

This Weekend—March 29-31st, 2019

Join Zalman Sudan this Shabbat

This Shabbat, March 30th | 4:00pm | Cong. Beth Aaron
 Join Zal Sudan in "Seder Surprises", as he offers creative, hands-on ways to make your Seder amazing, engaging, and exciting. Bring games, costumes, and interactive props into your Seder to engage all audiences. With a few small steps, transform your Seder into a memorable experience for your children (and yourself)!

Rabbi Dovid'l Weinberg to speak

This Shabbat, March 30th | following Mincha at 6:45pm | Cong. Keter Torah. Rabbi Weinberg will speak on "*Fixing the Sin of the Eitz HaDaas.*"

Rabbi Rael Blumenthal will give a pre-Pesach Haggadah shiur

Sunday, March 31st | following the 8:00am minyan | Cong. Keter Torah.

The topic for this week's **Shivti Seder limud at Congregation Beth Aaron** is "*Examining the Mitzvah of Rejoicing on Yom Tov, part 2.*" **Rabbi Sason Gabay** will lead the shiur and the chabura before the shiur. The program is held on Sunday mornings in the Beit Midrash, beginning at 9:00am. A light breakfast will be served at 8:45am. For more information, please contact Mordy Ungar, 201-741-3920, m_ungar2@yahoo.com.

April 1st and beyond

The Beit Midrash of Teaneck (BMT), located at Heichal Hatorah, 70 Sterling Pl., provides an interactive Talmud Torah learning experience for men who are retired or have flexible schedules on Monday and Wednesday mornings between 9:15am and 12:45pm. This week, seder begins at 9:15am; at 10:00am, **Rabbi Ronen Dvash** (Heichal HaTorah) will give a shiur on Gemara Brachot; at 11:00 a.m. Rabbi Zev Goldberg (Young Israel of Fort Lee) will discuss "Bedikas Chametz" (Monday) and "Yaknehaz – Combining Kiddush & Havdala". (Wednesday), at 12:00, Rabbi Hayyim Angel (Yeshiva University) will give a shiur on Sefer Chaggai. Source sheets are provided and can be obtained in advance by contacting BMTeaneck@gmail.com

Elisheva Kaminetsky to speak

Sunday, March 31st | 8:00pm | Cong. Ohr HaTorah
 She will speak on: *Refreshing your Pesach Seder: A Review of Great Seder Tips Along with some Brand New Ones.* All women invited.

Devora Kigel to speak

Tuesday, April 2nd | 8:15pm | home of Tamar Stein, 78 Lee Place, Bergenfield. Special Shalom Bayis Shiur entitled *Pesach 2.0 - Cleaning the Chometz from our Souls.*

Cong. Beth Sholom to host community evening

Tuesday, April 2nd | 8:15pm | Cong. Beth Sholom
 Beth Sholom is hosting a community evening with a group of visiting Israelis from the Hinam Center for Social Tolerance. Hinam, which is dedicated to promoting tolerance in Israeli society, attracts individuals from across the societal spectrum - haredi, Religious Zionist, secular, as well as Arabs and Bedouins - who meet at the Hinam Center in Abu Gosh and also spend time in each other's communities in order to foster understanding and dialogue. Eighteen members of the Hinam group are visiting the New Jersey area in order to deepen their understanding of the American Jewish community. Please join us for what promises to be a most

interesting and educational event.

Refa'enu Peer led support groups to meet

Tuesday, April 2nd | 7:30pm | Paramus, NJ
 Groups meet regularly on the 1st and 3rd Tuesdays of every month, with some exceptions, as noted on the website. Groups meet at 7:30pm in the Ben Porat Yosef Building at E. 243 Frisch Ct. in Paramus, NJ. Doors open at 7:10pm. Please make an effort to be on time (by 7:30pm) so as not to disrupt the flow of the groups. Groups are divided between a group for those with a disorder (depression, bipolar) as well as a group for their loved ones. Please check website to confirm meetings: <http://www.refaenu.org>. No reservations are required. For more information contact: dena@refaenu.org

Hidden in Plain Sight Presentation

Thursday, April 4th | 8:00pm (doors open at 7:45 pm) | Ben Porat Yosef, 243 Frisch Ct, Paramus. Please join us for an interactive evening presented by the Bergen County Prevention Coalition. The Hidden In Plain Sight program is appropriate for both high school and middle school parents and we encourage everyone to attend.

Project S.A.R.A.H Annual Breakfast

Sunday, April 7th | 9:30-11:30am | Cong. Keter Torah
 Guests of Honor: Dr. Ephraim and Dr. Chava Kasper, Rabbinic Supporter Award: Rabbi Menachem and Mrs. Sarah Genack, Volunteer Recognition Award: Mrs. Mandy Richman. Keynote Speaker: Saranne Rothberg: "*How to use humor, laughter and play as your personal stressbusters.*"

Etzion Foundation at our Annual Dinner

Sunday, April 7th | the Grand Hyatt Hotel in NYC,
 Join us as we celebrate the 50th Year of Yeshivat Har Etzion and the 20th year of Migdal Oz. For this milestone occasion there will be a special Exhibition and Dinner Program celebrating the Past, Present and Future of these two Har Etzion institutions. There will also be a Conference preceding the dinner, featuring faculty, alumni and alumnae in communal leadership positions, as they address the contemporary challenges impacting the Jewish community in Israel and the Diaspora today. Please go to www.thegushdinner.org for complete details and registration. For more information please contact the Etzion office at 212-732-4874 or email usoffice@haretzion.org

Yad Leah MEGA North Jersey Clothing Drive for Israel

Sunday, April 7th at several locations:
 Get a head start on Pesach, clean your closets and donate your clothing to needy families in Israel. Boys, Girls, Men's and Women's clothing in EXCELLENT condition is desperately needed. Also collecting gently-used linens, towels, tablecloths, handbags, backpacks, shoes and all outerwear. **Suggested Donation: \$36** to help defray shipping and distribution: **Cong Ahavath Torah**, 240 Broad Ave, Englewood, NJ: 9:00am-3:00pm; **Teaneck Jewish Center/Heichal HaTorah**, 70 Sterling Place, 9:00am-3:00pm; **Cong Beth Abraham**, 396 New Bridge Road, Bergenfield, NJ: 9:00am-3:00pm. Questions? info@yadleah.org or 973-955-0861, www.yadleah.org

Teaneck Baseball Organization's 2019 Opening Day

Sunday Morning, April 7th | beginning at 9:15 am | Votee Park's Clubhouse Field. Mark your calendar and come celebrate spring with TBO! More details to follow. Visit us at www.tbo.siplay.com or www.facebook.com/teaneckbaseballorganization.

The Teaneck Orthodox Retiree Association (TORA) is holding a special pre-Pesach lunch and lecture on Tuesday April 9th, with Rabbi Zev Goldberg, Moreh D'atra of Young Israel of Fort Lee. The topic will be "10 Inspirational Ideas to Share at Your Seder". The event will take place at Bnai Yeshurun, with lunch available at 12:00 and the lecture beginning about 12:45. The cost is \$12 for those who register by Sunday 4/7 at 4:00pm, and \$15 for anyone who registers after that date/time or just shows up. To register, please email mkarlin@aol.com with the names of those who will be attending, or go to the following link and fill out the online form that appears. <https://www.bnaiyeshurun.org/tora>

Miriam Krupka Berger to give pre-Pesach shiur Tuesday, April 9th | 8:00pm | Cong. Beth Aaron
Topic: *"The Four Loves of Shir ha-Shirim: Can We Be Friends with God?"* The program is open to both men and women. Light refreshments will be served. Co-Sponsored by Sisterhood of Congregation Beth Aaron and Lamdeinu.

Annual dinner of the American Friends of Sderot Wednesday April 10th | The Lincoln Square synagogue
Our members, Dr Mark and Debby Teicher are being honored. Please make your reservations at www.sderot.org/dinner

Nitzanei Noam Summer program for 2-3 year olds
Nitzanei Noam, located in Bnai Yeshurun, Teaneck, is accepting applications for its 2-3 year old summer program. Experienced head counselor, fun junior counselors, outdoor climbing and play area, outdoor water play, dynamic daily programming and learning, music, yoga and more. Hours are 9:00am-3:00pm with early drop off and late pick up available. For more information visit www.yeshivatnoam.org, call Morah Joyce Buckman at 201-836-6871, or email her at jbuckman@yeshivatnoam.org.

Annual Yom Hashoah commemoration Wednesday, May 1st | 7:30pm | Teaneck High School auditorium
The keynote speaker this year is Toby Levy, a child survivor whose family was hidden by righteous gentiles. For up-to-date information on the event, visit www.teaneckyomhashoa.org. The Holocaust Commemoration Committee is currently seeking Holocaust survivors as well as Second and Third Generations to participate in the candle lighting portion of our program. For more information and for potential participation, contact Jeanette Malca at 201-248-4648 or at: jmalca44@gmail.com.

Rabbi Steven Pruzansky will be leading a Congregation Bnai Yeshurun Jewish Heritage Trip to Latvia, Lithuania and Belarus from May 13-20. We will be exploring Riga, Dvinsk, Boisk, Vilna, Kovno, Radin and Volozhin, among other places. Shabbat will be celebrated in Vilna. The resident historian will be Rav Avraham Krieger, founder of Shem Olam. There are about ten spots left, and we invite members of the community to join. Those interested should contact Rabbi Pruzansky at Rabbi@Bnaiyeshurun.org or log onto <http://heritageseminars.org/eventsarchive/congregation-bnei-yeshurun-seminar/>. Registration is now underway.

Ongoing/Miscellaneous

Bikur Cholim Bergen County (BCBC) is a volunteer run 501(c)3 organization which provides support, facilities, and services to ease the burden of families during crises. Bikur Cholim Bergen County can be reached at 201-579-3066 or visit their website at www.bikurcholimbergencounty.org for a full list of services.

Tomchei Shabbos of Bergen County
Volunteers needed to pack | Wednesdays | 2:30pm—Early pack—(Adults only), or 5:45pm Regular packing
Please only reply if you are willing and able to make a serious commitment. Contact Sara Walzman at sdwalzman@yahoo.com
Chesed Opportunities Bar and Bat Mitzvah boys and girls! For information how to commemorate your Simcha with a chesed project thru partnering with Tomchei Shabbos, contact Andrea Fields at 973-371-1771x411 or AJBier@aol.com

Teaneck Simcha Gemach has folding tables, cocktail tables, chairs and coat racks (w/ hangers) available for loan. Contact teanecksimcha@yahoo.com.

Project YECHEI Tablecloth Gemach
Project Yechi helps to provide financial support for families fighting illness. Please email projectyechi@gmail.com for details.

Down the Aisle Gemach Formerly known as: Chatan and Kallah Gemach—Setting up a home can be daunting and expensive. Help couples by donating new or unopened gifts. We accept household, Judaica, linens, gift-ware, engagement and wedding gifts that perhaps are not your taste but others would enjoy as they start their new lives together. **Teaneck Drop off:** Carrie Cooper, 1060 Windsor Road 201-801-9028. candscooper@gmail.com. **Bergenfield Drop off:** Meredith Yager, 65 Lee Place 201-321-4301 Meredithyager@gmail.com

Toiletry Collection Drive - Ongoing collection of full size shampoo, conditioner, body wash and bar soap that is distributed on a regular basis to community members in need. This is a year-round collection and very much needed. **Drop off at the Stone residence - 578 Grenville Avenue, Teaneck** - purple collection box located at the right side door. Questions? Please contact Gila - gr5thkid@msn.com.

Bat Mitzvah Dress Gemach
Do you have a gorgeous Bat Mitzvah dress that no longer fits, hanging in your closet? Teaneck Bat Mitzvah Gown/Dress Gemach now accepting dresses in excellent condition. Current styles only please. Happy to pick up or you can drop off. Come take a look at our great selection! For more info email the Gemach at bmdressgmach@gmail.com

CAN YOU USE FREE FOOD ONCE A WEEK?

Shearit Haplate of Bergen County is our only local kosher food rescue and distribution organization. If you think this would help you and your family, please email us at shearithaplate@gmail.com. If you would like to volunteer 2hrs/week to help Shearit HaPlate pick up or repack food donations, please email us at shpbcinc@gmail.com and we would be happy to put you to work ASAP! If you would like to donate catered leftovers from a special gathering or event, small or large, please call for pick-up Danny Chazin 201-835-5338. For more information about our not-for-profit organization and for donation opportunities please visit www.shpbc.org or visit our Facebook page.