

This Weekend— May 3rd - 5th, 2019

Rav Yosef Zvi Rimon to speak

This Shabbat, May 4th | 6:25pm | Cong Keter Torah

Rav Rimon will speak on *"Questions Under Fire: From the Battlefield to Rav Yosef Zvi Rimon."* Following Mincha at 7:25pm, Rav Rimon will speak on *"Halachic Considerations in Issues of Life and Death: The Responsum that Led to Finding the Three Kidnapped Boys in June 2014."*

This Shabbat, May 4th | Rabbi Netanel Elyashiv will be the Scholar-in-Residence at Congregation Beth Aaron.

After the Kiddush following the Main Minyan, his topic will be "I Have a Dream! – The Zionism of Montefiore and the Vilna Gaon's Students." At 6:30p., he will discuss "To Eulogize or Not to Eulogize? – Rav Kook and Herzl," and, between the 7:30pm Mincha and the 8:35pm Maariv, he will give a shiur, "So Where Is Statehood Mentioned in the Torah?"

In addition, this **Sunday morning, May 5th 10:00am**, there will be a screening of the film *"With All Your Soul,"* produced in memory of Major Roi Klein, who sacrificed his life in the 2nd Lebanon War to save his troops, while saying *"Shema Yisrael."* Following the movie, Rav Elyashiv will speak about his close friend Roi, as well as about his student, Lieutenant Hadar Goldin, who was killed in battle in the Gaza Strip during Operation Protective Edge. Rav Elyashiv will have his books on sale, including the English *"With All Your Heart – In Memory of Roi Klein."*

MENTAL HEALTH AND ADDICTION SYMPOSIUM: ELIMINATING

STIGMA—Sunday, May 5th | 9:00am – 11:30am | Yeshivat He'Atid | 1500 Queen Anne Rd, Teaneck. The symposium will open with a keynote address delivered by Dr. Norman Blumenthal and Lisa Twerski, LCSW, on stigma, its impact on the community, and ways to combat it. This is an opportunity for you to participate in several sessions led by professionals on numerous topics including sexual abuse, suicide, vaping, marijuana, mood disorders, peer support, and ways to approach loved ones with concerns. This event is co-sponsored by Communities Confronting Substance Abuse and Refa'enu. Just a reminder that both CCSA and Refa'enu offer free support groups. Contact dena@refaenu.org regarding its groups for people with mood disorders as well as for their loved ones. Contact CCSA at time2talkaddiction@gmail.com regarding its group for those who have loved ones affected by addiction or substance abuse.

Morning of Learning in commemoration of the Fourth Yahrzeit of Rav Aharon Lichtenstein, z"l

Sunday, May 5th | 9:00am | Cong Netivot Shalom, 811 Palisade Avenue, Teaneck

9:15am—Rabbi Nathaniel Helfgot will speak. 9:50am—Rabbi Menachem Genack will speak.

Mickey Marcus Memorial Service

Sunday, May 5th | 10:00am | U.S. Military Academy, West Point Annual program commemorating Col. David Mickey Marcus among the 41 U.S. and Canadian volunteers. For details, contact Susan Levin, Susanklevin@gmail.com; or Mark Wiesen, srwiesen@aol.com

Jewish National Fund communal brunch celebration

Sunday, May 5th | 9:00am – 11:30am | The Rockleigh, featuring Professor Alan Dershowitz. The celebration will feature over 300 JNF investors, students, clergy and community leaders. Further

information and registration details are available at www.jnf.org/nnibrunch or by contacting Jacqueline Yehudiel, JNF Director for Northern NJ at jehudiel@jfn.org.

Join Beth Aaron Sisterhood for a cooking demo with Victoria Dwek Sunday, May 5th | 7:30pm | Neugroschl home, 100 Edgemont Place, Teaneck. Kosher food personality Victoria Dwek will offer a Pre-Shavuot cooking demonstration. Victoria is the co-author of many cookbooks, including the "Made Easy" cookbook series, "Everyday Secret Restaurant Recipes," and "Secret Restaurant Recipes." The cost is \$30, and sponsorships are available. Register at www.bethaaron.org/event/SisterhoodShavuotCooking.

May 6th and Beyond

Monday, May 6th | 7:30pm | Come to Jewish Federation and hear from **Tal Heinrich**, an anchor for i24NEWS, an international news television channel based in Tel Aviv, Paris, New York and Washington. Tal will give us an insider look at the editorial process behind the scenes with a visual presentation that breaks down major key events in the Middle East and highlights their vastly different coverage across various international media outlets. She will explain how real-time decisions are made in the newsroom, what sets the editorial line-up and why we very often see significant differences between media outlets covering the same event.

Shiur by Rabbi Azarya Berzon

Tuesday, May 7th | 8:00pm 7th | Cong Beth Abraham

Topic: *Zman Cheurseinu and Yom Ha'Atzmaut—Can we truly celebrate both? Independence for a Jewish State in our contemporary world.*

Refa'enu Peer led support groups to meet

Tuesday, May 7th | Paramus, NJ

Groups meet regularly on the 1st and 3rd Tuesdays of every month, with some exceptions, as noted on the website. Groups meet at 7:30pm in the Ben Porat Yosef Building at E. 243 Frisch Ct. in Paramus, NJ. Doors open at 7:10pm. Please make an effort to be on time (by 7:30pm) so as not to disrupt the flow of the groups. Groups are divided between a group for those with a disorder (depression, bipolar) as well as a group for their loved ones. Please check website to confirm meetings: <http://www.refaenu.org>. No reservations are required. For more information contact: dena@refaenu.org.

Yahrtzeit Shiur commemorating the Seventh Yahrzeit of

CHAIM FEIGENBAUM Z"l on Sunday, May 12th | 8:00pm | Cong. Beth

Abraham. Shiur will be given by Rabbi YY Jacobson on the topic: *Religious Pride, Confidence, Arrogance and Entitlement: Striking the balance and Transmitting that to our Children.*

The Retirement Red Zone

Wednesday, May 15th | 8:15pm | Cong Beth Aaron

"**The Retirement Red Zone**" will be the topic of a presentation by Larry Shafier, CLU, ChFC, and Michael Visconti, CFP. They will discuss the major challenges in the "Zone" (15 years before and 15 years after retirement) and potential solutions that can help address these challenges.

AMIT Teaneck Chapter Shabbat Afternoon Tea

Saturday, May 18th | 5pm | home of Jennifer and Benjamin Hooper, 544 Rutland Avenue. Our guest speaker is Rav Yoni Berlin, who is the Head of School of AMIT Gwen Straus Junior and Senior High School for Boys, located in Kfar Batya, Ra'anana. Rav Yoni will speak about "From Rabbi Akiva to the State of Israel". This event

is in memory of Dr. Walter Silver, z"l, beloved grandfather of Jennifer Hooper & Terri Karasick and father of Evelyn Kraut. To RSVP go to www.AMITCHILDREN.org/TeaneckShabbatTea or call Robbie Fried at 212-792-5691 or email RobbieF@amitchildren.org.

Bikur Cholim Bergen County Community Event—UNITE IN TEFILLA

Sunday, May 19th | 8:00pm | Cong. Keter Torah

Rabbi Yosef Adler (Mora D'asra of Cong. Rinat Yisrael) will share words on *"The Power of Community Support to Critical Illness- A Personal Reflection"*, followed by recitation of select Tehillim on behalf of Cholei Yisrael. If you would like to submit a name to our Refuah Shelaima list please email miriamastern@gmail.com. There is no covert for this event and Men and Women are welcome.

Sharsheret Benefit Luncheon

Sunday, May 19th | 8:00pm | Teaneck Marriott at Glenpointe

Guests of honor: Shari and Nathan Lindenbaum. To rsvp, please email www.sharsheret.org/benefit.

NORPAC's Advocacy Mission to Capital Hill on Tuesday May 21st.

Take one day to advocate for Israel's security - Israel's critics are becoming bolder and we cannot afford to sit on the sidelines! Register at Norpac.net, (201) 788-5133 or email Laurie Baumel at lbaumel@norpac.net. Registration - \$185 adults/ \$125 for students and \$135 for young professionals up to age 30. Transportation and Meals included.

Torah in Motion Jewish Medical Ethics Conference

May 23rd-26th | Gideon Putnam Resort and Spa in Saratoga Springs, NY. Join for a weekend of inspiring learning surrounded by the serenity of Saratoga Spa State Park. For information or to book call 416-633-5770 or email info@torahinmotion.org

Jewish Family and Children's Services' Annual Wheels for Meals Ride to

Fight Hunger will take place on **June 23rd**. Choose from 50-, 25-, 10-, and 3-mile bike routes or 3-mile hike. All Rinat members are invited to join **Nesya Bayewitz's bat mitzvah team** at the ride. More information and team registration at www.ridetofighthunger.com

Miscellaneous

The Beit Midrash of Teaneck (BMT), located at Heichal Hatorah, 70 Sterling Pl., provides an interactive Talmud Torah learning experience for men who are retired or have flexible schedules on **Monday and Wednesday mornings between 9:15am and 12:45pm**. This week, seder begins at 9:15 am; at 10:00 a.m., **Rabbi Ronen Dvash** (Heichal HaTorah) will give a shiur on Gemara Brachot; at 11:00 a.m., Dr. David Berger (Dean of the Bernard Revel Graduate School of Jewish Studies, Prof. Jewish History) will discuss "Maimonides' Messianism" (Monday), and "Ba-Yom ha-hu Yittaka' be-Shofar Gadol: Jewish Calculations of the End of Days" (Wednesday); at 12:00, Rabbi Hayyim Angel (Yeshiva University) will give a shiur on Sefer Yirmiyahu Chapters 1-2. Source sheets are provided and can be obtained in advance by contacting BMTteaneck@gmail.com. Special thanks to Care One of Teaneck for this week's corporate sponsorship.

Bikur Cholim Bergen County (BCBC) is a volunteer run 501(c)3 organization which provides support, facilities, and services to ease the burden of families during crises. Bikur Cholim Bergen County can be reached at 201-579-3066 or visit their website at www.bikurcholimbergencounty.org for a full list of services.

Tomchei Shabbos of Bergen County

Volunteers needed to pack | Wednesdays | 2:30pm—Early

pack—(Adults only), or 5:45pm Regular packing

Please only reply if you are willing and able to make a serious commitment. Contact Sara Walzman at sdwalzman@yahoo.com
Chesed Opportunities Bar and Bat Mitzvah boys and girls! For information how to commemorate your Simcha with a chesed project thru partnering with Tomchei Shabbos, contact Andrea Fields at 973-371-1771x411 or AJBier@aol.com

Teaneck Simcha Gemach has folding tables, cocktail tables, chairs and coat racks (w/ hangers) available for loan. Contact teanecksimcha@yahoo.com.

Project YECHI Tablecloth Gemach

Project Yechi helps to provide financial support for families fighting illness. Please email projectyechi@gmail.com for details.

Down the Aisle Gemach (Chatan and Kallah Gemach)

Setting up a home can be daunting and expensive. Help couples by donating new or unopened gifts. We accept household, Judaica, linens, gift-ware, engagement and wedding gifts that perhaps are not your taste but others would enjoy as they start their new lives together. **Teaneck Drop off:** Carrie Cooper, 1060 Windsor Road 201-801-9028. candscoper@gmail.com.
Bergenfield Drop off: Meredith Yager, 65 Lee Place 201-321-4301 Meredithyager@gmail.com

Toiletry Collection Drive - Ongoing collection of full size shampoo, conditioner, body wash and bar soap that is distributed on a regular basis to community members in need. This is a year-round collection and very much needed. **Drop off at the Stone residence - 578 Grenville Avenue, Teaneck** - purple collection box located at the right side door. Questions? Please contact Gila - gr5thkid@msn.com.

Bat Mitzvah Dress Gemach

Do you have a gorgeous Bat Mitzvah dress that no longer fits, hanging in your closet? Teaneck Bat Mitzvah Gown/Dress Gemach now accepting dresses in excellent condition. Current styles only please. Happy to pick up or you can drop off. Come take a look at our great selection! For more info email the Gemach at bmdressgmach@gmail.com

CAN YOU USE FREE FOOD ONCE A WEEK?

Shearit Haplate of Bergen County is our only local kosher food rescue and distribution organization. If you think this would help you and your family, please email us at shearithaplate@gmail.com. If you would like to volunteer 2hrs/week to help Shearit HaPlate pick up or repack food donations, please email us at shpbcinc@gmail.com and we would be happy to put you to work ASAP! If you would like to donate catered leftovers from a special gathering or event, small or large, please call for pick-up Danny Chazin 201-835-5338. For more information about our not-for-profit organization and for donation opportunities please visit www.shpbc.org or visit our Facebook page.