

Elul 9 5780/August 28th and 29th, 2020
Parshat Ki Teitzei

Shabbat At Home Guidelines

Parshat Ki Teitzei
9 Elul 5780

August 28-29, 2020

Friday

Mincha/Maariv* - 7:00 pm
Candle Lighting - before 7:15 pm

Shabbat

Shacharit* – 7, 8:30 or 9 am
Sof Zman Kriat Shma – 9:38 am

- *הברך שמייה* is not recited
- Only the first paragraph of *יקום פורקן* is recited
- *אב הרחמים* is recited
- *ילדוד* is recited

Kriat HaTorah

Parshat Ki Teitzei – Devarim 21:10-25:19

If anyone missed Parshat Zachor in March but is now comfortable joining a minyan, this week, Parshat Ki Teitzei, is another opportunity to hear Parshat Zachor. See <https://www.rinat.org/backyardminyan> for a list of backyard minyanim (not under the auspices of Rinat).

Mincha* – 6:55 pm
Maariv* – 8:05 pm
Havdala – 8:15 pm

*suggested timing for Rinat Kehilla

SUGGESTED WEEKDAY

DAVENING

August 30th– September 4th

Shacharit

Sun	7, 8, 9am
Mon, Thurs.	6:20, 7:20, 9am
Tues, Wed, Fri	6:30, 7:30, 9am

Mincha/Maariv

Sun—Thurs	7:10pm
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September 4th

Candle Lighting	7:04pm
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A MESSAGE FROM RABBI ADLER

Chaveireinu HaYikarim,

This week's parsha includes the mitzvah of zechirat Miriam, remembering what HKBH did unto Miriam when she spoke about her brother Moshe. A few weeks ago when we were scheduled to read Parshat Behaalotcha, the parsha where the episode actually unfolded, I shared with you the Rav's perspective that it was not the lashon harah that generated G-D's annoyance with Miriam, but rather that she did not recognize Moshe's uniqueness, is why she became a leper. And the Meraglim's transgression was that they failed to recognize the uniqueness of Eretz Yisrael.

This is something we are all charged with, to highlight and recognize the special qualities in every human being.

This week, Am Yisrael lost a very unique figure who contributed much to modern day Halacha, Harav Zalman Nechemia Goldberg ZT"l. I share with you some of his major contributions.

- 1) He worked together with Rabbi Mordechai Willig to create the halachic pre-nuptial agreement used by the Rabbinical Council of America. The underlying principle, that the husband obligate himself to a fixed support clause for his wife in the event that he has been advised by a Beit Din to grant his wife a get and he chooses not to, was initially thought of by Rabbi Goldberg.
- 2) There is a huge debate in any type of pregnancy created by one woman who is the donor of the egg and another woman gives birth to the child as to who is the halachic mother. R' Goldberg early on stated that the woman who gives birth to the child is the halachic mother.
- 3) He ruled that Intellectual property is something that is subject to personal ownership and the wide variety of halachot that emerge from such a position.
- 4) He ruled that one passing a motion sensor or a video camera and has no interest in being photographed is not considered *מלאכת מחשבת* and hence using security cameras at the Kotel or place of residence could be permitted.

There are many graduates of yeshivot Hesder who received semicha from Rav Goldberg and many of them are serving in shuls and yeshivot in Medinat Yisrael and the U.S.

דכותו יגן עלינו

Shabbat Shalom ,
Yosef Adler

RABBINIC TRANSITION COMMITTEE UPDATE

Thank you to the many members who have already responded to the survey. The survey will remain open until August 31st.

The next step in the process is a series of Zoom focus groups. The groups will be kept small in order to facilitate open dialogue, so pre-registration is required. Go to <https://www.rinat.org/rabbinic-transition> to sign up. If the scheduled sessions fill up, additional sessions will be added to ensure that as many members as possible have the opportunity to participate.



A MESSAGE FROM RABBI WIENER

The V8 Jew

What is a V8 Jew? But even before defining that, who drinks V8? We've seen it advertised ("I should have had a V8" and you're thinking, why?) We've seen it on the shelves in the supermarket; but do people actually drink it? Isn't it only on the shelves for show? I don't think I've ever seen anyone actually reach for it. Doesn't it simply serve to balance the seemingly infinite number of unhealthy soft drinks but it's not really fit for human consumption? We thank the Campbell Soup Company for producing this product and making it available for display in all supermarkets and claim that it is a drink but it is merely a healthy tomato soup that is room temperature (or chilled if placed in the refrigerator. Actually, the bottle says, "Best when chilled before serving"). And, yes, it is a kosher beverage. Should we then conclude that a Jew who dares drink this healthy beverage is labeled as a V8 Jew?

Before we answer that question, let me ask another: What is the better choice, V8 or carrots? Well, if V8 doesn't seem fit for human consumption then carrots must be the obvious choice. But upon further investigation and critical analysis Before we answer that question, let me ask another: What is the better choice, V8 or carrots? Well, if V8 doesn't seem fit for human consumption then carrots must be the obvious choice. But upon further investigation and critical analysis, we may arrive at an alternate conclusion. The name V8 actually describes a beverage comprised of eight different vegetables: tomatoes, carrots, spinach, parsley, celery, beets, watercress, and lettuce. Each 11.5 ounce can of V8 has two servings of vegetables and is an excellent source of Vitamins A and C. Carrots, on the other hand, are only one vegetable. V8 has the benefit of eight vegetables. Carrots are a good source of Vitamin A but V8 is a good source of Vitamin A and C. Many will claim that none of this is relevant because of the taste factor. Why would I drink V8 if I cannot tolerate the taste? The answer is simple. It is an acquired taste. One may first need to hold one's nose when swallowing but after a while, one can indeed tolerate it. If that doesn't work, then the following mental imagery may prove helpful. Imagine while drinking, that there was some leftover tomato sauce from your pizza (a lot of it) and you just put it into a cup and drank it. That wouldn't be too loathsome.

But why does it seem that I am urging you to consider V8 as an option? Is it just for health reasons? Why not just consume these eight vegetables independently? The answer is efficiency. We send emails over snail mail. We call over visiting. We drive over walking. When time is of the essence, we attend to tasks expeditiously. This is one of the hallmarks of a good work ethic. In the same way we supplement our diets with essential vitamins, our eating can also be carried out swiftly. How long would it take to chew and swallow 10 baby carrots compared to drinking a can of V8? As a regular guzzler of V8, I use this argument in my house all the time when my children wonder in amazement why I am drinking that red stuff.

You may respond that eating is not about efficiency. Taking in the necessary nutrients is just not one of those things that we are expected to do hastily. There are even halachot that govern our eating and never is there an expectation to rush our meals. On the contrary, feeding ourselves is a mitzvah and rushing it can potentially be harmful. The body needs time to ingest and digest. We encourage consuming a variety of vegetables daily and it is a Torah value to eat leisurely. Indeed, this is the accurate Torah perspective.

What is true of the body is often true of the soul. Many people view mitzvah observance as drinking V8. It is something to quickly ingest painfully and be done with it. Yes, it is important and my soul needs these nutrients so I will perform them hastily, mindlessly, burdensomely and then it will be over. But from a Torah perspective, if this is how we view acts of lovingkindness or prayer in particular, our observance of these mandates are even inferior to the V8 drinker. The V8 drinker has at least digested the necessary vitamins which the body will utilize. The human being who has performed chesed or prayer with little or no heart, however, is lacking in the very essence of the mitzvah.

Our parsha, alludes to the institution of Jewish marriage. There are a great number of obligations that each partner has toward the other. If they are done with little heart, then the marriage is lacking in quality and substance. Our relationship with the Almighty is subject to the selfsame convention and consideration. In the coming weeks, God calls upon us, as His ever approaching metaphysical proximity reaches its peak, to find the heart in our mitzvah observance. We should take the time to eat the many varieties of spiritual vegetables and not be content with V8 as a substitute.

Yes, I am a V8 drinker but I am constantly trying, with much trial and error, to avoid serving God in the same capacity.

Shabbat Shalom,

Ezra Wiener



RINAT ROUNDUP

I hope you had a good week. I am glad to share news of the past and upcoming weeks with you.

The High Holiday committee has been working hard at placing everyone who signed up for the indoor and outdoor minyanim. We are grateful for their hard work volunteering for our community. The outdoor minyanim are now full and there is limited space still available inside.

All full members should have received a survey sent by the Transition Committee. If you didn't receive one, please email office@rinat.org and a survey will be sent to you. The survey will only be live until August 31st. Please make sure you get your submissions in so that your voice is heard. I'm thrilled to report that we have received over 300 submissions already!

This past week we had another successful blood drive. The organizers are so pleased with the turnout at Rinat, they asked if we could become a regular location to have monthly blood drives. Thank you to all our volunteers, both organizers and donors.

The Yom Kippur Appeal letter will be going out soon. Please understand that our High Holiday seat fundraiser isn't able to be as successful this year because of the coronavirus. All funds collected from the High Holidays, including the Yom Kippur appeal, go directly to the shul's operating budget. Even though the shul hasn't been properly open for many months, we have worked hard providing our members shiurim, classes, a variety of programming and communication. Please be as generous as possible in your donations.

This coming week we are excited to have daily indoor weekday minyanim. E-mail signups have gone out, if you'd like to participate, please sign up for next week before the deadline.

We wish everyone a successful start to the new academic school year. Let's follow the guidelines the RCBC and heads of school sent out regarding social events and activities, so we can keep the schools open and, more importantly, keep our community safe.

Shabbat Shalom
Bina

SHOFAR BLOWING

If you are interested in **blowing the shofar** for Rosh Hashana 2020, go to <https://www.rinat.org/shofarblowing2020#>.

If anyone is capable and available to blow shofar on Sunday morning of Rosh Hashana, please reach out to gabbai@rinat.org. There are still several area backyard minyanim in need of a ba'al tekiah.

There will be a shofar blowing **in the tent on the shul parking lot** and **shofar blowings regionally throughout Teaneck, weather permitting, to accommodate those who are unable to walk to shul**. The regional shofar blowings will take place in specific outside locations in close proximity to the homes of those that enlist. Both options require registration before September 10th at <http://www.rinat.org/form/tentshofarblowing>. Anyone who is not home bound is requested to register for one of the communal options if possible. With limited resources, we want to be able to enable as many people as possible to fulfill this mitzvah.

SHOFAR BLOWING FOR THE HOME BOUND

If you know of someone who is home bound who would like to hear shofar blowing on Rosh Hashana, please let us know and we will do our best to have a volunteer come to their home. The volunteer will blow shofar outside the home next to an open window or door. Contact Pinhas Friedenberga at 201-357-8642 for more information.

MAZAL TOV

Carole & Jack Forgash on the bar mitzvah of their grandson, Noah Forgash son of Fraidy & Stuart Forgash. Mazal tov to **Aunt Cindy & Uncle Elliott Forgash** and family.

Sury Kaminetsky on the birth of a great grandson, born to Russi & Eli Zakutinsky in Jerusalem.

Susan & Ervin Klein on the marriage of their daughter, Shira to Rafi Murphy.

CONDOLENCES

Joan Enker on the loss of her beloved husband, *Warren Enker, z"l*. Shiva will also be conducted via Zoom on Friday, August 28th, 10am—12pm:

<https://us02web.zoom.us/j/89358463498?pwd=Z1NZUmZsWUJFQjgwWnZuRDZpQXZpZz09>

To offer *chessed*, please contact Debby Nachbar at 201-951-7878.

May the Enker family be comforted among the mourners of *Tzion v'Yerushalayim*.

WEEKLY BRIEF SPONSORSHIP

Susan & Jeffrey Erdfarb in memory of Jeffrey's mother, *שמה חנה בת ר' חיים הכהן, Sima Chana bas Chiam HaCohen, z"l*, on the 9th of Elul.

RABBI ADLER'S WHATSAPP SHIUR SPONSORSHIP

August 28th—September 4th

Elise & Zvi Ginsberg in commemoration of the *yahrzeit* of Elise's father, *Ziggy Wahrman, Shimon Ben Yosef Halevi, z"l*.

YAMIN NORAIM DIVREI TORAH

Once again, a booklet with *divrei Torah* related to the *chag* will be created and distributed to our members. To submit a *dvar Torah* for publication, please e-mail dvartorah@rinat.org. Deadline for submissions is **Tuesday, September 1st**.

Share your favorite High Holiday recipe for a special community booklet, e-mail recipe@rinat.org. Deadline for submissions is **Tuesday, September 1st**.

ARBA MINIM SALE

Prime and Regular available. Due to Covid 19, they will be prepackaged in zipper bags. Deadline for placing your order is Sunday, September 13th, 5pm. For social distancing, pickup times will be pre-scheduled and will be at Rinat on Thursday, October 1st. Due to the pandemic, individual picking of *lulavim* and *etrogim* will not occur. We will distribute unopened boxes and bagged *lulavs*. If needed, exchanges can be made at the Judaica House. To order, go to <https://www.rinat.org/arbaminim>. Questions? Contact lulav@rinat.org

Registration is open for Yamim Noraim Seating 5781. Outdoor seating is sold out. **Only indoor seats are available.** To register, go to <https://www.rinat.org/yamimnoraim>. If you have any questions, e-mail hhseats2020@rinat.org.

BACKYARD MINYAN LOCATOR:

In order to facilitate individuals looking to join a developing minyan, or for hosts looking for more participants, we're providing a roster of established minyanim in the neighborhood. These are private, independent minyanim that are not under the auspices of Rinat. As a service to the kehilla, we are sending out this roster. If you wish to add a minyan to the list, please send an email to gabbai@rinat.org. If you're looking for more information about these minyanim, please be in touch with the minyan contact listed. *Reminder that, as per RCBC guidelines, minyanim have begun and will observe all of the protocols outlined in previous Rinat communications.* <https://images.shulcloud.com/443/uploads/Gabbai/BackyardMinyanLocator.pdf>. For a list of current backyard minyanim, go to <https://www.rinat.org/backyardminyan>

Registration is open for the indoor Shabbat minyan, for Shabbat September 4th & 5th. The registration form is available through Monday evening, August 31st at 9pm. [Click here](#) to access. Please remember to log into your Rinat account. Currently, our indoor minyan will be available to full members only. If you have any questions, e-mail minyanseating@rinat.org.

Registration will be open on Sunday, August 30th at 7am for the indoor weekday shacharit minyan, for the week beginning Sunday September 6th. The registration form will be available through Thursday, September 3rd at 9pm. To access, go to <https://www.rinat.org/weekdayminyan>. Please remember to log into your Rinat account. If you have any questions, e-mail minyanseating@rinat.org.

HAKARAT HATOV

Leah Adler, Michael Goldsmith, Ariella Kramarz, Jonathan Kukin, Itzy Silver and Elissa Yurowitz for all their hard work and dedication as Rinat finalized refinancing of our mortgage this week. A very special thank you to **Lewis Reicher** who acted as our attorney and spent numerous hours working tirelessly on this project.



Rinat face masks on sale now for only \$18! To purchase your mask, go to <https://www.rinat.org/form/nerot-mask-sale.html>.



WEEKLY PUBLICATIONS

To access this week's Israel Report, go to <https://tinyurl.com/yyvtz24r>

To access this week's Rabbi Linzer Dvar Torah, go to <https://tinyurl.com/y576vxuy>

MIKVAH UPDATE

We are pleased to announce that with the guidance of medical professionals and the RCBC, the Teaneck Keylim Mikvah is open, by **APPOINTMENT ONLY**, for the hours of 8:00am-2:00pm Monday through Thursday and 8:00-5:30 on Friday. Please go to <http://www.teaneckmikvah.com/> to book your appointment.

BLOOD DRIVE UPDATE

We had another successful drive last Wednesday. 58 donors participated and 53 units of blood were collected. Our community's efforts are highlighted in this Patch article. To access, go to <https://patch.com/new-jersey/teaneck/rinat-yisrael-synagogue-saves-159-lives-blood-drive>. Rinat's next blood drive will be on Wednesday, September 30th. More details to follow.

YOUTH NEWS

Friday, August 28th, 5pm, Morah Divsha. Parsha and stories. <https://zoom.us/j/5854317531>

Shabbat, August 29th, 10:30– 11:15am, Shabbat groups are back in the shul's "grand outdoor space." N/ PK- 3rd grade groups Davening, Parsha, games, with prepackaged snacks to go! Each group will be limited to 10 children. All children will need to wear a mask. Sign up will be mandatory. Go to www.rinat.org/youthgroups

Sunday, August 30th, 10am, Rabbi Ezra Wiener. Children's Mishna Shiur. <https://zoom.us/j/3878128127>

NEROT

Nerot's Annual Rosh Hashana Honey Sale is now on! For more details and to place an order, go to <https://www.rinat.org/honeysale>. Deadline for orders is Tuesday, September 8th.

Feldenkrais lessons for posture, calm and wellness continue-note the new schedule.

Mondays, 8-9pm, Tuesday– Friday, 11:30am-12:30pm.

<https://us02web.zoom.us/j/5864270795?pwd=Z0VpaVRkaDNMTzFjeGEVHtOTFBQT09>

Classes are open for teens through seniors for improving posture, coordination and balance. Tuesday's classes will take place in chairs. Other classes take place on the floor. Contact Joyce Bendavid by email for further information: Jbendavidotr@gmail.com.

Tuesday, September 1st, 12:30pm– Sandwich & Schmooze, led by Bina Faber. To join, go to <https://zoom.us/j/4653630025> password 8372795.

IDF SOLDIERS FOR OUR TEFILLOT

Please include in your *tefilot* IDF soldiers from the Rinat family currently serving in the IDF: **Dael Bejar, Gabi Benchabbat, Gideon Benchabbat, Yonatan Benchabbat, Chana Brody, Lior Chasid, Yehudah Fuksbrumer, Shira Gelb, Meital Gitler, Eitan Klavan, Menachem Klavan, Leora Kohn, Zachary Kohn, Asher Krohn, Raanan Kwalbrun, Shevy Schwartz, Tzvi Silver, Asher Stein and Yael Zaretsky.** Please email office@rinat.org, to add a name to this list.

ADULT EDUCATION

Rabbi Adler's classes are on hiatus for the summer.

Rabbi Adler's WhatsApp shiur—on Raayanot HaTefilah— sign up at <https://chat.whatsapp.com/EDRHwMguJckJOhqmVYtWZD>

Rabbi Wiener's WhatsApp shiur—Pithy Parsha Perspectives— sign up at <https://chat.whatsapp.com/K24ld8V26lk2OzhFpNL2cN>.

Daf Yomi, Sunday—Friday, 7:30am, Motzei Shabbat 9pm.

WhatsApp group <https://chat.whatsapp.com/BTAlOz3RSdq7u79DF2A5E9>

Mishna Yomit, Monday—Friday, 6:15am, Sunday 7:30am.

[https://us02web.zoom.us/j/84538340172?](https://us02web.zoom.us/j/84538340172?pwd=MXhzWTdha3VleEtwMHFnMXZITG1RUT09)

[pwd=MXhzWTdha3VleEtwMHFnMXZITG1RUT09](https://us02web.zoom.us/j/84538340172?pwd=MXhzWTdha3VleEtwMHFnMXZITG1RUT09)

Rabbi Wiener's Daf Yomi, Monday-Thursday, 9pm.

<https://zoom.us/j/3878128127>

Amud Yomi, Motzei Shabbat 9:30pm—

<https://zoom.us/j/4653630025> password 8372795.

Monday, August 31st, 8:15pm- Rabbi Avi Heller's

Getting Great at Gemara

<https://zoom.us/j/9386599293>

Leah Silver's Siddur v'Sidra. Tuesday, September 1st,

2pm. Virtual class. To join the class, go to <https://chat.whatsapp.com/IQqNOA405Kj1TQXMXmPXjR>

Wednesday, September 2nd, 8pm– Rabbi Adler “Eating

before Tekiat Shofar“ <https://zoom.us/j/4066308747>

Sunday, September 6th, 9:30am– Rabbi Michael

Rosensweig “ראש השנה שחל בשבת”

Monday, September 7th, 9:30am– Rabbi Eitan Cooper

“Can we Lie in our Tefilot? Exploring the Concept of

“Dover Shekarim”

<https://zoom.us/j/4653630025> password 8372795.

Wednesday, September 9th, 8pm– Rabbi Adler

“Rambam Hilchot Teshuva 3:4 אף על פי שתקיעת שופר

בראש השנה גזירת הכתוב רמז יש בו

Why is Shofar the

only mitzvah for which the Rambam states that in

addition to shofar being mandated by G-D it has

enormous religious significance. Every mitzvah has

enormous significance. Why limit his remark exclusively

to Shofar?” <https://zoom.us/j/4066308747>

Sunday, September 13th, 8:30pm- Pre-Yamim Noraim

concert with **Rabbi Adler**

<https://zoom.us/j/4653630025> password 8372795.

For recordings of recent webinars/shiurim, go to <https://www.rinat.org/rinatwebinars#>.

To sponsor adult education programs, go to <https://www.rinat.org/form/Adult-Education%20sponsorship.html>

CONGREGATION RINAT YISRAEL PRESENTS:

SANDWICH & SCHMOOZE

BREAK BREAD DURING THE WORKDAY
AND CATCH UP
WITH RINAT FRIENDS.
SEPTEMBER 1ST SESSION
LED BY BINA FABER.

TUESDAYS FROM
12:30PM- 12:55PM

[HTTPS://ZOOM.US/J/4653630025](https://zoom.us/j/4653630025)
PASSWORD: 8372795
OR
TO CALL IN: 1 929 205 6099
MEETING ID: 465 363 0025
PASSWORD: 8372795



Rabbi Eitan Cooper
Legal Holiday Shiur
Monday, September 7th
9:30am

<https://zoom.us/j/4653630025>
Password: 8372795
or
To Call In: 1 929 205 6099
Meeting ID: 465 363 0025
Password: 8372795

Can we Lie in our Tefilot? *Exploring the Concept of "Dover Shekarim"*

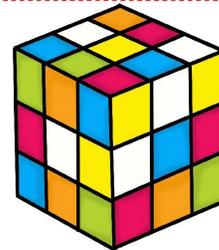
Rabbi Eitan Cooper, the assistant rabbi at Congregation Beth Shalom in Potomac, Maryland, grew up in South Orange, New Jersey and, after attending Yeshivat Orayta, graduated summa cum laude from Brandeis University with a B.A. in Near Eastern Judaic Studies and Psychology. He spent two years learning in Israel at Yeshivat HaKotel and Pardes, and received his ordination from YCT Rabbinical School in 2019. He has served as a Rabbinic Intern and Co Youth Director at the Hebrew Institute of Riverdale, as well as a guest educator at YIOZ (Young Israel Ohav Zedek). He is married to Dita Ribner, who grew up in the Rinat community, and they have two young sons, Noam and Itai.



Pre-Yamim Noraim
Concert
with Rabbi Adler
Sunday, September 13th,
8:30pm

<https://zoom.us/j/4653630025>
Password: 8372795
or
To Call In: 1 929 205 6099
Meeting ID: 465 363 0025
Password: 8372795

Rabbi Yosef Adler has been the Mara D'atra of Rinat since 1979. His davening as shaliach tzibur on Yamin Noraom is traditionally one of the highlights of the year.



NEW!!

REMEMBER WHEN
READY TO TAKE A TRIP DOWN
MEMDRY LANE? PLEASE SHARE
YOUR OLD PICTURES FROM PAST
RINAT EVENTS.

E-MAIL OFFICE@ RINAT.ORG





Share your favorite High Holiday recipe

To be included in the special community booklet, email recipe@rinat.org.

DEADLINE FOR SUBMISSIONS IS TUESDAY, SEPTEMBER 1ST

HONEY SALE

Local Senter Honey Bee Farm honey available for purchase through Nerot. Different varieties available! Beautifully packaged for gifting!

Honey can be picked up Fri & Sun September 11th/13th at 330 Edgewood Ave

OPTIONS

4oz of creamed honey jar - \$8
varieties available:
plain, vanilla, cinnamon, cocoa, coffee and sea salt

8 oz liquid honey jar - \$12
12 oz liquid honey jar - \$16
varieties:
light amber wildflower and dark wildflower



for more information, go to www.rinat.org/honeysale

Arba Minim Sale

Prime and Regular available. Due to COVID 19, they will be prepackaged in zipper bags.

Deadline for placing your order is Sunday, September 13th at 5 pm

For social distancing, pickup times will be pre-scheduled and will be at Rinat, Thursday, October 1, 2020 at times to be determined.

Due to the pandemic, individual picking of lulavim and estrogim will not occur. We will distribute unopened boxes and bagged lulavim.

If needed, exchanges can be made at the Judaica House.

To order, go to <https://www.rinat.org/arbaminim>

Questions? Contact lulav@rinat.org

