

This Weekend—March 8th-10th, 2019

Davar to host Dr. Michael Koplow t his Shabbat March 8-9

The schedule is as follows: 5:40pmincha Friday Night - topic #1 - A Jewish and Democratic State in a Post-Oslo World; 8:15am Shabbat Morning: topic #2 - What's Really at Stake in the Israeli Election; 5:15pm Shabbat afternoon: topic #3 - American Jews, Israeli Jews and the End of Jewish Peoplehood.

Yeshivat Har Torah Annual Dinner

Saturday night, March 9

Honoring Rabbi Yisrael Silverman. For details, go to: www.hartorah.org/dinner/ or efox@hartorah.org or call (718)343-2533.

The YUConnects Annual Benefit Event

Saturday night, March 9th 8:30pm home of Ellie & Dr. Amit Schwartz at 493 Warwick Ave.

Rabbi Larry Rothwachs will be the featured speaker on "The Five Greatest Threats to Relationships in the 21st Century." Plus learn more about the new Bergen County Initiative and recent YUConnects activities. It promises to be an informative and enjoyable evening for our community. Please RSVP for this event at yuconnects@yu.edu. YUConnects is a "one stop" dating resource with a friendly office that offers unique social events, educational forums, personal guidance, and targeted match ideas. It is self-funded, housed at YU's Center for the Jewish Future and open to the entire Jewish community. For more information, please visit www.yuconnects.com or call 646-592-4259.

Nefesh B'Nefesh Mega Event

Sunday, March 10th | 10am to 4pm | Glenpointe Marriotte, Teaneck.

Join Nefesh B'Nefesh for informative Aliyah sessions and a large vendor fair featuring a wide range of Israeli service providers. If you're a medical professional, this is also your opportunity to meet with Israeli Ministry of Health representatives and get a head start on licensing – this is an opportunity not to be missed. Click this link for details: <https://www.nbn.org.il/mega-events/mega-event-2019/>

The topic for this week's **Shivti seder limud** is: "Examining the Mitzvah of Remembering Amalek and Reading Parshat Zachor." Rabbi Shay Schachter, Rosh Beit Midrash at the Young Israel of Woodmere, will offer the shiur. Rabbi Sason Gabay will lead a chabura before the shiur. Each Sunday morning program typically will be independent from the previous and subsequent programs. This week, Rabbi Sason Gabay will both lead a chabura before the shiur and offer the shiur. Please note that on Sunday, March 10, Rabbi Shay Schachter, Rosh Beit Midrash at the Young Israel of Woodmere, will offer the shiur. For more information, please contact Mordy Ungar, 201-741-3920, m_ungar2@yahoo.com.

March 11th and beyond

Renown Child Psychologist Dr. Catherine Steiner-Adair to speak

Monday, March 11 | 7:30pm | Cong. Ahavath Torah, Englewood, NJ. The Moriah School is proud to host renown child psychologist Dr. Catherine Steiner-Adair as she presents on "Childhood and Family Relationships in the Digital Age." Come hear insights and advice for all parents, achieving greater understanding and confidence in facing the tech revolution unfolding in your living room. This event is free and open to the public. Please RSVP at www.moriahschool.org or e-mail smevent@moriahschool.org.

The Beit Midrash of Teaneck (BMT) located at **Heichal Hatorah**, 70 Sterling Pl., provides an interactive Talmud Torah learning

experience for men who are retired or have flexible schedules on Monday and Wednesday mornings between 9:15am and 12:45pm. This week, at 10am, Rabbi Ronen Dvash (Heichal HaTorah) will give a shiur on Gemara Brachot; at 11:00am, Rabbi Dr. Moshe Sokol (Dean, Touro) will discuss "The Road Not Taken: Talmud Torah and Friendship in the Lives of Rabbi Yochanan and Ilfa" (Monday), and "A Rebbe, a Talmid and a Friendship Destroyed: The Life and Death of Rabbi Yochanan and Resh Lakish" (Wednesday); at 12:00, Rabbi Hayyim Angel (Yeshiva University) will give a shiur on Sefer Haggai. Source sheets are provided and can be obtained in advance by contacting BMTeaneck@gmail.com

Lecture for Parents: The Importance of Math in the 21st Century Wednesday, March 13 | 8:00pm | Rinat Classroom G

In our ever-changing, fast-paced world, developing critical thinking skills can help us to better navigate our surroundings. Come hear local math educator **Gilad Muth** talk about how math helps train our minds to think and how we can impart these skills to our children.

Nitzotzos Shabbaton in Teaneck/Bergenfield March 15-16

Any post-seminary girls who are interested in joining us for our **pre Purim Shabbaton** in Teaneck, **March 15-16**, please email nitzotzos@gmail.com for more information. We will be having shiurim with Rav Yaakov Neuburger, Rav Moshe Tzvi Weinberg, and Rav Dovidle Weinberg. Early bird ends this Sunday at 10 PM. We are so looking forward! Nitzotzos is an organization run by post-seminary girls under the guidance of our Mashpia, Rav Mordechai Burg. It is a community driven by passion and a thirst to continue nurturing our relationship with Hashem and solidifying our ability to complete His mission. We have shiurim and melava malkas, Q and A whatsapp group answered by Rav Burg, weekly divrei torah and shiurim posted by our mashpia on www.nitzotzos.com, daily halacha posts in our Whatsapp groups, brachos parties and iyH as more ideas come... more opportunities will arise for our community!

Jewish Center of Teaneck for our Third Annual Youth Purim Carnival

Sunday, March 17th 9:00am-12:00pm in the Jewish Center of Teaneck gym. Gym entrance is on Broad St, closer to Cedar Lane. Please enter at the gym entrance. From carnival stations, to bouncy houses, to face painting and special raffles, this is a carnival not to be missed. The price of admission is \$5 per child for members, and \$10 per child for non-members.

Maayanot Spring Adult Education Series

Thursdays March 14, 28, April 4 | 11am-12pm | Maayanot, 1650 Palisades Ave. Teaneck, NJ. Mrs. Rivka Kahan, Principal, will speak on: *Timeless Messages From Gan Eden*.

Genetics Lecture

Curious about your family's lineage or early origins? Have you ever wanted to start an online family tree, but didn't know where or how to start? Do you want to understand how genetics plays into your roots? Join David Fisher on **Sunday, March 17, at 7:00 pm, at Congregation Beth Aaron**, as he discusses an online genealogy program, www.geni.com, and how to get started on your family tree. The class will cover popular genealogy websites such as Ancestry.com and 23andMe.com, finding information through census records and passenger ship manifests, the Kohein gene, whether DNA testing can determine Jewish status, forensic genealogy, and other related topics.

Director of Development, Natalie Sopinsky of Rescuers Without Borders, the main U.S. charity for Emergency Medical needs in Israel will speak on **March 27 at 8pm** home of Roza & Norman Chideckel, 318 Warwick Ave. about the work being done to help our sisters and brothers living in Judea and Samaria.

Hidden in Plain Sight Presentation—save the date!
Thursday, April 4th | 8:00pm (doors open at 7:45 pm) | Ben Porat Yosef, 243 Frisch Ct, Paramus. Please join us for an interactive evening presented by the Bergen County Prevention Coalition. The Hidden In Plain Sight program is appropriate for both high school and middle school parents and we encourage everyone to attend.

YYL (Yavneh Youth League) Softball is seeking to fill out it's Junior Girls (2nd-4th grade) and Senior Girls (5th-8th) grade divisions.
Games are on Sunday mornings and a few weeknights in the spring. Rebates of \$50 per player are available starting 28-Feb by emailing Commissioner@YavnehYouthLeague.com after registration. Visit www.YavnehYouthLeague.com to register or email Commissioner@YavnehYouthLeague.com for more information.

Aid L'Shalom Fundraiser event
March 23 | 9:00pm | Ahavat Torah of Englewood
Come join us for a night filled with comedy, wine and zemi dairy on. A fundraiser for aid L'Shalom, An organization that helps heal, provide comfort and support families in the battle against cancer. Please RSVP at www.aidshalom.com

Ma'ayanot nutrition course with Gila Guzman
Monday, March 25, 8:00pm Faigy and Chesky Ort, 358 Floral Court, New Milford, NJ. *Meal Prep 102: Cooking Weeknight Dinner.* Join Coach Gila as she simplifies weeknight dinner cooking for you. Bonus: She will share 30 family-friendly dinner ideas!

Annual Yom Hashoah commemoration
Wednesday, May 1st | 7:30pm | Teaneck High School auditorium.
The keynote speaker this year is Toby Levy, a child survivor whose family was hidden by righteous gentiles. For up-to-date information on the event, visit www.teaneckyomhashoa.org. The Holocaust Commemoration Committee is currently seeking Holocaust survivors as well as Second and Third Generations to participate in the candle lighting portion of our program. For more information and for potential participation, contact Jeanette Malca at 201-248-4648 or at: jmalca44@gmail.com.

Rabbi Steven Pruzansky will be leading a **Congregation Bnai Yeshurun Jewish Heritage Trip to Latvia, Lithuania and Belarus from May 13-20.** We will be exploring Riga, Dvinsk, Boisk, Vilna, Kovno, Radin and Volozhin, among other places. Shabbat will be celebrated in Vilna. The resident historian will be Rav Avraham Krieger, founder of Shem Olam. There are about ten spots left, and we invite members of the community to join. Those interested should contact Rabbi Pruzansky at Rabbi@Bnaiyeshurun.org or log onto <http://heritageseminars.org/eventsarchive/congregation-bnei-yeshurun-seminar/>. Registration is now underway.

Ongoing/Miscellaneous

Bikur Cholim Bergen County (BCBC) is a volunteer run 501(c)3 organization which provides support, facilities, and services to ease the burden of families during crises. Bikur Cholim Bergen County can be reached at 201-579-3066 or visit their website at www.bikurcholimbergencounty.org for a full list of services.

Tomchei Shabbos of Bergen County
Volunteers needed to pack | Wednesdays | 2:30pm—Early pack—(Adults only), or 5:45pm Regular packing
Please only reply if you are willing and able to make a serious commitment. Contact Sara Walzman at sdwalzman@yahoo.com
Chesed Opportunities Bar and Bat Mitzvah boys and girls! For information how to commemorate your Simcha with a chesed project thru partnering with Tomchei Shabbos, contact Andrea Fields

at 973-371-1771x411 or AJBier@aol.com

Teaneck Simcha Gemach has folding tables, cocktail tables, chairs and coat racks (w/ hangers) available for loan. Contact teanecksimcha@yahoo.com.

Project YECHI Tablecloth Gemach
Project Yechi helps to provide financial support for families fighting illness. Please email projectyechi@gmail.com for details.

Down the Aisle Gemach Formerly known as: Chatan and Kallah Gemach—Setting up a home can be daunting and expensive. Help couples by donating new or unopened gifts. We accept household, Judaica, linens, gift-ware, engagement and wedding gifts that perhaps are not your taste but others would enjoy as they start their new lives together. **Teaneck Drop off:** Carrie Cooper, 1060 Windsor Road 201-801-9028. candscooper@gmail.com. **Bergenfield Drop off:** Meredith Yager, 65 Lee Place 201-321-4301 Meredithyager@gmail.com

Bat Mitzvah Dress Gemach
Do you have a gorgeous Bat Mitzvah dress that no longer fits, hanging in your closet? Teaneck Bat Mitzvah Gown/Dress Gemach now accepting dresses in excellent condition. Current styles only please. Happy to pick up or you can drop off. Come take a look at our great selection! For more info email the Gemach at bmdressgmach@gmail.com

Toiletry Collection Drive - Ongoing collection of full size shampoo, conditioner, body wash and bar soap that is distributed on a regular basis to community members in need. This is a year-round collection and very much needed. **Drop off at the Stone residence - 578 Grenville Avenue, Teaneck** - purple collection box located at the right side door. Questions? Please contact Gila - gr5thkid@msn.com.

CAN YOU USE FREE FOOD ONCE A WEEK?

Shearit Haplate of Bergen County is our only local kosher food rescue and distribution organization. If you think this would help you and your family, please email us at shearithaplate@gmail.com. If you would like to volunteer 2hrs/week to help Shearit HaPlate pick up or repack food donations, please email us at shpbcinc@gmail.com and we would be happy to put you to work ASAP! If you would like to donate catered leftovers from a special gathering or event, small or large, please call for pick-up Danny Chazin 201-835-5338. For more information about our not-for-profit organization and for donation opportunities please visit www.shpbc.org or visit our Facebook page.