

## This Weekend—January 4-6 2019

### This Shabbat, January 4-5th, at Cong Bnai Yeshurun

**Rabbi Dr. Dovid Katz will be Scholar in Residence**

**Friday Night:** Oneg Shabbat at 8:00pm in the CBY Social Hall: The Jewish Doctor, the Fat King and the 10th Century Diet That Made History: a Tale from the Golden Age of Spanish Jewry.

**Shabbat Day:** Following Davening in the New Main Shul (approximately 11:00am): Whose Truth? How Jews and Egyptians Battled over the Passover Narrative 2,000 Years Ago. A Story with a Strange Outcome. **Following 4:10pm Mincha** in the New Main Shul: The ג'ויחודה, a Lurid Scandal, and the Consolidation of a Jewish Majority in Jerusalem in the Modern Era.

### Shani Taragin to speak at Cong Beth Aaron

**Sunday, January 6th | 7:30pm**

Topic: *Moshe, Miriam and Aharon—Dynamic Duo & Triumvirate.*

### Cong Beth Aaron new Seder on Sunday morning

**Sunday, January 6th,** Topic is *"Is There an Obligation to Drink the Kiddush Wine?"* This week's shiur will be given by Rabbi Rothwachs. The program is held on Sunday mornings in the Beit Midrash, following the 8:00am minyan. A light breakfast is served at 8:45am. Each Sunday morning program typically will be independent from the previous and subsequent programs. For more information, please contact Mordy Ungar, 201-741-3920, [m\\_ungar2@yahoo.com](mailto:m_ungar2@yahoo.com)

## January 7 and beyond

**BMT meets at Heichal HaTorah**, 70 Sterling Place, Teaneck NJ on Monday and Wednesday mornings from 9:15 am to 12:45 pm. Doors open at 9:15 for source preparation in a Seder setting. Our Maggidei Shiur this week are **Rabbi Ronen Dvash**, of Heichal HaTorah, **Rabbi Baruch Bodenheim**, Associate Rosh Yeshiva of Passaic Torah Institute, and **Rabbi Hayyim Angel** of Yeshiva University's Bible Faculty. **Program for January 7th:** 10:00 Rabbi Dvash: Gemara Brachot; 11:00 Rabbi Bodenheim: Osek B'Mitzvah Patur Min HaMitzvah and Practical Ramifications; 12:00 Rabbi Angel: Sefer Nechemia. **Program for January 9th:** 10:00 Rabbi Dvash: Gemara Brachot; 11:00 Rabbi Bodenheim: Osek B'Mitzvah Patur Min HaMitzvah and Practical Ramifications cont; 12:00 Rabbi Angel: Sefer Nechemia. Participants are encouraged to join all or individual parts of the program, free of charge. Source sheets will be available at the start of the program, and can be obtained in advance by writing to [BMTteaneck@gmail.com](mailto:BMTteaneck@gmail.com).

**Nitzanei Noam meet and greet the new Assistant Director, Morah Elana Kessler on Monday night, January 7th at 8:00pm | Cong Bnai Yeshurun** Questions or for more information, contact Morah Joyce Buckman, Director, at 201-836-6871 or email [jbuckman@yeshivatnoam.org](mailto:jbuckman@yeshivatnoam.org).

### Rabbi Menachem Leibtag to speak

**Tuesday, January 8th | 11:00am at Keter Torah**

He will speak on *"Parshat ha'Chodesh - where does it really belong? Making sense of the complicated chronology in Parshat Bo."*

### Refa'enu Peer led support groups to meet

**Tuesday, January 8th | 7:30pm | Paramus, NJ**

Groups meet regularly on the 1st and 3rd Tuesdays of every month, with some exceptions, as noted on the website. Groups meet at 7:30pm in the Ben Porat Yosef Building at E. 243 Frisch Ct. in Paramus, NJ. Doors open at 7:10pm. Please make an effort to be on time (by 7:30pm) so as not to disrupt the flow of the groups. Groups are divided between a group for those with a disorder (depression, bipolar) as well as a group for their loved ones. Please check website to confirm meetings: <http://www.refaenu.org>. No reservations are required. For more information contact: [dena@refaenu.org](mailto:dena@refaenu.org).

### Teaneck Baseball Registration is now open for Spring 2019!

TBO is open for Teaneck girls and boys in grades Pre-K through 8th grade. Register now and you will receive 2018 rates (until Dec. 15). Register at [www.tbo.siplay.com](http://www.tbo.siplay.com). Any questions, please email Sue at [suefeuer@gmail.com](mailto:suefeuer@gmail.com)

### The Frisch School's Annual Dinner

**Saturday night Feb 9th, 2019**

The honorees are: Ruth and Ed Lubat, Natie Fox, Jennifer Wolf Seidel '87, and Rabbi Neil Fleischmann. To make a reservation and for more information: [www.frischdinner.com](http://www.frischdinner.com)

### Bonei Olam Fundraiser—Save the Date!

**Motzei Shabbat February 23rd | Cong Keter Torah**

Details to follow.

If you have unwanted seforim, **The Seforim Guy** will pick them up free of charge! New or old, we distribute them at discounted prices and make sure they are used for Limud HaTorah. Email us your name, address, and ideal pickup time at [info@theseforimguy.com](mailto:info@theseforimguy.com) or reach us via call / text at (201) 207-9968. Same day pickup available.

### She'arit ha-Plate of Bergen County looking for new location

She'arit ha-Plate is a volunteer, non-profit organization that collects excess kosher food from restaurants and smachot and distributes it discretely to people who can use it, is looking for a new site. We currently occupy a garage attached to a single-family home in Teaneck, an arrangement that has worked very well for many years, but the home will soon be put on the market and we will need to move. We are therefore **looking for a new site in the Teaneck area**. If you potentially have available space or know of others who might have space available for our operation, please contact Daniel Chazin, [DChazin@aol.com](mailto:DChazin@aol.com), 201-835-5338.

We welcome any family member with a loved one suffering from **addiction and substance abuse issues to our local support group**, which meets every other Wednesday evening in Teaneck. The group is free of charge and is facilitated by clinicians specializing in addiction. For more information and the time/location of the meeting, please email: [Time2TalkAddiction@gmail.com](mailto:Time2TalkAddiction@gmail.com). For more information about CCSA, please visit our website: [www.Time2TalkAddiction.org](http://www.Time2TalkAddiction.org).

**Rabbi Steven Pruzansky** will be leading a **Congregation Bnai Yeshurun Jewish Heritage Trip to Latvia, Lithuania and Belarus from May 13-20, 2019**. We will be exploring Riga, Dvinsk, Boisk, Vilna, Kovno, Radin and Volozhin, among other places. Shabbat will be celebrated in Vilna. The resident historian will be Rav Avraham Krieger, founder of Shem Olam. There are about ten spots left, and we invite members of the community to join. Those interested should contact Rabbi Pruzansky at [Rabbi@Bnaiyeshurun.org](mailto:Rabbi@Bnaiyeshurun.org) or log onto <http://heritageseminars.org/eventsarchive/congregation-bnei-yeshurun-seminar/>. Registration is now underway.

#### **Ongoing/Miscellaneous**

**Bikur Cholim Bergen County (BCBC)** is a volunteer run 501(c)3 organization which provides support, facilities, and services to ease the burden of families during crises. Bikur Cholim Bergen County can be reached at 201-579-3066 or visit their website at [www.bikurcholimbergencounty.org](http://www.bikurcholimbergencounty.org) for a full list of services.

#### **Tomchei Shabbos of Bergen County**

**Volunteers needed to pack | Wednesdays | 6:00pm**

Please only reply if you are willing and able to make a serious commitment. Contact Sara Walzman at [sdwalzman@yahoo.com](mailto:sdwalzman@yahoo.com)

**Chesed Opportunities Bar and Bat Mitzvah boys and girls!** For information how to commemorate your Simcha with a chesed project thru partnering with Tomchei Shabbos, contact Andrea Fields at 973-371-1771x411 or [AJBier@aol.com](mailto:AJBier@aol.com)

#### **Medical Equipment Gemach**

The Rinat Chaim Gemach lends and delivers medical equipment throughout Bergen County. For more information or to contact the Gemach visit our website [www.rinatchaimgemach.com](http://www.rinatchaimgemach.com). email [info@rinatchaimgemach.com](mailto:info@rinatchaimgemach.com)

**Teaneck Simcha Gemach** has folding tables, cocktail tables, chairs and coat racks (w/ hangers) available for loan. Contact [teanecksimcha@yahoo.com](mailto:teanecksimcha@yahoo.com).

#### **Project YECHI Tablecloth Gemach**

Project Yechi helps to provide financial support for families fighting illness. Please email [projectyechi@gmail.com](mailto:projectyechi@gmail.com) for details.

**Down the Aisle Gemach Formerly known as: Chatan and Kallah Gemach**—Setting up a home can be daunting and expensive. Help couples by donating new or unopened gifts. We accept household, Judaica, linens, gift-ware, engagement and wedding gifts that perhaps are not your taste but others would enjoy as they start their new lives together. **Teaneck Drop off:** Carrie Cooper, 1060 Windsor Road 201-801-9028. [candscooper@gmail.com](mailto:candscooper@gmail.com). **Bergenfield Drop off:** Meredith Yager, 65 Lee Place 201-321-4301 [Meredithyager@gmail.com](mailto:Meredithyager@gmail.com)

#### **Bat Mitzvah Dress Gemach**

Do you have a gorgeous Bat Mitzvah dress that no longer fits, hanging in your closet? Teaneck Bat Mitzvah Gown/Dress Gemach now accepting dresses in excellent condition. Current styles only please. Happy to pick up or you can drop off. Come take a look at our great selection! For more info email the Gemach at [bmdressgmach@gmail.com](mailto:bmdressgmach@gmail.com)

**Toiletry Collection Drive** - Ongoing collection of full size shampoo, conditioner, body wash and bar soap that is distributed on a regular basis to community members in need. This is a year-round collection and very much needed. Drop off at the Stone residence - 578 Grenville Avenue, Teaneck - purple collection box located at the right side door. Questions? Please contact Gila - [gr5thkid@msn.com](mailto:gr5thkid@msn.com).

#### **CAN YOU USE FREE FOOD ONCE A WEEK?**

**Shearit Haplate of Bergen County** is our only local kosher food rescue and distribution organization. If you think this would help you and your family, please email us at [shearithaplate@gmail.com](mailto:shearithaplate@gmail.com). If you would like to volunteer 2hrs/week to help Shearit HaPlate pick up or repack food donations, please email us at [shpbcinc@gmail.com](mailto:shpbcinc@gmail.com) and we would be happy to put you to work ASAP! If you would like to donate catered leftovers from a special gathering or event, small or large, please call for pick-up Danny Chazin 201-835-5338. For more information about our not-for-profit organization and for donation opportunities please visit [www.shpbc.org](http://www.shpbc.org) or visit our Facebook page.

#### **NORTH JERSEY SHIDDUCH GROUP**

We are part of a group of volunteer, New Jersey matchmakers that would like to help Jewish singles of all ages and hashkafa levels find appropriate matches. This is a Shul by Shul initiative in nearby communities, and there is a commitment to Privacy. Please contact us if you'd like my group to introduce you to great singles and inform you of upcoming singles events. Esty Shafar 917-291-9912 [Emil.rdh@gmail.com](mailto:Emil.rdh@gmail.com)

#### **PROJECT EZRAH INTEREST FREE LOAN PROGRAM**

Project Ezrah has recently introduced an Interest Free Loan Program (IFLP). The IFLP is intended to help people with unexpected expenses (collapsed roof, unusual car repair, i.e.). If interested, please contact Robert Hoenig at [robert@ezrah.org](mailto:robert@ezrah.org)