

Shabbat At Home Guidelines

Parshat Sh'lach - Shabbat Mevarchim
Tammuz
28 Sivan 5780
June 19-20, 2020

Friday

Mincha/Maariv* - 7:00 pm (please note **no Zoom Kabbalat Shabbat**)
Candle Lighting* - 7:15 pm (recommended if davening early)
Candle Lighting - before 8:13 pm

Shabbat

Shacharit* – 7, 8:30 or 9 am
Sof Zman Kriat Shma – 9:11 am
· *ברוך שמייה is not recited*
· *Only the first paragraph of פירקון is recited*
· *ראש חדש תמוז is recited: יהיה ביום שני וביום שלישי*
· *אב הרחמים is not recited*

Kriat HaTorah:
Parshat Sh'lach – Sefer Bamidbar
13:1-15:41

Mincha* – 7:55 pm
Maariv* – 9:05 pm
Havdalah – 9:14 pm

*suggested timing for Rinat Kehilla

**SUGGESTED WEEKDAY DAVENING:
JUNE 21– JUNE 26**

Shacharit

Sun 7, 8, 9am

No תחנון at mincha
יבלה is recited at Maariv

Mon, Tues (Rosh Chodesh Tammuz)
6:10, 7:10am

יבלה and חצי הלל are recited
Mussaf and ברכי נפשי are recited
No תחנון at shacharit or mincha

Wed, Fri 6:30, 7:30am
Thurs 6:20, 7:20am

Mincha/Maariv

Sun—Thurs 8:20pm

Friday, June 26

Candle Lighting 8:13pm

WEEKLY BRIEF

Sivan 27-28 5780/June 19-20 Parshat Sh'lach—Shabbat Mevarchim Tammuz



A MESSAGE FROM RABBI ADLER

Chaveireinu HaYikarim,

If you take a peek in your siddur after the conclusion of Shacharit there is a list of **שש זכירות**, six episodes we are to remember daily. They are; the exodus from Egypt, the giving of the Torah at HAR Sinai, the mandate to destroy Amalek, the worshipping of the Golden calf, Shabbat and the incident of Miriam stricken with leprosy. Five of the six are

major episodes in Jewish history or foundational mitzvot. How did Miriam wind up on this list? Yes, saying lashon harah about Moshe is a serious offense but it cannot compare to the Eigel or the drama of Yetziat Mitzrayim?

The Rav once suggested that Miriam was punished because she said lashon hara. Miriam acknowledged that Moshe was the greatest of the prophets, but he was a prophet like all other prophets. If no other prophet felt compelled to separate from his/her spouse Moshe should not have separated from his wife, Tziporah. And therein lies Miriam's mistake. Moshe was not only the greatest of the prophets, he was unique and singular. As G-D says **לא כן עבדי משה**, Moshe is not in the same category as you or your brother Aharon are. The purpose of this remembrance is not the lashon harah but rather that she failed to recognize this unique aspect of Moshe. Rambam in his 13 principles of faith lists as #7 that Moshe's prophesy was true and that he was the father of all the prophets. Hence the episode of Miriam is deserving to be one of the six daily remembrances.

Rashi comments that our parsha describing the Meraglim, the spies, is recorded here but the Meraglim said lashon harah against Eretz Yisrael and failed to learn from Miriam's punishment. I leave you with a question; In light of our explanation how would you explain why the Meraglim episode follows on the footsteps of Miriam?

Looking forward to hearing from you and Shabbat Shalom.

Rabbi Yosef Adler



A MESSAGE FROM RABBI WIENER

Camp, We Will Miss You

As I was contemplating the recent disappointing news of the many sleepaway camps whose doors will remain closed this summer, I was thinking if there was a way to somehow capture some of that camp experience for our children who will remain home this summer. Parents cannot necessarily serve in the capacity of counselors, nor can healthy, delicious home cooked food substitute for camp meals and the many snacks that sit under the bed available at all hours of the day and night but that doesn't necessarily preclude the prospect of a healthy, extensive and creative summer experience...or does it.

For many children, hiding their toothbrush for a month or two, limiting showers to once a week, filling the pantry with candy and soda to serve as the local canteen and insisting that they sleep no more than four hours a night is certainly a start. This can be followed by hiding several pairs of socks and underwear until there is one pair of each remaining and turning on something very loud during meals coupled with high volume conversation.

Of course, camp represents more than these technical realities and I truly believe that our children will need an extra ounce of help from Heaven this coming year after missing out on an overnight camp experience. I am not only speaking about those young men and young women who had been eagerly awaiting a summer in Israel to connect with our homeland, our people and our Torah but even those who were going to be traveling just a couple of hours away to spend a month or two away in a wholesome environment, without the stress of school, homework, and tests, to travel to a place where Torah is studied for its own sake, where so many who cannot necessarily shine academically are able to shine in other ways such as art, music, sports, teamwork, leadership or just to have fun for the sake of fun because that's what kids need. It's a time to bond with other kids and develop new friendships. Somehow, camp friendships have a different status, as if they are an entity unto themselves. Of course there is also bonding with counselors who so often contribute to our childrens' emotional and religious growth and for many of our children, the one or two months of camp is even more transformative than ten months of school. For many, camp is experiential learning, flourishing and expanding one's character and personality at its best and although we have learned that school needs to be injected with some of this flavor as well, the camp experience is like no other. Finally, our kids can use a break from us as much as we can use a break from them. Absence makes the heart grow fonder...sometimes.

The spies in our parsha could not fathom that Israel was a land worth fighting for and worth settling. But that is because they had only a superficial experience and chose to draw a conclusion from only a brief encounter with the land. As Diaspora Jews, we look at Israel from afar, even our brief visits often leave us with the impression that Israel is a great place to visit but not necessarily to live. But speak to most Israelis and they will acknowledge some of the struggles we voice but will invariably say that they would not want to live anywhere else. We will only truly realize what they profess unequivocally if we finally choose for ourselves the full experience and put down our roots in the land of Israel.

Similarly, for those who have never experienced sleepaway camp and have only come to visit, for those who question the investment families make in sending their children away to camp for a month or two in the summer, it's just something that has to be experienced and its value will become self-evident.

And so, we can try to imitate the camp experience with some of the aforementioned suggestions but the lost camp experience for many needs to be accompanied by Hashem's supporting hand to ensure the psychological, emotional and religious stability of our children.

Shabbat Shalom,

Ezra Wiener

MAZAL TOV

Sara & Ed Atwood on the recent marriage of their son Ben to Rachel Rosenberg, daughter of David & Marcie Rosenberg of Charleston, S. Carolina.

Bina & Yossi Faber and **Passi Rosen-Bayewitz** on the engagement of their daughter and granddaughter Shalva to Shuie Berger, son of Ellie and Rabbi Dr. Michael Berger from Atlanta. Mazal tov to the extended Bayewitz, Meier, Rosenbaum, and Tollinsky families.

Debbie & Marc Hyman on the engagement of their daughter Leora to Ethan Lerner, son of Rachel and Mendy Lerner of Edison, NJ.

Faye Landes on the birth of a grandson, born to Daphi Ezrachi and Yitz Landes. Mazal tov to big brother Shai.

Shifra & Benjy Leibowitz on the publication of the Koren Yachad Siddur with translation and commentary by Benjy.

Chani & Seth Uretsky on their daughter Noa reaching Gil Mitzvot. Mazal tov to siblings Meir and Dovid.



RINAT ROUNDUP: PRESIDENTS CORNER

I hope you all had a good week. As our shul begins prepares for the next stage of re-opening preparations, we will be sending out a questionnaire to our members (one per family) to better understand your needs, and to see if you can join the small army of volunteers we will require to ensure all appropriate safety measures are taken. If you are willing and able, please sign up to help.

This coming week we will have our annual membership meeting. It usually draws a small crowd when it's at shul in person. I hope you'll be able to Zoom into the meeting virtually this year, and that we can draw a sizeable group. If you have any questions in advance, please email me at president@rinat.org and I'll do my best to address them at the meeting.

Baruch Hashem, the past few weeks have been busy with graduations and various smachot. I marvel at how the schools, parents and the young men and women have learned to adjust to the new normal, and are taking things in stride. I often think about how they're learning an important life lesson now, that plans don't always go as planned, but that it's important to learn how to adjust and focus on the positive and that which is in our control.

I wish all the Rinat graduates a big Mazal Tov, and look forward to hearing about their many accomplishments. And on a personal note, Mazel Tov to our daughter Shalva who got engaged this week to Shuie Berger from Atlanta! We too will be following the guidance of our elected officials and Rabbanim, and are planning an intimate backyard wedding as others in our community have already made.

As we bentch the month of Tammuz this Shabbat, I wish for all of us a month of good health, happiness and bracha, and I hope that next month, when we bentch Av, we will be together in our beloved shul.

Shabbat Shalom,
Bina Faber

For all RCBC communication, go to <https://www.rinat.org/rcbc-communications.html>

WEEKLY BRIEF SPONSORSHIP

Sara & Ed Atwood on the marriage of their son Ben to Rachel Rosenberg.

The Uretsky Family in honor of Noa reaching Gil Mitzvot.

GENERAL MEMBERSHIP MEETING AND NOMINATIONS FOR BOARD OF DIRECTORS 2020-2021

The meeting will take place on Tuesday, June 23rd, 7pm via Zoom,
<https://zoom.us/j/5132696991?pwd=TEtCbnZNaU50V2R0V2c1Ri9EZ3RBUT09>

Nominees for Executive Board

President	Bina Faber
First Vice President	Paul Malek
Second Vice President	Leah Adler
Treasurer	Jonathan Silver
Assistant Treasurer	Riki Landa
Financial Secretary	Faye Landes
Asst. Financial Secretary	Josh Goldsmith
Corresponding Secretary	Jeff Kohn*
Recording Secretary	Debby Teicher
Gabbai Rishon	David Schiff
Past President	Jonathan Kukin

Continuing Board Members Serving Second Year of Two-Year Term (Expiring 2021)

Leeber Cohen Daniel Oshinsky Josh Zelig

Board Members Nominated to Serve One-Year Term (Expiring 2021)

Chavie Acton Erik Kessler Nathan Lindenbaum Natan Krohn

Board Members Nominated to Serve Two Year Term (Expiring 2022)

Becky Katz Adam Loskove Noah Wasserman

Nerot Representative (1 vote)

*Indicates new member of executive board

Italics indicates new member of the board

Each member will receive a ballot to the e-mail address that is currently on their Rinat account.

Please check your Rinat account and ensure your information is updated. If you do not have an e-mail address attached to your individual Rinat account, please provide one to the office by e-mailing office@rinat.org.

THANK YOU,
RINAT YISRAEL SYNAGOGUE

291
LIVES
SAVED

Blood donors are essential.
donate.nybc.org

 **New Jersey Blood Services**
A Division of New York Blood Center



Blood Drive Update. On June 10th, the New York Blood Center processed 108 donors and collected 97 units of blood which may help save the lives of 291 patients. Thank you to all those who donated. Two more blood drives are scheduled, **Monday, June 29th** from 2pm-8pm & **Sunday, July 12th** from 10am-4pm. Appointments required. Schedule an appointment at www.Tinyurl.com/GiveBloodNJBS. Use Sponsor Code 66985.

RABBI ADLER'S WHATSAPP SHIUR SPONSORSHIP

Sylvia and Jules Nachtigal in commemoration of Frieda Nachtigal's 30th Yahrzeit פרידל בת יהודה צבי ז"ל

BACKYARD MINYAN LOCATOR (IN FORMATION):

In order to facilitate individuals looking to join a developing minyan, or for hosts looking for more participants, we're providing a roster of established minyanim in the neighborhood. These are private, independent minyanim that are not under the auspices of Rinat. As a service to the kehilla, we are sending out this roster. If you wish to add a minyan to the list, please send an email to gabbai@rinat.org. If you're looking for more information about these minyanim, please be in touch with the minyan contact listed. *Reminder that, as per RBCB guidelines, minyanim have begun and will observe all of the protocols outlined in previous Rinat communications.* <https://images.shulcloud.com/443/uploads/Gabbai/BackyardMinyanLocator.pdf>. For a list of current backyard minyanim, go to <https://www.rinat.org/backyardminyan>

A MESSAGE FROM RINAT'S SOCIAL ACTION COMMITTEE

Juneteenth is a national day of celebration memorializing the end of slavery in the United States. It was in 1865, [on June 19th](#), that enslaved black people in Texas learned that the Civil War had ended and that they were free, more than two years after the effective date of the Emancipation Proclamation, which was the official declaration of the end of slavery in the United States.

We hope this day will provide an opportunity for us to pause from our daily routines to reflect on issues around racism and its impact on our country.

<https://nmaahc.si.edu/blog-post/historical-legacy-juneteenth>

Many of our friends and relatives in the greater Teaneck community are in need of tefillot. For a list of the local cholim go to <https://www.rinat.org/localcholim>. Please, take a moment to say tehillim in their merit. To add/remove from this list, please e-mail president@rinat.org

Support our local restaurant's and Rinat's catering panel. Go to <https://openduringcovid19.app/> for a list of restaurants that are open and <https://www.rinat.org/caterers#> for catering panel websites.

Do you have an **art**, **craft**, **culinary skill** or **green thumbs** you would like to share with our community? Contact office@rinat.org.

Opportunity to help our neighbors. The Episcopal Church on Warwick is in need of donations for their food pantry. For more details, go to https://images.shulcloud.com/443/uploads/Event_Flyers/Social-Action/GroceryFoodDonationPoster.pdf

WEEKLY PUBLICATIONS

To access this week's Israel Report, go to <https://tinyurl.com/ybfefm5e>

To access this week's Sam Weingrad comic, go to <https://tinyurl.com/yaov98fv>

To access this week's Linzer Report, go to <https://library.yctorah.org/2015/06/a-leadership-of-faith-not-fear/>

During these challenging times, if you could use a hand with food delivery or other errands, if the situation has resulted in a need for financial assistance, or of you'd just like to talk, please do not hesitate to contact Bina, president@rinat.org or Rabbi Adler, rabbiadler@rinat.org.

AMAZON SMILE

Support Rinat while shopping at Amazon. Visit Amazon through this link (<https://smile.amazon.com/ch/22-2211015>) & Rinat gets a donation from Amazon! Make us your default charity at Amazon Smiles.

YOUTH NEWS

Friday, June 19th, 5pm, Morah Divsha. Parsha and stories.
<https://zoom.us/j/5854317531>

Shabbat, June 20th, Shabbat Walk-By.
Socially distant Shabbat treat at Rabbi Adlers, 1312 Hudson Road.

2:30pm-3pm—families with children in nursery and pre-k.
3pm-3:30pm—families with children in Kindergarten and 1st grade.
Please help remind children to stay 6 feet apart from other families.
Families are welcome to come with all their children, not just the children from the specific age group.

Sunday, June 21st, 10am, Rabbi Ezra Wiener. Children's Mishna Shiur. <https://zoom.us/j/3878128127>

Please sign up for the Rinat Youth interviews. For current youth leaders as well as for people interested in being a youth leader. <https://docs.google.com/spreadsheets/d/10MpHaw5i9VzaNVaFVkBtQGPBr4N8p8n55bvb-OvK8vA/edit?usp=sharing>

NEROT

Feldenkrais Awareness Through Movement free zoom lessons continue M-F, 11:30-12:30 pm. Classes are open for teens through seniors for improving posture, coordination and balance. Tuesday's classes will take place in chairs. Other classes take place on the floor. Contact Joyce Bendavid by email for further information: jbendavidotr@gmail.com. To join the class, go to <https://zoom.us/j/5864270795> password 337785.

SAVE THE DATE!

8th Annual Community Wide Yoetzet Halacha Event.
Sunday, July 19th at 8:30pm. To register, go to <https://www.rinat.org/yoetzet-halacha-event>

MIKVAH UPDATE

The Teaneck Keylim Mikvah will be reopening on Monday June 22, by APPOINTMENT ONLY. In order to comply with social distancing, there is a new system in place. Please visit the mikvah website teanekmikvah.com for details and to make an appointment.

IDF SOLDIERS FOR OUR TEFILLOT

Please include in your *tefilot* IDF soldiers from the Rinat family currently serving in the IDF: **Dael Bejar, Gabi Benchabbat, Gideon Benchabbat, Yonatan Benchabbat, Chana Brody, Lior Chasid, Yehudah Fuksbrumer, Shira Gelb, Meital Gitler, Eitan Klavan, Menachem Klavan, Leora Kohn, Zachary Kohn, Asher Krohn, Raanan Kwalbrun, Shevy Schwartz, Tzvi Silver, Asher Stein and Yael Zaretsky.** Please email office@rinat.org, to add a name to this list.

ADULT EDUCATION

Rabbi Adler's WhatsApp shiur—on Raayanot HaTefilah—sign up at <https://chat.whatsapp.com/EDRHwMguJckJOqmVYtWZD>

Rabbi Wiener's WhatsApp shiur—Pithy Parsha Perspectives—sign up at <https://chat.whatsapp.com/K24ld8V26lk2OzhFpNL2cN>.

Rabbi Adler's tehillim call 7 pm daily
<https://zoom.us/j/4066308747>

Daf Yomi, Sunday—Friday, 7:30am, Motzei Shabbat 9:45pm.

WhatsApp group <https://chat.whatsapp.com/BTaIOz3RSdq7u79DF2A5E9>

Mishna Yomit, Monday—Friday, 6:15am, Sunday 7:45am.
<https://us02web.zoom.us/j/84538340172?pwd=MXhzWTdha3VleEtwMHFnMXZlTG1RUT09>

Rabbi Wiener's Daf Yomi, Monday-Thursday, 8pm.
<https://zoom.us/j/3878128127>

Sunday, June 21st, 9:30am—Leeber Cohen "Sheiltot - A Masterpiece of Gaonic Literature - An Historical Overview and Introduction" <https://zoom.us/j/4653630025> password 8372795.

Sunday, June 21st, 8:30pm—“Rinat Reads” Book Discussion facilitated by **Ms. Ora Bayewitz-Meier.** <https://zoom.us/j/4653630025> password 8372795.

Rabbi Avi Heller's Getting Great at Gemara, Monday, June 22nd, 7pm. <https://us02web.zoom.us/j/81480613616>

Rabbi Adler's Gemara shiur, Monday June 22nd, 8:40pm
<https://zoom.us/j/4066308747>.

Leah Silver's Siddur v'Sidra. Tuesday, June 23rd, 2pm. Virtual class. To join the class, go to <https://chat.whatsapp.com/IQqNOA405Kj1TQXMXmPXjR>

Tuesday, June 23rd, 8:15pm—Tamar Kaplan Appel, “Ulpan Class Series.” Registrants only can join the class. Go to <https://zoom.us/j/4653630025> password 8372795.

Sponsored by **Mati and Aaron Friedman**—in commemoration of the 5th yahrzeit of Aaron's father, *Alexander Friedman a"h*

Thursday, June 24th, 8:45pm—Parshat Hashavua shiur.
<https://zoom.us/j/4653630025> password 8372795.

Sunday, June 28th, 9:30am, Yardaena Osband, more details to follow.

Sunday, June 28th, 8pm, Sarah Benor, "Becoming Frum: How Newcomers Learn the Language and Culture of Orthodox Judaism"

Sunday, July 5th, 9:30am, Rav Baruch Gigi,

תן לי יבנה וחכמיה
יהדות בלא מקדש-שיעור על משמעותו של
חורבן הבית, והיכולת לשקם את קיומו של העם בהעדר המקדש
Shiur will be given in Hebrew. To join class, go to <https://us02web.zoom.us/j/3613700347>

For recordings of recent webinars/shiurim, go to <https://www.rinat.org/rinatwebinars#>.

To sponsor adult education programs, go to <https://www.rinat.org/form/Adult-Education%20sponsorship.html>



Leeber Cohen
Sunday, June 21st, 9:30am

<https://zoom.us/j/4653630025>
Password: 8372795
or
To Call In: 1 929 205 6099
Meeting ID: 465 363 0025
Password: 8372795

*"Sheiltot - A Masterpiece of Gaonic Literature -
An Historical Overview and Introduction"*

Rinat member Leeber Cohen is an alumnus of Yeshiva University and Yeshivat Har Etzion. He received semichah from the Yeshiva Gedolah of Great Neck. He is married to his college sweetheart and is reputed to be an excellent father and grandfather. Leeber has a special interest in the Sheiltot of Rav Achai Gaon. He is an ophthalmologist in private practice in New York City.



Dr. Sarah Bunin Benor
Sunday, June 28th, 8pm

<https://zoom.us/j/4653630025>
Password: 8372795
or
To Call In: 1 929 205 6099
Meeting ID: 465 363 0025
Password: 8372795

"Becoming Frum: How Newcomers Learn the Language and Culture of Orthodox Judaism"

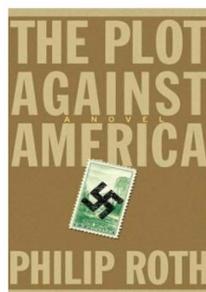
There is more to becoming frum than observing halacha. Newly Orthodox Jews, or ba'alei teshuva (lit. 'those who return'), encounter a very different culture, including new ways of talking, dressing, and acting. Focusing on the Yiddish and Hebrew words used by English-speaking Orthodox Jews, this multimedia lecture explores how "BTs" integrate into the community partly by taking on these new practices. Some are overly zealous in their adoption of frum culture, while others deliberately distinguish themselves from those who are frum from birth.

Sarah Bunin Benor is Professor of Contemporary Jewish Studies at Hebrew Union College – Jewish Institute of Religion (Los Angeles campus) and Adjunct Professor (by courtesy) in the University of Southern California Linguistics Department. She received her Ph.D. from Stanford University in Linguistics in 2004. She has published and lectured widely about Jewish languages, linguistics, Yiddish, American Jews, and Orthodox Jews. Her books include *Becoming Frum: How Newcomers Learn the Language and Culture of Orthodox Judaism* (Rutgers, 2012) and *Hebrew Infusion: Language and Community at American Jewish Summer Camps* (Rutgers, 2020). Dr. Benor co-edits the *Journal of Jewish Languages* (Brill) and directs the HUC-JIR Jewish Language Project, which features the Jewish Language Website and the Jewish English Lexicon.



"Rinat Reads" Book Discussion
facilitated by
Ms. Ora Bayewitz-Meier

Date: Sunday, June 21st, 2020
Time: 8:30 pm
Book: *The Plot Against America*
by Philip Roth
<https://zoom.us/j/4653630025>
Password: 8372795
or
To Call In: 1 929 205 6099
Meeting ID: 465 363 0025
Password: 8372795



Ora Bayewitz-Meier teaches Art History, English Literature and Writing, Literature and Film Senior Elective, and co-teaches the Drawing from the Text Judaic Studies Senior Elective at SAR High School in Riverdale, New York for which Ms. Bayewitz-Meier and her co-teacher planned all aspects of publications of Shir HaShirim and Kohelet that feature her students' visual interpretations of the text. Ms. Bayewitz-Meier founded SAR's annual student-led film festival in 2018. She also directs the Community Service Program at SAR High School. Ms. Bayewitz-Meier received The Jewish Education Project's Young Pioneers Award in 2019.



Harav Baruch Gigi
Sunday, July 5th, 9:30am

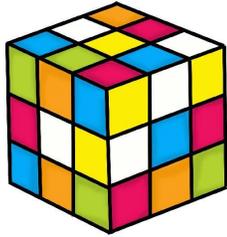
Shiur will be given in Hebrew
<https://us02web.zoom.us/j/3613700347>

*'תן לי יבנה וחכמיה'
יהדות בלא מקדש-שיעור על משמעותו של
חורבן הבית, והיכולת לשקם את קיומו של העם בהעדר המקדש*

Harav Baruch Gigi Harav Baruch Gigi is a Rosh Yeshiva at Yeshivat Har Etzion. He also teaches at the Beit Midrash for Women in Migdal Oz and at Ohr Torah Stone's Michlelet Bruriah and serves as the Rav of the Sephardic Synagogue in Alon Shevut. He has Semicha from the Rabbanut and has a Bachelor of Education from Herzog College. He previously was a Ram and Rosh Kollel at the Hesder Yeshiva "Ma'alot," but since 1988, he has served as a Ram at Yeshivat Har Etzion. In January 2006, Harav Gigi was inaugurated, together with Harav Yaakov Medan, as Rosh Yeshiva, alongside the founding roshei yeshiva, and they were joined in 2008 by Harav Mosheh Lichtenstein.

WEEKLY BRIEF DEADLINE

We want to announce your Mazal Tov. Please submit your announcement information to weeklybrief@rinat.org by **WEDNESDAY at noon**. To sponsor the Weekly Brief, visit www.rinat.org/wbsponsor.



NEW!!

REMEMBER WHEN

**READY TO TAKE A TRIP DOWN
MEMORY LANE? PLEASE SHARE
YOUR OLD PICTURES FROM PAST
RINAT EVENTS.**

E-MAIL OFFICE@RINAT.ORG



THERE IS AN URGENT NEED...



**...FOR BLOOD
DONORS LIKE YOU.**

BLOOD DRIVE

Rinat Yisrael Synagogue

Tuesday, June 29th / 2pm to 8pm

& Sunday, July 12th / 10am to 4pm

389 W. Englewood Ave, Teaneck

Appointments required!

Make an appointment at: www.nybc.org

Use Group Code: 66985

For additional information, please contact Rosana Tabakci (917) 699-9073

Please wear a face mask, eat and bring your donor ID card or ID with name and photo.

Donors temperatures will be taken prior to being allowed to start the donation process.

<https://www.nybc.org/donate-blood/become-donor/can-i-donate-blood/>

For information about eligibility call: 1-800-933-2566 or Visit: www.nybloodcenter.org



#nybloodcenter
www.nybc.org

1.800.933.BLOOD

New Jersey Blood Services

8TH ANNUAL
YOETZET INITIATIVE EVENT



Suri Halpern, licensed marriage
& family therapist, certified sex
therapist



Tova Warburg Sinensky, Yoetzet
Halacha, Pre-Marriage Educator

**YOU, ME AND WE:
CULTIVATING
INTIMACY**

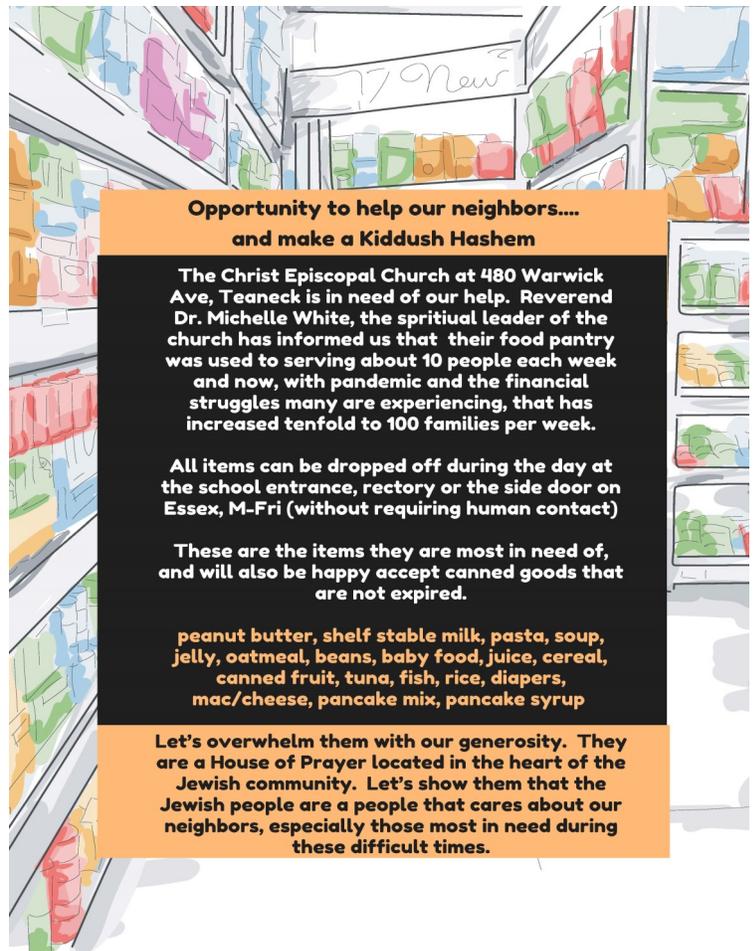
SUNDAY, JULY 19

8:30 PM

REGISTER AT:

[HTTPS://WWW.RINAT.ORG/YOETZET-HALACHA-EVENT](https://www.rinat.org/yoetzet-halacha-event)

Upon registration you will receive a link to the event



**Opportunity to help our neighbors...
and make a Kiddush Hashem**

The Christ Episcopal Church at 480 Warwick Ave, Teaneck is in need of our help. Reverend Dr. Michelle White, the spiritual leader of the church has informed us that their food pantry was used to serving about 10 people each week and now, with pandemic and the financial struggles many are experiencing, that has increased tenfold to 100 families per week.

All items can be dropped off during the day at the school entrance, rectory or the side door on Essex, M-Fri (without requiring human contact)

These are the items they are most in need of, and will also be happy accept canned goods that are not expired.

peanut butter, shelf stable milk, pasta, soup, jelly, oatmeal, beans, baby food, juice, cereal, canned fruit, tuna, fish, rice, diapers, mac/cheese, pancake mix, pancake syrup

Let's overwhelm them with our generosity. They are a House of Prayer located in the heart of the Jewish community. Let's show them that the Jewish people are a people that cares about our neighbors, especially those most in need during these difficult times.