to your offspring." I have let you see it with your own eyes, but you shall not cross over there. (Devarim 34:4)*

As Moshe peers from Har Navo, he sees the success of his life's mission. *Am Yisrael* are at the cusp of entering *Eretz Yisrael*. Yet, despite his success in leading an enslaved people to the border of their new land, he will not see them settled upon it. Moshe dies just short of his goal. Why does Hashem end His communication with Moshe on this sad note, surely God could have reflected on Moshe's legacy and accomplishments?

Rashi commenting on this section explains that Moshe prophetically saw the Jews serenely dwelling in the land of Israel AND saw the challenges that would follow.

את כל הארץ. הראהו את כל ארץ ישראל בשלמותה, והמציקין העתידים להיות מציקין לה:

*He showed him all the land of Israel in its prosperity and the oppressors who in future time would oppress it. (34:1)*

Why could Moshe not simply have envisioned the serenity; why must he also view the disturbances?

The Torah shares a crucial insight. There can be no "happy endings" because there can be no endings. Jewish history progresses. New challenges emerge. Moshe's story cannot end with a "simple" and "peaceful" ending, because victory is never complete and success is never unadulterated.

Today, leaders often use sports as a metaphor for life. Yet, the metaphor often falls short in its convention of clear wins and losses – and games/ seasons endings. Whereas at the end of every game there is a winner and a loser, in real life, wins are rarely complete. There is always more to be done – and upon reflection, things always might have been done better.

As we complete the Torah on Simchat Torah – we immediately start it anew. We can and must celebrate success. That's the joy of this day. However, we never allow ourselves a moment to say that the Torah is done. We return immediately to its study with a feeling that our work is not yet complete. Even though we will never complete our work, let us celebrate – and as we celebrate, may we merit to never stop seeking completeness.

**GABBAI NOTE**

If you are able to volunteer with Iaining at 9am Shabbat minyan at any point during the upcoming year, please e-mail Adam Loskove at [aloskove@gmail.com](mailto:aloskove@gmail.com).

**HAKARAT HATOV**

My family and I would like to express our gratitude to **Rabbi Strauchler, Rabbi Wiener**, the Aveilut committee, the Chevra Kadisha, and the Rinat community for their support and compassion in dealing with the death of our beloved mother/ grandmother. We couldn't have imagined how our kehilla would come together during this trying time. Thank you very much.

**Andrea Forest and Family**

**SPONSORSHIPS****WOMEN'S CHUMASH BIYUN SHIUR WITH RABBI STRAUCHLER**

**Janet & Mattis Stavsky** in commemoration of the yahrzeit of Janet's beloved father, *Rabbi Morris Schevelowitz, A"H*, on 18 Tishrei. (10/1-10/31)

**RABBI WIENER'S WHATSAPP MISHNA YOMIT**

**Doris & Pinhas Friedenberg** in memory of the Lubavicher Rosh Yeshiva Harav מרדכי בן פינחס מענטליק ז"ל (כה תשרי - 10/10). May his neshama have an Aliya.

**Doris & Pinhas Friedenberg** in memory of Doris' לאה בת זאב ז"ל (כו תשרי - 10/12). May her neshama have an Aliya

**YOUTH NEWS**

**Groups for children in nursery - 6th grade meet on Shabbat mornings from 9am until the end of Mussaf**, in the youth wing. To sponsor a birthday cake or cupcakes, go to [www.rinat.org/form/youth-sponsorship.html](http://www.rinat.org/form/youth-sponsorship.html). Questions? Email [youth@rinat.org](mailto:youth@rinat.org).

**Tot Shabbat** meets at 10:30am on Shabbat mornings, in the back of the Beit Midrash.

**Parent/Child Learning** is on hiatus and will resume next **Shabbat, October 14th**.

**Petting Zoo & Pony Rides—Sunday, October 22nd, 11am-12:30pm**. Members \$7 per person, Affiliate Members \$8 per person, Non-Members \$10 per person.

Join the Rinat Youth WhatsApp group.

<https://chat.whatsapp.com/GblOYKTqs9KGkZCjdmp3ny>

**TEEN NEWS**

**Teen Minyan** meets on **Shabbat mornings at 9am** in Social Hall A. Sponsor a kiddush at [www.rinat.org/form/teensponsorship](http://www.rinat.org/form/teensponsorship).

**Junior High Mishna Shiur** and **High School Mishna Shiur** are on hiatus on will resume next **Shabbat, October 14th**.

Join the Teen WhatsApp group for all the latest Rinat teen news, events and happenings. [chat.whatsapp.com/J0sAE6pdxLEIsIU0UsluB](https://chat.whatsapp.com/J0sAE6pdxLEIsIU0UsluB)

**Volunteering at Rinat**

There are many volunteer opportunities in the Rinat community. To become involved and be included in our database, go to [docs.google.com/forms/d/e/1FAIpQLScPnlyx9xYyWU0sdKh\\_GVWuwd6DdRRDYGM6lo-lo4TXjhiw/viewform](https://docs.google.com/forms/d/e/1FAIpQLScPnlyx9xYyWU0sdKh_GVWuwd6DdRRDYGM6lo-lo4TXjhiw/viewform)

**RINAT MAVEN PROGRAM**

Are you a Rinat Maven? Do you know a lot about how Rinat works and are you willing to test out a new program we are offering to new members? For more information, email [Mavens@rinat.org](mailto:Mavens@rinat.org).

**VOLUNTEER WHATSAPP GROUPS**

Volunteer chesed meals - [chat.whatsapp.com/FTQv0VC6ZmQJlaVzISYIdE](https://chat.whatsapp.com/FTQv0VC6ZmQJlaVzISYIdE)

Volunteer chesed drivers - [chat.whatsapp.com/DxZ0z8PPbWy9EsrPj0ooX5](https://chat.whatsapp.com/DxZ0z8PPbWy9EsrPj0ooX5)

Host Shabbat meals for people new to our community and membership - [chat.whatsapp.com/CgDc4PpcC5MAIHaqEyCt75](https://chat.whatsapp.com/CgDc4PpcC5MAIHaqEyCt75)

Beit avel minyan volunteers - [chat.whatsapp.com/GGpgUk4U7f97j6NXXZudyW](https://chat.whatsapp.com/GGpgUk4U7f97j6NXXZudyW)

**JOIN OUR WHATSAPP GROUPS:****Rinat Minyanim Updates**

<https://chat.whatsapp.com/EaurdO0XI8p3m05RMTeze0>

**Rabbi Strauchler's Daily Divrei Halacha**

Whatsapp group. [www.rinat.org/rabbi-strauchler-shiur](http://www.rinat.org/rabbi-strauchler-shiur)

**Rabbi Wiener's Mishna Yomit** Whatsapp

group, [chat.whatsapp.com/E7Ua880sAQUL16RlxX1v](https://chat.whatsapp.com/E7Ua880sAQUL16RlxX1v). Sponsored by **Becky & Avi Katz and Family** in loving memory of Becky's father, *David Grossman, z'l, דוד בן מנחם מוניש, ז"ל*. May the learning serve as an aliyah for his neshama. Additionally sponsored by **Chanie & Jeff Kohn** in memory of Chanie's father, *Chaim Yaakov Ben Pinchas Eliyahu, z'l*. May his neshama have an aliyah in the merit of all the learning.

**Rinat's Nach Yomi** Whatsapp group

[chat.whatsapp.com/LFfWCBpdCzw07Sn2BGVVdI](https://chat.whatsapp.com/LFfWCBpdCzw07Sn2BGVVdI). This group will share information from the OU women's initiative relating to the current Nach Yomi cycle.

**Daf A Week Chaburah Whatsapp Shiur**

To join the whatsapp group, go to [chat.whatsapp.com/CJldztqmHKzJ4Wjo623mhH](https://chat.whatsapp.com/CJldztqmHKzJ4Wjo623mhH).

**IDF SOLDIERS FOR OUR TEFILLOT**

Please include in your tefilot soldiers from the Rinat family currently serving in the IDF: **Avi Bursztyn, Lior Chasid, Ayelet Fischer, Elitzur Gitler, Yosef Goldstein, Reuven Gross, Moshe Klavan, Ari Milgram, Orlee Schwartz, Gavriel Weiss and Eliyahu Zimbalist**. Email [office@rinat.org](mailto:office@rinat.org) to add a name to this list.

**A MESSAGE FROM ERIK**

Dear Rinat Members,

G'Mar Chatimah Tovah! What a wonderful experience it was davening in Rinat over the Yamim Noraim. We enjoyed beautiful Tefilot in all our minyanim, and inspirational divrei torah and chizuk from Rabbi Strauchler & Rabbi Weiner and our deep bench of talmidei chachamim.

As we start this New Year, I would like to share some Rinat "stats" that reflect our continued growth and vibrancy, starting with our sold-out minyanim for Rosh HaShana. For Rosh HaShanah and Yom Kippur, we sold almost 1,200 seats, completely filling all our minyanim and leaving us with a waiting list of more than 30 people who we unfortunately could not accommodate. We are exploring ways to address our additional seating needs for next year, including ways to assign "no show" seats that become available.

Our financial condition is strong, with an especially solid cash position, supported by successful fundraising and robust membership dues. Our Yom Kippur appeal was very successful this year, exceeding last year – both in the number of participants and the amount raised. Contributions from our Circle of Giving members have come in at a rapid pace, and the total CoG funds received so far this year, are already \$434,300, or 94% of our full year's goal. The total number of CoG contributors so far this year is about 95% versus all last year, we anticipate that the number of members will increase further as the year progresses based on indications of interest received so far.

As noted above, our cash position is solid, however, we have various maintenance needs relating to the shul's roof and parking lot that will require considerable cash expenditures. While we have more than sufficient cash to address these needs, we must be always mindful that we cannot take our strong financial position for granted, and we must continue to be resolute in ensuring our continued financial prudence.

Our kehilla continues to grow with members coming from a broad range of backgrounds and demographics, reflecting the various constituencies in our community. The strength in our growing numbers is also reflected in the growing number of minyanim on Shabbat – our new 8:45 minyan has been very successful.

As we look forward to celebrating Sukkot and Shemini Atzeret together, I would like to wish everyone a Chag Sameach. I would also like to take this opportunity to wish a Mazal Tov to our Chattanim; Aaron Friedman, Noah Wasserman, and Dani Meier.

I look forward to seeing you over the Chag – whether at hakafot, the youth tisch or the communal kiddush. Please save the date for Peace of Mind, October 15-22 as we welcome IDF soldiers to our community. It promises to be a very powerful week.

Kol Tuv,

Erik Kessler

**RABBINIC CONTRACT EXTENSION VOTE**

As we previously communicated, Rabbi Strauchler's contract extension vote will take place starting **Monday, October 9th at 8am until Wednesday, October 10th at 8:59am**. Each eligible full member, in good standing, will receive an e-mail via Survey Monkey from [rabbincivote@rinat.org](mailto:rabbincivote@rinat.org), at Monday, 8am.

If you have any questions regarding the status of your Rinat account or the e-mail address we have on file, please contact Elissa Yurowitz at [eyurowitz@rinat.org](mailto:eyurowitz@rinat.org).





**Rabbi Dr. Ephraim Kanarfogel**  
**Shmini Atzeret**  
**Shabbat, October 7th,**  
**Pre-Mincha Shiur, 4:55pm**  
**Main Shul**

*“R. Moshe Taku: Rabbinic Outlier or Tosafist of Moment?”*

Rinat member Rabbi Dr. Ephraim Kanarfogel is the E. Billi Ivry University Professor of Jewish History, Literature and Law at Yeshiva University’s Bernard Revel Graduate School of Jewish Studies. A preeminent authority in the fields of medieval Jewish intellectual history and rabbinic literature, Prof. Kanarfogel is the author of five books and more than one hundred academic articles.

To sponsor this Shiur, please contact [adulted@rinat.org](mailto:adulted@rinat.org).



**Shera Dubitsky**  
**Women’s Simchat Torah Night Shiur**  
**Motzei Shabbat, October 7th, 7:30pm**  
**Social Hall**

*“Takeaways from my Chavruta with HaShem.”*

As a Therapeutic Coach and Public Speaker, Rinat member Shera Dubitsky addresses topics that include navigating day-to-day experiences, relationships, illness, and deepening spirituality. She has a love of humor and integrates her expertise with her comedic style.

This shiur is being given l'zecher nishmas *Chana bas Ephraim, Hannah Schlanger z"l* in commemoration of her 14th yahrzeit on Shemini Atzeret.



**Daniella Rifkind**  
**Women’s Simchat Torah Shiur**  
**Sunday, October 8th, 9:30am**  
**Classroom D/E**

*“אִיכָה” – Investigating Divine Inquiries*  
*Simchat Torah Day after Hakafot*

Daniella Rifkind is currently a Jewish Education major at Stern College while learning part time in the Tanach Track of Stern’s Graduate Program in Advanced Talmud/Tanach Studies (GPATS) and taking classes at Azrieli Graduate School of Jewish Education. Daniella grew up in Teaneck and attended Ma’ayanot High School and studied at Shaalvim for Women for a year and a half before attending Stern.

Sponsored Anonymously in honor of **Sheryl & Rabbi Yosef Adler**

**SIMCHAT TORAH**  
**2023**

THANK YOU TO OUR  
 GENEROUS SPONSORS

**Anonymous**  
*In loving memory of Josh Adler z"l*

**Anonymous**  
*In honor of Divsha and Martin Tollinsky*

**The Acton Family**  
*In Honor of Divsha and Martin Tollinsky*

**Paula and Ben Cohen**

**Bina and Yossi Faber**  
*In honor of Divsha and Martin and the Rinat Youth Department*

**Dina Gielchinsky and Adam Loskove**  
*In honor of Serena Loskove's birthday*

**Lisa and Adrian Gulich**

**Devorah and Ephraim Kanarfogel**  
*In loving memory of Rose Karmel z"l*

**Ephie and Yael Mandel**

**Ora and Dani Meier**  
*In honor of Dani's Kol Hanearim Kibbud*

**Marsha and Michael Wasserman**  
*In honor of all the wonderful children of Rinat*

**Samara and Noah Wasserman**

**Adina and Rabbi Ezra Weiner**  
*In zechut refuah sheleima Chana bat Esther Gittel*

CANDY BAGS PACKED BY  
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# Peace of Mind Friday Night Dinner

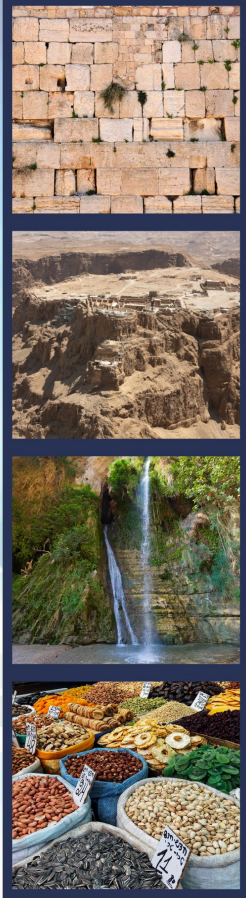
FRIDAY, OCTOBER 20TH,  
FOLLOWING MAARIV  
Social Hall

**Your sponsorship will help welcome the chayalim to our Rinat Shabbat table**

Kotel - \$1018  
*Includes dinner for 10*  
Masada - \$472  
*Includes dinner for 4*  
Ein Gedi - \$236  
*Includes dinner for 2*  
Shuk - \$118  
*Includes dinner for 1*

Cost for Dinner  
\$150 Family of 4  
\$50 per person  
\$25 per child (Ages 3-12)  
Ages 3 and under free

Register at [www.rinat.org/peaceofmind#](http://www.rinat.org/peaceofmind#)  
For chesed opportunities, email [office@rinat.org](mailto:office@rinat.org)



# Please join us for Rinat's Peace of Mind Communal Kiddush

SHABBAT, OCTOBER 21ST, AFTER THE 9AM MINYAN

Sponsorship Opportunities Available

- \$360** Jerusalem
- \$72** Safed
- \$250** Tel Aviv
- \$54** Tiberias
- \$180** Eilat
- \$36** Netanya
- \$100** Beit Shemesh

To sponsor, go to [www.rinat.org/kiddush](http://www.rinat.org/kiddush)  
To learn more about Peace of Mind go to [www.rinat.org/peaceofmind](http://www.rinat.org/peaceofmind)

**RINAT YISRAEL**

## Petting Zoo & Pony Rides

**OCTOBER 22ND -**  
11am-12:30pm

Rinat members - \$7 a person  
Rinat affiliates - \$8 a person  
Rinat non-members - \$10 a person

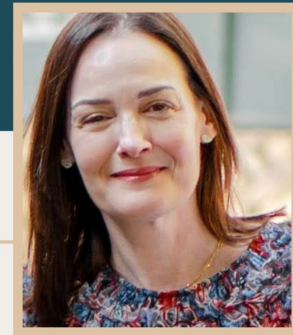
**PARENTS, GRANDPARENTS, AUNTS AND UNCLES...**

A NEROT INITIATIVE

October is Mental Health Awareness Month

# HOW WE TALK ABOUT FOOD, SHAPE AND SIZE

## REORIENTING IN A CULTURE OF DIET AND BODY FOCUS



Dr. Rebecca Harcsztark is a clinical psychologist with a private practice in Englewood, NJ. For the past twenty years, she has worked with individuals, couples and families, specializing in the treatment of eating disorders across the lifespan.

Monday, October 30th at 8:00pm





# Peace of Mind

October 15th-22nd

## Who

21 members of the elite Maaglan IDF unit. This unit operates in enemy territory while focusing on attacking and destroying specific targets and gathering intelligence.

## What

Members of the Maaglan unit that served in Tzuk Eitan (July 2014) will be joining the Rinat community for an experiential week of healing and bonding as part of the Peace of Mind program.

## Where

To our Rinat community where we will create a space for these young men to process their experiences in active combat and to thank them for their service to am yisrael.

## When

October 15th - 22nd.

## Ways to Volunteer

- Hosts
- Transportation
- Programming Coordinators
- Meal Coordinators
- And More...



To volunteer go to [tinyurl.com/yc6wpkyz](https://tinyurl.com/yc6wpkyz) or email [peaceofmind@rinat.org](mailto:peaceofmind@rinat.org)